

## Asian American Psychological Association 2015-2016 Annual Report

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## **PRESIDENT: Kevin Nadal, Ph.D.**

My first year as President of AAPA has gone by so quickly. It seems like it was just yesterday that Dr. Sumie Okazaki officially handed me down the traditional AAPA Presidential Bells that have been passed down between the last 5 Presidents. Nonetheless, this year has been an incredibly productive and busy year for AAPA, and I am honored to have been part of it.

Before I begin my report, I want to thank all of our AAPA Executive Committee members for all of their wonderful efforts this past year. Because we are a volunteer organization, it really takes a lot of passion and commitment to keep AAPA alive and running. Further, because of the new developments in technology and social media, it seems that we push ourselves to work even harder, in order to maximize our potential as an organization. I am truly inspired by all of our EC members and am eternally grateful to those EC members who will be cycling off from their positions. Many thanks to Sumie Okazaki (Past-President), Winnie Ma (Secretary/ Historian), Razia Kosi (Treasurer), Steph Pituc (Communications), Brandon Yoo (Board Member), Fanny Ng (Student Representative), and Nori Lim (Convention Co-Coordinator). While I am sad that Helen Hsu will no longer be my Vice President, I am thrilled to see that she will serve as President-Elect next year.

My report will focus on four major areas:

- 1) Overseeing Executive Committee and Managing General Operations
- 2) Advocating for Asian American Mental Health Needs
- 3) Serving on the Alliance of Ethnic Minority Psychology Organizations and the Council of National Psychology Associations for the Advancement of Ethnic Minority Interests (CNPAAEMI)
- 4) Supporting AAPA Divisions

#### **Overseeing Executive Committee and Managing General Operations**

As President, I have done my best to oversee the organization and manage general operations- which includes communication with EC members about all relevant business activities and keeping general membership aware of various issues in the organization. This also includes presiding over our quarterly EC meetings (3 via conference call and 1 in person at the AAPA Convention), as well as working with Razia Kosi closely on budget-related matters.

One major project that we initiated this year was the creation of an AAPA Job Board on our website. Inspired by our sister organization National Latina/o Psychological Association, we wanted to provide opportunities for institutions (e.g., universities, clinics, etc.) to advertise jobs online. We hope that these fees can also be a useful source of income in the future – perhaps to be used for student travel scholarships or other ways to give back to our membership. Please inform your networks of our job board –not just for potential advertisers/ employers, but also for prospective employees and job-seekers. Thank you to Frances Shen, Steph Pituc, and Razia Kosi for managing the job board this past year.

Another business item is that our AAPA EC has also decided that our organization go electronic! While we had maintained a P.O. Box in Arizona through the help of past president Christine Ijima Hall, we created an electronic mail service, so that we can check our mail with ease. Our current mailing address is now:

9393 N. 90th Street Suite #102 Mailbox #515 Scottsdale, AZ 85258

#### Advocating for Asian American Mental Health Needs

Because AAPA is the oldest Asian American mental health organization in the country, I have been committed to ensuring that we are vocal on issues related to mental health and Asian Americans – whether it be within Asian American communities or in American society in general.

Within the Asian American community, one way that we have advocated for mental health awareness is through NCAPA (National Council on Asian Pacific Americans). NCAPA is a coalition of 35 national Asian Pacific American organizations around the US whose mission is to strive for equity and justice by organizing diverse strengths to influence policy and shape public narratives. Having entered our second year as an affiliate member of NCAPA, we have been active in helping to shape the Asian American political agenda – particularly as it relates to mental health. In December 2015, Razia Kosi and I attended the NCAPA general meeting and retreat in Washington DC, where we met members of all of the different NCAPA groups from across the US – including the White House Initiative on AAPIs. We have also strengthened our relationship with National Asian American Pacific Islander Mental Health Association (NAAPIMHA) and we have brainstormed various ways that we can better address mental health issues (e.g., reducing stigma, reducing mental health disparities, etc.) on local, state, and national levels.

Within the general American society, I worked very closely with SAMHSA (Substance Abuse and Mental Health Administration) and the Okura Mental Health Leadership Foundation to release:

A Snapshot of Behavioral Health Issues for Asian American/Native Hawaiian/Pacific Islander Boys and Men: Jumpstarting an Overdue Conversation. Given the dearth of knowledge of issues affecting AANHPI boys and men, this brief provides an overview of multiple issues including AANHPI's experiences with depression, suicide, substance abuse, and schizophrenia. The brief also covers how issues related to education, the criminal justice system, and racial microaggressions may also influence health experiences. This past summer, SAMHSA provided some funding to create another report to cite the best practices involving AANPHI boys and men – highlighting perspectives of community organizations, clinical programs, and other leadership opportunities that aim to address mental health among this subgroup of our population. This report is expected to be released in early 2017.

Furthermore, I have worked closely with Steph Pituc and the rest of the EC to ensure that AAPA is visible via social media and in contributing to the public narrative. The EC and the Policy Committee have released several statements this year, including: (a) a statement on Xenophobia Targeting Scientists in September 2015; (b) a statement on the 50<sup>th</sup> Anniversary of the Immigration and National Act of 1965 in October 2015; (c) a statement on anti-Muslim hate in December 2015; (d) a statement on Orlando Shooting at Pulse Nightclub in June 2016; and (e) Open Letter & Call to Action from AAPA EC regarding police killings of innocent Black men in July 2016. We intentionally made our last call to action open to public discussion, because we wanted to ensure that our members could voice their opinions and provide the most accurate resources for each other. We also wanted to have opportunity to demonstrate how an Asian American/ Pacific Islander organization could work together to vocalize that we believe that Black lives matter, and that we are committed to fighting against anti-Black racism and colorism in our own communities.

#### Serving on the Council of National Psychology Associations for the Advancement of Ethnic Minority Interests (CNPAAEMI) and the Alliance of Ethnic Minority Psychology Organizations

Along with Helen Hsu, I served as a member of both CNPAAEMI and the Alliance. The CNPAAEMI is comprised of leaders of national psychology organizations whom meet to address issues of importance to ethnic minorities and to the advancement of ethnic minority interests. Member organizations include APA Division 45, the Association of Black Psychologists (ABPsi), National Latina/o Psychological Association (NLPA), Society of Indian Psychologists (SIP), and AAPA. I attended and represented the annual CNPAAEMI meeting at the American Psychological Association Meeting in Toronto in August 2015 and the Teachers College Roundtable in January 2015. Through these meetings, we discuss issues of importance to ethnic minority psychological associations- ranging from professional development issues to backlash of the Hoffman Report and APA Ethics Codes.

I have also served as a member of the Alliance, which consists of the same ethnic minority organizations, but in which APA is a partner member. Through the Alliance, we continue to talk about issues related to communities of color and mental health. Some of the projects that the Alliance has been involved over the past year have been addressing health disparities among communities of color and the injustices of the juvenile justice system. In fact, I represented AAPA on a joint project with The Alliance, which was awarded a \$55,000 grant from the Annie E. Casey Foundation. Through this collaboration led by Dr. Cheryl Grills and Dr. Leon Caldwell of ABPsi, we have been working on a report that addresses the needs of youth of color in the juvenile justice system. This report is expected to be released by the end of 2016.

#### Supporting AAPA Divisions

AAPA Divisions are not only an opportunity for our AAPA Members to join together on a specific identity or interest within Asian American Psychology; it is also an opportunity for members to get involved in the organization. Having helped form the Division on Filipino Americans in 2010 and the Division on LGBTQ Issues in 2012, it has been very important for me to uplift these divisions however I can. First, I am thrilled that Dr. Monique Shah has been elected our Council of Representatives (CoR) Chair – a role designed to increase communication between AAPA EC and the various Divisions. Having worked with Monique closely in her roles as AAPA Convention Co-Chair and Division on South Asian Americans (DoSAA) Chair, I know she will be amazing in this position.

Second, under the leadership of Dr. Alicia del Prado and Dr. Richelle Concepcion, I was able to witness the first ever DoFA conference in January 2016 at the Wright Institute in Berkeley. It was amazing to see so many people interested in psychology; it was especially wonderful to see many of the pioneers of Filipino American psychology in one room – including Drs. Linda Revilla, Leny Strobel, Alvin Alvarez, Judy Patacsil, and EJ David. I have also worked closely with the DLGBTQQ on ways to increase their membership and create a safe space for LGBTQ people in AAPA. I have been working with Helen Hsu on reinstating the Division on Women, which we hope will be back and running in the coming year. I have been in touch with DoSAA, Division on Students, and our newly formed Division on Practice on ways that I can support them as well. Finally, I am excited for the possibilities for future divisions, including the Division on Asian Americans with Mixed Heritage, which has submitted a proposal for consideration this summer.

#### Facilitating Discussions about the Future of AAPA

Throughout the year, the EC has been instrumental in envisioning the future of AAPA. We have discussed issues related to our working relationship with the APA - particularly as a result of the backlash of the Hoffman Report, as well as obstacles in our representation in APA Council. We've discussed practical elements regarding whether or not we should continue to have our AAPA conventions a day before the APA convention - particularly because some APA conventions take place in cities where we have limited resources or where there are smaller Asian American communities. We have also continued to discuss our role in political and social activism - noting that our organization has been much quicker and responsive to social justice issues. With our membership nearly doubling since 2013, I believe that we have been taking steps in the right direction. I look forward to continuing to build the AAPA that people view as a professional home, as an inclusive environment, and a place where people can learn, share, and grow.

## VICE-PRESIDENT: Helen Hsu, Psy.D.

It has been my privilege to serve our members this year, supporting President Kevin Nadal as we continue the foundational work of our AAPA pioneers. The AAPA executive team & our many volunteers have come together admirably during very trying situations in both APA & to represent AAPA in a larger national & even global discourse regarding social justice and AAPI values.

Sumie Okazaki & Kevin Nadal have already clearly described our work in partnership with NCAPA, and the public policy response team. We have responded to situations as varied as xenophobia targeting AAPI scientists, the Orlando attack at Pulse, and the Black Lives Matter call to Action. Within APA our CoR representative Karen Suyemoto has kept us advised of relevant developments. I'm proud of AAPA's growing voice, or rather voices, promoting science in the face of extremism, and coalition building in a time of divisiveness.

I attended the Winter Roundtable and CNPAAEMI meeting at Columbia University. In partnership with Cheryl Grills of ABPsi we are preparing to join in a multi EMPA partnership examining health disparities & ethnic minority populations.

#### Ethics

Liang Tien and I have represented AAPA in partnership with the other Ethnic minority psychological associations (EMPA's) for 4 years now presenting with and advising APA on how to update the current APA ethics code to represent collectivist values reflective of diverse communities. This year ABPsi, AAPA, NLPA, and SIP have been joined by MENA. We are working to increase representation and dialogue between the EMPA's and APA in this critical juncture following Stephen Benke's departure, as the codes are due for revision. Tien & I are working with Lisa Suzuki to write a chapter in an upcoming OEMA monograph devoted to ethics which is to be submitted before 2017.

I see my work as a Training Advisory Committee member of APA Minority Fellowship Program as an extension of similar goals of AAPA: to support the mentoring and professional development of ethnic minority future leaders in psychology.

#### Division on Women- APA Division 35- section 5

As the AAPA division on women has lapsed, we have created a survey to members to ascertain the direction desired by members as well as identify new leadership. I attended a local (Oakland, CA) networking Div. 35, section 5 event and we have discussed ways to support one another.

Last but definitely not least, for an entire year I have been a liaison for our dedicated convention cochairs Nori Lim and Grace Wong-Padoongpatt. They planned not only our convention and banquet dinner, but also the Alliance meeting. I imagine our members cannot possibly know the details and feats of coordination that have been poured into bringing us together.

As I shift into the role of President-Elect I still have much to learn and would appreciate feedback, ideas, and requests to keep us vibrant & beneficial to all members even as we continue to grow.

## PAST PRESIDENT: Sumie Okazaki, Ph.D.

As the immediate Past President for this past year, I have had the pleasure of working with the President, Dr. Kevin Nadal, and the Vice President, Dr. Helen Hsu, along with the members of the Executive Committee on various aspects of the organization leadership. Below, I summarize my main activities in my capacity as the Past President. It has been my true honor serving in the leadership role for AAPA in the past four years. My deepest gratitude to the members of the Executive Committee as well as the multitude of volunteers and Division leaders for their commitment and energy they bring to the organization.

#### **Chairing the Awards Committees**

I chaired the following two committees for the annual AAPA recognitions of our members.

#### AAPA Fellows Committee

The committee received one nomination for a new AAPA fellow this year from Professor Y. Joel Wong (PhD in counseling psychology from UT Austin in 2007). His nomination portfolio was evaluated by: Alvin Alvarez, Stephen Cheung, EJ David, Karen Suyemoto, and Anna Lau (all of whom achieved the fellows status in the recent past). There was a consensus that Professor Wong was deserving of the AAPA Fellows status. He will be honored at the awards banquet this summer in Denver.

#### AAPA Awards Committee

The committee received the following nominations for various AAPA awards. The committee members were the 2015 awardees: Munyi Shea, Alvin Alvarez, Richelle Concepcion, and Nolan Zane.

Early Career Award (science) - Shu-wen Wang Early Career Award (service) - no nomination Distinguished Career Award - Mary Ann Takemoto Okura Community Leadership Award - Jorge Wong, Qian Lu Lifetime Contribution - no nomination

The committee rated each portfolio, and each nominee was found to be deserving of the award. They will be honored at the awards banquet in Denver.

