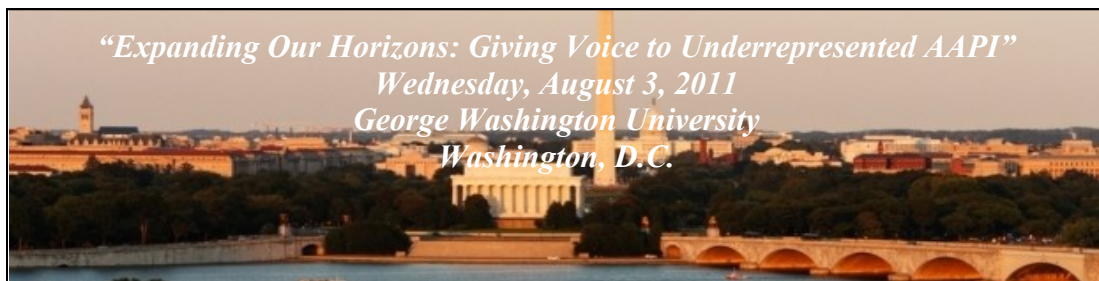




## Asian American Psychological Association 2011 Annual Convention Report

Richelle Concepcion



On August 3, 2011, the Asian American Psychological Association held its 26<sup>th</sup> annual convention at the Cloyd Heck Marvin Center on the beautiful campus of the George Washington University in Washington, DC. This year's meeting was heavily attended, with 219 total registrants, an impressive number for an East Coast convention.

This year's theme was *"Expanding Our Horizons: Giving Voice to Underrepresented APIs"* and provided innovative and diverse sessions that cut across research, clinical, and other diversity issues (e.g., disability, gender, and student-focused programming). A highlight from this year's convention was our keynote presentation, featuring acclaimed documentary filmmaker Deanne Borshay-Liem, who showed her film "In the Matter of Cha Jung Hee." The film documented Borshay-Liem's search for the girl whose identity she assumed when she was adopted by an American family. Attendees showed appreciation and deep interest in both the film and Ms. Liem's Q & A session at its conclusion, underscoring the fact that issues surrounding Korean American adoptees is emerging in AAPI research.

There were a large number of submissions for programming and poster slots this year; the sheer volume of quality proposals made it difficult for judges to rate them all. Programming for this year's convention reflected the format adopted over the past few years: the one-day conference format, keynote panel, three session times, networking lunch meetings, poster session, book signing, and mentor-mentee reception. The program for this year entailed 6 Interactive Sessions, 6 Symposia, and 66 Posters. This year each AAPA division was offered its own sponsored slot, including the newly formed Division on Filipinos, and there was no newly selected cohort of Leadership fellows. Because this convention was a large one, there was enough programming time for each of the Divisions. The programming across eight "tracks" or themes of programming allowed attendees to select relevant programs to attend.

For this year's convention, continuing education credits were offered to licensed professionals, which provided an additional incentive to the already fascinating program variety. The AAPA book sale, which supports

### Features

AAPA Annual Convention Report	1
Convention Pictures	3
Annual President's Report	5
Advertisement: Assistant or Associate Professor in Multicultural Counseling	6
Annual Vice President's Report	7
Annual Board Member Report	7
Asian American Journal Report	9
Annual Finance Officer Report	11
Annual Board Report	11
Annual Communication Officer Report	12
Annual Membership Report	13
Annual President-Elect Report	15
President's Column	16
Division of Students Updates	17
Finance Officer Summer Report	18
Presidential Citation Award	19
Sucking It Up, Asian Style	20
Young Men of AAPA	21
Tips for Attending 1st AAPA/APA Convention for International Students	22
Comments on <i>A World on Fire</i>	24
Membership Report	26
Membership Application	27

student travel awards, offered a variety of titles, ranging from AAPI-specific journals to fiction. Attendees were particularly amused by the frequent “fire-sales” which supported an effort to sell remaining books. This year, an hour was dedicated to the Mentor-Mentee Reception. Students and professionals were initially matched according to similar topics of interests, as indicated on the registration questionnaire. Mentors remained at a designated professional development topic area, while mentees were able to rotate through topics of their choosing to meet their professional interests and needs.

The topic choices remained the same from the previous year. Mentors and mentees were able to choose from areas of interest including early career professional issues, balancing work and family, writing and publishing, and non-traditional career paths. The reception was well attended, with attendees expressing satisfaction with the structure and quality of the groups as well as the topics provided.

At the end of a day of filling their appetites for knowledge, attendees filled their bellies with a delicious Chinese dinner at the China Garden restaurant for AAPA’s annual awards banquet, just a short Metro ride away from GWU. Not only were attendees treated to a sumptuous feast, the evening was accompanied by the musical stylings of the East West Street Band. The band even invited President Gordy Hall to join them on stage for his rendition of “Secret Asian Man.” This year’s banquet also featured numerous awards presentations such as the Dissertation Research Award winner Lauren Berger, Early Career Award recipients Drs. Kevin Nadal and Hyung Chol (Brandon) Yoo, the AAPA-APF Okura Mental Health Leadership Foundation Fellowship recipients Drs. Pei-Chen Hsu and Pei-Wen Winnie Ma, AAPA Leadership Fellows Drs. Nellie Tran and Shihoko Hijioka, AAPA Fellows Drs. Kevin M. Chun and Edward C. Chang, and Presidential Award recipient Dr. Lillian Comas-Diaz. The awards ceremony was concluded with the induction of President Richard Lee. The evening ended with dancing, singing, and laughter among 180 AAPA family members.

If not for the instrumental efforts of a wonderful convention committee, the AAPA Executive Committee, and 30 terrific volunteers, this year’s successful AAPA Convention would not have been made possible.



### **The 2012 AAPA Convention Planning Committee**

<b>Convention Co-Chairs:</b>	<b>Jocelyn Buhain &amp; Matt Lee</b>
<b>Banquet Co-Chairs:</b>	<b>Kayi Hui &amp; Sarah Yi</b>
<b>Book Sale Co-Chairs:</b>	<b>Stephanie Lee &amp; Alex Borgella</b>
<b>Mentor-Mentee Co-Chairs:</b>	<b>Michelle Wang &amp; Shihoko Hijioka</b>
<b>Poster Co-Chairs:</b>	<b>Arpita Ghosh &amp; Seung Yu</b>
<b>Program Co-Chairs:</b>	<b>Ivy Ho &amp; Catherine Hsieh</b>
<b>Registration Co-Chairs:</b>	<b>Frances Shen &amp; Ren Hong</b>
<b>Session Co-Chairs:</b>	<b>Karen Cone-Uemura &amp; Nicole Rider</b>
<b>Volunteer Co-Chairs:</b>	<b>Simon Chung &amp; Fanny Ng</b>



## Annual Convention Pictures







# Annual President's Report

*Gordon C. Nagayama Hall*



My Presidential Theme has been “Expanding Our Horizons”. Through various activities and initiatives, AAPA has taken steps to expand its horizons.

**AAPA Executive Committee.** The Executive Committee for 2010-11 was:

President – Gordon Nagayama Hall

Vice President - Sumie Okazaki

President Elect - Richard Lee

Secretary/Historian - Christina Lee

Board Member - Richard Shin

Board Member - Paul Wang

Student Board Member - Judy Tan

Delegate to American Psychological Association (APA) Council - Alvin Alvarez

Journal Editor - Frederick Leong

Membership Officer - Meifen Wei

Communications Officer - William Liu

Finance Officer - Krista Chronister

Richelle Concepcion and Grace Kim were elected as board members for 2011-13 to replace Richard Shin and Paul Wang, whose terms were completed in August, 2011. Bryan Kim is unable to serve as Vice President in 2011 because of the passing of his wife. President-Elect Richard Lee appointed Anna Lau to serve as Vice President.

**Business meetings.** An Executive Committee meeting was held following the National Multicultural Summit and Conference in Seattle in January, 2011. President-Elect Richard Lee and I met to facilitate his transition to AAPA President during the Society for Child Development (SRCD) Convention in Montreal in April, 2011. Rich and I also met with the Asian Caucus of SRCD to promote SRCD members’ involvement in AAPA, such as submitting work to the Asian American Journal of Psychology and becoming members of AAPA.

**Budget.** Finance Officer Krista Chronister reorganized and improved AAPA’s accounting of income and expenditures with the assistance of business students at the University of Oregon.

**Website.** A new AAPA website was launched in 2010. Past President Karen Suyemoto and Membership Officer Meifen Wei have painstakingly worked with web developers to resolve glitches in our website and Communications Officer William Liu has kept the website up to date.

**Membership.** AAPA increased by over 150 members during 2010-11, which is an increase over the 94 new members that joined AAPA in 2009-11.

**New Division.** A new AAPA Division of Filipino Psychology was established, thanks to the efforts of Alvin Alvarez, Jocelyn Buhain, Richelle Concepcion, Melissa Corpus, EJ David, and Kevin Nadal, and the support of the AAPA Executive Committee and AAPA membership.

