

# Asian American Psychological Association



**“Expanding Our Horizons:  
Giving Voice to Underrepresented AAPIs”**

**August 3, 2011  
George Washington University  
Cloyd Heck Marvin Center, 3<sup>rd</sup> Floor  
Washington, DC**

*Co-Sponsored by George Washington University Department of Psychology &  
ACPA-College Student Educators International’s  
Commission for Counseling and Psychological Services*

*Conference Co-Chairs: Richelle S. Concepcion & Jocelyn Buhain*

*Program Co-Chairs: Yuying Tsong & Ivy Ho*

## ***Welcome to Washington, DC and to the 2011 AAPA Convention!***

We are so pleased you have joined us. Thanks to the efforts of a hard working AAPA 2011 Convention Planning Committee, we have created a stellar convention program exploring how we can best focus AAPI psychology's efforts over the next decade.

In celebration of our convention theme, "*Expanding Our Horizons: Giving Voice to Underrepresented AAPIs*", we are excited to present a variety of special offerings. Our day begins with a keynote address by film maker Deann Borshay Liem. She will discuss her work in documenting the experiences of Korean-American adoptees. We will be screening the film "In the Matter of Cha Jung Hee" which aired on PBS this past September.

Then, you will have the opportunity to attend conference sessions addressing a range of topics, from how cutting-edge research, practice, and advocacy approaches with AAPI individuals and communities may inspire you to give voice to those within our communities whose voices are truly unheard. We have also organized networking opportunities throughout the day, including lunch meetings and a mentor-mentee reception at the end of the day.

Our annual awards banquet will be held this year at the *China Garden Restaurant* (1100 Wilson Boulevard, Twin Towers - Mall Level, Rosslyn, VA 22209). We will be honoring our AAPA Fellows and Awardees, and inducting our incoming president Richard Lee. We will be celebrating in the spirit of family, dining family style on scrumptious Chinese cuisine. As we fill our bellies with wondrous food, we will be treated to the musical stylings of the East-West Street Band.

We truly hope that you enjoy these events and take advantage of the many opportunities to reconnect with old friends, make new connections, and work to build bridges across our diverse communities that will perhaps elevate your voice or inspire you to give voice to those who are unheard!

***Richelle Concepcion and Jocelyn Buhain***

***AAPA 2011 Convention Co-Chairs***

### **AAPA 2011 Convention Committee**

Convention Co-Chairs: *Richelle Concepcion & Jocelyn Buhain*  
Program Co-Chairs: *Yuying Tsong & Ivy Ho*  
Session Co-Chairs: *Miki Lasher & Karen Cone-Uemura*  
Poster Co-Chairs: *Yung-Chi Chen & Arpita Ghosh*  
Banquet Co-Chairs: *Minji Yang & Kayi Hui*  
Booksale Co-Chairs: *Ivan Wu & Stephanie Lee*  
Mentor-Mentee Co-Chairs: *Nicole Rider & Michelle Wang*  
Registration Chairs: *Sheetal Shah & Frances Shen*  
Volunteer Co-Chairs: *Anju Kaduvettoor & Simon Chung*  
Vice-President: *Sumie Okazaki*  
Awards Committee: *Kevin Nadal, Siony Asuncion, EJ David, Helen Hsu, Arpana Inman, Derek Iwamoto, Yosh Kawahara, Jeff Mio, Munyi Shea*

### **AAPA 2011 Convention Program Reviewers:**

Joy Asamen, Matthew Lee, Michi Fu, Muninder Kaur Ahluwalia, Arpita Ghosh, Nadine Chang, Yung-Chi Chen, Grace Kim, Christine Kwan, Winnie Pei-Wen Ma, Frances Shen, Miki Lasher, Fernand Lubuguin, Ya-Shu Liang, Que-Lam Huynh, Angela MinhTu Nguyen, Nellie Tran, George Hong, Winnie Chan, Diane Hayashino, Tsui-Feng Wu, Chu Kim-Prieto, Anneliese Singh, Richard Shin, Susana Lowe

### **AAPA 2011 Convention Poster Session Judges:**

EJ David, Grace Kim, Miki Lasher, Susana Lowe, Jeff Mio, Sumie Okazaki, Munyi Shea, Richard Shin, Nellie Tran, and MeiFen Wei

### **AAPA 2011 Convention Volunteers:**

Masami Araki, Yu-pei (Peggy) Chang, Bonny Chang, Na-Yeun Choi, Angela de Dios, Wei-Hsing Fan, Erica Fung, Ren Hong, Jennifer Hsia, Joyce Lee, Marcia Liu, Stephen Loke, Jamie Louie, Caroline Luong-Tran, Tamim Mohammad, Shruti Mukkamala, Fanny Ng, Teresa Nguyen, Reena Patel, Bryan Pham, Karen Pooh, Gurminder Sandhu, Monique Shah Kulkarni, Leslie Shin, William Tsai, Stephen Wong, Alicia Yee, Pansy Yip, Georgia Yu, Cynthia Yuen

**Special Thanks** to the following publishers and individuals for donations to the Book Drive to support student travel awards: Alexis Hammond, Alvin Alvarez, American Psychological Association, Arcadia Publishing, Debra Kawahara, Gervase Klomos, Greenwood Press, Haworth Press, Hunter Stark, Intervarsity Press, John Wiley & Sons, Judith Knott, Klumer Academic/Phelum Publishers, Kevin Nadal, Rachel Livsey, Lee & Low, Merrill, Nita Tewari, Oxford University Press, Pamela Hays, Prentice Hall, Prufrock Press, South End Press, Springer Publishing Company, LCC, Stylus Publishing, LLC, Utah State University Press, Vanderbilt University Press, Wiley Hardcover, Wiley, and Zed Books

**Special Thanks** to Huynh-Nu (Mimi) Le for her assistance with acquiring our convention site, Paul Poppen (Chair of the GWU Psychology Dept.), Cecilia Hendricks-Grant, Lynne Goines, and Megan Trzcinski for their support and help in preparing for this year's convention. They have been a tremendous resource and key to successful conference planning - thank you so much!

## Convention Details

### GETTING HERE

The Cafritz Conference Center is located on the third floor of the Marvin Center. The main entrance of The Marvin Center is located on 21st Street between H and I Streets. The address is:

Cafritz Conference Center  
The George Washington University  
800 21st Street, NW  
Washington, DC 20052

**From National Airport:** If you are traveling by plane and flying directly into Reagan National Airport, you can reach the campus by taxi, which will cost approximately \$25. You can also reach campus by taking the Metro Blue line (towards Addison Road). Exit at the stop marked "Foggy Bottom-GWU." Exit the Metro, cross 23rd Street, and continue walking on I street approximately two blocks. Turn right onto 21st Street. The Marvin Center will be on your right on 21st Street between H and I Streets.

**From Dulles Airport:** If you are flying into Dulles International Airport, you can take a Super Shuttle van to downtown Washington. Tickets can be purchased at the airport. The van will drop you off at any location you specify, including The Marvin Center located at 800 21st Street, NW, between H and I Streets.