#### Representing AAPA at the APA Public Interest Leadership Conference (PILC)

On November 15-17, 2015, I attended the first-ever APA Public Interest Leadership Conference at the APA Capitol View Conference Center in Washington, DC. The conference theme centered around how psychology can act in the service of social change and how we can become more effective in translating and disseminating our research to effect social change. In the breakout session, I participated in the track "Dissemination for Public Messages" and participated in hands-on workshop to learn about media culture, techniques for bridging between science-based knowledge and public understanding, developing key messages, and effectively using social media as a tool in the messaging. We also received training in speaking with journalists about psychological topics.

#### Participating in the Policy Response subcommittee

Together with Kevin Nadal, Helen Hsu, and Devika Srivastava, I continued to serve as a quick response subcommittee for various calls to sign-on to letters and calls for action regarding various national public policy matters of concern to the AAPI population. The main purpose of this team is to respond within a very short time frame (often within 48 hours) to our organizational partners through the National Council of Asian Pacific Americans (NCAPA) email calls and to decide whether AAPA – as a national organization representing Asian American psychology – should support the letters and actions. Through this action, we have signed on to multiple coalition letters on issues ranging from bullying and violence against AAPIs, police brutality, media and news representation of AAPIs, affirmative action, hazing in the military, profiling of AAPIs and Muslim individuals by airlines, Congressional appropriation for the U.S. Census Bureau, and so on.

#### Assisting with the APA Museum Day exhibit

In November 2015, I was approached by Shari Miles-Cohen in the APA Public Interest Directorate to gather additional exhibit materials on AAPI women in their APA Museum Day exhibit to feature POC women psychologists. I worked closely with Shari and contacted around a dozen prominent female leaders from AAPA to provide materials (e.g., biographies, photos images, documents, and significant accomplishments) to be included in the exhibit.

#### Participating in the AAPA Bullying Task Force

Together with Ulash Dunlap, I co-led an ad hoc AAPA task force to participate in the WHIAAPI-led national campaign against AAPI bullying. Through this task force, we worked with a group of interested AAPA members on how we might contribute to the national discussion and prevention of bullying and victimization of AAPIs. One concrete project that is still ongoing is the creation of a consumer-friendly resource on AAPI bullying and victimization for AAPA parents and for K-12 school administrators, teachers, and staff. Munyi Shea and Cixin Wang is taking a lead on authoring the guidelines, and the task force is applying for the APA Public Interest Directorate's Health Equity Dissemination Awards to seek funding for translation (into Asian languages) of the developing guidelines and to disseminate the guidelines to target audience.

## **BOARD MEMBER: Ulash Thakore-Dunlap, LMFT**

As a first year board member for the Asian American Psychological Association (AAPA) I have enjoyed working my Executive Committee (EC) team members in meeting our goals and objectives. I have been active in helping the EC team on board activities and matters, voting, and helping to drafting statements, such as July 2016 AAPA Open Letter & Call To Action on Black Lives Matter. In addition, I am co-chairing the Bullying Task Force with Dr. Sumie Okazaki.

#### AAPA Bully Task Force

The goal of the bullying task force is to create awareness and provide resources on this topic. As a task force, we have participated in the White House Initiative on Asian Americans & Pacific Islanders (WHIAAPI) Act To Change Bullying Prevention Awareness Campaign by increasing social media presence and providing resources on the topic of bullying in the Asian American Pacific Islander (AAPI) community. Our task force members are currently updating past AAPA factsheets on bullying with the AAPI community, and working on ways to find funding so we can provide materials and potentially workshops on the this topic.

I look forward to another year of serving our AAPA members and working with the EC team.

## **BOARD MEMBER: Glenn I. Masuda, Ph.D**

As a first year board member of the Asian American Psychological Association, I have been involved with the Executive Committee. I have attended on-line board meetings, provided reports on activities, discussed and voted on various policy statements and actions. I have also had the opportunity to review and vote on various items regarding the allocation of funding resources.

In October of 2015, I had the honor of representing AAPA at the 2015 APA Educational Leadership Conference, "Translating Psychological Science to Educational Practice, Policy and the Public" held in

Washington, D.C. The conference was sponsored by the APA Education Directorate and the Board of Educational Affairs. There I had the opportunity to receive training and function as an advocate during Capitol Hill visits to meet with Congressional representatives. The conference was attended by representatives of over 25 organization as well as APA governance members and division representatives. While it was an amazing experience to be involved in advocacy activities at the national level and to interact with so many colleagues from around the country, it did reaffirm for me the need for our involvement at the policy level regarding the importance of training (and increased funding of that training) that ultimately will impact our ability to effectively address the needs of our underserved, inappropriately served and unserved API communities

Albeit was a very small role, I was able to assist the hard working Convention Committee with the early stages of communication and securing the venue and facilities for the 2016 AAPA convention to be held in Denver, CO. This was a challenging task as I believe this is a first time for AAPA to hold a conference in Denver and our professional network in the region is limited.

I have also been very honored to have participated in numerous dialogues and discussions addressing some of the most difficult issues of violence currently impacting our nation, and how we as psychologists, particularly API psychologists can address and assist with not only the healing process, but for future dialogues on diversity and efforts at violence prevention.

## **BOARD MEMBER: Brandon Yoo, Ph.D.**

This is my second year serving on the Asian American Psychological Association (AAPA) Executive Committee (EC) as a board member. I regularly participated in board meetings and voted on business issues. I also chaired the 2016 AAPA Dissertation Research Grant, new Stephen C. Rose Scholarship, and Student Travel Awards. I was also lucky enough to have Drs. Linda Juang, Alicia Del Prado, Oh Myo Kim and Kusha Muraka serve on the review board for these awards.

#### Chair of 2016 AAPA Dissertation Research Grant

We received a total of 6 strong applications. The winner of the 2016 AAPA Dissertation Research Grant was Tao Liu (Indiana University), project titled: Development of Gendered Racism Scale for Asian American Men. We were also delighted to announce our honorable mention recipient, Ming-Che Tu (New York University), project titled: Understanding Vocational Experience of Low-Income Urban Chinese Immigrant Parents: A Qualitative Research Proposal.

Chair of 2016 Stephen C. Rose Scholarship Committee

This is a new annual research award sponsored by *The Steve Fund* to encourage and promote research on psychological challenges confronting Asian American youth and young adults. We received 13 impressive applications. The winner of the first, 2016 AAPA Stephen C. Rose Scholarship was Ming-Che Tu (New York University), project titled: Toward Psychological and Vocational Health: Testing the Intergenerational Model of the Success Frame among Asian American Young Adults. We were also delighted to announce our honorable mention recipient, Annabelle Atkin (Arizona State University), project titled: Development of Racial Identity Measure for Asian Americans.

#### Chair of 2016 AAPA Student Travel Award Committee

We received a total of 26 applications, compared to last year's 15 applications. Seventeen of these 26 applications were either presenting in symposium/interactives or posters who were first time attendees. We were able to fund all 17 of these students \$150, an increase from \$100 awards from previous years. These funds came from the 2015 book sales (\$1,513) and general AAPA funds (\$1,037) voted and approved by the AAPA Executive Committee.

## **BOARD MEMBER: Fanny Ng, M.A.**

As the student board member of the Asian American Psychological Association in my second year, I have regularly attended Board meetings and participated in voting on Association business. I have continued to serve as a liaison to the Division on Students' Executive Board regarding student relevant issues within AAPA and served this year as the liaison and AAPA student representative to the American Psychological Association's Student Leader Network (APA-PSLN). As a member of the APA-PLSN, I was able to transmit and share news, resources, and information relevant for students in psychology nationally with AAPA members and participate in online discussions as a student leader of AAPA.

In addition to regularly taking part in executive board listserv discussions, I was also able to add a student voice to the general membership listserv discussions on AAPA issues to encourage participation among more junior members, especially students. Given recent events, AAPA has been considering our role and relationship to other Ethnic Minority Psychological Associations (EMPAs) and to APA. As part of our internal process of examining our stance and membership attitudes on important issues of ethics, community, and intergroup relationships, I also served as a reviewer for an early draft of the APA-AAPA relations membership survey developed by President Dr. Kevrin Nadal and provided feedback on the questions for the survey.

In examining our memberships' reactions and reflections on recent events in the Asian American community, I assisted President Nadal and the Division on Students' Executive Board in their collaboration to coordinate with the AAPA newsletter-chairs, Dr. Vivi Hua and Ms. Stephanie Wong, to create a special section in the newsletter on reactions and reflections on the Peter Liang trial and its significance to Asian American communities. This provided a safe space for members to share

their thoughts, reactions, and positions on a charged community issue with others, if they chose to, and allowed others the opportunity to hear these thoughts and perhaps clarify their own mixed feelings. Finally, in support of President Nadal's proposed initiatives at the beginning of the year to provide more opportunities for students to get involved in AAPA and produce useful resources for community members, I prepared lists of recommendations for potential student contributors to develop AAPA fact-sheets for national awareness campaigns related to mental health and Asian American communities.

It has been a pleasure serving the EC in the last 2 years and I am grateful to have had the opportunity to serve with the outstanding leaders of AAPA's EC. I look forward to seeing the continued growth and success of AAPA's thriving community.

## **MEMBERSHIP OFFICER: Frances Shen, Ph.D.**

Current Membership Numbers for 2016 and comparison with previous years:

Membership Category	2016	2015	2014	2013	2012	2011	2010	2009	2008
	(on 7/21)	(on 7/20)	(on 7/19)	(to 6/30)	(to 8/15)	Total	Total	Total	Total
Professional	301	265	205	190	169	152	117	124	167
Early Career & First Year	N/A	N/A	N/A	N/A	54	45	26	39	54
Student	423	339	237	180	168	210	145	173	228
Lifetime	N/A	N/A	17	17	17	17	17	17	16
Retiree	11	8	9	7	5	5	4	3	7
Organization	N/A	N/A	N/A	N/A	1	1	1	1	1

Total	735	612	468	394	414	430	310	357	473

As of 7/21/16, there are a total of 735 AAPA members. Since the new AAPA website was launched in May 2013, it has allowed for improved functionality of the membership system, increased convenience of membership renewals, and additional membership benefit functions such as discussion forums. As a result, the APA has experienced a marked increase in membership, and this increase has continued over the past year. Since we moved to the new AAPA website and membership system, the membership categories are currently divided into professional, student, and retiree members only. Early career/first-year, lifetime, and associate organization members are all grouped under professional membership. Thus, as evident in the table above, it is no longer possible to examine changes in membership renewals for these three membership categories from prior to 2013.

The continued increase in membership is likely due to the various improvements in the website and membership system over the last few years. First, members are able to easily and conveniently join or renew their membership online using a credit card payment. Second, the new AAPA website processes automatic renewal of membership using the credit card on file in the membership system upon its expiration. Members are automatically enrolled in automatic renewal of their membership when they join the AAPA, but they can email me directly to let me know if they would like to opt out of automatic renewal and I can manually change this setting in their account. There have been multiple instances in which members were not aware of this automatic payment feature, and I continue to have to clarify this feature with members on a case-by-case basis and processed refunds of their memberships if requested. Third, members can join or renew their membership before registering for the AAPA convention online to receive members only discounted prices. This seems to lead to increases in membership renewals just prior to the convention. Finally, members who join the AAPA are added to the organization's Googlegroups listserve. This listserve is limited only to current AAPA members. Unfortunately, since the Googlegroups listserve is not synchronized with our membership system, the listserve has to be manually monitored by the Membership Officer. In addition, I periodically check the listserve membership against the AAPA membership lists to identify expired memberships and manually remove these members from the listserve.

#### Improvements to the AAPA Membership System

At the request of the AAPA divisions, a new function was added to the AAPA membership system to allow members to add or remove their division memberships at any point in the year. This allows members to join or leave the divisions as needed. Once joined, the division membership automatically renew with their membership renewals upon expiration. This helps to encourage continued membership within the divisions along with their AAPA membership. If members leave the division, their automatic renewals will no longer include their previous division fees, so that members will no longer have to request for a refund of their division fees every year that their AAPA membership automatically renews. However, if a member chooses to add or remove a division membership before their current AAPA membership expires, they will have to renew their membership for a full year and request a prorated refund from me for their remaining membership from the previous renewal. In addition, when a member leaves a division, I must manually remove their division membership from their account afterwards to ensure that they do not continue to be listed as a division member despite no longer paying for division fees.

#### **Division Fee Payments**

In summer/fall 2015, it was discovered that the division fees that AAPA collected for each division had been transferred to the divisions since the new membership system was implemented. Thus, in fall 2015, I worked with the finance officer to calculate the fees that were owed to each division over these past 2 years and to transfer these funds. A googledoc file was created and shared between the finance and membership officers to track the transfer of these funds moving forward. Since the memberships are now renewed one year from the exact date that members joined the division, division fees owed must be calculated on the same date each year to ensure accuracy. Thus, the finance officers of each division was informed to contact the AAPA membership officer at the same time each year to request for their division fees.

#### Membership Subscriptions to the AAJP

To ensure that members receive their complimentary subscriptions to the AAJP following their membership renewal or registration, updated member lists are sent to APA quarterly based on a schedule dictated by the APA. Member lists reflect all current members for each issue, as memberships will expire one year from the date of their renewal. This ensures that all members will receive a full year of AAJP issues as part of their membership benefits, regardless of when they renew their memberships. Starting this spring, APA now requires the input of subscription information into a standardized excel file template that they provide. Over the past year, previous complaints about not receiving the AAJP have dissipated. This is likely due to the new website changes implemented last year, in which profile addresses are now required for all new AAPA memberships registered through our website. In addition, I was able to obtain a list of mailing addresses from the APA for AAPA members who we did not have addresses for on file, and I was able to manually enter this information into their account.

## FINANCE OFFICER: Razia F. Kosi, LCSW

Type of Account		Balance
Paypals		\$54,605.56
E-Trade-Checking		\$44,551.20
E-Trade-Money Market		\$3,832.02
	TOTAL	102,988.78

#### 2016 Annual Financial Statement

It gives me great pleasure to report the AAPA financial standing for 2016. We currently have a total of. Our assets are in three accounts: Paypals totals, with our income this past quarter totally, E-Trade Checking and E-Trade Money Trade.