**Policy.** AAPA founder Stanley Sue brought to our attention that the National Research Council (NRC) does not include Asian American faculty/student representation in its diversity rankings of doctoral programs. I corresponded with NRC Deputy Executive Director Charlotte Kuh, who replied that Asian Americans are ade-



quately represented or even overrepresented in some disciplines, which is why they are excluded from the NRC diversity rankings. Stan and I wrote a letter encouraging the NRC not to generalize Asian American representation from a few disciplines to all disciplines. We also encouraged the NRC to make discipline-specific diversity rankings by including Asian American representation in disciplines in which Asian Americans are not adequately represented, such as psychology. APA CEO Norman Anderson and Executive Director of the APA Public Interest Directorate Gwendolyn Keita also co-wrote a letter to the NRC expressing concern about the exclusion of Asian Americans from the NRC rankings and encouraging discipline-specific consideration of diversity. In addition to these efforts, I wrote a paper with Alicia Yee, entitled “Trickle-Down Mental Health Policy: Addressing the Neglect of Asian Americans”, which I presented at the AAPI State of the Science: Mental Health and Treatment Issues for Asian Americans and Pacific Islanders Conference in Los Angeles in April, 2011. This paper will be considered for publication in a special issue of AAJP.

**Training.** The Asian American Center on Disparities Research conducted a week-long grant writing workshop for graduate students and postdoctoral fellows at UC Davis in June, 2011. There were 18 participants and AAPA provided scholarships for Noriel Lim, Cindy Sangalang, and Bruce Thao. The workshop was led by Nolan Zane, Anne Saw, David Takeuchi, Anna Song, Francis Lu, and me.

**CNPAAEMI.** I represented AAPA at the Council of National Psychological Associations for the Advancement of Ethnic Minority Interests (CNPAAEMI) meeting following the National Multicultural Summit and Conference in Seattle in January, 2011. The CNPAAEMI Henry Tomes Awards for Distinguished Contributions to the Advancement of Ethnic Minority Psychology went to AAPA members Richard Suinn (senior award) and Lawrence Yang (emerging award).

**Awards.** Kevin Nadal chaired the AAPA Student Awards committee, Christine Iijima Hall chaired the AAPA Awards Committee, and Gayle Iwamasa chaired the Okura Fellowship Committee. The dissertation award winner was Lauren Berger. Brandon Yoo and Kevin Nadal received early career awards. Kevin Chun and Edward Chang became AAPA Fellows. The AAPA/American Psychological Foundation Okura Mental Health Leadership Fellowship was awarded to Pei-Chen Hsu and Pei-Wen Winnie Ma. The 2011 AAPA President’s Award was given to Lillian Comas-Diaz. The 2010 AAPA President’s Award was given to David Takeuchi.

**Convention.** The AAPA Convention was held August 3, 2011 at George Washington University. Vice President Sumie Okazaki oversaw the convention planning and the convention co-chairs were Richelle Concepcion and Jocelyn Buhain. The keynote speaker was Deann Borshay Liem, Director of Mu Films in Berkeley, California who produces documentaries and educational media about social, political and cultural issues. In conjunction with the Convention, the second annual AAPA basketball game was held August 4, 2011 in Arlington, VA and was organized by Nolan Zane.

### Assistant or Associate Professor in Multicultural Counseling

The School of Education is accepting applications in the Department of Educational Support Services for a tenure-track position as Assistant or Associate Professor in Multicultural Counseling beginning Fall 2012.

Desired qualifications include an earned doctorate in Counselor Education, Counseling Psychology, or a related area by August 2012. In addition, the Counseling Program is seeking a scientist-practitioner whose scholarly and teaching interests fit with the University and School of Education mission of offering multicultural and social justice education. The Counseling Program offers five specialization tracks, all of which lead to a Master of Arts in Counseling: College and University Counseling, Community Mental Health Counseling, Doctoral Preparatory, Multicultural and Social Justice Counseling, and School Counseling. These specialization tracks were newly created to offer a cutting-edge and innovative approach to counselor training (<http://soe.lmu.edu/counseling>).

Mail or email a letter of application addressing the above desired qualifications, current curriculum vita, selected publications, and three letters of recommendation to: Nicholas Ladany, Ph.D., Chair, Search Committee, Loyola Marymount University, School of Education, 1 LMU Drive, Los Angeles, CA 90045-2659. Inquiries and nominations are welcome by either phone (310-258-5591) or email ([Nicholas.ladany@lmu.edu](mailto:Nicholas.ladany@lmu.edu)). Review of applications will begin November 30, 2011.

Loyola Marymount, founded in 1911, is a comprehensive university in the mainstream of American Catholic higher education. Located on the west side of Los Angeles overlooking the Pacific, LMU is one of the nation’s 28 Jesuit colleges and universities and five Marymount institutions. It serves 5500 undergraduates and over 2500 graduate students. Loyola Marymount seeks professionally outstanding applicants who value its mission and share its commitment to academic excellence, the education of the whole person, and the building of a just society. LMU is an equal opportunity institution that actively works to promote an intercultural learning community. Women and minorities are encouraged to apply. Visit [www.lmu.edu](http://www.lmu.edu) for more information.

## Annual Vice President Report

*Sumie Okazaki*

This year, my primary duty for the AAPA was to act as a liaison between the 2011 conference planning committee and the Executive Committee and to support the works of the conference committee. In the process, I communicated frequently (at least weekly, often daily, via email and via phone occasionally) with the conference co-chairs, Richelle Concepcion and Jocelyn Buhain, as well as registration and banquet co-chairs, on all major aspects of the conference planning. These included consultations on the site selection, theme selection, construction of a proposed budget for the conference, decisions of the fee structures, conference program and award banquet program, and so on. On behalf of the committee, I communicated with the EC on major decisions and input (e.g., theme selection, site selection and contracts, nomination of keynote panelists, implementation of a dedicated convention slot for clinical ground rounds and a science panel co-sponsored with the Society for Research on Child Development). I also managed the awards banquet VIP invitations and arranged for the awards, certificates, and gifts for the awardees, fellows, and outgoing officers.

My other duties for the AAPA included assisting the President on various tasks (e.g., consulting on various requests made to the organization, editing AAPA statements and reports, etc.) and to participate actively in the EC discussions and decision-making process on various items that are described in the President's report. I attended the APA Science Leadership Conference in November, 2010 on the theme of "Advancing psychology as a STEM discipline" and submitted comments on behalf of the AAPA on the conference's final report. I also convened a mini task force (chaired by Lisa Suzuki, with Karl Kwan, Matt Miller, and Hung-Bin Sheu) to review and submit comments on behalf of the AAPA on the draft revision of the Standards for Educational and Psychological Testing. Finally, I was available to fill in for EC members when they were not able to be present at AAPA functions (e.g., taking minutes at meetings).

## Annual Board Member Report

*Kevin Nadal*

During my first year as a Board Member of the Asian American Psychological Association, I have attempted to become more acclimated to the Executive Committee by attending Board meetings, becoming acquainted with the various issues and items affecting the organization, and voting on Association business. One of my major goals, which I believe I have started to accomplish this year, was to recruit new members and to give voice to underrepresented AAPI subgroups. I aim to continue these efforts by advertising the organization to other sectors of APA, particularly through my involvement in Division 17 and 44, as well as my other involvements in the national Asian American community. I also aim to continue to bring issues affecting underrepresented subgroups to the EC, particularly for members with Filipino American and LGBT identities.

In terms of specific accomplishments, there are two major projects that I have been involved in over the past year:

- 1) I was chair of the AAPA Student Awards Committee,
- 2) I was one of the cofounders of AAPA's new Division of Filipino Americans (DoFA).

**Chair of the AAPA Student Awards Committee.** As the Executive Board Member appointed for this position, I chaired AAPA Student Award Committee from January to July 2011. There were two awards that I oversaw: a) the AAPA Dissertation Award and b) the AAPA Student Travel Awards.

For the dissertation award, my major duties were to coordinate the application process, recruit potential candi-

dates, and coordinate an awards selection committee. Following the protocol set forth by previous committee chairs, I advertised the award through our typical means our AAPA listserv and website. I also recruited by sending announcements to other listservs (e.g., APA Divisions 17, 44, and 45, APA Minority Fellowship Program) and by asking several AAPA members to recruit through their networks as well. Through these efforts, we received 10 applications for the award. I also organized the award selection committee, which consisted of nine AAPA members. I chose a large number for the committee, in order to represent the vast diversity of AAPA; committee members represented various ethnic groups, ages, genders, and a mix of clinicians and academics. The award winner and the two honorable mentions represented the best and most promising researchers in the organization.

The sales from the previous year's AAPA Book Drive yielded a total of \$2000.00, which would be used for the AAPA Student Travel Award. I advertised using the same means as the dissertation award, and we received a total of 22 applications from AAPA student members. Award winners were chosen based on type of presentation, involvement in AAPA, financial need, order of authorship, and title of presentation. There were fourteen awards that were given: six students received \$200.00 each, and eight students received \$100.00 each. Five winners were paper presentations, and nine were poster presentations. I worked with Krista Chronister to ensure that these awards would be available for the convention.

**Cofounder of the Division on Filipino Americans.** In the summer of 2010, I worked closely with a group of AAPA members, namely Alvin Alvarez, Jocelyn Buhain, Richelle Concepcion, Melissa Corpus, and EJ David to initiate a Division on Filipino Americans (DoFA) for the organization. After co-writing our proposal, which was modeled after the Division on South Asian Americans (DoSAA), we submitted an online petition to the general membership. Once 10% of the organization endorsed the petition, we presented the proposal to the Executive Committee. In December 2010, the EC approved the DoFA.