**By Train:** If you are traveling by train, you will arrive at Union Station where you have two options to continue. You can take a taxi for the approximate cost of \$15 or you can take the Metro Red line (towards Shady Grove). When you reach the Metro Center stop, transfer to the Blue line (towards Franconia-Springfield) or the Orange line (towards Vienna). Exit at the stop marked "Foggy Bottom-GWU." Exit the Metro, cross 23rd Street, and continue walking on I street approximately two blocks. Turn right onto 21st Street. The Marvin Center will be on your right on 21st Street between H and I Streets.

**By Metro:** If you are traveling by Metro to campus, exit at the stop marked "Foggy Bottom-GWU." As you exit the station, you will be at 23rd and I Streets. Cross 23rd Street, and continue walking on I street approximately two blocks. Turn right onto 21st Street. The Marvin Center will be on your right on 21st Street between H and I Streets.

### **If You are Traveling by Car:**

**FROM NORTH:** Take I-95 South to I-495 (Capital Beltway) toward Silver Spring/Northern Virginia. Take exit 33, heading south on Connecticut Avenue for about 9 miles. Turn right onto Florida Avenue (just past the Washington Hilton) and turn left immediately onto 21st Street. Turn right onto H Street. The entrance to the parking garage is on the right between 21st and 22nd Streets.

FROM WEST: Interstate 66 and Route 50 both connect with the Theodore Roosevelt Bridge. Cross the bridge and exit left at E Street, then again at Virginia Avenue. Bear left, following signs for 23rd Street. Turn left on 23rd Street and continue a few blocks to campus. Turn right on H Street. The entrance to the parking garage is on your right between 21st and 22nd Streets.

FROM SOUTH: Interstate 395 to Arlington Memorial Bridge exit. Cross the bridge and bear left at the Lincoln Memorial. Turn left onto 23rd Street, NW, and continue a few blocks to campus. Turn right on H Street. The entrance to the parking garage is on your right between 21st and 22nd Streets.

**Parking:** A University Parking Garage is located on the bottom five levels of the Marvin Center and can be accessed on H Street, between 21st and 22nd Streets. This parking garage is open Sunday - Thursday from 7am until Midnight and Friday-Saturday from 7am-2am.

Rates for Marvin Center and University Visitor Parking Garages

Up to 1 Hr.	\$7.00
Up to 2 Hrs.	\$13.00
Daily Maximum Rate	\$17.00
Evening Maximum Rate	\$8.00
Overnight Maximum Rate	\$16.00
Weekend Daily Maximum Rate	\$10.00

**Food throughout the Day and On-Campus Dining:**

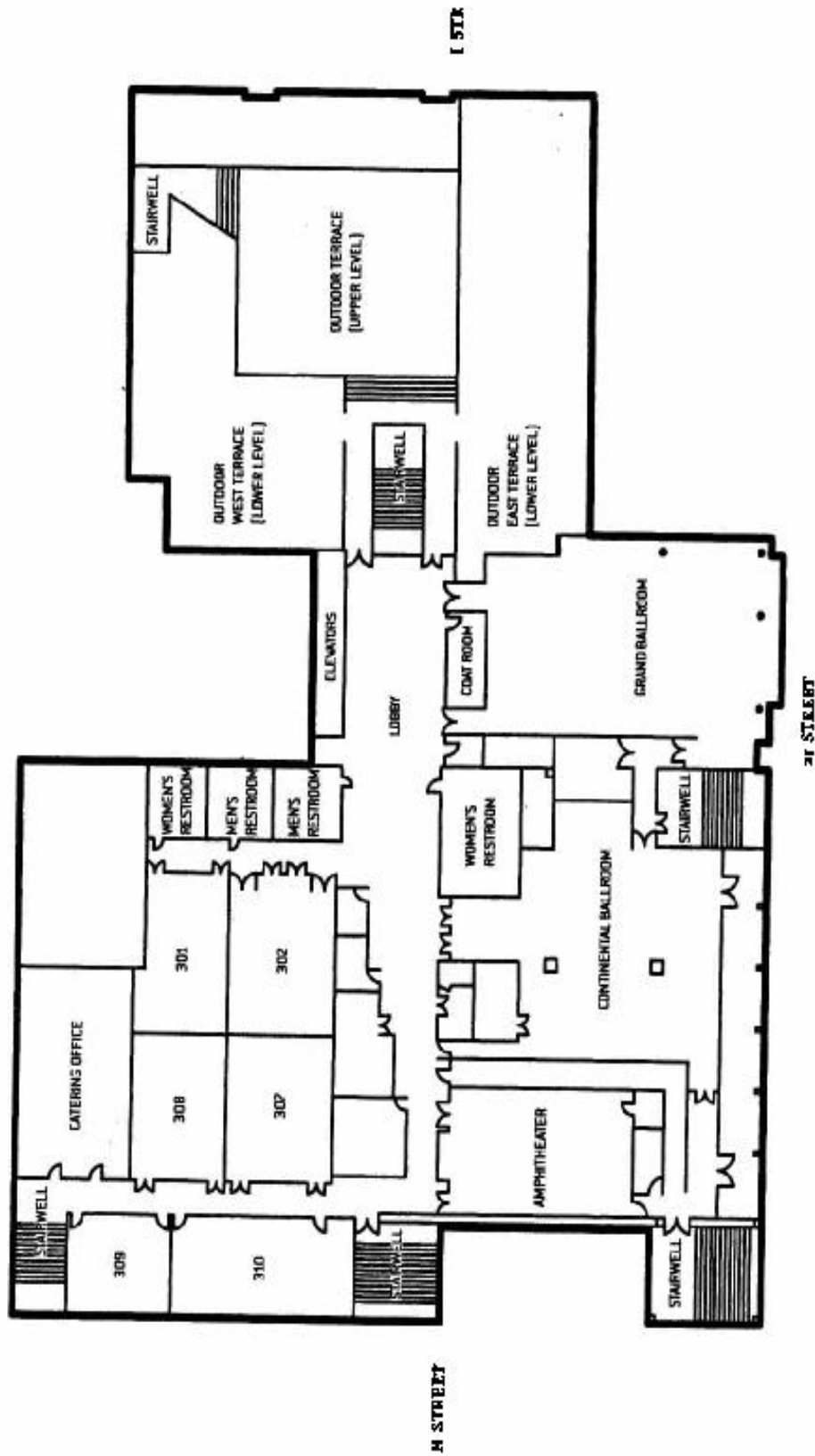
AAPA will provide a continental breakfast and afternoon snack break in the Grand Ballroom on the 3<sup>rd</sup> floor of the Cloyd Heck Marvin Center. For those who have ordered a box lunch in advance, bring your lunch ticket to the Grand Ballroom to pick up your lunch.

For those who have not ordered a box lunch in advance, the following dining options are available just next door of the Cloyd Heck Marvin Center at 2100 Pennsylvania Avenue and I(eye) Street NW: an Au Bon Pain, a Mexican Burrito food station, a sandwich shop, an ice-cream parlor, a hamburger joint, and a Bertucci's sit-down restaurant. Another sit-down restaurant option nearby is Friday's (corner of 22<sup>nd</sup> and I). There are a variety of other restaurants on Pennsylvania Avenue including Thai food, Chinese food, Pakistani food, and an American pub.