Expenditure Details:

Payments for AAPA Journal related costs \$6,500, \$2124, \$2503=\$11,127

NCAPA-\$524.41 & \$661.81=1186.22

A total of \$1915.00 in fees have been paid in services to Bust Out Solutions for the website and AAPA job postings. Expenditures for AAPA Journal have totaled \$11,127. Eventbrite, which supports registration for the annual conference is \$843.39. The final costs in the past quarter were for two AAPA members to attend a retreat at the National Council of Asian Pacific Americans, the fees covered the hotel expense and totaled \$1186.22.

## **COMMUNICATIONS OFFICER: Stephanie Pituc, Ph.D.**

The role of the Communications Officer within the AAPA EC team is to facilitate internal communications between members and oversee external communications of the organization. This includes sharing news and information on the AAPA Google Groups Listserv, maintaining the website and promoting AAPA and its mission on social media and related networks (e.g., <a href="https://www.facebook.com/aapaonline">https://www.facebook.com/aapaonline</a>, Twitter: @AAPAOnline, sending information to other organizations' listservs). In addition, the Communications Officer may serve as contact person for members and outside queries. We have made good progress on 2015-2016 goals to increase the generation and dissemination of content relevant to AAPA and its members.

**Website Maintenance.** The website is updated continuously, and the most recent changes are typically found at <u>http://aapaonline.org/news</u>. Additional information has also been added throughout the year, such as information on new scholarship opportunities and regularly updated content from other AAPA members (e.g., AAPA Newsletter; Fact sheets created by Fellows from the AAPA Leadership Program).

Asian American Journal of Psychology. Each quarter, I disseminate the Table of Contents and information on the Feature Article of the Asian American Journal of Psychology (AAJP). Feedback has been positive and assisted in promoting AAJP's journal among members and colleagues. The Lead Author biography and reflections have also served to highlight the scholarly leadership of the AAPA community. AAPA has also become more active in sharing information with other organizations committed to AAPI issues, such as the Congressional Asian Pacific American Caucus (CAPAC) and the National Council of Asian Pacific Americans (NCAPA). Future leadership may consider other organizations to partner with in Communications, such as online news outlets/website that may wish to write about AAJP's latest Feature Article.

**Statements to Our Membership & the Public.** It is also evident that AAPA's EC has been able to effectively communicate positions on current events and how they relate to the mission and values of our organization. In my role as Communications Officer, I assisted with the writing and editing of various statements and disseminated statements to the public via Listserv, <u>www.aapaonline.org</u>, Facebook/Twitter. Future leadership may consider additional ways to promote these Statements. This past 2015-2016 year, we created the following statements:

- 7/15/2016: Open Letter & Call to Action from AAPA EC
- 6/14/2016: AAPA Statement on Orlando Shooting
- 7/17/2015: AAPA Statement on Xenophobia Targeting Scientists
- 8/3/2015: Opportunities to discuss the AAPA Independent Review Report and related issues of Ethics for Psychologists

Facebook/Social Media. In the last year, AAPA's Facebook page has become much more active, in large part to the collaborative contributions of various Executive Committee members. Facebook is the primary method of sharing on social media, and it is connected to the @AAPAOnline Twitter account to automatically send Facebook updates to Twitter. AAPA's Facebook page (https://www.facebook.com/aapaonline) has become more active. The page has 3,210 unique Facebook user "Likes" to date. We have not yet utilized funds to "promote" posts on Facebook; future leaderships may consider the pros and cons of pursuing this option. Facebook's analytics show that the top 10 posts which had the greatest "Reach" were:

Date of	Post	Reach	Post	Reactions,
Post			clicks	Comments, &
				Shares
5/25/2016	When AAPI faces are not visible in	5.4K	362	173
	the arts, AAPIs are not visible			
7/14/2016	AAPA EC's Open Letter & Call to	4.1K	197	214
	Action			
5/1/2016	Asian American Pacific Islander	3.5K	138	110
	Heritage Month			
7/9/2016	AAPA member Dr. Nadine Nakamura	2.8K	347	125
	starts a movement to help others			
	understand privilege			
7/11/2016	Wise Words from our AAPA Founding	2.8K	200	95
	President. An Open Letter from			
	Derald Wing Sue			
6/13/2016	How to talk with children in the	2.5K	113	88
	aftermath of the Orlando shooting			
5/27/2016	Great video about the history of	1.9K	87	18
	sexual stereotypes towards Asian			
	women and men			

4/30/2016	No More Saving Face – The AWARE	1.6K	71	34
	project for Asian American Women			
7/5/2016	Check out the story of AAPA	1.6K	99	43
	President, Kevin Nadal's 1 <sup>st</sup> AAPA in			
	2001 & why you should register for			
	#AAPA2016			
5/27/2016	For #AAPIHeritageMonth, AAPA	1.5K	49	29
	President Kevin Nadal writes about			
	Filipino American history on			
	BuzzFeed			

**Jobs Board** - In September 2015, AAPA launched <u>https://jobs.appaonline.org</u>, a resource of job listings for a variety of positions related to Psychology (tenure/non-tenure track faculty, clinical, post-doctoral) that is exclusive to current AAPA members (login required). To date, there are 6 Active job listings, and 96 Archived listings, totaling 102 listings. The initial month offered a promotion of free listings to employers. The current fee structure to post is 30 days = \$100, 60 days = \$180, and 90 days = \$250. In the future, the EC could consider utilization analysis of the Job Board and implement ways to further encourage use of the board by employers and members.

**Summary.** In terms of Communications, there is a great deal of information being generated and passed on amongst AAPA members. It may be helpful to consider additional opportunities for member engagement, particularly with each other to discuss and comment.

## **SECRETARY/HISTORIAN: Pei-Wen Winnie Ma, Ph.D.**

During this past year, I assisted President Kevin Nadal and Vice President Helen Hsu in scheduling quarterly EC meetings, recorded and disseminated meeting minutes throughout the year, created a survey to send to division members, collated AAPA Annual Report 2014-2016 from EC officers and chairs of Divisions, and archived important documents. I also assisted Communications Officer Stephanie Pituc in updating award recipient list.

Another primary role of my position is to organize voting of various EC matters (e.g. approval of spending) and election of new EC officers. This year, we used electronic voting system, Election Buddy, to make the voting process easier for members. AAPA 2016 election concluded on May 13<sup>th</sup>, 2016 and we elected the following new EC members (term begin August 31, 2016):

President-Elect : Helen Hsu Vice President : Richelle Concepcion Secretary/Historian: Amy Kobus Board of Directors: Marcia Liu Board of Director (Student Representative): Ming Tu Council of Representatives (CoR) Chair: Monique Shah Kulkarni

## DELEGATE TO APA COUNCIL: Karen Suyemoto, Ph.D.

This is my second year of the 3 year term serving as the AAPA (Observing) Delegate to the American Psychological Association's Council of Representative. In the past year, the EMPAs and AAPA have worked on clarifying the role of delegates to APA. NLPA, SIP, and AAPA (the EMPAs who send delegates to APA) have also worked on increasing our collaboration for greater impact. Finally, the EMPA delegates to APA have collectively taken a leadership role in establishing and facilitating a Work Group on Diversity within APA Council.

Activities to support these roles have included: I have reviewed and monitored the APA CoR listserv throughout the year. I attended the APA CoR meetings in August 2016, February 2016, and August 2016 on behalf of AAPA. I also attended CoR Caucuses of Ethnic Minority interests, Women's interests, and Public Interest (the LGBT Caucus is no longer meeting). Following the February 2016 APA CoR meeting, the EMPA delegates to APA developed and submitted a joint report that was subsequently endorsed by the Associations and submitted to APA leadership. This report led to a series of discussions amongst the delegates and EMPA leadership, as well as from the delegates to APA leadership and interested parties (e.g. CEMA members): see **Appendix A**. In February 2016, the EMPA delegates also initiated an Ad Hoc Work Group on Diversity. Through a series of discussions and collaborations with APA leadership (President, CEO, Council Leadership Team, Board), this Work Group will be recognized as the Council Work Group on Diversity. See update in Appendix B of progress and initiatives from that Work Group. In addition to the activities of this Work Group, the EMPA delegates have been meeting twice monthly to coordinate initiatives and address emerging issues on APA CoR.

# ASIAN AMERICAN JOURNAL OF PSYCHOLOGY EDITOR: Bryan S. K. Kim, Ph.D.

This is the Annual Report for the *Asian American Journal of Psychology* to be presented at the executive committee meeting at the annual convention in August.

1. Published Issues of the Journal and Manuscripts in the Pipeline

This is my third year leading AAJP (two years as editor and one year as editor-elect). We have successfully published, on schedule, four issues last year and two issues this year. Things are continuing smoothly in terms of the editorial team, the assignment of manuscripts, and the review process. However, there has been some difficulties on the part of APA in securing the necessary copyright and other publication paperwork, which have delayed publication of accepted manuscripts and resulted in a smaller issue in June. I hope this will not be repeated.

We continue to seek high quality manuscripts for publication and I have been impressed with the quality of manuscripts that have been submitted during the past three years. I would like to thank my Associate Editors, Drs. Chu Kim-Prieto and Tiffany Yip, for their tremendous efforts in helping us to produce a high quality journal. I also want to express my gratitude to our very capable editorial assistant, Sharon Ramos.

#### 2. Special Features

We have continued several special features in the journal including the Book Review section (Dr. John Moritsugu has retired as the Book Review Editor and Dr. Gayle Iwamasa has graciously agreed to take on the position), a section on Case Studies (Dr. Doris Chang continues to serve as the Case Studies section editor), and an International Section (Dr. Winnie Mak continues to serve as section editor). As a result of Dr. Chang's efforts, with the assistance of the Practice Task Force to develop the "Guidelines to Submitting Case Reports," there has been an uptick in the submission of case studies. In terms of the International Section, there also has been a slight uptick on the submission of international papers as a result of Dr. Mak's efforts in sending invitation letters to many researchers in Asia. We hope that these activities will continue to increase more submissions in these sections. I want to express my gratitude to Drs. Moritsugu, Iwamasa, Chang, and Mak for their excellent contributions to AAJP.

This year will be the last year in publishing Annual Reviews. For this year, we received an excellent manuscript that reviewed all of the psychological articles published on Asian Americans in 2015. The paper is currently undergoing the editorial review process and I am confident that resulting article will be of high interest to our readers.

After this year, we have decided to shift our efforts from publishing comprehensive annual reviews to review papers that are more topic focused and narrow on its coverage. We currently have two review papers that have been given an initial approval. One paper is on the topic of "Asian Americans and Trauma" and the other paper is on the topic of "Cultural Complexities of Social Support among Asian Americans." I am looking forward to receiving these submission and hoping that the availability of the review paper section will lead to more submissions that will cover various areas within Asian American psychology.

#### 3. Special Issues

We currently have two special issues in progress, one titled "Moving Beyond the Model Minority" and the other titled "Qualitative Methods in Asian American Psychology." The leaders of the Asian Caucus of the Society for Research on Child Development are serving as action editors and we have received six manuscripts so far. For the qualitative methods special issue, Drs. Donna Nagata and Lisa Suzuki are serving as action editors and we have received five manuscripts thus far. I am confident that these manuscripts will lead to high quality special issues (or special sections depending on the number of articles).

#### 4. Changes to the Editorial Board

Beginning late last year, we increased the number of editorial board members by one to 46, with two new members joining the board and one member rotating off the board. I would like to take this opportunity to thank our editorial board members for their excellent contributions. We continue to add more ad hoc reviewers to our roster. If you know of colleagues interested in serving as ad hoc reviewers, please refer them to me.

#### 5. Best Paper Award

Continuing with the tradition of the AAJP Best Paper Award, I led a review by the editorial board of the published papers in 2015. The 2015 Best Paper Award will be presented to Dr. Matthew R. Lee and Ms. Christina J. Thai for their article titled "Asian American Phenotypicality and Experiences of Psychological Distress: More Than Meets the Eyes" (2015, Vol. 6, No. 3, 242-251). The Award will be presented at the annual AAPA convention in August. It also will be announced in the September or December issue of the journal.

#### 6. Journal Citation Reports

AAJP received an Impact Factor of 1.388 in 2015, which is a decrease from 2014's 1.686. AAJP is ranked fourth in the ethnic studies category (out of 15 journals). We will continue to strive to increase our impact factor by publishing high quality articles that will be cited by many authors.

#### 7. Strategic Goals for the Future

Similar to past goals, we are endeavoring to publish high quality articles and ensure that the AAJP remains the go-to source for information on Asian American psychology research and knowledge. We are also endeavoring to increase submissions in the Case Studies Section and International Section.

In an additional effort to increase the journal's visibility, we have been selecting one article in each issue as the Feature Article. The lead author of the article is then interviewed and a summary of the interview is disseminated via the social media outlets (e.g., Facebook, Twitter, listservs) of Asian American Psychological Association.

#### 8. Submission and Acceptance Data

According to our editorial assistant, we have received 46 new manuscripts so far this year with the current year's acceptance rate at 29%.

See appendix B for AAJP 2015 Annual Publisher Report.

## DIVISION ON FILIPINO AMERICANS (DoFA): Richelle Concepcion, Psy.D., MPH and Alicia del Prado, Ph.D.

#### **DoFA Executive Committee (EC)**

#### **Elected Officers:**

Co-Chairs: Richelle Concepcion, Psy.D., MPH & Alicia del Prado, Ph.D. Financial Chair: Michelle Madore, Ph.D. Student Representatives: Andy Paves & Lainie Posecion

#### **Appointed Officers:**

Mentorship Coordinator: Christine Richoermoso, Psy.D. Communications Coordinator: Steph Pituc, Ph.D. Membership Coordinator: Krista Chronister, Ph.D.