Since the Division has been organized, I have been working with the core group of cofounders to create by-laws and organizational procedures, recruit new members, and initiate new programs. We were able to organize a symposium for the AAPA Convention, as well as a planning meeting which took place during the convention's lunch hour. One of my personal goals is to maintain communication between the Executive Committee and the DoFA, ensuring that both groups can collaborate and support one another.



#### **Zeb Lim Awarded Esther Katz Rosen Graduate Student Fellowship**

Zeb Kai Kok Lim, a Ph.D. candidate in Counseling Psychology at the University of Kansas has been awarded the Esther Katz Rosen graduate student fellowship for 2011-2012. This \$25,000 fellowship supports activities related to the psychological understanding of gifted and talented children and adolescents. Zeb will use the fellowship to conduct research on gifted Asians educational aspirations over time.



# *Asian American Journal of Psychology* Annual Report

Frederick Leong, Editor, AAJP



## 1. Published Four Issues of the Journal

Since the last annual report, we have successfully published on schedule six issues of the journal for 2010 and 2011 (March and June issues). Things are running smoothly in terms of the editorial team, the assignment of manuscripts, and the review process. Our main challenge, which will remain so for next year, has been getting enough high quality manuscripts into the pipeline for publication.

## 2. Special Features

We have incorporated several special features since the last annual report. Specifically, we have added book reviews to the journal. I have appointed John Moritsugu as the Book Review Editor and we have one book review published in the December issue of 2010. John has 3 other books out for review. If you come across books related Asian American psychology, including books from other disciplines such as Anthropology,

Sociology, Political Science, Asian American Studies, and Medicine, etc, please send the title to me and John Moritsugu, and we will arrange for a book review. We are in the process of instituting a regular section on Case Studies, and Doris Chang has agreed to serve as the section editor.

Another special feature we have incorporated is the Annual Review of Asian American Psychology that will appear in the last issue of the journal each year. Bryan Kim, Joel Wong, and Cara Maffini had written the 2009 Annual Review of Asian American Psychology that has appeared in the December 2010 issue. I have already commissioned the authors for the 2010 Annual Review of Asian American Psychology that will appear in the December 2011 issue. The authors for the 2011 Annual Review have also been commissioned. I believe the Annual Review will be a useful resource for researchers, scholars, and graduate students and will be highly cited.

## 3. Special Issues

We have also started working on special issues for the journal. There is one internal and two external approved special issues. The internal one will focus on the National Latino and Asian American Study (NLAAS) data set for which we issued a Call for Papers. David Takeuchi will be writing the invited lead article and there will be several empirical articles using the NLAAS data set in that special issue, assuming that we get enough submissions. The deadline for that special issue has been extended to February 1, 2011.

We also received two external proposals for special issues. One of these proposals is from the Asian American Center for Disparities Research, directed by Nolan Zane. This special issue will focus on Asian American Health Disparities and will be co-edited by Anne Saw and Anna Song. The other special issue is based on an NIMH funded conference grant to Phillip Akutsu, Margaret Shih, and Gilbert Gee and will focus on Asian American Mental Health. This special issue will consist of several of the invited papers from the April 2011 conference as well as submitted papers.

Finally, I have begun discussions with Richard Lee and Anna Lau who will be proposing a special issue on Prevention as one of Richard Lee's presidential projects. The challenge will be juggling the review process and publication schedule for these four special issues that will appear over the next 2-3 years.

## 4. Marketing the journal

The primary challenge for a new journal is getting the word out and getting enough high quality submissions. The APA Journal office has been very helpful in this regard. In addition to the formal launch of the journal at

the 2009 convention in Toronto, they have also been very generous in printing and distributing AAJP flyers at various events (e.g., Winter Roundtable at Teachers College for 2010 and 2011 as well as the current National Multicultural Conference and Summit). In addition, Annie Hill, the person in charge of our journal development, has undertaken a targeted email campaign and sent “invitation to submit” emails to authors of APA journal articles who do similar research.

Ultimately, the biggest marketing boost will come when the journal has been accepted into Journal Citation Reports from the Institute for Scientific Information (ISI) and this will require continuous and timely publication of peer reviewed articles in our journal for 5 years (at which time we will apply for inclusion in ISI).

#### 5. Statistics and Performance Data

APA provides us the statistics and performance data in terms of submission numbers, rejection rates, and editorial lag time for the journal. In summary, for 2010 we received 82 new manuscripts and our rejection rate was 65%. Our average individual manuscript review lag time is 46 days. For the first 6 months of 2011 we received 63 new manuscripts and our rejection rate was 69%. Our average individual manuscript review lag time for 2011 is 57 days.

#### 6. Issues for Discussion

One of the recurrent issues is our manuscript page limit of 30 pages. We continue to receive inquiries from authors requesting a waiver on this limit. Our current policy is that we only provide such waivers for qualitative studies and those manuscripts containing multiple studies and even then, our extra allowance tends to be a maximum 35 pages. The reason for the waiver for qualitative studies is that the data for these studies tend to be quotes rather than tables or figures.

Another issue in which I would like executive committee input is the idea of instituting a “Best Paper of the Year” award for the journal. I believe that such a feature would showcase the exemplary work being published in the journal and also provide a career boost for the recipient. We could simply highlight the recipient in the subsequent year’s journal and/or provide a monetary prize or a free subscription to the journal that can be gifted to colleagues or graduate students, etc.

A final issue is the financial side of the operation of the journal. We submitted a proposal to APA to publish this journal when our paid up membership was around 600 which has since dropped quite a bit. As a significant membership benefit, the first four issues of the journal have been sent to an all-inclusive list of AAPA members (including members who have not renewed their membership). This cannot be sustained and President Gordon Nagayama Hall has written a memo to members regarding this that was published in the December 2010 issue. As specified in this memo, as of March 2011, non-paying members of AAPA will no longer receive the journal. In addition, we have also printed the AAPA membership application/renewal form in the journal to encourage renewal and applications. It may be useful to monitor this and work on the financial side

### **AAPA Listserv**

To signup for the AAPA listserv, send an email to [majordomo@sfsu.edu](mailto:majordomo@sfsu.edu).  
In the body of the email type (minus the quotes) “subscribe aapa”

To send a message to the entire listserv email your contribution to [aapa@sfsu.edu](mailto:aapa@sfsu.edu).



## Annual Finance Officer Report

Krista M. Chronister

It is my pleasure to share the following information about AAPA's fiscal health. As of July 17, 2011 we have \$37,972.90 in our checking account and \$45,568.38 in our savings account, for a total of \$83,541.28. Our primary sources of income continue to be membership dues and AAPA convention fees. Our primary expenses this year were associated with AAPA website development and the AAPA convention.

We began using the new AAPA website ([aapaonline.org](http://aapaonline.org)) to accept membership dues, convention registration and donation transactions. The use of the new website, as well as an email dues reminder, has resulted in a more consistent and higher monthly income flow during the 2010-11 membership year. The new website system also has allowed us to more easily and accurately track our financial records. Congratulations to the website development team!

During 2010, President Gordon Hall approved a two-year audit of our AAPA financial records. I requested this audit because of several financial record inconsistencies and questions that arose during the year. The audit cost \$180 and was well worth the money. We were able to make several corrections to erroneous financial records as well as identify accounting actions that will help reduce the risk of such errors in the future. All recommendations are noted in detail for future AAPA finance officers. I make two recommendations to the AAPA EC to help make financial record tracking easier in the future. First, I recommend that we keep membership incentives and rewards simple (e.g., 1<sup>st</sup> year free or lifetime membership gift) as opposed to more complex (e.g., first year early career member = \$25, second year professional member = \$50, etc.). It is difficult to track ongoing membership incentives when the finance officer position changes every two years. Second, I recommend that we add space on the membership form to allow people to write their names as listed on their credit cards, as well as to write their preferred names, if different. Name inconsistencies on membership and financial records have been a key source of record errors.

In sum, the organization continues to show fiscal health. The use of the new AAPA website, in particular, has

## Annual Board Report

Paul Wang

resulted in a more consistent membership dues income flow for AAPA.

My responsibilities for 2010-2011 as a Board Member of the Asian American Psychological Association have included attending Board meetings and voting on Association business. More specifically, I am serving as: (1) AAPA Representative in Educational Leadership Conference (ELC), (2) EC liaison and selection committee for the Leadership Fellows Program, and (3) EC liaison and committee member of the Practice Task Force on AAPA Representative in Educational Leadership Conference (ELC). As an AAPA representative in attending the ELC, I traveled to Washington DC in September 2010 to attend a 4-day leadership advocacy conference and visited Capitol Hill to ask the Senators and House Representatives to "provide \$7 million in the House FY 2011 Labor-Health & Human Services-Education Appropriation bill for the Graduate Psychology Education (GPE) Program within the Allied Health and Other Disciplines budget activity of the Health and Resources and Services Administration". I was able to contribute by raising issues pertinent to Asian American Psychology and advocate for increasing racial and diversity perspectives in education and training. It is hoped that we can continue to collaborate with APA to further the advancements of Asian American Psychology.

EC Liaison for the Leadership Fellows Program. As the Executive Board Member appointed to this position, I have recruited two past Leadership Fellows, Drs. Grace Kim and Sam Wan to be the Leadership Fellows Program Co-Chairs to continue the program. During the past year, they have been able to review the strengths and areas of improvement for the program. A selection committee was formed to review the candidate's application (Drs. Grace Kim, Sam Wan, Karen Suyemoto, Soni Kim, and myself). We had exceptional applicants to the program this year. After a difficult selection process, we are very pleased to have Drs. Shihoko Hijioka and Nellie Tran to be our Leadership Fellows in 2011-2012.