**Continuing Education Credit:** ACPA Commission for Counseling and Psychological Services is approved by the American Psychological Association to sponsor Continuing Education for psychologists. The Commission maintains responsibility for this program and its content.

THIRD FLOOR

THIRD FLOOR



I St.

M STREET

21 STREET

## 2011 AAPA Convention Breakout Session Schedule - “At a Glance”

We are proud to present a variety of programming addressing underserved AAPI populations. We have structured this year’s program according “tracks”, which organize convention programming around a particular theme. Please feel free to attend any session within any track throughout the day!

\* Designates that the session is eligible for Continuing Education credit for psychologists.

	11:00 - Noon	Lunch	1:30-2:30 PM	2:45-3:45
Continental Ballroom Special Topics	AAPA Invited Session – Tiger Parenting in Asian-heritage Families: Reflections on Amy Chua’s recent book, “Battle Hymn of the Tiger Mother”	Division on Filipino Americans/ Editorial Board	Division on Filipinos-Sponsored: The Forgotten Asian Americans: A Review of Filipino American Research	Playing the game: Virtual world methods for understanding Asian Americans’ inter-group psychology
Room 301 Gender and Sexuality	*Asian American Men and Masculinity: New Directions for Research and Practice	Division on Women	*Risk Factors of Suicide among Asian and Pacific Islanders LGBT Individuals	Intersecting Identities: AAPI Sexual and Gender Minorities
Room 302 Social Justice and Advocacy	AAPI Advocacy: The Nuts and Bolts	Social Justice and Advocacy/ Early Career	In Search of Home and Equality: A Conversation with our AAPA Sisters and Brothers about Sexism and Male Privilege within AAPI Communities	*Division on South Asian Americans Sponsored: Research as a Vehicle for Social Justice: Implications for South Asian Psychology
Room 307 Student Focus	Across Nations, In-Between Cultures – Asian International Students’ Changing Identity	Division of Students	Division of Students-Sponsored Addressing Challenges of Graduate School from the Student Perspective	Dissertation Awards - Coping with community integration: Filipina immigrants in rural Midwest - The role of cognitive flexibility in acculturation and bicultural stress among Chinese American adults
Room 308 Clinical Interests	*Practice Task Force – Grand Rounds	Practice Task Force	Hmong American Mental Health and Well-Being	A Preliminary Clinical Model for Working with Asian American Christian Families
Room 309 Integrative Models	Integrating Mind and Body: Interventions for Asian American Youth	Division of South Asian Americans	*The Stress-Vulnerability Framework: Uncovering the Social-Cultural Mechanism and Determinants of Problem Drinking in Asian American Young Adults	*Ecology, Racism, and Psychological Outcomes among Asian Americans

# 2011 AAPA Convention Schedule

## *Convention Theme:*

### *“Expanding Our Horizons: Giving Voice to Underrepresented AAPIs”*

Registration: Starting 7:30 AM, Cloyd Heck Marvin Center 3<sup>rd</sup> Floor Lobby  
Early Bird Meet & Greet Breakfast, Grand Ballroom

Start your convention with good food and good company! Mingle with current and past leaders of AAPA in a relaxed environment. The breakfast is a great networking opportunity for students and early career professionals.

Book Drive for Student Scholarships: 8:00 AM - 5:00 PM  
Grand Ballroom

Get the latest books related to Asian American/Pacific Islanders, multicultural psychology, and social justice. Expanded book offerings this year include children's books, fiction titles, journals, and other professional resources! All proceeds benefit the Student Travel Fund.

Posters on display: 8:00 AM - 5:00 PM  
Grand Ballroom

Although the formal poster session and opportunity to speak with the presenters is from 4:00 - 5:00 pm, the posters will be on display all day in the ballroom. Take a moment to check out the poster presentations.

Welcome and Announcements: 8:45 AM - 9:10 AM  
Continental Ballroom

Opening Remarks by Convention Co-Chair, Richelle Concepcion  
Greetings by Dr. Gordon Hall, President of AAPA  
Greetings by Dr. Paul Poppen, Chair of GWU Psychology Department  
Recognition of departing & incoming officers by Sumie Okazaki, VP of AAPA  
Announcements about the conference by Convention Co-chair, Jocelyn Buhain

Keynote Address: 9:15 AM - 10:45 AM  
Continental Ballroom

We are pleased to welcome Deann Borshay Liem as this year's Convention Keynote speaker. In a special screening of her documentary, **"IN THE MATTER OF CHA JUNG HEE,"** Liem explores transnational adoption through a personal lens. In recent years transnational adoption has received an unprecedented level of visibility. Adoptions by celebrities such as Angelina Jolie, and national news articles such as *The New York Times* essay on the adoption of Chinese girls, has drawn widespread public attention to new racial and cultural sensibilities in American family formation. Continuing the journey from her previous Emmy-nominated film, *FIRST PERSON PLURAL*, Liem explores themes of identity, memory, assimilation, and birth family reunion while also examining the history of transnational adoption from South Korea. A discussion will follow the screening.



SESSION ONE  
11:00 AM - Noon

Continental Ballroom

**AAPA Invited Session - Tiger Parenting in Asian-heritage Families: Reflections on Amy Chua's recent book, "Battle Hymn of the Tiger Mother"** *Richard M. Lee (University of Minnesota), Desiree Qin, (Michigan State University), Irene Park (University of Notre Dame), Linda Juang (San Francisco State University)*

Amy Chua's book "Battle Hymn of the Tiger Mother" pits "Chinese" parenting versus "Western" parenting. What IS "Chinese" parenting? What are implications for children and their adjustment? Three panelists will address issues raised in the book and offer perspectives based on their research on Asian American parenting and child development.

Room 301

**Asian American Men and Masculinity: New Directions for Research and Practice** *Y. Joel Wong (Indiana University, Bloomington), Kimberly K. Tran, Claire E. Higgins, Dana L. Collins, Munyi Shea, Michael Lau, William Ming Liu*

This symposium presents state-of-the-art research on Asian American men and masculinity, focusing in particular on the intersecting identities of race, ethnicity, gender, and sexual orientation. The three presentations in this symposium include (a) a mixed-methods study of perceptions of stereotypes about Asian American men and their association with depressive symptoms, (b) a latent class regression analysis of Asian American men's conformity to masculine norms and psychological distress, and (c) a qualitative study of gay Asian American men from a positive psychological perspective. Implications for counseling, advocacy, and policies for improving the lives of Asian American men will be discussed. (1.0 CE Credit)

Room 302

**AAPI Advocacy: The Nuts and Bolts** *Edna M. Esnil (EME CPS, Private Practitioner), Carrie Crownover, Licensed Psychologist, Kansas), Miki Shichi Lasher (Westchester Institute for Human Development/New York Medical College), Karen Cone-Uemura (University of Utah)*

This interactive session aims to provide participants with an overview of the process of advocacy, bringing to light how we can all be advocates for AAPI concerns, in whatever settings we find ourselves in. Panelists will share their experiences and challenges along with tips on how to be involved in advocacy at all levels, from personal interactions to formal lobbying with our legislators. Participants are invited to be actively engaged in the process, making this interactive session a safe space to brainstorm innovative ideas as well as receive support for the various hurdles encountered while advocating for AAPI issues.