#### **GENERAL POINTS:**

This year DoFA reached an important milestone with it reaching its 5<sup>th</sup> year as an official AAPA division. Another monumental accomplishment of DoFA this past year was its hosting its seminal conference, "Filipino American Psychology: Past, Present, and Future" in January 2016 in Berkeley, California. The event was sold out with approximately 125 people in attendance; attendees included students, faculty, practitioners, and community members. DoFA awarded its second annual Filipino American psychology scholarship to graduate student Rani Lacsa Marcos. Finally, DoFA appointed Dr. Christine Richoermoso onto the DoFA EC to the mentorship coordinator position.

#### COMPLETED GOALS in 2015-2016:

- 1. Organized first ever AAPA's Division on Filipino Americans conference
- 2. Awarded seminal DoFA scholarship and an honorable mention award
- 3. Expanded financial standing
- 4. Sustainment of board member structure and governance
- 5. Expanded membership
- 6. Maintained DoFA visibility through social media
- 7. Contributed presentations at AAPA, APA, and other national conferences

#### **SPECIFIC COMPONENTS:**

1. First DoFA Conference: Filipino American Psychology: Past, Present, and Future

On January 30, 2016, the Division on Filipino Americans (DoFA) of the Asian American Psychological Association hosted an inaugural conference, "Filipino American Psychology: Past, Present, and Future", at the Wright Institute in Berkeley, California. Pioneers of Filipino American psychology presented on its history, current theory and research, as well as future directions. Dr. E.J.R. David, author of "Brown Skin, White Minds: Filipino-/American Postcolonial Psychology", delivered the keynote address. A poster presentation session and a mentoring session also occurred. Furthermore, DoFA presented its very first Virgilio Enriquez Award for Excellence in Leadership and Service of the Filipino American Community to

California Assemblymember Rob Bonta.

2. Awarded second annual DoFA scholarship.

Provided one \$500 scholarship who demonstrated advancement in psychology for Filipino Americans. This year's awards were funded from proceeds from Dr. Kevin Nadal's "Filipino American Psychology: A Collection of Personal Narratives" (Author House, 2010).

3. Expanded financial standings.

Our current DoFA balance is \$3,171.0. Minus expenses, we earned \$2762 from the conference. These gains are intended to fund future scholarships.

4. Sustainment of board member structure and governance.

Dr. Christine Richoermoso was appointed onto the DoFA EC as the mentorship coordinator. Search processes are ongoing for two appointed officer positions (i.e., communications and membership) and two elected officer positions (i.e., co-chairs).

5. Expansion of membership.

We currently have 85 due-paying DoFA members\*. Annual dues are \$15 for all professional members, \$10 for early career professionals, and \$6 for students.

The DoFA listserv offers a way members can communicate with each other throughout the year and in between conventions.

6. Maintained DoFA visibility through social media.

Current DoFA Social media outlets include:

- AAPA website
- Facebook group and page
- DoFA Twitter account.
- DoFA LinkedIn account
- Plans for Wikipage for DoFA (pending)

7. Planning for AAPA, APA and other national conventions

Responding to the of lack of presentations by and about Filipino Americans at AAPA's convention in 2015, DoFA prioritized being active in presentations in the AAPA 2016 convention. At least four presentations are occurring by one or more DoFA members at AAPA's 2016 Convention. DoFA will also have a meet and greet during the lunch hour at AAPA 2016. At APA, two DoFA EC members will be serving on a panel on "Best Practices When Working With Immigrant and/or Non-English-Speaking Populations".

DoFA members conducted workshops on colonial mentality at the Listen to the Silence Conference at Stanford University in January 2016 and at the Wright Institute in Berkeley, CA in April 2016. In June 2016, DoFA members attended and presented at the Filipino American National Historical Society National Conference in New York, NY. In July 2016, DoFA members participated a poster presentation on enculturation, acculturation, and colonial mentality at Division 45's Conference at Stanford University.

## DIVISION ON LGBTQQ: Saeromi Kim, Ph.D.

Elected Officers: Chair: Dr. Saeromi Kim Financial Chair: Dr. Satinder Gill Student Rep: G. Nicole Rider

Dr. Michael Lau is no longer serving on the board as elected Co-Chair.

#### **GENERAL POINTS:**

The DLGBTQQ just completed its second year of being an official AAPA division. DLGBTQQ was organized by an interest group in 2013 and formally recognized as a division of AAPA in 2014. During 2015-2016, the DLGBTQQ continued efforts to increase visibility and membership involvement.

Goals completed in 2015-2016:

- <u>Sustainment of board member structure and governance</u>: 3 conference calls, identified a division representative for the AAPA Executive Committee.
- <u>Presence at the AAPA convention</u>: As board members were unable to attend in summer 2015, 2 volunteers led a small group to recruit more members and convene at the DLGBTQQ meeting.
- <u>Continuation and growth of membership</u>: Ongoing efforts via listserv and convention in-person meetings. We are recruiting volunteers for the leadership position once again.
- <u>Contribution to Fall 2015 AAPA Newsletter:</u> Status report and invitation to join the division and listserv.

We have made progress towards some of our goals:

- 1. We recruited a few members to send a submission for a panel discussion, which was accepted and will be presented at this summer's AAPA convention.
- 2. Nic Rider, our student rep, again took the initiative to advocate for gender inclusive bathrooms at the AAPA convention.
- 3. Saeromi Kim continues as liaison to the APA's Committee on Sexual Orientation and Gender Diversity (CSOGD), and consistently forwards emails of relevance to our division.

Looking ahead:

- We hope to build our leadership team and identify small goals to increase visibility and presence of our division in AAPA, and eventually, in regional and national platforms.
- We hope to recruit a member who can help in increasing our communication effectiveness.

- We hope to support our colleagues and students in navigating identity intersections and related challenges in their respective careers.
- We look forward to continuing collaborations in scholarship, practice and social activism in order to best meet the needs of LGBTQQ Asian Americans.

## DIVISION ON PRACTICE (DoP): Chia-wen (Winnie) Hsieh, Psy.D. & France Shen, Ph.D.

#### **Division on Practice Committee Members**

Dr. Chia-wen (Winnie) Hsieh and Dr. Frances Shen

#### **GENERAL POINTS:**

The Division on Practice (DoP) was approved and established as an official AAPA division this year. DoP was initiated by an interest group in 2014 as a Practice Task Force and formally recognized as a division of AAPA in 2016. The main mission of the DoP is to promote the collaboration between researchers, practitioners, and educators, to foster collaborations between researchers and practitioners on research that truly informs practice within the API community and on current practice trends that can guide future research on AP mental health issues, and to provide the networks, support, resources and institutional visibility for AAPI practitioners within the AAPA.

DoP is still in the initial forming and building stage. Specifically, the DoP has already started accepting membership through the AAPA online membership application. A separate division listserve has been established for communication among DoP members. The DoP is currently accepting and soliciting nominations to elect executive board officers to lead the division activities moving forward. We have received several nominations thus far, and are continuing to solicit nominations for the remaining unfilled positions.

#### Goals completed in 2015-2016:

- The DoP established as an official Division under AAPA in October 2015 after receiving 10%+ AAPA members vote and AAPA executive committee approval .
- DoP was added as a Division on AAPA website in February 2016
- DoP membership recruitment begin in April 2016
- DoP listserve was created in May 2016
- DoP executive board officer nominations were accepted beginning in June 2016

To date, we have made great strides toward these goals as evident by the following:

- 1. We established the DoP as an official division within the AAPA
- 2. We welcomed 18+ members into DoP

3. We received several nominations for DoP executive board positions

#### Goals for 2016-2017:

- Hold an election to establish the executive board for the DoP
- Continue to grow the DoP membership
- Establish meetings among the newly elected executive board members
- Identify activities to further the mission of the DoP

## DIVISION ON SOUTH ASIAN AMERICANS (DoSAA): Puni Kalra, Ph.D.

DoSAA Executive Committee (voting members)

Chair: Puni Kalra, Ph.D. Co-Chair: Hina Pant, Ph.D. Chair-Elect: Manbeena Sekhon, Ph.D. (temporary) Treasurer: Gagan Khera, Ph.D. Secretary/Historian: Achu Johnson Alexander, M.A. Membership/Nominations Chair: Monika Parikh, Ph.D. Student Representative: Chandni Shah, MS.Ed. Communications Chair: Fyeqa Sheikh, Psy.D.

Senior Advisory Council (non-voting members): Shamin Ladhani, Psy.D., Neha Navsaria, Ph.D., Lina Patel, PsyD., Ulash Dunlap, MS, LMFT, Kusha Murarka, Psy.D., Anjuli Amin, Ph.D., Rahul Sharma, Psy.D.

#### **GENERAL POINTS:**

The DoSAA Executive Committee (EC) completed its eighth term in 2015-2016. During this time, the DoSAA EC, with two new officers joining, and two officers shifting roles, continued its efforts to increase the Division's national visibility while refining its infrastructure to execute that process. The first task following last year's conference was to fill the two open positions of Chair-Elect and Secretary/Historian. Once our team was complete, we acknowledged the needs that were communicated to us at the conference and began strategizing how we were going to best meet those needs in the upcoming year. More specifically, our members wanted opportunities for greater connection with each other in their local cities. Before we could begin, we had a number of housekeeping issues that we wanted to address in order to increase efficiency within the division. We believed that by having better communication structures in place, we could accomplish our goals more effectively throughout the year.

First, we cleaned up our listserv:

- We moved our DoSAA listserv and current EC group from Yahoo to Google
- We updated our DoSAA listserv by removing those who had inactive memberships and outdated emails
- We corrected the problem of past EC members receiving our listserv emails

Second, we put a process in place to welcome and track new members:

- We created separate email templates for all new and current DoSAA members and sent them out to everyone
- We began introducing ourselves on the DoSAA listserv and posting more resources for our members to increase traffic and connection
- We requested periodic membership updates throughout the year from AAPA to measure our efforts to increase membership

Third, we reflected on how critical information gets communicated each year when new members join the EC or when current EC members shift in their roles:

- We created a timeline that allows us to be better prepared to complete future deadlines
- We archived all important documents to Google so that it will be easier during transition periods to share past resources with new EC members

During Dr. Karen Suyemoto's Presidency, a by-law was created that would give representation to the Divisions on the AAPA EC. To begin this dialogue, we needed the Division chairs to form an alliance or committee and be in regular communication. Thus, we initiated several conference calls in early 2016 to start this conversation. It ultimately led to the development of a Council of Representatives within AAPA.

This year, we placed a high value on reaching out to our current members. Our Winter Newsletter included many new member voices, which was a contrast from past years in which EC members were primarily responsible for providing content. For the first year in our history, we received more submissions than we were able to accept.

Our greatest initiative was to create a space for our members to connect with each other in their local cities. We decided to focus on Chicago, Illinois as our first DoSAA gathering in March 2016. It was organized by current and past DoSAA EC members who live in the area. The first meeting was a success. We had eight total attendees and several others who expressed interest but were unable to make the event on the chosen date. The group decided that they would like to use this space for mentorship, collaboration, and networking. The group will be meeting once per quarter.

We followed a subsequent launch in New York City in July 2016. Sixteen people expressed interest in attending the gathering and six attended. The following great ideas/outcomes emerged from this group:

• We have created a google group which will include any future attendees. This is to facilitate networking and discussion between gatherings.

- We decided a tentative time and place for the next gathering at the end of August 2016.
- Attendees were encouraged to collaborate on future AAPA conference presentations/events and most expressed an interest in doing so.

We are excited about continuing to create platforms across the country for our members to connect and share resources.

DoSAA EC also worked to prepare for the 2016 AAPA and APA annual conventions held in Denver, CO. Convention activities include hosting an annual social hour, providing an annual student award, and representing our ideas in the closing keynote panel.

In 2015-2016, the DoSAA EC plans to continue carrying out its goals. Specifically, focus will remain on the development of deliverables for our current and future members in the hopes of increasing DoSAA's visibility and appeal amongst those interested in South Asian mental health.

#### Goals completed in 2015-2016:

- 1. Strengthening and sustainment of board member structure and governance
- 2. Maintenance of financial standing
- 3. Continuation of membership and listserv
- 4. Continuation of outreach efforts
- 5. Presenting and recruiting at AAPA, APA and other national conventions
- 6. Offering annual DoSAA Student Award
- 7. Having a clear vision as to who we are, and a plan as to what and how we want to communicate this and expand our reach

#### **SPECIFIC COMPONENTS:**

#### 1. Strengthening and sustainment of board member structure and governance.

Process:

- Monthly conference calls conducted by the Chair and Co-Chair
- Ongoing involvement of all EC members in DoSAA activities/projects
- Review of by-laws and description of officer responsibilities
- Thorough discussion of EC members' subcommittee designation process, incorporating official roles and responsibilities, as well as officers' strengths and areas of interests
- Strengthening the leadership process of the EC by having Chair, Co-Chair, and Chair Elect confer/consult in advance of calls and when handling important issues that arise
- 2. Maintenance of financial standing Treasurer's Financial Report
  - The current DoSAA balance as of July 24, 2016 is \$1662.00 with last received dues from AAPA through 8/19/2015

#### 3. Continuation of membership and listserv – Membership Report

We have a total of 86 paid members as of July 24, 2016: 37 professional members and 49 student members. Annual dues are \$10 regardless of membership type.