EC Liaison for the Practice Task Force. As the liaison and committee member of the Practice Task Force, I have recruited Drs. Glenn Masuda and Winnie Hsieh to take charge of the Task Force. After the proposal of having grand rounds was approved at the mid-year EC meeting in Seattle, Drs. Glenn Masuda and Winnie Hsieh took the initiative of inviting practitioners to conduct a ground round at this year's convention. Another initiative to attract more practitioners to join AAPA was to offer CE credits. Convention committee was able to offer the attendees of the convention to earn up to 4.5 CEs when they attend the designated CE session. Lastly, in order to increase the involvement of practitioner within AAPA, Dr. Fredrick Leong, AAPJ editor, suggested having practitioners review the AAPJ and give people CE credits for reviewing journal. It was also suggested having designated sections within the AAPJ for practice focus (e.g., one case study/report per issue). The practice task force will continue to take initiative to increase representation of practitioners within AAPA.

## Annual Communication Officer Report

William Ming Liu

The responsibilities of the communications officer focused on three main areas during this past year. First of all, I was responsible for setting up of on-line meetings and conference calls. Secondly, my duty focused on maintaining and updating the AAPA website. It is recommended that the future Communication Officer to request from the membership and section chairs about updates and changes that they would like to make in order to help the members. At last, my duty focused on drafting public statements from AAPA to the general public and AAPA members.

### **AAPA Communications Officer Duties**

- Update and maintain the Asian American Psychological Association website.
- Develop and distribute official public and internal AAPA communications, messages, and postings.
- Assist the public in general communications with AAPA members (e.g., postings to the listserve, notices/notifications on the website).
- Update and maintain the AAPA membership brochure.
- Work collaboratively with the membership officer to update membership forms.
- Work collaboratively with the AAPA historian.
- Work collaboratively to setup and run AAPA voting.
- Help set up AAPA meetings (physical and on-line meetings).
- Other duties at the privilege of the AAPA President and other executive committee members.



# Annual Membership Report

*Meifen Wei*

## Membership Numbers by Year:

Member Category	2011 (to 7/16)	2010 Total	2009 Total	2008 Total	2007 Total	2006 Total	2005 Total	2004 Total
Professional	152	114	120	163	251	165	170	150
Professional Intl		3	4	4	5	4	2	5
Early Career/First Year	45	26	38	53	41	23	3	2
Early Career Intl		0	1	1	0	0	0	0
Student	210	142	170	223	282	174	129	129
Student Intl		3	3	5	7	5	3	3
Lifetime	17	17	17	16	14	12	11	11
Retiree	5	4	3	7	7	10	7	7
Organization	1	1	1	1	1	1	1	0
<b>Total</b>	<b>430</b>	<b>310</b>	<b>357</b>	<b>473</b>	<b>608</b>	<b>394</b>	<b>326</b>	<b>307</b>

As of July 16, 2011, AAPA has a total of 430 members for 2010-2011. This total represents an increase of 120 members (39%) compared to the 310 members for the entire 2009-2010 year. The development of the new AAPA membership website has made the membership registration and renewal process easier. The following additional strategies have been taken to increase the recruitment and retention of members:

Using the AAPA listserv to periodically send reminder emails to encourage members to renew their memberships. This includes sending customized emails using mail merge.

Conducting a membership survey and encouraging members to renew at this time.

Ensuring that 2010 members received the AAJP journal, which encouraged renewal.

Emailing AAPA membership invitations to non-members who were present at AAPA's annual conference.

Sending a membership renewal email to those members who registered for the AAPA annual conference.

Future strategies may include sending emails to invite APA members who identify as Asian American or as Asian International. Email invitations may also be sent to psychology-related listservs and to listservs of other ethnic minority associations.

### Membership Contest

The membership contest initiated by our President Gordon Hall was effective in recruiting 162 new members (i.e., 27 Professionals, 6 Early Career Professionals, 12 New Professionals [First Year], and 117 Students) during 2010-2011. A \$500.00 prize was given to the member who recruited the most new members.

### Membership Survey

Upon the request of President Gordon Hall, I conducted a Membership Survey to understand the factors contributing to members' renewals and discontinuances of membership. The following is a summary of reported factors:

Factors **attracting** members who renewed: (1) providing more mentoring opportunities; (2) increasing opportunities for networking and connecting at the AAPA conference; (3) providing more active discussion on the AAPA listserv; and (4) providing more professional development opportunities.

Factors that contributed to **discontinuance** of membership: (1) already belonging to too many other professional organizations; (2) lack of satisfaction with AAPA's membership benefits; and (3) working at institutions that do not pay professional organization membership fees.

The membership survey also inquired about the level of **involvement** of AAPA members. Responses indicated that 89.7% members have visited AAPA's website, 79.3% have read AAPA's newsletters, 62.1% have subscribed to the AAPA listserv, and 55.2% have attended the AAPA annual convention. Respondents also identified creation of additional professional opportunities (e.g., volunteer opportunities, notification about regional activities, solicitation of opinions) and increased communication with members as key methods by which AAPA can increase future involvement.

#### Launching of the membership website

Since September 2010, much work has been done to test and ensure that AAPA's membership website functions appropriately and records information accurately. At the end of January 2011, we began to use the AAPA website to register and renew memberships. This year, over 93% of members used the website to renew and less than 7% used the paper application or an alternative online method (i.e., PayPal for members outside of the U.S.). Thus far, the remaining tasks include ones involving SMART (the function for Lifetime Members and Search for Members or Referrals). In addition, AAPA will need to obtain quotes for adding a section for the Division of Filipinos and for adding a "logout" button to every page of the website.

#### AAJP

I have communicated with our APA colleagues. From now on, a membership officer will send an updated membership list to APA on March 1, June 1, September 1, and December 1 so that the AAJP can be mailed to our members.

### **AAPA Listserv**

To signup for the AAPA listserv, send an email to [majordomo@sfsu.edu](mailto:majordomo@sfsu.edu).  
In the body of the email type (minus the quotes) "subscribe aapa"

To send a message to the entire listserv email your contribution to [aapa@sfsu.edu](mailto:aapa@sfsu.edu).



# Annual President-Elect Report

*Rich Lee*



As President-Elect, I campaigned for the AAPA office with Vice-President-Elect Bryan Kim, Ph.D. as my running mate. Unfortunately, due to personal matters, Dr. Kim resigned from the position in February, 2011. According to the AAPA by-laws (Article VIII, Section 3d), "If an incumbent Officer is unable to complete his/ her term of office, the Executive Committee shall appoint an Association member to complete the term of office of the vacated position, or to appoint a member to a one-year term." In consultation with President Gordon Nagayama Hall, Ph.D., I recommended to the Executive Committee the appointment of Anna Lau, Ph.D. as Vice President. The Executive Committee unanimously approved this recommendation in April, 2011.

Dr. Lau and I have begun to assemble our leadership team which includes the appointment of the Communications Officer, Membership Officer, Financial Affairs Officer, and the Editor(s) of the Association Newsletter. I am pleased to report that Frances Shen, Ph.D. has agreed to serve as the next Membership Officer and Jane Yang, Ph.D. and Shuangmei (Christine) Zhou, Ph.D. have agreed to serve as Co-Editors-in-Chief of the AAPA Newsletter. We are currently reviewing candidates for the Communications Officer and Financial Affairs Officer positions.

As President-Elect, I organized an AAPA co-sponsored reception with the Asian Caucus of the Society for Research on Child Development. AAPA President Hall and I attended the SRCDD Biennial Conference in Montreal, Canada on March 30, 2011 to promote collaboration between our two organizations. I also am committed to increasing our social media presence. As one example, I recommended the reformatting of the AAPA Newsletter to an e-newsletter format. I also have sought approval from the Executive Committee to hire a graphic designer to create a new logo for AAPA that will be featured on the website, the association journal (Asian American Journal of Psychology), letterhead and other ancillary stationary, and merchandise (e.g., t-shirts). Incoming Vice-President Lau and I also are working with AAJP Editor, Fred Leong, Ph.D., on a special issue in AAJP that focuses on the intersection of culture and prevention science.

Last, Vice-President Lau and I have been working with the new Convention Co-Chairs, Jocelyn Buhain, Ph.D. and Matthew Lee, Ph.D., on planning for the Orlando Convention in 2012.

## President's Column

Rich Lee



I am honored to serve as the 18th president of AAPA and want to thank Gordy and Sumie for their excellent leadership the past two years. I look forward to working closely with Anna Lau as vice-president and the rest of the AAPA leadership team, including Frances Shen (membership), Richard Shin (finance), and Ulash Dunlap (communications). I also want to honor my friend and running mate, Bryan Kim. As you may know, Bryan lost his wife to cancer earlier this year and understandably resigned as vice-president. Fortunately, I was lucky to strike gold twice when Anna agreed to serve as vice-president. Following the presidential goals that Bryan and I outlined during the elections, Anna and I have set forth an ambitious agenda for AAPA and we are excited about the opportunities that lie ahead.

“Culture and Prevention” is our presidential theme. Given the persistent health disparities in this nation, it is imperative that AAPA position itself at the forefront of research, practice, and policy efforts to address these disparities within Asian American communities. Waiting until psychological and health problems develop is too late. We must marshal our resources and talents to promote healthy, optimal functioning and seek to prevent the development of problematic outcomes. Toward this end, Anna and I have identified a number of ways to increase the visibility of AAPA to highlight its ongoing efforts, to broaden our scholarship and outreach, and to train the next generation of leaders and scholars in the field.