Room 307

**Across Nations, In-Between Cultures - Asian International Students' Changing Identity** *Yu-ting Su, Pengfei Zhao, Peiwei Li, Yimin Wang (Indiana University)*

This presentation is an interdisciplinary effort to understand Asian international students' identity issues. Different from the conventional foci on their acculturation stressors and academic adjustments, the presenters bring developmental, socio-structural, and philosophical perspectives in conceptualizing Asian international students' cross-cultural identity. The presentation begins with a broad philosophical discussion on the formation of cross-cultural identity and moves to an exploration of Asian international students' identity development at a unique intersection of space and time. Lastly, results of a study explicating potential impacts of racial inequality on an Asian international student client's identity negotiation with a White therapist are presented.

Room 308

**Practice Task Force - Grand Rounds** *Winnie Hsieh, Glenn Masuda, Michi Fu, Paul Wang*

The Practice Task Force will be presenting clinical interventions as it relates to current/past research. Cases will be presented from the audience at large and presenters will offer perspectives drawing from their own clinical practice experiences, and offer suggestions in treating challenging cases and giving voices to the under-represented AAPI clients. (1.0 CE Credit)

Room 309

**Integrating Mind and Body: Interventions for Asian American Youth** *Anna Tuazon, Yueming Wang (The Wright Institute)*

Asian American youth from immigrant families face numerous challenges in the cultural adjustment process, being at higher risk as compared to older individuals. These difficulties are associated with alienation, withdrawal, aggression, anxiety, low self-esteem, and intergenerational conflicts. This interactive session argues for culturally appropriate interventions for Asian American youth, focusing on strategies that integrate both mind and body. Our presenters will discuss the relevance of non-verbal modalities and explore ways to incorporate these in the training of trainees in the mental health field. The Asian American Psychological Association conference provides an important platform to address the needs of Asian American youth and to advocate for appropriate culturally sensitive interventions in the therapeutic setting.

LUNCH & NETWORKING  
12:15 PM - 1:15 PM  
Lunch Meetings in Designated Rooms

Here is your opportunity to network and discuss common interests and experiences. For those who have ordered a box lunch, please bring your lunch ticket and pick up your lunch in the Grand Ballroom.

Continental Ballroom

**Division on Filipino Americans (DoF):** Come join our newest Division. Are you looking for an opportunity to discuss clinical and research issues related to Filipino Americans? Are you a Filipino American researcher, scholar, professor, or clinician, hoping to connect with other passionate Filipino Americans? Then, this is the place for you!

**Meeting with the Editorial Board of the *Asian American Journal of Psychology*:** Come and meet with the Editorial Board. This will be a great opportunity to learn about the journal and ask questions!

Room 301

**Division on Women (DoW) Social Hour/Luncheon:** Have you been wondering who you will sit with at lunch today? Are you looking for a smaller, more manageable home within a home at AAPA? If so, the DoW invites you to grab your lunch and warmly welcomes you to join us!

Room 302

**Task Force on Social Justice & Advocacy:** Come gather with others interested in community advocacy, public policy, and social justice-oriented research, practice, and teaching issues.

**Meeting with Early Career Professionals:** Visit with colleagues who are also entering the profession. Discuss issues, provide support, and learn ways to navigate this piece of your professional journey.

Room 307

**Division on Students:** Please join the DoS lunch meeting and get to know fellow members and students in AAPA, share your experiences, and discuss plans for the coming year. Student award winners will be honored. You will also get a chance to meet the current DoS Board.

Room 308

**Practice Task Force:** If you are a practitioner, this meeting is for you! We would like to hear your ideas on accomplishing some of our goals, such as creating a referral database, writing articles for the newsletter, and mentoring students/early career psychologists who are interested in a practice career.

Room 309

**Division of South Asian Americans (DoSAA) Luncheon:** We would like to invite all interested in realizing our vision to impact change for the betterment of South Asian mental health to a luncheon. Treat yourself to some masala-infused dialogue!

AUTHOR BOOK SIGNING: 1:15 - 1:30 PM  
Grand Ballroom

In this effort to support the achievements and promote the work of our AAPA members, we are pleased to provide an opportunity to meet the editors and authors of two recently published books!

**Dr. Fred. T. Leong**

Asian American and Pacific Islander Children and Mental Health, 2 volumes [Vol. 1: Development and Context; Vol. 2: Prevention and Treatment]

Edited by Frederick T.L. Leong, Linda Juang, Desiree Baolian Qin, and Hiram E. Fitzgerald  
Praeger

**Dr. William M. Liu**

Culturally Responsive Counseling with Asian American Men  
Edited by William M. Liu, Derek K. Iwamoto, and Mark H. Chae  
Routledge

***Congratulations to our Book Authors! Please meet the authors, purchase your own copies of the books, and get them signed!***

**\*\*Remember to browse through the book sale and purchase your items\*\* before they are gone. All proceeds benefit the Student Travel Award.**

SESSION TWO  
1:30 PM - 2:30 PM

Continental Ballroom

**Division on Filipino Americans-Sponsored: The Forgotten Asian Americans: A Review of Filipino American Research** Kevin Nadal (*John Jay College-CUNY*), EJ David (*University of Alaska Anchorage*), Krista Chronister (*University of Oregon*)

Filipino Americans are the second largest immigrant population in the US and the second largest Asian American population, with over 3 million Filipino Americans in the US. Despite this, most Asian American research tends to overlook this population and focus mainly on East Asian Americans. The current symposium will focus on recent research involving Filipino Americans, highlighting their unique experiences that are similar to and different from other Asian American ethnic groups.

Room 301

**Risk Factors of Suicide Among Asian American and Pacific Islanders (AAPI) LGBT Individuals** *Eunha Kim & Ingrid Hogge (Adler School of Professional Psychology)*

Issues of Asian American Pacific Islanders (AAPIs) suicide are understudied, and the published prevalence and incident rates for AAPI suicide have been considerably underestimated. What is even less known is suicide among lesbians, gays, bisexuals, and transgender (LGBTs) within the AAPI community. This runs contrary to increasing public concern on suicide issues of LGBTs, which is sustained by media reporting of tragic cases. The purpose of this interactive session is to discuss how mental health professionals can gain a better understanding of and prevent suicide among AAPI LGBTs through research, outreach, and community involvement. (1.0 CE Credit)

Room 302

**In Search of Home and Equality: A Conversation with our AAPI Sisters and Brothers about Sexism and Male Privilege within AAPI Communities** *Khanh Dinh (UMass Lowell), Phi Loan Le (Santa Ana College), Diane Hayashino (California State Univ., Long Beach), Yuying Tsong (Pepperdine Univ.), Ivy Ho (UMass Lowell), Nellie Tran (UMass Lowell), Catherine Hsieh (Univ. of Missouri), Susana Lowe (Private Practice, Honolulu, Hawaii)*

Sexism is ubiquitous in the broader society but it is also ever-present within AAPI communities. As AAPI psychologists, we also need to address this challenging social justice issue with one another. In this session, we wish to begin a conversation with our AAPI sisters and brothers to identify within AAPI communities: (1) common themes relating to experiences of sexism, (2) effective approaches that subvert the prominence of sexism, and (3) a collaborative agenda to eliminate sexism. We hope this conversation will contribute to the ongoing efforts to address sexism within AAPI communities, and ultimately to help create home & gender equality for all AAPI women.