- DoSAA, through social media and informal local chapters, continues to increase visibility and membership support. Other marketing efforts include:
  - DoSAA Listserv
  - AAPA website
  - Sharing information about DoSAA on Division 45, AAPA and SAPNA listservs, as well as Facebook pages
  - DoSAA Facebook Pages (Organization page and Closed Members page)
  - DoSAA social events at AAPA and APA conferences
  - DoSAA membership flyers
  - Consultation and networking in cities or geographic areas in which members reside
- **Process:** The EC has continued to focus on our Facebook pages as a way to market DoSAA and disseminate information to members and the South Asian community at large. Our membership on our Organization page has grown steadily. Subscribers appear to appreciate our regular postings about important topics (e.g., addressing LGBT issues in South Asian communities; addressing issues of suicide; controversy regarding skinlightening), as well as highlighting achievements of professionals whose work are aligned with DoSAA's mission. Our newsletter continues to be distributed, and is sent out via the listserv and through AAPA's listserv to make us more visible and was a great success. EC leadership successfully reviewed and revised DoSAA. Membership numbers continue to be a focus of DoSAA, as we hope to retain and increase membership.

#### 4. Continuation of outreach efforts

EC Members have written articles and been interviewed for local and national counseling or psychological associations, conducted presentations and workshops, and outreached to other organizations in order to bring more visibility to DoSAA and issues concerning the South Asian American community. DoSAA has been making an increased effort to connect with other divisions within APA, such as Division 45 and Division 17, as well as working with elder members in the field of psychology to increase our presence within the community.

Other outreach efforts for the 2015-2016 year included regular updates through our Facebook page and emails on our listserv about upcoming events and networking opportunities. The

Facebook page has also become a forum for people to share information about their research projects or share articles related to South Asian mental health. We are currently in the process of converting our Facebook group from being a closed group to an open group. This will allow greater inclusivity and increase our presence on social media.

#### 5. Presenting and recruiting at AAPA, APA and other national conventions.

The AAPA and APA convention time will be used to promote DoSAA and to create activities that have a direct impact on the internal structure of DoSAA. Current DoSAA EC members will be presenting at this year's AAPA conference, while one current EC members is involved as an AAPA Leadership Fellow. DoSAA is also hosting its annual networking social with Division 45 at the APA convention.

**Process:** The EC conducted a mid-year conference call to evaluate the needs and priorities of DoSAA, identify challenges faced in meeting said needs, generate potential solutions, and revisit our mission. EC members then sought to determine how to integrate our mission and potential solutions into the AAPA/APA conference activities. This conference call was productive as the EC was able to identify the strengths and limitations of DoSAA. It was understood that the EC must continue to place an emphasis on increasing and enhancing membership, as it can impact the infrastructure of DoSAA. It was also decided that fundraising activities would be directed towards DoSAA membership (i.e. student award) and towards support of external organizations.

DoSAA EC members have been active in being present in other conventions including the American Psychological Association (APA), National Multicultural Conference and Summit (NMCS), National Conference on Race & Ethnicity in American Higher Education (NCORE), and South Asian Americans Leading Together Summit (SAALT) in an effort to recruit a diverse group of mental health professionals.

#### 6. Offering annual DoSAA Student Award

DoSAA's annual award for students dedicated to exceptional contributions to the field of mental health, psychology, and the South Asian community will be given again this year in addition to a monetary prize. One winner will be announced at the AAPA convention in Denver, CO.

**Process:** Following last year's process, a request for submissions for the DoSAA Student Award was sent out on the DoSAA listservs. The request entailed applicants to write a brief summary about research or community work they have or are currently engaged in, with respect to the South Asian population. These submissions were read and evaluated by the DoSAA EC, and an awardee will be chosen prior to the AAPA convention.

#### Having a clear vision & plan as to how to communicate DoSAA's vision and objectives, and expand its reach.

EC members spent time early in the year reviewing our collective script of introducing who we are and what the benefits are of joining AAPA and DoSAA. The process served us well at conferences throughout the year. We anticipate that this, in conjunction with what we communicate at presentations and social events at AAPA and APA, will continue to help us achieve our goals.

The EC plans to continue launching local networking gatherings beyond Chicago and New York City. We anticipate that providing such spaces, and taking the opportunity to communicate who we are and who AAPA is, will further allow us to expand our membership and further our goals.

## **DIVISION ON STUDENTS: Ming-Che Tu**

The Division on Students (DoS) of the Asian American Psychological Association (AAPA) continues to pursue its mission of promoting student professional development, community, and advocacy in 2015 to 2016. Our focuses of expanding membership and improving membership services are front and center throughout all our initiatives this year. The outgoing DoS Board proudly reports that we have made significant progress along these objectives. We would also like to share our thoughts on some challenges we have faced this year.

*Membership Expansion.* It has been an open secret that DoS makes up half of the membership of AAPA. With the growth of student membership outpacing that of professional members, DoS now constitutes 57% of the AAPA membership according to the latest newsletter. *This is the result of an amazing upsurge of our own members from 278 to 417 this year, a 67% increase!* This truly highlights the importance of our Division within the overall Association. The same progress is also reflected in our social media presence—our Facebook followers have increased from 792 to 907 this year.

*Improving Membership Experience.* We brought back our peer mentorship program on internship application from last year and paired applicants with experienced mentor from his/her field of interest for a mock interview session and one-to-one discussion. The feedback continues to be incredibly positive and we hope this will go on to become another tradition within DoS even after our tenure.

The Board also continues to support and recognize exceptional student members within AAPA with annual DoS Awards for Graduate Research, Undergraduate Research, Leadership, and Student Service areas. The recipients will be formally announced through the DoS listserv and Facebook page during the AAPA convention in Denver.

*Strengthening Connections with Other Divisions.* Thanks to the leadership of Dr. Puni Kalra from the Division on South Asian Americans (DoSAA) and Dr. Gagan Khera, the current AAPA Leadership Fellow, there has been a renewed and ongoing dialogue between active Divisions of AAPA, including Divisions on Students, South Asian Americans, Filipino Americans, LGBTQ, and on Practice.

Representatives from each Division has also re-established the Committee of Representatives (CoR) according the AAPA bylaws to ensure divisional communication and representation.

*Membership Engagement.* On the other hand, the Board has encountered some challenges in the past year and spent time reflecting on them and seeking solutions. Even though the membership base continues to expand, there does not appear to be a corresponding growth in membership engagement. The Board struggled this year on garnering the interests on both the election for the next DoS Board and the DoS Awards. In both cases, we had a surprisingly few students who came forward to nominate themselves to become leaders in DoS and to apply to have their work recognized. We realized there could be multiple factors influencing low turnout but nonetheless hope the next Board can address this issue and excite our own membership base.

*Handing Over the Baton*. Speaking of the next Board, we the outgoing Board are excited to introduce the newly elected Board! Under the leadership of Ahmed Alif as the Chair, the new Board will start their two-year tenure in August 31<sup>st</sup>. We wish them the best of luck!

As the representative body of the student membership within AAPA, the Board continues to unify, strengthen, and foster the student voice and the development of future leaders of AAPA through our activities described above. We gratefully acknowledge the support from fellow student members, our mentors and advisors, and AAPA as a whole.

#### State of Asian American Psychological Association, Division on Students

- Active Members: 417
- Available Funds: \$1,685.20
- Facebook<sup>®</sup> Followers: **907**

#### Outgoing Executive Board

Chair – Ming-Che Tu Assistant Chair – Sumin Na Secretary/Historian – Anjni Patel Treasurer – Ariane Ling Publicity Coordinator – Elsa Lee Membership Coordinator – Yuchuan Chen Expansion Coordinator – Caroline Luong-Tran

APPENDIX A: Joint Report of the National Ethnic Minority Psychological Association Delegates to the American Psychological Association on the February 2016 APA Council of Representatives Meeting



This is a summary of the experiences and perceptions of the delegates from three of the National Ethnic Minority Psychological Associations (NEMPA) during the February 2016 APA Council of Representatives (CoR) meeting. The report highlights some of the history and dynamics related to the marginalization of the areas of cultural responsiveness and social justice within the CoR. The delegates from three of the NEMPAs: the Society of Indian Psychologists (SIP), the National Latina/o Psychological Association (NLPA) and the Asian American Psychological Association (AAPA) attended this meeting.

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#### **Brief History and Context:**

We begin with a brief history in order to provide context for the events that unfolded in February 2016. This history provides the background for why NEMPA delegates came to the Feb 2016 CoR meeting with intentions to address ongoing issues and provides some context for the upswelling of voices and issues raised by the NEMPAs and by CoR members with shared values related to cultural responsiveness and social justice.

#### History of the National Ethnic Minority Psychological Associations (NEMPA) with APA

The NEMPAs have been attending APA council as invited guests since 2006. Initially we represented SIP, NLPA, AAPA and the Association of Black Psychologists (ABPsi). At first, we were observers to CoR who were seated in the back of the room and could not comment unless addressed. At that time, we worked with a committee of CoR members who were making efforts to include voting rights for the NEMPAs, recognizing the importance of these voices and representation within APA. This change would require a vote by the full APA membership to change the bylaws.

This attempt to obtain voting seats for the NEMPAs was not successful in spite of multiple attempts. The process was problematic in multiple ways that ultimately undermined the possibility of success. Some examples of problematic process that have been reported to us include: some CoR members' lack of support; some CoR members' public support in CoR, but statements against the motion to their constituencies; the inclusion of a pro-con statement, which was explicitly acknowledged to decrease the likelihood of success; factual errors in the pro-con statement that was distributed with the motion which decreased the likelihood of a positive vote (it erroneously stated that voting for the NEMPA seats would decrease the seats available to others); a lack of the necessary (and acknowledged) proactive behaviors from APA and CoR leadership such as educating the membership about the reasons to support NEMPA voting seats for the benefit of psychology and the people psychology aims to serve.

In the wake of the final failed vote in 2011, APA and CoR leadership has continued to invite NEMPA delegates to CoR meetings and to fund their attendance, despite a lack of clarity of the NEMPA delegates' role. Presence of NEMPA delegates has been acknowledged intermittently and was acknowledged at the beginning of the February 2016 meeting. NEMPA delegates are seated at the back of the assembly away from the voting members, but may participate in caucus activities, serve as caucus officers, and speak on the floor of Council.

#### History of the Specific Discussion of Diversity Training Over the Last 2 Years

In 2010, the Working Group on Diversity Training (comprised of CoR members) issued a brief report with recommendations for the content and process of diversity training (see Appendix A.) The stated goal was: *To help APA run more effectively and to create an inclusive environment, which encourages all persons to contribute their very best at the individual and organizational level.* Following that report, the February CoR meeting has included some time set aside in the agenda for "Diversity Training."

In recent years, lectures on topics related to underserved populations and inherent bias have been presented to CoR under the heading of Diversity Trainings. These lectures do not appear to have followed the recommendations of the 2010 Working Group report, nor do they seem to reflect best practices in content or pedagogy for creating an inclusive environment or for diversity training. In addition, it has been difficult for us to determine who is accountable for enacting the recommendations of the Working Group and ensuring that the Diversity Training offered to CoR addresses the stated goal effectively. It is notable that NEMPAs have not been consulted for this effort, in spite of diversity being our explicit area of expertise and also in spite of explicit offers.

Either subsequently or prior to every training in the past two years, CoR members have initiated listserv discussions with suggestions or recommendations to eliminate the Diversity Training. These requests to eliminate diversity training have included:

- complaints about the utility and efficacy of the training offered;
- opinions that CoR members are already culturally responsive and have had considerable education and training in diversity—in essence, that diversity training is not needed because CoR members are already sufficiently knowledgeable and educated;
- opinions that diversity training is a waste of time and should not be held during council meetings;
- statements that CoR meetings should be exclusively focused on CoR business;
- statements that CoR members should be responsible for their own understanding of diversity;
- suggestions to segregate the training so that CoR members who wished to discuss "issues central to CoR" could do so while others attended diversity training

CoR leadership engaged few, if any, of these comments or suggestions on the listserv. Prior to the February 2016 meeting, the discussion to discontinue Diversity Training during Council meetings continued in the form of an effort on the listserv to have the training conducted online instead.

Discussion about Diversity Training and its role and continuance on CoR has been scheduled for the August 2016 meeting.

Our (NEMPA) view is that actual Diversity Training based on best practices and addressing the identified goals has <u>never</u> taken place with CoR membership either before or after the Working Group report.

#### APA Ethics and NEMPA Critique, Commentary, and (lack of) Consultation

Ethics is at the core of ensuring the principle of beneficence. Recent events related to interrogations and APA (see below) have definitively called into question past practices and procedures related to ethics policies and related decisions that were conducted or overseen by CoR. It is important to note that even before the release of the Independent Review, the NEMPAs were focusing on ethics both individually and collectively.

The power and influence of the APA Ethics Code and related policies, procedures, and interpretations is one of the central reasons why recent NEMPA initiatives have focused on ethics. ABPsi created their own ethics code. NLPA is in the process of developing culturally effective ethics guidelines. AAPA is also considering the development of a guidelines statement; To date, AAPA has reviewed the APA Ethics Code and provided recommendations to the APA Ethics committee on where it must be culturally modified to be relevant in serving Asian American and Pacific Islander communities.

One of the most comprehensive initiatives is the *SIP Commentary on the APA Ethics Code*, a systematic examination of every Guiding Principle and every Standard in the APA Ethics Code from the point of view of a non-White culture. *The SIP Commentary* exposed major flaws in the APA's conceptualization of ethical standards and in the enforcement of the ethical standards as written. It documented egregious present-day examples of culturally incompetent and harmful practices in academia, training, research, practice and publishing. In doing that, it also documented the failure of the present APA Ethics Code to protect racial and ethnic minority psychologists and consumers from culturally incompetent psychological practices.

The *SIP Commentary* was presented to the APA Ethics Office in May 2014. The APA Ethics Committee also had a training on the *SIP Commentary* for its members in September 2014. However, neither the Ethics Office nor the APA Ethics Committee made a formal recommendation that the SIP Commentary be shared with CoR. Although the SIP delegate at the time, Gayle Morse, announced its publication on the CoR list serve, very little interest was expressed or feedback provided after its release.