*Increasing Visibility.* With the early success of our journal, Asian American Journal of Psychology (AAJP), now is the time to enhance our public image and I am happy to announce that AAPA will soon have a new logo! The Executive Committee approved my request to hire a graphic designer to help us re-brand our image, starting with a more modern logo. This re-branding aligns with the recent re-launching of our new interactive website that allows people to become new/renewing members online, to search our database system for referrals, and to post updates on new research or events. And we have increased our social media presence on Facebook (Asian-American-Psychological-Association) and Twitter (@aapaonline), so check us out!

*Broadening Scholarship and Outreach.* AAPA has a wonderful balance of scientists and practitioners but we remain over-represented by clinical and counseling psychologists. AAPA must appeal to a broader audience of psychologists as Asian American psychology reflects more than just counseling and clinical interests. AAPA must find ways to attract psychologists trained in social psychology, personality, industrial-organization, developmental, and educational psychology, as well as scholars and practitioners from allied professions (e.g., social work, psychiatry, education) and Asian American Studies. For example, AAPA recently collaborated with the Asian Caucus of the Society for Research on Child Development (SRCD) in co-sponsoring a reception at the SRCD conference and a symposium on tiger parenting at the AAPA conference.

Anna and I want to engage others within and outside of AAPA in dialogue about how to draw upon the expertise of psychologists across subfields to best promote Asian American psychology as it matters most in local communities. Toward this end, we have proposed a special issue in AAJP that focuses on culture and prevention. We want to showcase research on and implementation of evidence-based prevention programs that benefit Asian American communities. We look forward to other opportunities to have AAPA reach a broader audience.

*Creating Leaders.* AAPA can only succeed by looking toward the next generation of psychologists and allied mental health professionals both within and outside of AAPA. For example, we will continue to support the AAPA Leadership Fellowship which provides travel stipends to two AAPA professional members to attend

conferences and to work on organizational projects. We also need to increase leadership capacity by expanding our mentorship to graduate students and early professionals.

With the presidential theme and goals in mind, please join us as we enter our 40th year as a professional organization. AAPA cannot exist and succeed without the support and energy of all our members.

## Division of Students Fall 2011 Update

*Zeb Lim, DoS Chair 2010-2012*



Happy Fall my fellow DoS-ers - it is indeed looking like Fall is here as I write this column! I was happy to meet many new and old DoS members at the recent AAPA 2011 convention at Washington, DC. For those who were unable to make it, I hope you will stay connected with DoS events and other updates through our Facebook fan page ([www.facebook.com/AAPA.DOS](http://www.facebook.com/AAPA.DOS)) and our DoS listserv.

The DoS listserv was created at the suggestion of Simon Chung, a DoS Member-at-Large. It is our latest effort to keep fellow members connected to DoS news and an avenue to disseminate information available on other APA listservs that may be of interest to our members.

While every effort has been made to ensure that current DoS members are automatically added to the listserv (based on the e-mail address you provided when you registered for your AAPA membership), technological hiccups are a fact of life. Please feel free to contact me, Zeb Lim ([kaikok@ku.edu](mailto:kaikok@ku.edu)), or any of the other DoS board members directly if you need to be added to the Dos listserv.

As you can see from the pictures posted on our DoS fan page on Facebook, we had a good turnout at the DoS Business-Social meeting. At the time of the conference, we had a healthy balance of \$1,800 in our DoS bank account. We continue to offer four DoS awards, worth \$100 each, to recognize DoS members' contributions in research, service, and leadership to the Asian American community. This year's award winners are Jin Kim for the Graduate Research Award; Zhen Cheng for the Undergraduate Research Award; Lauren Berger for the Service Award; and Harpreet Bahia for the Leadership Award.

Our second annual DoS dinner was another hugely successful event for DoS. We had a good turnout of both DoS members and friends, who we hope will consider joining AAPA-DoS! In addition, Ivan Wu – a DoS Undergraduate Representative – initiated an undergraduate get together the day before the AAPA convention this year, which was attended by a fair number of both undergraduate and graduate students. Pictures of these events have been posted on the DoS fan page. We hope that more DoS members will join their fellow AAPA-DoS members for the future social dinners and/or business-social meeting events.

As mentioned at the DoS Business-Social meeting, the term for our current DoS board members will end on August 31st 2012 and an election for a new team of board members will be held in the Spring 2012 semester. We hope members who are interested in joining the leadership team will contact current board members to gain a better understanding of the responsibilities of the DoS board. Prospective DoS leaders should consider joining the DoS Ambassador team. The main responsibility of the DoS Ambassador team is to e-mail 10 – 15 Psychology departments bi-annually and disseminate information about the AAPA and AAPA-DoS to our Asian/Asian American colleagues who may not be aware of the AAPA. Being part of the DoS Ambassador team would look good on your curriculum vitae and is an excellent opportunity to gain leadership experience.



Be sure to check out our new DoS Member Spotlight, which features Shruti Mukkamala for the month of September. Shruti is a Clinical Psychology Ph.D. student at the University of Massachusetts - Boston. She is from India and currently works with Dr. Karen Suyemoto, a past AAPA president. To learn more about Shruti, please read the interview by Fanny Ng (DoS Treasurer) which is on the DoS fan page. To highlight the diversity of our DoS membership and to create more opportunities for DoS members to get to know each other, we hope to feature a new member every month. We would also like to encourage fellow DoS members to interview and write about their fellow colleagues and to send these articles to the DoS board so that we can share them with other members on the DoS fan page and listserv.

This year, the DoS board organized a symposium at the 2011 AAPA convention titled, *Addressing Challenges of Graduate School from the Student Perspective*. The symposium consisted of three presentations, which were shared on the listserv after the convention. Please let us know if you did not receive the presentations and would like a copy of the slides. If you have any feedback or ideas for our next DoS presentation at the 2012 AAPA convention, we would love to hear about them!

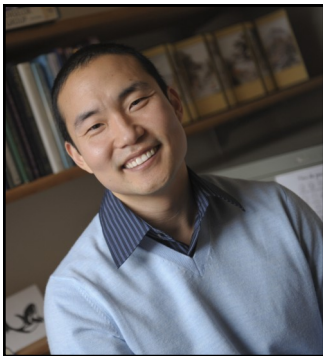
The DoS board continually works hard to ensure we meet the needs of our fellow DoS members as best as we can. However, we cannot do it without your feedback and participation. Please leave us comments on our DoS fan page or feel free to send an e-mail to one of the board.

So far, the DoS board has had a wonderful year serving our membership. We hope to continue to do engage the DoS members as well – if not better – this year, our second and remaining year on the 2010 - 2012 DoS board. We would like to thank all the members who attended our DoS Business-Social meeting and/or DoS social dinner. Thanks also to those who attended the APAGS Rooftop Social – Dr. Nabil El-Ghoroury, APAGS Associate Executive Director, was pleased to see such a nice turnout from the DoS membership.

Happy Fall semester/quarter. Until our next update, study hard but remember to also enjoy life. For those who are attending the Boston College Diversity Challenge in October, I look forward to meeting you then.

## AAPA Finance Officer Report: Summer Quarter 2011 (July – September)

*Richard Shin*



It is my pleasure to provide the following information about AAPA's financial health. As of September 17, 2011 we have \$33,478.74 in checking and \$45,568.38 in savings, for a total of \$79,047.12. I am very happy to report that we continue to enjoy fiscal health!

During the summer quarter, we received \$19,644.33 in income and spent \$23,439.59. Of the total income, \$1,403.00 was from membership dues. Most expenses were associated with the AAPA 2011 convention. Thank your for the privilege of serving as your Finance Officer!

# Presidential Citation Award to Shirley Ann Higuchi, J.D.

*Lynn Bufka*



APA Presidential Citation Awarded to Shirley Ann Higuchi, JD.:

American Psychological Association (APA) presidents have the opportunity to recognize individuals and organizations for their contributions to psychology. In August, APA President Melba Vasquez, PhD, awarded a citation to Shirley Ann Higuchi, JD. As the Assistant Executive Director of Legal and Regulatory Affairs in the APA Practice Directorate, Ms. Higuchi oversees multiple initiatives addressing legal and regulatory issues that affect psychologists and their patients in areas such as managed care, reimbursement, confidentiality, scope of practice, licensure laws, and regulations. Among other activities, Ms. Higuchi's department collaborates with state psychological associations on ongoing class action lawsuits against large insurance and managed care companies and consults with state associations and members on a wide range of legal and advocacy issues.

The presidential citation reads as follows:

"For her dedication and lifelong achievements in defending, protecting, and advancing the professional practice of psychology through legal initiatives on behalf of the American Psychological Association where her impressive body of work began over 20 years ago as a staff attorney and continued following her rise in 1995 to head the APA's Office of Legal and Regulatory Affairs in the Practice Directorate. Shirley Ann Higuchi initiated and led the "managed care test case" litigation strategy which corrected abusive company policies and provided millions of dollars in recoveries and gave members a voice in their battle with managed care. As a key founder of the first Office of the Parenting Coordinator established in the District of Columbia Courts, she inspired judges, lawyers, psychologists, professors, and doctoral students to provide innovative services to low income, high conflict families, always acting in the "best interest of the child." Ms. Higuchi leads the development of the Heart Mountain Wyoming Foundation (HMWF) to recognize the experiences of Japanese Americans wrongly incarcerated during World War II. She has utilized her knowledge of and commitment to psychology and the mission of the HMWF to engage the psychological community in promoting further research and education on the experiences of Japanese Americans during WWII. The American Psychological Association is pleased to recognize her efforts to advance the professional practice of psychology and salute her in her role as Chair of the Heart Mountain Wyoming Foundation."