Room 307

**Division of Students Sponsored Session: Addressing Challenges of Graduate School from the Student Perspective** *Fanny Ng (UMass Boston), Stephen Loke (Univ. of Kansas), William Tsai (UCLA), Cynthia Yuen (Univ. of Michigan), Simon Chung (Univ. of Albany, SUNY), Marcia Liu (ISPRC, Boston College), Phillip Dang (Univ. of La Verne), Yi-Chen Jenny (Univ. of Georgia-Athens)*

There are a number of academic, personal and professional challenges to successfully entering, navigating, and completing a graduate program in psychology. While information is readily available to applicants and students pertaining to the numerous expectations of graduate students, there is often a lack of open communication regarding both the reality of the experience, and the often complicated negotiation processes involved at each level. This presentation aims to address this lack of attention on the graduate school experience, and allow for the sharing of personal experiences, tips, and insights by student presenters at various stages of their academic careers.

Room 308

**Hmong American Mental Health and Well-Being** *Bruce Thao (School of Social Service Administration - University of Chicago), Laurie L. Meschke (Child and Adolescent Development – San Francisco State University), Linda Juang (Psychology Department – San Francisco State University), Pa Der Vang (California State University, San Bernardino)*

Currently, the Hmong population in the U.S. is roughly 200,000. The Hmong are political refugees of the Vietnam Era. Early on, acculturation struggles were reported including high rates of mental disorders such as depression, PTSD, and anxiety, generational gaps between children and parents resulted as parents clung onto traditional practices and traditional practices such as teenage marriage persevered. This panel presents three papers pertaining to the mental health status of Hmong adult survivors of the Vietnam War, the impact of teenage marriage on the mental health of Hmong women, and generational issues between Hmong parents and their adolescent children.

Room 309

**The Stress Vulnerability Framework: Uncovering the Social-Cultural Mechanisms and Determinants of Problem Drinking in Asian American Young Adults** *Derek Kenji Iwamoto (University of Maryland, College Park), Stephanie Takamatsu (University of California, Irvine), Aziz Rahman (University of Maryland, College Park)*

The significant increase in problematic drinking and related problems among Asian American young adults (18-25) has often gone unaddressed in research. The symposium explores this deficit and examine the social-cultural mechanisms in explaining the within group differences that heighten risk of problematic drinking. A sample of 1,893 Asian American young adults was collected through an online survey. The symposium will report current drinking rates, with significant differences found among various Asian American ethnicities and females revealing alarmingly similar rates of drinking to males. Adherence to traditional gender norms will also be suggested as a significant determinant in predicting binge drinking and related problems. The symposium will provide evidence for the complexity of gender norms and the importance of culturally integrated prevention and intervention strategies in addressing problematic drinking among Asian American young adults. (1.0 CE Credit)

AUTHOR BOOK SIGNING, 2:30 – 2:45 PM  
Grand Ballroom

In this effort to support the achievements and promote the work of our AAPA members, we are pleased to provide an opportunity to meet the editors and authors of two recently published books!

**Dr. Kevin L. Nadal**

Filipino American Psychology:  
A Handbook of Theory, Research, and Clinical Practice  
Kevin L. Nadal (Editor); Foreword by Derald Wing Sue  
John Wiley and Sons, Inc.

**Dr. EJ David**

Filipino-/American Postcolonial Psychology: Oppression, Colonial  
Mentality, and Decolonization  
AuthorHouse

***Congratulations to our Book Authors! Please meet the authors,  
purchase your own copies of the books, and get them signed!***

SESSION THREE  
2:45 PM – 3:45 PM

Continental Ballroom

**Playing the game: Virtual world methods for understanding Asian Americans? Inter-group psychology** *John Tawa (University of Massachusetts, Boston) & Uma Shanmugham*

In this interactive session, we will introduce participants to a Virtual World Research (VWR) Method for studying Asian Americans' inter-group psychology, including race-related interactions. This workshop will be supplemented by demonstrations of the researchers' own work on Asian Americans' social distance to White and Black Americans in the virtual world, Second Life. The researchers will also lead discussions on the prospects for future VWR with Asian American populations, and participants will be encouraged to explore how VWR methods may be applied to their own research foci.

Room 301

**Intersecting Identities: AAPI Sexual and Gender Minorities** *G. Nicole Rider (Pacific University), Simon Chung (University of Albany – State University of New York), Michelle Y. Wang (The Wright Institute)*

This interactive session offers the opportunity to explore intersections of ethnic and sexual/gender identities, the role of systemic factors in perpetuating oppression of LGBTQ AAPI, and the importance of advocating for this community. Specific goals for presenters and attendees will be to identify challenges experienced by AAPI sexual and gender minorities, to examine their own values and

beliefs regarding this group, and to explore concerns and potential means of advocating for self and community both within and outside the field of psychology. We hope to advocate by becoming allies, promoting collaborations, and facilitating new directions for research and practice.

Room 302

**Division on South Asian Americans Sponsored - Research as a Vehicle for Social Justice: Implications for South Asian Psychology** *Arpana Inman (Lehigh University)*

South Asians are the fourth largest ethnic subgroup within the Asian American diaspora. Yet, little is known about the kind of research conducted on this population. This presentation will highlight (a) trends in South Asian research, (b) potential strengths and barriers, and (c) future directions in research and practice. (1.0 CE Credit)

Room 307

**Dissertation Awards Winners 2010** (Facilitated by Kevin Nadal)

**1) Coping with Community Integration: Filipina Immigrants in Rural Midwest** *Catherine Hsieh (University of Missouri)*

**2) The Role of Cognitive Flexibility in Acculturation and Bicultural Stress Among Chinese American Adults** *Karen Lau (California School of Professional Psychology at Alliant International University)*

Room 308

**A Preliminary Clinical Model for Working with Asian American Christian Families** *Jessica Chen (Loma Linda University)*

The intersection of Asian American culture and Christian faith creates unique family dynamics in Asian American Christian families that are hardly known to the field of family sciences and psychology educators and practitioners. These dynamics often lead to inter-generational conflict related to acculturative stress, incongruence between Eastern and Western values and are impacted by their close-knit faith communities. This model seeks to provide a lens through which family therapists, psychologists and educators can begin to understand fundamental issues for intervention with Asian American Christian families and how this is crucial for building cultural competence in the field of family sciences.

Room 309

**Ecology, Racism, and Psychological Outcomes among Asian Americans** *Hyung Chol Yoo (Arizona State University), Alvin Alvarez (San Francisco State University), Nellie Tran (University of Massachusetts, Lowell), Tai Chang (California School of Professional Psychology at Alliant International University)*

Our symposium reviews four papers to understand the role of ecology that shapes the relationship between racism and psychological outcomes among Asian Americans. The first presentation examines the role of self-esteem in the relationship between racism and



psychological distress among Vietnamese Americans. The second presentation examines the role of color-blind attitudes in the relationship between racism and depression among Asian Americans. The third presentation examines the role of expectation stress in the relationship between model minority myth and psychological distress among Asian American adolescents. The fourth paper examines racial, cultural, and economic determinants of Asian American parents' education expectations of their children. (1.0 CE Credit)

AAPA POSTER SESSION: 4:00 PM – 5:00 PM  
SNACKS PROVIDED  
Grand Ballroom

Announcement of the Student Travel Award Winners, New Member Recruitment Award, and Division of South Asian Americans Student Award.