In addition, as is well known at this point, in the fall of 2014, the APA Board of Directors (BOD) hired Sidley Austin, LLP, an international business law firm, to conduct an independent review of the allegations within and outside of APA of serious ethical violations by the APA Ethics Office. On June 8, 2015, Jesse Raben, APA legal counsel, sent an email to all CoR participants informing them that the Independent Review would be made available to them for review before the August 2015 CoR meeting, after it was reviewed by the BOD. When the NEMPA delegates could not open the report on the secure site, they contacted Mr. Raben, who informed them that since they were not voting members, they could not see it until it was released to the public. At the same time, CoR member Steven Reisner *and non-CoR member*, Stephen Soldz, were given access to the report during its early release to the Board.

The outcome of this process of allowing or disallowing access to the report was that NEMPA delegates reviewed the report at the same time as other CoR members. However, this was only

because the Independent Review was immediately leaked to the New York Times, making it accessible to the public overall. Regardless of this outcome, the CoR process related to this report was another example of APA's leadership marginalizing the NEMPA delegates, rather than consulting or taking advantage of the ethics expertise and perspective that had been amply demonstrated (e.g. by the *SIP Commentary*).

An additional example of this marginalizing process occurred during the August 2015 CoR meeting during a discussion of the Independent Review and serious obstruction of ethics and ethical violations and the possibility of creating an ethics task force. At that time, Dr. Morse again noted that the *SIP Commentary* had been published, that the NEMPAs were working on ethics initiatives, and that the NEMPAs were available to assist with the task force. No one responded to this offer and there was no follow up by any CoR, CLT, or Board member. All four of the NEMPAs also crafted and published responses to the Independent Review, with little or no comment to date from APA.

Among the many findings of the Independent Review was a "groupthink" mentality among the highest levels of APA staff and of APA governance. The failure of ethics that led to a long-term collusion of APA with the DoD was made possible because of a lack of presence and acceptance of diversity in people and perspectives. Both the SIP Commentary and the Independent Review are excellent examples of how much the lack of attention to, understanding of, and actions toward diversity are causing serious harm to the field of psychology as well to as our communities.

#### NEMPA Actions during the February CoR Meeting (Thursday, Friday, Saturday)

The history presented above indicated to the NEMPA delegates that changes in APA and in CoR are critical if APA is to adequately address the interests and needs of marginalized racial and ethnic minorities. During pre-meeting telephone and email exchanges the NEMPA delegates discussed this history and its meaning. During the February CoR meeting, the NEMPA delegates therefore agreed upon and initiated the following actions:

- <u>Enhance visibility and voice</u>: Actively engage CoR issues and motions that have evident implications for racial and ethnic minority communities, and those where such implications have not been considered; speak up in favor of those motions that seem to have benefit towards the goals above; respectfully, but firmly, identify issues of content and of process that indicate a lack of attention to cultural diversity and equity. For example:
  - Agenda Item 11: Inclusion of Ethics, Human Rights and Social Justice in the Revision of the Strategic Plan. NEMPA delegates spoke in favor of this motion and advocated to maintain strong wording to include human rights, social justice and ethics as central and foundational. This was in response to motions to either not make this explicit statement or to change the wording to have these issues as "among" the priorities, less than central, or only applied to specific aspects of psychology. The motion was approved with the stronger language.
  - Agenda Item 12: *Establishment of a Work Group to Develop Guidelines Regarding Task Force Selection*. NEMPA delegates spoke in favor of this and specifically in relation to ensuring that diversity as noted in the motion included racial and ethnic diversity explicitly. The motion was approved.
- <u>Convene an Ad Hoc Diversity Training Committee</u>: Address the goal of diversity within the CoR and recommend effective strategies to reach that goal. NEMPA delegates addressed the Ethnic Minority Caucus, the Women's Caucus and the Public Interest Caucus to inform their members and to gain support for an Ad Hoc Diversity Training Committee. All three caucuses expressed enthusiastic support for this effort. The NEMPA delegates informed the Council Leadership Team (CLT) of this committee; the information was positively received. We are hopeful that this can lead to further constructive collaborations as this Ad Hoc Committee develops.

- <u>Began a process of gathering data:</u> regarding APA and Council demographics as well as the history of prior diversity efforts. This will help to inform the recommendations for strategies to address disparities in representation. Antonio Puente, APA President-Elect, invited us to ask questions and to request information. We have already sent him a request and are awaiting a reply. Again, we are hoping that opening a dialogue will allow for increased collaboration and improved Council functioning.
- <u>Document microaggressions</u>: to provide examples of behaviors during the CoR meeting that illustrate the challenges for racial and ethnic psychologists attending CoR and the need for fundamental change (and commitment to substantive diversity training) in how the Council functions. NEMPA delegates began a list, writing down the microaggressions as they occurred. When other ethnic minority delegates became aware of this, they contributed their own examples. Although we have decided not to share this document at this time, the documentation of incidents provided an important "safety valve" and coping skill for ethnic minority delegates at the meeting, validating their perceptions and experiences.

On Friday when Council went into Executive Session, the NEMPA delegates took the opportunity to craft two sets of goals: one for our own participation within CoR (listed in Moving Forward section) and the other, initial goals to propose to the Ad-Hoc Committee.

#### NEMPA Actions during the February CoR Meeting on Sunday, February 21, 2016

#### **Catalyst and Action, Sunday**

The Sunday agenda initially allotted three hours to hear and respond to a report by Dr. Mal O'Connor, an anthropologist consultant. Dr. O'Connor was engaged by the President of APA, to observe the culture of Council and to report back with his observations and recommendations to improve Council process, especially in light of the conflicts following the Hoffman report. He submitted a preliminary report prior to the start of Council that was made available in the preparatory materials. This report included the following statement: "*That reminded me of a Western Apache definition of 'window' found in Keith Basso's book, Portraits of 'The Whiteman:' "A window is that through which we see each other."* This statement was factually incorrect (i.e. there is no Western Apache tribe) and repeated a long-standing and colonialist dynamic between anthropologists and American Indians that has actually led to some tribes banning non-Native anthropologists. While this dynamic is not well known in psychology, it is widely known in anthropological research (and in any research with Native peoples). The factual inaccuracy and lack of attention to this difficult dynamic led to concerns about cultural competence and the accuracy of the anthropologist's potential findings and recommendations related to CoR.

Deeply troubled about what this meant for a process that was described as constructive, the SIP delegate, Dr. Melinda Garcia, addressed CoR before Dr. O'Connor presented his findings. As she described her exasperation with the content of his report as well as the implications of that content to CoR and to the Council Leadership Team and the Board of Directors on the stage, a group of approximately 30 people gathered in a semicircle behind her in support.

Following her statement, Dr. O'Connor offered an apology, stating it was not his intention to offend. He then invited additional responses and feedback. In response, members of the group confronted Dr. O'Connor on his response to the concerns expressed and identified the ways in which this response itself embodied a microaggression that was all too common on Council. His response framed the issue as one of intention rather than effect, which avoided responsibility, maintained the burden on the person damaged, and failed to state an intention of change for the future. Subsequently, one by one, members of the solidarity group expressed the intense anger, sadness and frustration over a consistent pattern each had experienced in CoR of being invalidated, ignored, actively silenced, and marginalized. Women of color in particular, many White women, and some men of color made sure that these personal connections were explicitly connected to:

a) the behavior leading to the Independent Review;

b) the alienation of ethnic minorities from APA, contributing to the current critical loss of membership; and

c) the dysfunctional communication and decision-making dynamics within CoR.

As Council prepared to break for lunch, Dr. O'Connor asked the NEMPA delegates and other women of color who had spoken to join him and the CLT in order to devise a plan for the afternoon. During lunch, Dr. Garcia offered a basic structure to debrief the morning's events and to gather suggestions from all participants for "next steps," which Dr. O'Connor and the CLT accepted.

#### Why This Happened: Perspectives on Meanings and Motivations

Sunday morning's process provided the opportunity for a critical mass of delegates from marginalized groups to speak their truth as a group. The multiple voices raised, supported by others who did not directly speak, were more than just personal testimonies to difficult and painful interactions encountered on CoR or in APA governance. *They reflected broader and deeper issues related to the lack of cultural responsiveness and attention to equity in the field of psychology generally, and in <u>APA/CoR more specifically</u>. These voices challenged and emphasized the ways that this lack of attention has legitimized the practice of non-responsiveness to the needs and experiences of racial and ethnically diverse peoples and communities that psychology purports to serve. They spoke to a need for institutional reflection and reconsideration of "business as usual", because "business as usual" only serves to continue to alienate and splinter us when we need to bring all of our unique strengths and perspectives together.* 

Our perception is therefore that the issues central to the comments were related to:

- The alarming number of microaggressions experienced by people of color on CoR. Given that multicultural competence is a central and foundational stated value for psychology and psychologists, these microaggressions are daily evidence of the hollowness of that core value in in the processes and interpersonal interactions of CoR itself.
- Concern about the lack of recognition of the importance of culture and power and the lack of attention to social justice and disparities is apparent in the consistent unwillingness to consider possible negative effects for racial and ethnic minorities when addressing APA policy, procedures and direction.
- The ways in which attempts to address the above issues in CoR and within APA in an effective way have been repeatedly watered down or ignored altogether. This includes the continual silencing and dismissing of concerns of racial and ethnic minority peoples regarding the practice of psychology, and the marginalization of individuals who raise these issues, which also creates a non-collegial environment that does not engender participation.
- A tenacious refusal to consider the many historical and current ways our field is maintaining the oppression of racial and ethnic minorities by continuing to give credibility to damaging practices and attitudes within APA and APA approved programs.

#### Moving Forward: Future plans and intentions

The NEMPAs will work to ensure that:

- The policies, guidelines and action items that come out of APA Council of Representatives reflect the interests and needs of the increasingly diverse populations that psychology serves.
- The policies, guidelines and action items that come out of APA Council of Representatives promote distributive, procedural and relational justice.
- APA Council of Representatives itself embodies and promotes cultural competence, sensitivity, responsiveness and distributive, procedural, and relational justice.
- APA Council of Representatives embodies in its membership the racial, ethnic and linguistic diversity and relevant intersections that exists within the population that psychology serves.
- APA Council of Representatives develops ways to include the disenfranchised voices of psychologists and students, regardless of APA membership.

We hope to establish a more collaborative and constructive relationship with CoR, in particular, and APA in general. We look forward to the opportunity to develop a plan that will advance actual diversity in CoR based on best practices. We seek to offer the expertise of our organizations to improve APA as an organization and thereby increase the positive impact of psychology for the communities we serve.

Melinda García, PhD	Karen L. Suyemoto, PhD	Fred Millán, PhD
SIP Delegate to APA CoR	AAPA Delegate to APA CoR	NLPA Delegate to APA CoR

Y. Evie García, PhD Immediate past NLPA Delegate Gayle Skawen:nio Morse, PhD Immediate past SIP Delegate Chair, BAPPI

# Appendix B: Update of Work of Council Diversity Work Group (formerly Ad Hoc Diversity Work Group). Abridged from Submission to APA Council August 2016

The Council Diversity Work Group (CDWG) aims to build upon the efforts and expand the successes of the many people over the past decades who have worked to ensure that APA and APA Council are responsive to the needs of diverse populations.

The mission of the Council Diversity Work Group (CDWG) is to contribute to developing initiatives and recommendations that contribute to ensuring that:

- 1. The policies, guidelines and action items that come out of APA Council of Representatives reflect the interests and needs of the increasingly diverse populations that psychology serves.
- 2. The policies, guidelines and action items that come out of APA Council of Representatives promote distributive, procedural and relational justice.
- 3. APA Council of Representatives itself embodies and promotes cultural competence, sensitivity, responsiveness and distributive, procedural, and relational justice.
- 4. APA Council of Representatives embodies in its membership the racial, ethnic and linguistic diversity and relevant intersections that exists within the population that psychology serves.
- 5. APA Council of Representatives develops ways to include the disenfranchised voices of psychologists and students, regardless of APA membership.

The history and process of constitution of the CDWG is presented in Exhibit 1.

Subcommittees:

- 1. <u>POLICY AND PROCEDURE SHIFTS</u> with a primary focus on ways to address points 1 and 2 from the mission statement above.
- 2. <u>DIVERSE REPRESENTATION AND PARTICIPATION</u> with a primary focus on ways to address point 4 from the mission statement above
- 3. <u>DIVERSITY TRAINING AND CULTURAL SHIFT</u> with a primary focus on ways to address point 3 from the mission statement above.

These subcommittees have been working via email and multiple conference call meetings since February 2016 with the goal of developing priorities and strategies for their area in order to bring action plans and recommendations to the larger task force, and then to APA governance (through yet to be determined procedures). Below is a brief update of each subcommittee's ongoing progress.

#### **Policy and Procedure**

2017 meeting.

Facilitator: Karen Suyemoto Members: Marianne Celano, Gayle Morse, Roberta Nutt, Luis Vazquez

The Policy and Procedure subcommittee of the CDWG is currently in the midst of discussions and brainstorming/exploring initiatives to address the two areas of policy and procedure. Our aim is to complete initial exploration in the coming weeks and move on to prioritize and then more fully develop the prioritized initiatives. We anticipate having recommendations to present to CLT prior to the February

<u>Policy</u>: The committee is considering how to have current and future policies and motions explicitly consider and address issues of racial and ethnic diversity. Possibilities being discussed include (but are not limited to): (a) more actively considering diversity in the templates for each policy/procedure/motion presented for consideration at Council; (b) review of major current policies and impact on racial and ethnically diverse populations; (c) review of past diversity related initiatives (e.g. 2005 Pres TF on diversity). In relation to policy and policy recommendations, much has been done in the past through the major efforts of multiple people, but some of this seems to have not been fully enacted. We are examining past materials to consider: What is being done with these past initiatives and recommendations? Who is doing it? Who is accountable? Is is possible to do a more comprehensive review of these initiatives (e.g. through OMEA, CEMA, etc)?