Dr. Vasquez presented this citation to Ms. Higuchi at the dedication of the Heart Mountain Wyoming Interpretative Learning Center. The Center is located near Cody, Wyoming and will preserve the site where 800 persons of Japanese ancestry living on the West Coast of the United States were interned during World War II after being forced to leave their homes and livelihoods. The Center will also serve as a collaborative learning site for local and national schools, colleges, and museums. Ms. Higuchi has chaired the Board that has worked for the last five years to make the Center a reality. Both of Ms. Higuchi's parents were interned at the Heart Mountain camp as children and met again later as adults.

About 250 of those formerly interned at Heart Mountain camp, as well as psychologists from Utah and Wyoming, attended the opening ceremonies. Dedication event speakers included former anchorman Tom Brokaw, Hawaii Senator Daniel Inouye, former Senator Alan Simpson, and former Congressman and Secretary of Transportation Norm Mineta. Dr. Vasquez described being very moved by her participation in the events and said that it was "very transformational." The Asian American Psychological Association cosponsored the event with APA.

Special thanks to Ieshia Haynie, Elizabeth Winkelman, Rachel Schwartz, and Melba Vasquez for their contributions.

# Sucking It Up, Asian Style

Darcy S. F. Ing



When I was growing up, my Okinawan mother told me, “If you don’t like what someone says about you, just ignore it.” My Chinese aunt added, “You can’t do anything about it, so why talk about it?” Asian societies traditionally emphasize toughing it out, getting through problems without complaint, especially to outsiders. Persons seeking professional help may be considered weak, crazy, or both. In other words, most Asians are taught to suck it up.

Years later, I learned about *gaman*, the Japanese value of grace and perseverance during stress. *Gaman* also refers to Japanese collective pride in endurance, survival, and the sacrifice for the greater good. After the earthquake and tsunami in March 2011, Prime Minister Naoto Kan told the nation: “Each of you should accept the responsibility to overcome this crisis and try to create a new Japan.” By doing so, he deliberately invoked *gaman*. This concept of poise, self-denial and restraint exists in other Asian countries too.

In Korea, the word *han* might be considered similar to *gaman*, it may be translated as, “enduring difficulties without complaining.” Expectations are similar in China. In a 1997 survey by the Burnett ad agency, it was found that 57 percent of Chinese agreed that people should not voice complaints (compared to 4 percent among Americans). For the Chinese, this could be partly the result of having gone through a lot of hardships, and/or simply because people might end up in a lot of trouble if they do complain. In India, the Hinduism belief describes life’s suffering as resulting from inappropriate actions in this or in a past life. Rather than being random, suffering is just and fair, according to the laws of the universe. Questioning suffering in this context makes little sense.

In the West, sucking it up is also valued. The Greeks thought suffering was noble, and gave life meaning. Stoics learned that using reason and virtue develops the self-control and mental strength to overcome strong feelings. Stoics don’t try to eliminate their feelings, but strive to use clear judgment, logic, inner calm, reflection, and concentration. Even today, we’re told to keep our chins up and be optimistic, even during tough times. *Kvetching* constantly about one’s tsuris (complaining about one’s troubles), is not valued, while having a positive attitude is.

However, too much stoicism can be a bad thing. Shigata ga nai means, “It can’t be helped.” It’s often used by the Japanese when a situation cannot be changed. This, along with *gaman*, can lead to a fatalistic mentality, and failure to object to bad situations, debate big changes, or reverse course entirely. Taken to an extreme and combined with an unwillingness to challenge the group, *gaman* can result in rigid over-conformity and mindless obedience, whether to a boss who expects 80-hour weeks, a particular worldview, or past ill-advised decisions.

These days though, something seems to be changing. For most of us, the reality is that sucking it up can get pretty old. The 1989 Japanese film “Bakayaro,” (literally “idiot,” but carries a punch closer to “ass----”) shows its heroes going through many overwhelming problems. Finally, they shout, “Bakayaro!” With this, their situations begin to change. In an interview, the film’s director Yoshimitsu Morita says the phrase is liberating: if you are strong enough to say it, you can change your circumstances, develop different relationships and ways of doing things. In the west, a book called *Stop Smiling, Start Kvetching* purports to be a guide on creative complaining. The author asserts that complaining leads to more creative outcomes and solutions. This leads to an important point: Complaining is only the first step, the second step is doing something about it.



After the Fukushima Dai-ichi nuclear plant crisis, there were mass demonstrations in Japan, with 77 percent of people saying they were against continued use of nuclear power. Prime minister Kan plans to radically change the nation's energy policy by obtaining 20 percent of electricity from renewable sources in the 2020s. In China, which sees up to 100,000 protests annually that rarely have results, there was a victory in the city of Dalian: a controversial chemical plant was forced to shut down and relocate. In India, an anti-corruption activist's hunger strike led Parliament to adopt a non-binding resolution creating an agency to fight corruption. It seems that even in Asia, people are finding that you don't always have to suck it up.

So when is it time to suck it up and when it is time to take a stand? Whether sucking it up or taking action, there is no single style that will fit every situation, let alone fix every problem. Choices will need to be made to the best of our ability, after considering the information available, our personal values, emotional and physical resources, and the importance of the outcome.

As psychologists, we're familiar with helping clients decide when to suck it up and when to explore other options. We're also familiar with having to suck it up ourselves (or *kvetching* to colleagues) when we think the client made the wrong choice. Finding the right balance to the best of our ability is an ongoing process, with our clients and with ourselves. Perhaps the best we can do is to be true to ourselves as much as we can, remembering that we always have a choice.

## Young Men of AAPA

Zeb Lim



As with every past year since my first AAPA convention in San Francisco in 2007, I looked forward to the recent 2011 AAPA convention in Washington, DC. I looked forward to meeting other male students in psychology at the AAPA/APA conventions. We, the young men of AAPA, are a minority, a growing minority within the field of psychology; a field which used to be dominated by men, albeit White European men.

Before I go on further, I should give a little background about myself. When I started my graduate training in Counseling Psychology at the University of Kansas in 2005, I was the only male student in my entire cohort. In both the Master's and Ph.D. programs, I might add. As an Asian international and sexual minority student, I felt that being the only male further added to the sense of alienation and isolation associated with being in a new academic institution, new town, and new state in the Midwest (I was in Ames, Iowa for my undergraduate training).

Granted, I made great friends and colleagues with some of my female cohort members, but I also wanted to befriend and know what other Asian male students in psychology were like and that they were not that much different from me. I suppose it is human nature to desire to be both different and alike at the same time. Being born and raised in Malaysia, I have a strong desire to seek out people who are more like me and to be reassured that I am part of the in-group somewhere while I am immersed in a largely out-group Midwestern culture.

The small number of men in psychology, especially minority men in psychology, does not only affect the young professional-in-training personally, but also has an impact on the profession.

Our clients and the individuals that we seek to help may suffer if we do not work on stopping the declining number of male psychologists in our profession. It is already common knowledge that men typically seek medical and psychological help at a lower rate than women.

In addition, for those men who do seek help, some may have a strong preference for sharing their personal struggles with another man and mistakenly believe that they cannot open up to women psychologists. When these men are unable to find helping professionals who are like them, they may be reluctant to return for future sessions with their assigned women psychologists.

Of course, there are opportunities in non-ideal situations. Every grey cloud has a silver lining, as a popular saying goes, so there are advantages to being the minority. With the small number of men in psychology, when it comes to internship applications, male interns may find themselves to be favorably considered for site interviews as internship sites look for diversity in the gender make-up of their trainees. As I go up for the internship application and match process this year, I sure hope this is true! At the very least, I know that while I was a trainee at the local county jail, I made some powerful differences in the lives of my many male clients. I was able to provide some modeling of how men can be both strong and gentle in caring for others. The old masculinity notion of being strong and emotionless can be harmful for one's mental health, as evidenced by the many men in the justice system. I helped my clients understand that seeking help is okay when one needs it.

Now, I know that one's personal experience of a phenomenon does not make it true or generalizable for all. However, this issue of men as a growing minority has truly gained attention within the psychology world. In the January 2011 issue of *gradPSYCH* magazine, the cover story titled *Men: A Growing Minority* focused on the gender imbalance within psychology and the potential ramifications of the feminization of the field. While it is still uncertain whether the gender imbalance will have an impact on the field in terms of salaries or professionals who understand men's issues, there are concerns that research agendas and future theories of psychology may be affected. Interested readers are encouraged to check out the article. It is my (selfish) hope that this article will plant the seed for the formation of the Division of

Men within AAPA down the road. After all, we have four divisions in the AAPA house right now, starting with the Division on Women, followed by the Division on South Asian Americans, the Division of Students, and the recent addition of the Division on Filipino Americans. I see that the increasing number of "divisions" does not serve to divide the membership of AAPA, but rather serves the niche needs of the growing membership of AAPA.