### **Poster Presentation Titles**

1. A Cluster Analytic Test of the Domain-Specific Acculturation Strategy Hypothesis (*Minji Yang, Robert Lim, Na-Yeun Choi, Kayi Hui, Janet Lee, Xiaoyan Fan, Li-Ling Lin, Rebekah Grome, Jerome Farrell, Sha'kema Blackmon, & Matthew Miller*)
2. A Cultural Identity Exploration Workshop for First and Second Generation Chinese Americans (*Sally Chung, Holli Eaton, & Stephen Cheung*)
3. A Look at Ethnic Identity and Acculturation Within the Mien Community (*Nai Saetern & Clifton Oyamoto*)
4. A New Practicum Training Model in Community Mental Health: Integrating Program Evaluation and Clinical Training in Asian American Community Mental Health Settings (*Tai Chang, Yuki Okubo, Eddie Chiu, Nicole Mayeda, Jacqueline Nguyen, Kavoos Bassiri, Rose Sneed, & Kwong-Liem Karl Kwan*)
5. A Preliminary Examination of Contingencies of Self-Worth and Perfectionism in South Asian Americans: Predicting Positive and Negative Well-Being (*Marisa Perera*)
6. Academic Self-discipline as a Protective Factor Against Family Conflict in Ethnic Minority College Students' Academic Performance (*Kyoung-Rae Jung & Richard Lee*)
7. Acculturation and Racial Harassment Among Asian American College Students (*Ivan Wu & Nicole Buchanan*)
8. Adaptive and Maladaptive Self-Reflection: Are There Cultural Differences? (*William Tsai & Anna Lau*)
9. Addressing the Relations Between Culture and Coping for Asian International Students Studying in the United States (*Ingrid Hogge*)

10. An Exploration of Language and Acculturation as Relevant Issues for International Asian Students in Counseling Training (*Yu-Yun Hsu & Brian Hutchison*)
11. Beyond the Silence: Intra-Ethnic Differences in Mental Health Concerns of AAPI Providers and Clients (*Zhen Cheng, Celine Woznica, & Cheryl Judice*)
12. Breaking Cultural Barriers and Expanding Multicultural Competency: Asian American/Pacific Islander Sexual Health (*Michi Fu, Summer Angevin, & Jennifer Cohen*)
13. CALLS Program at BASE Center: The Social Cognitive Career Theory and Impact on Career Self-Efficacy of Korean International College Students (*Samuel Hong*)
14. Chinese American Adolescents' Perceptions of Parental Control and Their Psychosocial Adjustment: The Role of Parent-Child Asian Values Agreement (*Yu-Pei Chang & Jeffrey Liew*)
15. Chinese Americans' Intercultural Rejection and Its Effects on Ethnic Identity (*Jamie Louie, Allcia, Christine Randolph, Debra Wong, Trang Luong, Hsin-ya Liao*)
16. Cinema Outreach: A New Model of Outreach with South Asian Students (*Gurminder Sandhu*)
17. Close Social Relationships and Discrimination as Predictors of Mental Health Among Diverse Asian Groups (*P. Priscilla Lui & David Rollock*)
18. College Students' Perceptions of Career Barriers in Taiwan (*Hsiu-Lan Tien*)
19. Cultural Factors Associated with Depression and Social Anxiety Among Asian American and White American College Students (*Zornitsa Kalibatseva, Yang Chen, Brittany Lannert, & Frederick Leong*)
20. Cultural Variance of Empathy Between Korean and Korean American Adolescents (*Hyuhee Yoon*)
21. Depression and Help-seeking Propensity in Chinese American Adolescents (*Bonny Chang & Jeffrey Liew*)
22. Depression and Suicidal Ideation in Chinese University Students (*Valerie Jackson, Lawrence yang, & Liping Li*)
23. Do Tonal Deficits in Schizophrenia Occur in Tonal Speaking Languages? Impacts Among Chinese-speaking Schizophrenia Patients (*Ruh-Fure Yiu, Ming-Che Tu, Olivia Wu, Eve Chang, Joyce Yung, Szuyeh Chen, & Lawrence Yang*)
24. Does Training Make a Difference in School Counselors' Competence Working with Asian Americans? (*Yih-Jiun Shen*)
25. East Asian International Counseling Trainees' Experience of Conducting Counseling in the U.S. (*Jingqing Liu & Clara Hill*)
26. East Asian Relationship Norms: Theory and Measurement (*Bryan Kim, Yong Park, Leyna Vo, Debra Fan, Hoa Nha Nguyen, & Ivan Wu*)

27. Effects of Acculturation on Self-Schemas and Well-Being in Chinese Americans: An Exploratory Study Using the Meaning Extraction Method (*Cathleen Chen, Cindy K. Chung, & James W. Pennebaker*)
28. Effects of Self- and Other- Academic Stress Expectations on the Child's Health-related Quality of Life (HR-QoL) (*Stephen Loke & Lynette Tay*)
29. Ethnic Identity as a Mediator Between Perceived Ethnic-Racial Socialization and Adjustment Among Asian American Emerging Adults (*Wells Ling & Carrie Brown*)
30. Experiencing Victimization from Peers: Are Children with Learning Disabilities at Greater Risk? (*Jacob Yuichung Chan, Annis L. Fung, Courtney Ryan, & Lawrence Gerstein*)
31. Experiences of Interpersonal Discrimination Among Chinese Immigrants with Schizophrenia: A Qualitative Investigation (*Kara Morita, Nina Huynh, Ming-Che Tu, Katherine Lam, Kathleen Janel Sia, Jonathan Lam, & Hong Ngo*)
32. Exploring Racial Identity Profiles Across Methods in Asian Americans and Their Relation to Race-related Stress, Ethnic Identity, Nativity, and Racial Empowerment (*Fanny Ng, Shruti Mukkamala, Karen Suyemoto*)
33. Help-seeking Behavior Model Among Korean International Students: A Path Analysis (*Eun-Jeong Lee*)
34. Impact of Explanatory Models of Schizophrenia upon Mental Illness Labeling (*Ming-Che Tu, Vanessa Li, & Sarah Hersch*)
35. Indigenous Labels and Internalized Stigma in a Chinese-American Population (*Kristy Nguen, Benjamin Trachik, & Jiao Li*)
36. Intersections of the Academic Identity: The Dialogical Selves of An Asian Academic (*Denise Choi*)
37. Making Peace with Islam: Reconciling Conflicting Imposed and Claimed Identities for Muslim Americans (*Esrar Tamim Mohammad & Karen Suyemoto*)
38. Minority Report: Client/Therapist Match and Treatment Utilization (*Alicia Yee*)
39. Parent and Romantic Partner Attachment Styles Among Cambodian/Cambodian-Americans (*Juliana Yam & Sheila Henderson*)
40. Past Experiences of Discrimination and Collective Identity (*Joyce Lee*)
41. Prevalence and Characteristics of Substance Use Among Chinese and South Asians in Canada (*Nadine Nakamura, Anca Ialomiteanu, Jurgen Rehm, & Benedikt Fischer*)
42. Profiles of Asian American Men and Women's Asian Values: A Latent Class Cluster Analysis (*Chi Nguyen, Weilin Chen, Shu-Yi Wang, & Y. Joel Wong*)
43. Psychological Recolonization of Asian-Indian Immigrant Women: The Need for Anti-Oppression Advocacy (*Neha Srivastava & Emily McFarlane*)