<u>Procedure</u>: The committee is considering the ways that CoR structure and procedures (especially communication) reflects cultured values and norms and communicates what and who is valuable in ways that may marginalize voices and enact microaggressions. Major areas of current discussion are communication procedures and orientation practices. Our discussions are focusing on how to shift communication procedures and expectations through structural aspects rather than personal, cultural or equity awareness. Specific points of discussion: transparency and physical environment, communication norms, executive session procedures, orientation procedures.

#### **Diverse Representation**

Facilitator: Fred Millan Members: Kim Case, Sarah Friedman, Debra Kawahara, Gyda Swaney

The Representation subcommittee of the CDWG has been engaging in discussions focused on reviewing various documents related to current representation. Committee members are reviewing what is available to try and get a picture of the racial and ethnic representation on CoR and in governance, and of the influences and changes of that representation. Related to this is the need to consider what information is really needed for evaluating representation of racial and ethnic minorities with attention to disaggregation and intersectionality. Questions that are being asked in this review are: What's missing, what's useful, what information is needed? The goal is to consider what has been previously done, the current state of representation, and develop recommendations for advancing representation, governance participation. We anticipate having recommendations to present to CLT prior to the February 2017 meeting.

#### **Diversity Training and Culture Shift**

Facilitator: Melinda Garcia Members: Michele Harway, Michael Hendricks, Suniya Luthar, Marta Miranda.

The Diversity Training and Culture Shift subcommittee of the CDWG has been engaging in discussions and review of materials related to the goals and initiation of diversity training for CoR. Determined that diversity training should be evidence based. Worked on collecting research related to effective diversity training. Discussed and considered objections to diversity training raised by CoR members on the listserv and through other channels.. Determined that best practice when planning diversity training includes assessment of training needs, training and subsequent assessment of how well the needs were addressed. To date there has not been a cultural assessment of Council.

The need to understand the training needs and purpose was especially evident in listserv discussions post-CoR meetings. In relation to understanding needs, the subcommitee requested the notes from the Feb 2016 Sunday afternoon discussions to better understand CoR members experiences and responses. The subcommittee actively reviewed, sorted, and analyzed those notes, producing a thematic analysis (see APA Council Action Item #7).

For February, 2017, the subcommittee made the following recommendations to a larger CLT appointed group whose recommendations are presented in Council Agenda Action Item #7.

• Assessment and discussion focussed on understanding the scope and depth of the diversity issues within CoR, develop evidence based training approach with an initial focus on unconscious bias and microaggressions.

• To this end, a training with discussion and experiential components that also contributes to an assessment or climate evaluation focused addressing issues of unconscious bias and microaggressions that affect Council relations and act as barriers to efficacy.

#### Exhibit 1

At the February CoR Meeting, Melinda Garcia and Karen Suyemoto discussed the creation of an Ad Hoc Work Group to address issues raised on the listserv and elsewhere related to diversity training. Our intention was to convene a group of CoR members and delegates who were interested in examining past goals and practices, current needs and discussions, and best practices related to diversity training in order to make recommendations for more effective training that would address the issues raised in response to recent trainings. This initiative was discussed during meetings with the Ethnic Minority Interests Caucus, the Women's Caucus, and the Public Interest Caucus, where various Council members provided input and feedback on the idea and signed up as interested in participating in the work group. We also engaged in informal consultation and discussion with members of CLT and Board about our intention and constitution.

After the February CoR meeting, we sent an open call for participation to the Council listserv, suggesting a possible broader agenda (beyond diversity training specifically), given events that unfolded at that CoR meeting. Responses from the February CoR meeting and the subsequent open call resulted in a Task Force with a total of 19 members including 14 voting CoR Members, 3 EMPA delegates, a member who was also on the Board of Directors (Sandy Shullman, who agreed to serve as an advisor to the group), and a representative from BAAPI (see appendix). Fred Millan also joined the facilitator team as he rotated on as an EMPA representative to APA CoR from NLPA.

The Ad Hoc Work Group began with conversations focussed on the scope and possible focus, with particular consideration of whether to limit the focus to training or to consider diversity on Council more broadly. Suggestions from members of the group supported a broader scope, including but not limited to diversity training. Discussion included culture shifts, diversity and representation on CoR, processes on Council, formats of discussion of diversity and related issues on CoR, and scope and procedures for making recommendations. Through an interactive process (e.g. calling for ideas and focus, suggestion a focused mission, suggesting subcommittees and soliciting feedback, inviting participation, checking on proposed distribution), we agreed on the mission and subcommittees described in this document.

In June and July 2016, the ad-hoc work group had a series of conversations including members of the Board (Susan McDaniels, Cynthia Belar, Jennifer Kelly, Sandy Schulman) and the CLT (Doug Haldeman, Jean Lau Chin), as well as meeting with the CLT as a group during their planning meeting in early July. These meetings focused on the work of the group, the relation and path to CoR recommendations, and the ways that the Ad Hoc group reflected processes described in the GGP. The result of these meetings is the shift from an Ad Hoc Work Group to be a Council Diversity Work Group (CDWG) reporting to CLT, with liaisons appointed from CLT and from the BOD. We have extended an explicit invitation to BraVada Garrett-Akinsaya, as the Chair of the EMI Caucus, as an active member or expert consultant to the group (similar to the role Sandy Schulman has been playing for us). We have also invited other stakeholders such as other senior CoR members who have worked to advocate for diversity issues over the years to collaborate as members or consultants to the CDWG. We anticipate that when new members join CoR in February that the membership of the CDWG will change as the work continues.

**APPENDIX B: Asian American Journal of Psychology 2015 Annual Publisher Report** 

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AAPA

Volume 6, No. I, March 2015

# ASIAN AMERICAN JOURNAL OF PSYCHOLOGY

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Asian American Psychological Association



American Psychological Association

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For nearly 100 years, the APA Journals Program has been dedicated to advancing the creation, communication, and application of psychological knowledge to benefit society and improve people's lives. The Educational Publishing Foundation (EPF) imprint, developed in 1990, has unique resources and adaptability to develop specialized and interdisciplinary titles and to support our publishing partners. **The American Psychological Association (APA) Journals team** is pleased to present this report on the *Asian American Journal of Psychology (AAJP)*. This report includes details on the journal's circulation, financial performance, and editorial and production operations in 2015. The articles in *AAJP* continue to be among the top interest generating posts on Facebook. *AAJP* remained in the top 5 journals in the ethnic studies category in terms of impact factor, and received 15% more citations during 2015 than in 2014.

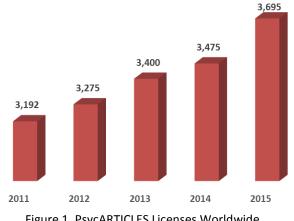
Upon request from the Editor, APA Journals can send calls for papers targeted to related authors, and promote articles on Facebook, Twitter, and Google+ pages. We are now implementing impact statements in journals. If editors are interested, we can provide documentation to help authors craft 3-5 sentence statements about the relevance of an article to a particular audience (e.g. policy, general public, health care). These are then included below the abstract of each article, and fully searchable in PsycINFO.

As you review this report, we encourage the Association and the Editor to note any questions or ideas for the journal. We are available at any time to discuss our partnership and what we are doing to encourage the success of the Asian American Journal of Psychology.

# **Distribution of Journal Content**

# **PsycARTICLES**

Our institutional sales model starts with access to *AAJP* content via the PsycARTICLES database. Institutions license PsycARTICLES from APA or one of our third-party vendor partners (including EBSCO, Ovid, and ProQuest). Institutions that subscribe to PsycARTICLES receive full access to all journals published by APA, including *AAJP*, in both HTML and PDF formats. PsycARTICLES is the most used full-text database in psychology, licensed by over 3,500 institutions in more than 70 countries (see Figure 1 for growth; see Figure 2 for geographic distribution). The database is also available to an additional 5,000 institutions through the World Health Organization's HINARI program, through which institutions in over 100 countries may receive free or low-cost access. In total,



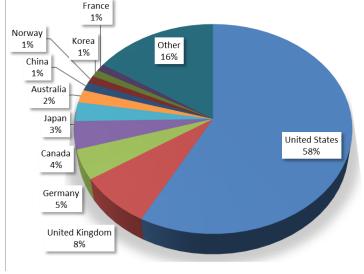


Figure 2. Geographic Distribution of PsycARTICLES Licenses

# this means that **approximately 80 million individuals have access to journal content**.

Our sales team has initiatives in place to increase our reach in several regions, including South America, Eastern Europe, and Sub-Saharan Africa. We have established consortia agreements with groups in Hong Kong, Malaysia, and Korea; and extending international readership, particularly in BRIC countries (Brazil, Russia, India, and China) will be a feature of our development over the next several years.



#### 2014 Annual Report

The number of institutions with access to the journal through PsycARTICLES continued to increase in 2015, and the number of institutions receiving a print copy of *AAJP* decreased (see Table 1).

Table 1. Number of Institutions with Access to AAJP, 202	12-2015
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Subscription Type	2012	2013	2014	2015
Print	6	6	5	4
Electronic	3,275	3,400	3,475	3,695
Total	3,281	3,406	3,480	3,699

Figure 3 shows the individual subscribers to *AAJP* over the past four years. The number of AAPA members receiving the journal decreased in 2015, closer to the 2012 numbers. The number of APA member subscriptions decreased. We are keen to explore options

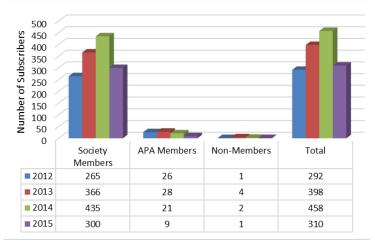


Figure 3. Number of individual subscribers, 2012-2015.

We review statistics related to the peer-review process (editorial statistics) and journal production (production statistics) often, and report on the year-end values here. This evaluation allows us to pinpoint areas of strength and opportunities for growth for the journal.

#### **Editorial Statistics**

Submissions dropped during 2015, from 107 in 2014 to 79 in 2015 (see Table 2). Accepted articles remained relatively stable, meaning the rejection rate decreased, but was still within the range we would expect to see in a newer title.

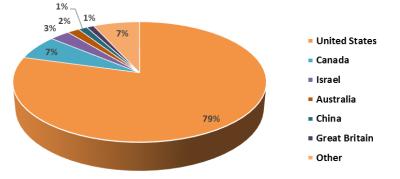


Figure 4. Top downloading countries for AAJP articles. Data represents about 6% of all downloads.

to provide the journal to other societies if you have recommendations, and we of course will continue to promote journal subscriptions to non-members and APA members.

In addition to institutional licenses to PsycARTICLES, 3,732 individuals subscribed to the PsycNET package, allowing them full-text access to the journals published by the American Psychological Association.

Around 80% of *AAJP* downloads originated in the United States (see Figure 4). This data represents downloads from the PsycNET platform, which accounts for around 6% of total downloads. The other 21% originated from Canada, Israel, Australia, China, Great Britain, and other countries. The "other" grouping includes 38 countries.

We continue to promote print subscriptions to AAJP through various outlets. We also note that the scholarly publishing business is seeing a slow but steady shift from print subscriptions to electronic access to journal content, and therefore continue to promote the PsycARTICLES database, and AAJP through it.

# **Operational Statistics**

Table 2. Editorial Statistics for *Asian American Journal of Psychology*, 2012-2015.

Manuscripts	2012	2013	2014	2015
Submissions	69	92	107	79
Acceptances	38	33	32	28
Pending	38	27	28	22
Rejection rate	49%	67%	69%	62%

The editorial lag, or time between manuscript submission and first decision, was a little over a month (1.3 months), which is encouraging to submitting authors.

## **Production Statistics**

With the journal's 6<sup>th</sup> volume, it is showing the ability to publish steadily, with decreasing turnaround times for publication (see Table 3). Both the OFP Lag (time between article acceptance and appearance online) and Publication Lag (time between acceptance and appearance in a print issue) decreased in 2015. The journal published below its page ceiling, indicating that a few more articles could comfortably be added throughout the year. Table 3. Production Statistics for *Asian American Journal* of *Psychology*, 2012-2015

	2012	2013	2014	2015
Journal volume	3	4	5	6
Publication frequency	4	4	4	4
OFP lag (months)	1.6	2.2	4.1	1.8
Publication lag (months)	7.7	6.4	8	5.9
Published pages	311	319	382	369
Published items	25	34	43	38
Average article length	12	9	8.8	9.7
Page ceiling	320	320	370	400
Pages published over/ (under) ceiling	(9)	1	12	(31)

## **Financial Performance**

Table 4. Financial Performance of AAJP, 2014-2015

Source	2014	2015
Revenue		
APA subscriptions	\$1,418.00	\$701.00
AAPA and nonmember subscriptions	\$8,910.25	\$9,458.00
Institutional subscriptions	\$2,525.00	\$2,144.00
Electronic licensing	\$58 <i>,</i> 803.06	\$64,798.91
Other revenue	\$1,472.22	\$1,596.17
Subtotal	\$73,128.54	\$78,698.08
Expense		
Office	\$500.00	\$500.00
Honoraria	\$4,000.00	\$6,500.00
Production	\$36,993.88	\$31,057.71
Overhead	\$15,255.00	\$11,260.00
Subtotal	\$56,748.88	\$53,817.71
Net income/(loss)	\$16,379.66	\$24,880.37
Loss carried forward (LCF; 2013)	\$12,648.78	N/A
Balance Net Income (minus LCF)	\$3,730.88	N/A
Royalty due	\$1,865.44	\$12,440.19

After retiring all losses carried forward last year, *AAJP* continued to build revenue in 2015 (see Table 4). Electronic licensing revenue, or revenue from full-text article downloads, rose by 10%, and print subscription revenue stayed stable due to increasing AAPA membership. Electronic licensing may vary from year to year, but we expect that it will continue to represent the bulk of journal revenue in the future as readers access content online through PsycARTICLES.