Regardless of the future of the "Division of Men" within AAPA, I know that for now, there are a growing number of male colleagues, both students and professionals alike, that I look forward to meeting yearly. Likewise, I hope they look forward to meeting me! Of course, I would remiss not to mention my many female friends, colleagues, and mentors of AAPA that I also dearly look forward to meeting yearly. Until next year, or the next AAPA column, I wish the best to our AAPA family.

## Tips for Attending 1st AAPA/APA Convention for International Students/Undergraduates

Karen Chuan Ling Pooh, Nanyang Technological University, Singapore



Dear international students or undergraduates,

Congratulations on getting your first poster or paper accepted! I feel your excitement in presenting at the APA conference. After years of citing sources in APA style, you are finally going to see the REAL DEAL. And not to mention meet the professors you have been idolizing for the longest time. I am sure international students who are flying to the United States just for the conference will want to make the most out of it. After all, our air tickets don't come cheap; graduate students often lament that they live just above the poverty line so we might as well start learning how to maximize each penny. As an international student from Singapore who has just completed the psychology honors degree, going to the APA convention for the first time without my su-

pervisor can be intimidating. What am I to do at this huge conference that has approximately 10,000 attendees? How should I prepare for the conference? Fortunately, the help I received enabled me to make the most of this invaluable experience. I hope my experience can help you to answer those questions.

### **Prepare!**

You will receive an APA schedule book prior to the conference. This is a great resource for you to plan your conference itinerary. Not only do you save time and the agony of trying to figure out the most exciting sessions during the conference, you can also check out whether the professors that you idolize are attending.

If Lady Luck is smiling at you and your idols are attending, you can send them a friendly email to say hi. Perhaps you can meet them at APA for a quick chat. Perhaps you can go to their presentations and learn more about their research. Either way, it will be a great opportunity to get to know more about your future supervisor(s) if you are applying to graduate schools.

If you are similar to me and have lots of questions about graduate school, this is a great time for you to jot down all the burning questions and unleash them during the conference. The awesome thing about the psychology community is that everyone is really friendly and helpful! We are not called the helping profession for no reason.

### **Network!**

I found out by chance that networking prior to the conference is really important. It helped me to find awesome roommates for accommodation, get acquainted with fabulous and experienced people who oriented me during the conference and get exposure to events that I would otherwise be ignorant of. I posted a question on Facebook inquiring about affordable accommodation in DC. A kind professor then messaged me and introduced me to people who might be able to assist me. It was then that I met Zeb Lim, an awesome person who gave me lots of guidance. He added me to the AAPA-Division of Student (AAPA-DoS) listserv which offered me a channel to get in touch with other Asian psychologists-in-training. Like a chain effect, one thing led to another, and I was given lots of tips and support even before I was physically at the conference. When I sent out a single email to the AAPA Dos listserv to inquire about accommodation, I received many helpful replies and even found a fellow Singaporean to room with! Listserv is powerful; join it.

### **Volunteer!**

Besides networking, volunteering at the conference is a good way to get to know people and understand the dynamics and culture of the division you are interested in. I volunteered at the AAPA convention as well as the APA Division 17 - Counseling Psychology Hospitality Suite. Even though you are giving some of your time, you are actually receiving more in return. Personally, I saw this as an opportunity to speak to people who are in the field and know more about what their work. As a fresh graduate, it was inspiring to hear their stories! A graduate student who volunteered with me said, "Even though it was very busy to teach, research and study at the same time, I felt that it was very fulfilling and I cannot see myself doing something else."

When you see such a sparkle in their eyes, you will understand what sustain graduates through the infamous difficult graduate life. This is a good opportunity to consider the important question of whether such passion resonates with you before applying to graduate school.

And of course, we cannot deny it is a great addition to our resume.

### **Go for Mentoring Sessions!**

I cannot emphasize how important it is to join listserv. Beside the support that you get from kind-hearted individuals in the community, you get to be in the loop about awesome events such as the mentoring sessions. I attended two mentoring sessions and found them immensely helpful. This is the chance for you to unload your burning questions on mentors who are extremely patient and helpful. Even if you have no questions, it is good



to hear what others are asking and anticipate future issues in graduate school.

### **Go for Social Hours!**

Mingle, laugh and have fun!

### **Just Smile and Speak to People!**

Psychology is all about human connections. This is the great chance to meet and speak with people so don't shy away from it. To be honest, as someone who isn't a natural extravert, I sometimes felt drained but derived much happiness and fulfillment from the experience. It might be difficult to approach these big shots for the first time. However, when you show your genuine interest to understand more about their experiences, the conversations will flow naturally. We are lucky to be in a community of helpful and conversational individuals.

Suffice to say, I had a wonderful experience at AAPA and APA. It has inspired me in many ways. I hope these tips will help you to have an equally, if not more, fulfilling experience at your first APA/AAPA conference. Good luck!

## **Comments on *A World on Fire: Britain's Crucial Role in the American Civil War***

*Albert H. Yee*



Amanda Foreman's book, *A World on Fire: Britain's Crucial Role in the American Civil War*, and its July 14, 2011 "What Drove the Terrible War?" review by James M. McPherson, expose the studied neglect of Anglo-American historians. While Ms. Foreman covers many principals, including Lord Palmerston, the British Prime Minister throughout the Civil War, she identifies Britain's envoy to the U.S. in 1865, Sir Frederick Bruce, simply as "the former minister to China," and completely omits their involvement in the historic Opium Wars. It's safe to say that China concerned Britain and its leaders as much or more than America's Civil War. Ms. Foreman may argue that British policies and activities regarding China had no bearing on the Civil War. Yet, in a book of 958 pages that relates countless minutiae, amplification of provocative characters and crucial history would be welcomed. Foreman's narrative negates her book title.

Palmerston's imperialistic campaigns to subdue China in the First (1840-42) and Second (1858-60) Opium Wars forced China to cease its opposition to open trade. Besides opening the floodgates to opium and foreign goods, victory in the Second Opium War allowed Britain and other powers to control China as a vassal state well into the 20th century. As the nation became increasingly chaotic, millions upon millions of Chinese became addicts and died. This ugly side of Palmerston and Britain's imperialism, of which historians Foreman and McPherson must be fully aware, should be more widely known and would have been an interesting addition to *A World on Fire*. The anguish and suffering of China's population for many decades and the culpability of Britain and other powers rank among the greatest international crimes of humanity. What would Britain and its influence in the world have been without the enormous profits gained from the China trade, particularly in opium sales which amounted to millions of pounds annually?

However, some did oppose Britain's actions in China. William E. Gladstone, who Ms. Foreman mentions often as a strong supporter of the Confederacy, attacked Palmerston's China policy. Speaking in Commons for two hours in 1857, Gladstone said, "Your greatest and most valuable trade in China is . . . in opium. It is a smuggling trade . . . it is the worst, the most pernicious, demoralizing and destructive of all the contraband trades that are carried upon the surface of the globe." Gladstone knew the dangers of opium, as his sister had

became a hopeless addict. Earl Derby, the Tory leader in the House of Lords and PM in 1866, whom Ms. Foreman also discusses, brought an 1857 motion of no confidence against Palmerston's China actions, calling them a bald-faced, illegal land grab. Three years later, when extraterritoriality was won during the Second Opium War in 1860, foreigners no longer had to smuggle opium into China. Now they could do all they wanted.

Ms. Foreman also fails to note the role of Sir Frederick Bruce in the Second Opium War. He led Britain's military aggression to subdue China in 1858 that strong Chinese resistance defeated at the Taku Forts. It was his older brother, Lord Elgin, who commanded the larger British and French naval and army force that finally defeated China's Qing Dynasty resistance in 1860. Bruce's service in Peking (1860-64) was hardly that of a typical ambassador, since he was China's surrogate master.

Many American opium traders profited in China, first in Canton before the Opium Wars and afterwards in Hong Kong; a number of East Coast fortunes originated from that history. A phony excuse given for the Americans' opium trade was that they provided the anaesthesia surgeons and patients needed during the Civil War. One American drug baron was Warren Delano II, the maternal grandfather of one of America's greatest presidents, Franklin Delano Roosevelt. After losing his first fortune to an economic depression and poor investments, Warren Delano II returned to China in 1860 and, within seven years, became wealthy from opium and tea.

Albert H. Yee, retired psychology and education professor; author of *A People Misruled* and editor/author of *Whither Hong Kong?*

## Membership report

Frances Shen



Hello AAPA Members,

My name is **Frances Shen**, and I am the new incoming AAPA Membership Officer. I am excited to serve AAPA in this position, and look forward to getting to know all the AAPA members even better! I would like to take a minute to thank AAPA President, Richard Lee, for providing me with the opportunity. I would also like to thank Meifen Wei, the previous AAPA Membership Officer, for her guidance and support through this transition.

Currently for 2011, AAPA has a total membership of 456 individual and organizational members. Please see the table below for a breakdown of the membership categories. Overall, this is a 47% increase compared to this time last year! These numbers are a direct result of the work of Gordon Hall, Meifen Wei, the 2010-2011 AAPA Executive Committee, and the recruitment efforts of AAPA members! We would like to continue to see AAPA grow in its membership in this coming year. Therefore, **please help us to recruit new members to join our AAPA community!!!**

Since 2010, AAPA members can join or renew their membership directly through our website at [www.aapaonline.org](http://www.aapaonline.org). In the next few weeks, I will be sending out an email to remind AAPA members that you can begin renewing your 2012 memberships online after October 1st. You are also welcome to send in the

paper membership form that is included in this newsletter (instructions and address for submission/payment are listed on the form).