44. Psychological, Cultural, and Environmental Barriers to Healthy Living of Filipino American Youth (*Gail Prado, Kevin Nadal, Kristal Haynes, & Aura Abing*)
45. Psychometric Properties of the Chinese Involvement Evaluation Questionnaire: An Exploratory Study for Multicultural Applications (*Timothy Lam, Christopher D. Tori, Alex Leung, Paul Lam, & Petrus Ng*)
46. Racial Microaggressions and the “Forgotten” Asian Americans: Perspectives of Filipino Americans (*Kevin Nadal, Kara Mia Vigilia Escobar, Gail Prado, E. J. David, & Kristal Haynes*)
47. Racial Socialization and Coping with Discrimination Strategies among Asian Americans (*Pansy Yip*)
48. Reentry Adjustment Among Asian International Students (*Wei Hsing Fan, Ingrid Hogge, & Eunha Kim*)
49. Respecting Tradition and Creating a Community: Cultural Appropriate Response to the needs of Japanese Students on U.S. College Campuses in the aftermath of Japan’s Earthquake (*Kyoko Toyama, Tomonori Nagao, Nozomi Kato, & Kumiko Okasaka*)
50. Risk factors of Disordered Eating among Korean American Women: Racial and Weight Teasing (*Jin Su Yoo*)
51. Silence as a Virtue: The Experience of Speaking Out in Western Academia for Students of Asian Descent (*Michi Fu, Torna Li, & Rumiko Okada*)
52. South Asians and LGBTQQ: What Psychologists Need to Know (*Fatima Wasim & Sue Jacobs*)
53. Stigmatized Attitudes Towards the Mentally Ill Among Young Adults in College (*Lauren Berger & Nolan Zane*)
54. Taijin Kyofusho & Social Anxiety Disorder (*Takanori Kurokawa, Rumiko Okada, & Glenn Masuda*)
55. Talented Asian Americans and the Social Media: Finding Success and Empowerment in the New Media (*Zeb Lim, Jennifer Chang, Jennifer Hsia, Eddie Lee, & Michi Fu*)
56. The Discrimination-Distress Link among Asian American College Students: The Moderating Role of Locus of Control (*Lexie Perreras & Irene Park*)
57. The Impact of Coming-out and Negative Gay Identity on Asian and Caucasian American Gay Men’s Levels of Life Satisfaction, Depression, and Anxiety (*Szu-Ying Chiang & Peter Goldblum*)
58. The Impact of Racial Microaggressions on Asian American College Students (*Jessica Benson, Bryan Pham, Leon Bernstein, Gloria Wong, Anne Saw, & Sumie Okazaki*)
59. The Impact of Victimization: A Comparison of Risk Factors for Depression and Suicidal Ideation between Asian American/Pacific Islander and White Adolescents (*Joseph Lankford & Shay Luu*)
60. The Moderating Role of Social Support on the Stress-Distress Relation Among Asian International Students: A Test of the Matching Hypothesis (*Paul Youngbin Kim*)

61. The Relationship Between Religious Identity and Ethnic Identity in Filipino Americans (*Angela de Dios & Jeffrey Arnett*)
62. Understanding Vocational Identity of Korean College Students: Its Relation to Optimism, Intrinsic Motivation, and Family Support (*Yun Jeong Shin & Kevin Kelly*)
63. Well-being of College Students of Asian Descent in Singapore, Taiwan, and the U.S.: A Self-Determination Perspective (*Hung-Bin Sheu, Shiqin Chong, Araceli Mejia, & Robert Lent*)
64. What if I'm Not the Model Minority? Understanding Vietnamese Educational Attainment (*Nancy Truong & Irene Lopez*)
65. What Matters Most: Mental Illness Stigma Among Chinese (*Mili Thomas & Meredith Chapman*)

**MENTOR-MENTEE RECEPTION**

**5:00 pm – 6:00 pm**

A convenient and exciting way to network with other Asian American students and young professionals and initiate connections with more experienced professionals is to attend the annual AAPA Mentor-Mentee Reception. This year's event will be located in the Continental Ballroom.

Based on suggestions from recent years, the reception will be a semi-structured format. Students and professionals will be initially matched according to similar topics of interests as indicated on the registration questionnaire. Mentors will remain at a designated professional development topic area, while mentees will be able to alternate topics as they choose to meet their needs.

Please be aware that the banquet will be immediately following the Mentor-Mentee Reception. No buses will be transporting individuals from the reception to the banquet this year.

**Are you enjoying the 2011 AAPA Convention?  
Would you like to help plan the 2012 Convention in Orlando?**

The Convention Committee consists of talented students and professionals who volunteer their time and energy toward planning this event. In preparation for AAPA's 40th Anniversary next year, we are looking for individuals who would like to serve as Co-Chairs for the various convention planning committees. Please contact Jocelyn Buhain (buhainj@uncw.edu) regarding your interest and we will help match you with a fantastic mentor/co-chair for next year.

**AAPA AWARDS BANQUET**  
7:00 PM – 10:00 pm  
China Garden Restaurant

**\*NOTE: Please make sure that you have received a banquet ticket at registration and remember to bring your banquet ticket.**

The banquet will be held at the China Garden Restaurant located at 1100 Wilson Boulevard, Twin Towers – Mall level (#M765), Rosslyn, VA 22209. We will be presenting our 2011 AAPA Fellows and Awardees during the banquet. The East-West Street Band with members Jay Uomoto, Major Mona Nelson, Richard Sechrest, Christopher Czeh, Derek DiGiocomo, and David Ruskin will be playing throughout the banquet.

The restaurant is about 15-20 minute drive and/or subway ride from the convention site. Parking is free after 5:30 PM at the banquet site. Individuals will be paying for their own transportation. We will be escorting people from the George Washington metro station to the Rosslyn metro station where the banquet site is located at 6:15, 6:25, and 6:35PM. A list with contact information of cabs in D.C. is provided below.