Production expenses decreased in 2015, as slightly fewer manuscripts were accepted and fewer pages were published compared to 2014.

# **Editorial Content Analysis**

For an indication of the most accessed articles during 2015, see Appendix A. These articles are ranked by number of downloads through APA's PsycNET platform, which represents about 6% of the total full-text downloads for the journal in 2015. The list includes 9 (30%) items published in 2015. Some frequent topics among the most downloaded are parenting, acculturation, and health outcomes.

#### Thompson Reuters (JCR) Citation Analysis

AAJP is included in the Thomson Reuters Journal Citation Reports (JCR) as a benefit of its being indexed in the Social Sciences Citation Index<sup>®</sup>. The journal receives an annual impact factor and citation analysis (see Table 5).

The impact factor measures the frequency with which the "average article" in a journal has been cited in a threeyear period. *AAJP*'s 2015 figure was calculated as follows:

- A = the number of times articles published in 2013 and 2014 were cited in indexed journals during 2015 (35+58, respectively)
- B = the number of research and review articles
  published in 2013 and 2014 (30+37, respectively, as recorded by Thomson Reuters)
- 2015 impact factor = A (35+58=93 / B (30+37=67) = 1.388

There was a 15% increase in total citations during 2015 compared to 2014, while the impact factor decreased. On average there were almost 1.5 citations per article published during the timeframe measured. *AAJP* ranked 4<sup>th</sup> out of 15 journals in the ethnic studies category.

There were 11 citations spread among the 35 articles published in 2015, resulting in the Immediacy Index score of 0.314.

The Eigenfactor<sup>®</sup> score is a measure of a journal's impact that factors in the time scales in which citations occur in a given discipline. The Eigenfactor<sup>®</sup> score reflects how influential a journal is based on how often its articles are cited by other influential journals; in other words, the sources of citations are considered differentially. *AAJP*'s Table 5. Thompson Reuters JCR\* Citation Analysis(Social Science Citation Index)

Measure	2013	2014	2015
Impact factor	1.405	1.686	1.388
Total citations	164	208	239
Cited half-life (years)	2.3	2.7	3.5
Eigenfactor	0.00057	0.00074	0.00098
Article Influence	0.523	0.454	0.489
Ranking—ethnic studies	2/15	1/15	4/15
Ranking—psychology, multidisciplinary	45/129	41/129	51/129

\*2015 Journal Citation Reports<sup>®</sup> (Thomson Reuters, 2016). Journal Citation Reports<sup>®</sup> is a registered trademark of Thomson Reuters. All rights reserved.

2015 Eigenfactor<sup>®</sup> score of 0.00098 ranks 11<sup>th</sup> among 15 journals in JCR's ethnic studies category.

Finally, the **Article Influence score** assesses the average influence of a journal's articles over the first 5 years after publication. It is calculated by dividing a journal's Eigenfactor score by the number of articles in the journal, normalized as a fraction of all articles in all indexed publications. **A mean Article Influence score in the JCR database is 1.00**; the *AAJP* 2015 score of 0.489 ranks the journal 9<sup>th</sup> out of 15 in the ethnic studies category. The category's top 10 journals according to their Impact Factor have Article Influence scores ranging from 0.450 (*Identities-Global Studies in Culture and Power*) to 0.999 (*Cultural Diversity & Ethnic Minority Psychology*).

Table 6 lists the journals with the highest number of citations to *AAJP* and their 2015 Impact Factors.

Table 6. Five Journals with the Highest Number of Citations to *AAJP* Articles in 2015

Journal	2015 Impact Factor
Asian American Journal of Psychology	1.388
Journal of Counseling Psychology	3.149
Psychological Bulletin	14.839
Journal of Clinical Psychology	2.236
Cultural Diversity & Ethnic Minority	
Psychology	1.790

#### Abstracting and Indexing

Journal content is discovered in part based on which databases articles appear in. Table 7 provides a comprehensive list of the Abstracting and Indexing databases that include *AAJP* article records and abstracts.

We periodically evaluate the A&I services for the journal and welcome input from the Editorial Board and AAPA regarding new services to explore. Table 7. Full List of A&I Services that Include AAJP

Cabell's Directory of Publishing Opportunities in
Psychology
Current Contents: Social & Behavioral Sciences
Journal Citations Report: Social Sciences Edition
OCLC
PsycINFO
SafetyLit
SCOPUS
Social Sciences Citation Index

# Journal Outreach: Sales and Marketing

The APA Journals team takes different approaches to informing potential authors and readers about *AAJP*, and particular articles and issues published in the journal. Our sales team focuses on selling subscriptions to the journal; our marketing team focuses on author and reader outreach, including advertising calls for papers, displaying the journal at relevant conferences, and promoting special issues. Our business team focuses on promoting the journal's brand so that individuals will view the journal as an expert source for psychology research.

Our marketing team promoted the journal in many venues during 2015, including through email and direct

mail pieces, advertising, and conference presence (see Figure 5, for exposure, over 1 million total exposures). In Appendix B, the advertising sources and conferences at which there were journal sample copies and minimocks brochures are listed.

When the Editor and Associate Editors attend conferences, we are happy to provide handouts to promote the journals. We print minimock brochures, which are a folded, one-page, color flyer that includes the journal cover, editorial board and mission, and sample article references.

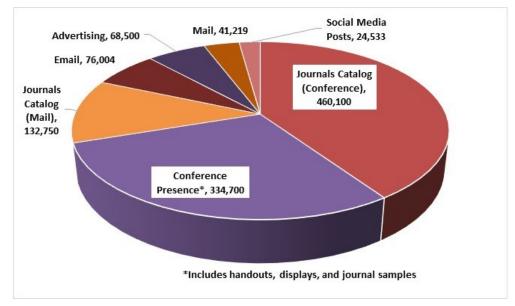


Figure 5. 2015 Marketing Efforts and Total Potential Viewers for AAJP.

Our business team promotes article use and journal branding through our social media sites (see Table 8 for a review) and article spotlights sent via email. APA Journals maintains <u>Facebook</u> and <u>Google +</u> pages to promote journal content. In addition, we recently added a <u>Twitter</u> account. Currently, our Facebook page is the most popular, with over 100,000 followers.

In addition to these modes of author and reader outreach, the journal has a dedicated <u>website</u>. APA issues Table of Contents and Online First publication alerts to those who subscribe to <u>PsycAlerts</u>, and has an RSS feed for the journal. Table 8. Facebook Statistics for AAJP posts, 2015

Date	Reach	Likes	Shares	Clicks	Comments
3/14/2015	13,832	317	75	140	7
9/21/2015	10,701	222	42	256	9

# Conclusion

The Asian American Journal of Psychology had another strong publication year in 2015. We congratulate Dr. Kim on a successful start during his first year as Editor. Of the top 30 downloads, 30% were from 2015; a strong indication of the value in recently published work. We look forward to hearing the Asian American Psychological Association's and Editor's goals for the journal at the APA Convention, and ways in which we can help promote those goals.

We invite Dr. Kim to suggest particularly noteworthy articles for specialist outreach including through our **APA Journals Article Spotlight** and **APA Journals Dialogue** modes of outreach. These resources, including free sample articles, are part of our growing Highlights page, found at <u>http://www.apa.org/pubs/highlights/</u>.

Please feel free to reach out to APA staff with any questions or ideas regarding the journal. We are thankful for the opportunity to continue our partnership with AAPA in publishing the *Asian American Journal of Psychology*.

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# Appendix A. Top 30 Downloads of *Asian American Journal of Psychology* Articles in 2015 (2015 content in bold font)

Rank	Title	1st Author's Name	Year	Vol/Iss Number
1	Is Asian American parenting controlling and harsh? Empirical testing of relationships between Korean American and Western parenting	Choi, Yoonsun	2013	4 / 1
2	measures. Does "tiger parenting" exist? Parenting profiles of Chinese Americans and adolescent developmental outcomes.	Kim, Su Yeong	2013	4/1
3	Therapist ethnicity and treatment orientation differences in multicultural counseling competencies.	Berger, Lauren K.	2014	5 / 1
4	Deconstructing the myth of the "tiger mother": An introduction to the special issue on tiger parenting, Asian-heritage families, and child/ adolescent well-being.	Juang, Linda P.	2013	4 / 1
5	Weight, body dissatisfaction, and disordered eating: Asian American women' perspectives.	Smart, Rebekah	2014	5/4
6	Effects of ethnic match, gender match, acculturation, cultural identity, and face concern on self-disclosure in counseling for Asian Americans.	Zane, Nolan	2014	5 / 1
7	Reviewing acculturation and Asian Americans: How acculturation affects health, adjustment, school achievement, and counseling.	Suinn, Richard M.	2010	1/1
8	Preservation and modification of culture in family socialization: Development of parenting measures for Korean immigrant families.	Choi, Yoonsun	2013	4/2
9	Understanding "tiger parenting" through the perceptions of Chinese immigrant mothers: Can Chinese and U.S. parenting coexist?	Cheah, Charissa S. L.	2013	4 / 1
10	An exploration of how Asian Americans respond on the Personality Assessment Inventory.	Chang, Jenss	2015	6/1
11	Perceived discrimination, intergenerational family conflicts, and depressive symptoms in foreign-born and U.Sborn Asian American emerging adults.	Cheng, Hsiu-Lan	2015	6/2
12	Psychological research on South Asian Americans: A three-decade content analysis.	Inman, Arpana G.	2014	5/4
13	Lifetime suicidal ideation and suicide attempts in Asian Americans.	Cheng, Janice Ka Yan	2010	1/1
14	Chinese American parents' acculturation and enculturation, bicultural management difficulty, depressive symptoms, and parenting.	Kim, Su Yeong	2014	5/4
15	Social and emotional parenting: Mothering in a changing Chinese society.	Way, Niobe	2013	4 / 1
16	Racial microaggressions and Asian Americans: An exploratory study on within-group differences and mental health.	Nadal, Kevin L.	2015	6/2
17	Attitudes toward professional counseling among Asian-American college students: Acculturation, conceptions of mental illness, and loss of face.	Leong, Frederick T. L.	2011	2/2
18	The role of psychological inflexibility and mindfulness in somatization, depression, and anxiety among Asian Americans in the United States.	Masuda, Akihiko	2014	5/3

# Appendix A. Top 30 Downloads of *Asian American Journal of Psychology* Articles in 2015, cont.

Rank	Title	1st Author's Name	Year	Vol/Iss Number
19	Parental autonomy support predicts academic achievement through emotion-related self-regulation and adaptive skills in Chinese American adolescents.	Liew, Jeffrey	2014	5/3
20	Ethnic identity as a moderator against discrimination for transracially and transnationally adopted Korean American adolescents.	Lee, Joyce P.	2015	6 / 2
21	Acculturation, enculturation, parental adherence to Asian cultural values, parenting styles, and family conflict among Asian American college students.	Park, Yong S.	2010	1/1
22	Annual review of Asian American Psychology, 2013.	Wei, Meifen	2014	5/4
23	Fostering social support, leadership competence, community engagement, and resilience among Samoan American youth.	Yeh, Christine J.	2015	6/2
24	Ethnic differences in social anxiety between individuals of Asian heritage and European heritage: A meta-analytic review.	Krieg, Alexander	2015	6 / 1
25	Racial identity profiles of Asian-White biracial young adults: Testing a theoretical model with cultural and psychological correlates.	Chong, Vanessa	2015	6/3
26	Questioning the model minority: Studies of Asian American academic performance.	Tran, Nellie	2010	1/2
27	The role of ethnic and national identifications in perceived discrimination for Asian Americans: Toward a better understanding of the buffering effect of group identifications on psychological distress.	Huynh, Que-Lam	2014	5/3
28	Predicting performance outcomes from the manner of stereotype activation and stereotype content.		2015	6 / 2
29	Asian Americans' and Caucasians' implicit leadership theories: Asian stereotypes, transformational, and authentic leadership.	Burris, Kimberly	2013	4 / 4
30	The interplay between collectivism and social support processes among Asian and Latino American college students.	Chang, Janet	2015	6 / 1

# Appendix B. Marketing Outlets for Asian American Journal of Psychology

## Conferences Where Samples Copies and Minimocks for AAJP Were Distributed

23rd Annual ASIANetwork Spring Conference 8th Biennial Conference of the Society for the History of Children and Youth American Association for Marriage and Family Therapy American Counseling Association American Library Association Annual Meeting (Summer) American Psychological Association Annual Meeting American Sociological Association 110th Annual Meeting – 8/22-25/15, Chicago, IL Eastern Sociological Society Frankfurt Book Fair Mid-South Sociological Association National Multicultural Conference & Summit Pacific Sociological Association Society for Personality & Social Psychology Teachers College Winter Roundtable on Psychology & Education Virginia Library Association

### Email and Direct Mail Distribution Lists

APA Division 9—Society for the Psychological Study of Social Issues (SPSSI) APA Division 41—American Psychology Law Society APA Division 43—Society for Family Psychology APA Division 44—Society for the Psychological Study of Lesbian Gay, Bisexual, and Transgender Issues APA Division 45—Society for the Psychological Study of Culture, Ethnicity and Race APA Division 48—Society for the Study of Peace, Conflict, and Violence: Peace Psychology Division APA Division 49—Group Psychology and Group Psychotherapy APA Division 51—Society for the Psychological Study of Men and Masculinity APA members with related areas of interest Association for Psychological Science College faculty teaching 17 different related courses