**As a reminder, there are many excellent benefits to being a current AAPA member:**

- Access to the “**Members Only**” section of the new AAPA website, which allows members to post their syllabi and review other members’ syllabi, search for members or referrals, vote in elections, and modify their personal account information at their convenience;
- Free annual subscription to the **Asian American Journal of Psychology (AAJP)**, which is published by the American Psychological Association;
- Access to the Asian American Psychologist, the AAPA Newsletter, which is published electronically on the AAPA website;
- Discount membership prices for the AAPA annual convention registration and banquet tickets;
- Interactions with other AAPA members through the AAPA listserve;
- Opportunities to network with experts in the field of Asian American Psychology!

I would also like to take this opportunity to remind everyone to update their contact information (i.e., mailing address, email address, phone numbers, etc.). This can be done online by logging into the “Members Only” section of the AAPA website, or by emailing the updated information to me ([fshen625@gmail.com](mailto:fshen625@gmail.com)). Your updated mailing address is needed so that we can continue to keep in touch with you, and to ensure that you continue to receive your AAJP subscriptions!

If you have any questions or concerns regarding AAPA membership, please do not hesitate to contact me at [fshen625@gmail.com](mailto:fshen625@gmail.com). Thank you for your continuing support of AAPA!

<b>Membership Categories</b>	<b>2011</b>
Emeritus/Retirees	5
Lifetime	21
Professional	160
New Professional	25
Early Career Professional	26
Students	218
Organizational	1
<b>TOTAL</b>	<b>456</b>



## 2012 AAPA Membership Application Form (Page 1 or 2)

**Please check one:** ☐ New Member ☐ Renewing ☐ Renewing, but new category (e.g., Student to Early Career)

**If you were referred by an AAPA member, please list person:** \_\_\_\_\_

### A. All Members -- Please complete the following:

Name: \_\_\_\_\_ E-mail: \_\_\_\_\_

Mailing address: \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Phone: \_\_\_\_\_ Gender: \_\_\_\_\_

Highest degree earned: \_\_\_\_\_ Year degree earned: \_\_\_\_\_

Institution from which this degree was earned: \_\_\_\_\_

Ethnicity: \_\_\_\_\_ Languages (other than English): \_\_\_\_\_

Research/Practice Interests (5-6 words): \_\_\_\_\_

Areas in psychology in which you received or will receive your degree (e.g., clinical, I/O, social, etc) \_\_\_\_\_

I permit AAPA to release my contact information (name, address, email) and/or research interests:

To professional organizations? \_\_\_\_\_ YES \_\_\_\_\_ NO

In AAPA member directories (e.g., print or on the website)? \_\_\_\_\_ YES \_\_\_\_\_ NO

To prospective employers? \_\_\_\_\_ YES \_\_\_\_\_ NO

### B. Professional & Retiree/Emeritus Members -- Please complete these items:

Institutional/Organizational affiliation (if employed, current; if retired, previous and year retired): \_\_\_\_\_

Position Title (current/previous): \_\_\_\_\_

### C. Student Members only -- Please complete these items:

School where you are enrolled: \_\_\_\_\_

Degree objective (e.g., Ph.D., Psy.D., MA., M.S.W.) : \_\_\_\_\_

Expected graduation date: \_\_\_\_\_

**Please Note:** Membership in AAPA runs January 1 – December 31 yearly, regardless of when membership dues are received. However, dues received after September 30 will be applied to the following year's membership. You can register online (for new or renewed membership) at our website, [www.aapaonline.org](http://www.aapaonline.org). If you wish to mail in your membership application form and payment to our central office (see address below), please allow 6-8 weeks for processing. Checks not honored by your financial institution will be subject to a \$25.00 fee.

### **Description of Membership Statuses** (Page 2 of 2)

**Professional Members** - Persons with a master's or doctorate degree in psychology, mental health, health, or related fields and/or professionals whose work and interests are consistent with the purposes of the Association.

**Early Career members** - Professional members who are within 2 years of receiving their terminal degree and who hold positions as post-doctoral interns, post-doctoral fellows, assistant professors, or comparable level positions. Members can remain in this status for a maximum of two years.

**Retiree/Emeritus members** - Professional members who are retired from their positions. These persons must have been a member of AAPA for at least 5 years before paying dues at this level. Retiree/emergitus members pay dues at one-half the rate as professional members.

**Student members** - Undergraduate or graduate students in psychology, counseling, mental health, or related fields. *Student members of AAPA also automatically become members of the Division on Students with no additional fee.* Six dollars in dues support the Student Division, while the remaining dues support AAPA.

**Associate Organization members** - Include, but are not limited to, organizations interested in the purposes and objectives of the Association.

<b>DUES &amp; DONATIONS</b>		<b>AMOUNT</b>	<b>ENCLOSED</b>
A. General Membership	Professional Member	\$70.00	\$
	New Professional Member (1 <sup>st</sup> year)	\$50.00	\$
	Retiree/Emeritus Member	\$20.00	\$
	Early Career Professional Member	\$50.00	\$
	Student Member	\$35.00	\$
	Associate Organization Member	\$70.00	\$
B. Division on Women <sup>1</sup>	Professional Member	\$15.00	\$
	Student Member	\$6.00	\$
C. Division on South Asian Americans <sup>1</sup>	Professional Member	\$15.00	\$
	Early Career Professional	\$10.00	\$
	Student Member	\$6.00	\$
D. Division on Filipinos <sup>1</sup>	Professional Member	\$15.00	\$
	Early Career Professional	\$10.00	\$
	Student Member	\$6.00	\$
E. Donations <sup>2</sup>	General Fund	\$25 \$35 \$50	\$
	Dissertation Grant	\$25 \$35 \$50	\$
	Best Poster Award	\$25 \$35 \$50	\$
	Student Travel Award	\$25 \$35 \$50	\$
	Division on Women	\$25 \$35 \$50	\$
	Division on South Asian Americans	\$25 \$35 \$50	\$
	Division on Filipinos	\$25 \$35 \$50	\$
<b>TOTAL AMOUNT ENCLOSED</b>			\$



**Asian American  
Psychological Association**  
(602) 230-4257  
[www.aapaonline.org](http://www.aapaonline.org)

**2011-2012 Officers**

**President**

Richard M. Lee, Ph.D.

**President Elect**

Sumie Okazaki, Ph.D.

**Vice President**

Anna S. Lau, Ph.D.

**Finance Officer**

Richard Q. Shin, Ph.D., LMHC

**Membership Officer**

Frances C. Shen, Ph.D.

**Communications Officer**

Ulash Thakore-Dunlap, LMFT

**Secretary/Historian**

Christine Lee, Ph.D.

**Past President and**

**Awards Chairperson**

Gordon C. Nagayama Hall,  
Ph.D.

**Student Award Chairperson**

Kevin Nadal, Ph.D.

**Council Representative**

Alvin Alvarez, Ph.D.

**Board of Directors**

Richelle Concepcion  
Grace S. Kim, Ph.D.  
Kevin Nadal, Ph.D.  
Judy Y. Tan, M.A.  
(Student Rep.)

**Asian American Journal of  
Psychology Editor:**

Frederick T.L. Leong, Ph.D.

**Co-Editors-in-Chief**

Jane Yang, Ph.D.

Christine Zhou, Ph.D.

**Co-Editors**

Kathleen Young, Ph.D.

Chia-Wen (Winnie) Hsieh,  
Ph.D.

Cirleen DeBlaere, Ph.D.

Bai-Yin Chen, Ph.D.

Marleen Kawahara, Ph.D.

Hannah Nguyen, M.S.W

Darcy Ing, Ph.D.

Jacqueline Lee Tilley, B.A.

**Layout Team**

Romina Romero, M.P.H.

Xin Zhao, B.S.

**Columnists/Reporters**

Darcy Ing, Ph.D.

Zeb Lim, M.S.

**ASIAN AMERICAN  
PSYCHOLOGIST  
Advertising Policy**

Asian American Psychologist, the official newsletter of the Asian American Psychological Association (AAPA), is published 3 times yearly (Fall, Spring, Summer) and distributed to over 500 members of AAPA. For information on specific publication dates and advertising submission deadlines for upcoming issues, please contact the advertising editor. AAPA is a federally recognized non-profit organization.

**Advertising Rates and Typesetting**

Typical display advertising rates are based on column length (see below). Each advertising column is approximately 2 & 1/4 inches wide. There are 3 columns per newsletter page. The advertising rates are:  
3-inch column ad = \$60.00  
6-inch column ad = \$90.00  
9-inch column ad = \$120.00

Requests for alternative typesetting for an ad can most often be accommodated at no extra cost. The rate billed will be based on the page area covered that corresponds to the advertising rates shown above.

**Submission of Ads**

It is recommended that text-only ads be submitted via email MS Word format to the advertising editor (see below). If special graphics are desired to appear in the ad, submission of camera ready copy which conforms to the ad sizes described above is required. The name and complete mailing address of the person or institution to be billed must accompany the submission of the ad.

Submit ads by email to:

[christinez@cc.msu.edu](mailto:christinez@cc.msu.edu)

**Billing**

A billing statement will be sent after an ad is successfully submitted. It is the policy of AAPA that in the event there is a delay in the publication of the newsletter such that your application deadline is missed, you will not be charged or we will fully refund your payment. Payment must be a check or money order made payable to "AAPA" (we cannot process credit card payments).