**Cab Information:**

Diamond Cab: 202-387-4011

Red Top Cab: 202-328-3333 (wheelchair accessible-call 3 hours earlier)

Yellow Cab Co of DC: 202-544-1212 (wheelchair accessible)

**Driving Directions to China Garden Restaurant:**

1. Head SOUTH on 21<sup>st</sup> NW toward H St NW (0.3 mi)
2. Turn RIGHT onto VIRGINIA AVE NW. (0.6 mi)
3. Turn RIGHT onto 27<sup>th</sup> St NW (82ft)
4. Turn RIGHT to merge onto I-66 W (1.0 mi)
5. Exit onto US-50W/ARLINGTON BLVD. (0.4 mi)
6. Take the EXIT toward ROSSLYN/KEY BRIDGE (0.1 mi)
7. Turn RIGHT onto N LYNN ST. (0.2 mi)
8. Take the 2<sup>ND</sup> RIGHT onto WILSON BLVD. (187ft)

OR

1. Head SOUTH on 21<sup>st</sup> NW toward H ST NW. (253ft)
2. Take the 1<sup>st</sup> RIGHT onto H ST NW. (0.2 mi)
3. Turn LEFT onto 23<sup>rd</sup> ST NW. (0.5 mi)
4. Turn RIGHT onto the ramp to INTERSTATE 66 W (164 ft)
5. Merge onto US-50W. (0.3 mi)
6. Continue onto I-66W. (0.4 mi)
7. EXIT onto US-50W/ARLINGTON BLVD. (0.4 mi)
8. Take the EXIT toward ROSSLYN/KEY BRIDGE. (0.1 mi)
9. Turn RIGHT onto N LYNN ST. (0.2 mi)
10. Take the 2<sup>nd</sup> RIGHT onto WILSON BLVD. (167 ft)

**Subway/Metro Directions China Garden Restaurant:**

1. Walk to FOGGY BOTTOM METRO STATION. (0.2 mi)
2. Take the ORANGE LINE towards VIENNA
3. Go one stop and get off at ROSSLYN METRO STATION
4. When you are on the street level, head south on N. Fort Myer Dr. toward Wilson Blvd.
5. Turn left onto Wilson Blvd.
6. China Garden restaurant will be on the 2<sup>nd</sup> floor (Mall Level) of the Twin Towers

## SPECIAL ACKNOWLEDGEMENTS

### **Task Force on Standards for Educational & Psychological Testing Revision**

AAPA would like to extend our appreciation to the task force (chaired by **Lisa Suzuki**, members **Karl Kwan**, **Matthew Miller**, and **Hung-Bin Sheu**) for reviewing the revised draft of the *1999 Standards for Educational & Psychological Testing* and submitting comments on behalf of the AAPA. The *Test Standards* document is jointly published by the American Psychological Association (APA), American Educational Research Association (AERA) and the National Council on Measurement in Education (NCME) and sets the professional standards for professional and technical issues in test development and use in education, psychology, and employment. Given the wide-ranging impact of psychological and educational testing on Asian Americans, the AAPA leadership wanted to make sure our organization participated fully during the public comment period of the revision of the Test Standards. We thank Drs. Suzuki, Kwan, Miller, and Sheu for their excellent work on behalf of our organization.

### **Thank you to the following departing officers and leaders for their service to AAPA:**

Krista Chronister (finance officer)  
Richelle Concepcion (convention co-chair)  
Will Liu (communications officer)  
Sumie Okazaki (VP)  
Frances Shen (newsletter editor)  
Richard Shin (board member)  
Paul Wang (board member)  
Meifen Wei (membership officer)  
Tigerson Young (newsletter editor)

# **2010-11 Asian American Psychological Association Executive Board**

## **President**

Gordon Nagayama Hall, Ph.D.

## **Vice President**

Sumie Okazaki, Ph.D.

## **President Elect**

Richard Lee, Ph.D.

## **Finance**

Krista M. Chronister, Ph.D.

## **Membership**

Meifen Wei, Ph.D.

## **Communications Officer**

William Ming Liu, Ph.D.

## **Secretary/Historian**

Christina Lee

## **Delegate to APA Council**

Alvin Alvarez, Ph.D.

## **Board of Directors**

Kevin Nadal, Ph.D.

Richard Q. Shin, Ph.D.

Paul Wang, Ph.D.

Judy Tan (Student Rep.)

## **Asian American Journal of Psychology Editor**

Frederick T.L. Leong, Ph.D.

## **AAPA Past Presidents**

Derald W. Sue	1972 - 1974
Robert Chin	1975 - 1976
Albert Yee	1979 - 1982
Harry Yamaguchi	1982 - 1984
Herbert Wong	1984 - 1988
Katsuyuki Sakamoto	1988 - 1990
David Goh	1990 - 1991
Nolan Zane	1991 - 1993
S. Andrew Chen	1993 - 1995
Christine Iijima Hall	1995 - 1997
Reiko Homma True	1997 - 1999
Gayle Iwamasa	1999 - 2001
Jun-Chih Gisela Lin	2001 - 2003
Frederick T. L. Leong	2003 - 2005
Alvin N. Alvarez	2005 - 2008
Karen L. Suyemoto	2008 - 2010



# **Asian American Psychological Association**

## **www.aapaonline.org**

### **History and Her-Story**

The Asian American Psychological Association (AAPA) was founded in December 1972 by a group of Asian American psychologists and other mental health professionals in the San Francisco Bay Area. With the leadership of Dr. Derald Sue (AAPA's first President) and Dr. Stanley Sue, the first core group was formed and included educators, social workers, master's level psychologists and other mental health professionals. The group was vitally interested in Asian American psychology and mental health issues, in the training and education of Asian American mental health professionals, and in collaborating and networking with their peers. Psychologists in this early group included Roger Lum, Marion Tinloy, Tina Tong Yee, and Reiko True. From these beginnings in the 1970's, the AAPA struggled in its growth from a handful of active members located in California to a national organization with nearly 400 members in 1995.

Since its inception, the Association advocated on behalf of Asian Americans as well as advancing Asian American psychology. In the 1980's, for example, the AAPA pressed the U.S. Bureau of the Census to include Asian American subgroups in its census data, and fought against the English-only language movement in California. The development of Asian American psychological theory, research and practice was shaped by members such as Derald Sue, Stanley Sue, Harry Kitano, Richard Suinn, Frederick Leong and others. Throughout its history, AAPA has published journals and newsletters focused on the education and training of Asian American psychologists, Asian-American psychological topics, and methods of improving mental health services for Asian Americans. The Association leads and guides other professional organizations on Asian American psychology and is in the forefront of the multicultural psychology movement.

A highly visible and influential organization, AAPA has many distinguished members who hold key positions of national importance: Dr. Stanley Sue served on the NIMH Advisory Board for the Asian American Mental Health Research Center in Chicago, IL and nurtured the AAMHRC in its growth. He is currently Director of the (renamed) National Research Center for Asian American Mental Health, now located at the University of California at Davis. Dr. Richard Suinn was one of the early chairpersons of the American Psychological Association's Board of Ethnic Minority Affairs (BEMA) and served as the first Asian American elected member of the APA Board of Directors. In 1995, Dr. Suinn was appointed chairperson of APA's Committee for Ethnic Minority Recruitment, Retention, and Training (CEMRRAT). In 1999, Dr. Suinn was also the first Asian American psychologist in the 103-year history of the APA to serve as President of APA.

Dr. Alice F. Chang served on APA's BEMA, the Committee on Ethnic Minority Affairs (CEMA), the Committee of Structure and Function, and other APA governance groups. She is also the first ethnic minority woman member of the American Psychological Association Board of Directors and recently is a nominee for APA President-elect. Another outstanding Asian American woman psychologist is Dr. Reiko F. True, former Director of Mental Health, Substance Abuse and Forensic Services for the city of San Francisco, CA. Dr. True served on APA's Minority Fellowship Committee, worked on the planning and creation of BEMA as well as the Board for the Advancement of Psychology in the Public Interest, and served as AAPA President from 1997-1999.

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