

Welcome to Boston! We are pleased that you have joined us. Thanks to the hard work of our incredible program committee and contributions from our community partners (see below), we have assembled an exciting conference program that explores innovative approaches to helping individuals, families, and communities resist racism, ethnocentrism, and intersecting oppressions. In celebration of our convention theme, “Interdisciplinary Approaches to Resisting Ethnocentrism, Racism and Intersecting Oppressions: Practice, Research, Theory, and Community Interventions,” we are pleased to present a variety of special offerings, starting with our distinguished keynote panelists, Derald Wing Sue, Daniel Kanstroom, and Rajini Srikanth. Conference sessions address a range of topics including intersecting oppressions and resistance in women, South Asian, Muslim, and LGBT communities; evidence-based approaches to reducing ethnic disparities in mental health care; and transformative education and diversity in educational settings. For the first time this year, we have also partnered with Asian American artists to present an exhibit of original artwork by clinicians from the Cambridge Health Alliance and a film screening of “Never Perfect” by Korean American filmmaker Regina Park. We have also organized a range of networking opportunities throughout the day, including a special Leadership Breakfast, lunchtime social hours and business meetings, two promotional events for books edited by AAPA members, and our afternoon mentoring reception. Our annual awards banquet will be held this year at Hei La Moon, one of the finest restaurants in Chinatown (so bring your appetite!).

We hope that you enjoy these events and find many opportunities to reconnect with old friends, make new connections, and work to build bridges across our diverse communities.

*Doris F. Chang and Grace S. Kim
2009 Conference Co-Chairs*

Community Partners:

AAPA extends a special appreciation to our community partners, the University of Massachusetts Boston, the Asian Mental Health Clinic of Cambridge Health Alliance, South Cove Community Health Center, and the Asian Task Force Against Domestic Violence. UMass-Boston is our generous host of this year’s convention, supporting facility and media costs. In addition, we appreciate the administrative assistance provided by Linda Curreri and the Clinical Psychology Program at UMass Boston.

2008 AAPA Conference Committee

Conference Co-Chairs: Doris F. Chang & Grace S. Kim
Program Co-Chairs: Verna Fabella Hicks & Jocelyn Buhain
Session Co-Chairs: Joyce Chu & Jennie Park-Taylor
Poster Co-Chairs: Sara Cho Kim & Shihoko Hijioka
Banquet and Catering Co-Chairs: Sue Lambe & Catherine Bitney
Volunteer Co-Chairs: Patricia Lee & Matthew Lee
Booksale Co-Chairs: Stephanie Pituc & Minsun Lee
Mentor-Mentee Reception Coordinator: Arpana Gupta
Awards Committee: Frederick T.L. Leong (Chair), Davis Ying Ja, Vivian Ota Wang, Helen Hsu, & Arpana Inman
Registration Chairs: Vali Kahn & Jonathan Kaplan
Vice-President: Karen L. Suyemoto

Special Thanks to these individuals who helped make this day possible:

Program Reviewers: Muninder Kaur Ahluwalia, Junhong Cao, Janet Chang, Nadine Chang, Yi-Peng (Eve) Chang, Szuyeh Chen, Keum-Hyeong Choi, Wing Kit Kenneth Chung, Serena Corsini-Munt, E. J.R. David, Michi Fu, Modesto Hevia, George Hong, Que-Lam Huynh, Valerie Wai-Yee Jackson, Chu Kim-Prieto, Christian Kwan, Grace Ying Chi Lai, Elizabeth Lee, Wei-Chien Lee, Jamie Li, Kelly Yu-Hsin Liao, Hsiao-Jung (Iris) Lin, Graciete Tingsum Lo, William Masten, Jeff Mio, Anna Miyamori, Dung Ngo, Hong Ngo, Angela-MinhTu D. Nguyen, Simone Nguyen, Eliza Noh, Maria Eva Pangilinan, Yong S. Park, Anneliese Singh, John Tawa, Yuying V. Tsong, Tony Chi-Chang Wu, Ann Marie Yamada, Yun-Jy Yeh.

Poster Session Judges: Priscilla Dass Brailsford, Michi Fu, Richard M. Lee, Mikaru Lasher, Szu-Hui Lee, Jeanne Manese

Convention Volunteers:

Vaibhavee Agaskar, Amy Au, Karen Cone-Uemura, Phillip Dang, Stephanie Day, Frances Chow, MinJung Doh, Catie Draper, Arpita Ghosh, Shanta (Nishi) Kanukollu, Angela Kim, Kelly Koo, Alexandra Lam, Kimberly Langrehr, Noriel Lim, Jane Liu, Jacqueline Mac, Michael Jay Manalo, Anna Miyamori, Olivia Phan, Matthew Seto, Judy Tan, Nellie Tran, Wenxu Xu, Minji Yang

We are also grateful to the following publishers and individuals for their generous donations to the Book Drive to support student travel awards:

Amy Besa and Remy Dorotan, Jane Fong, David Goh, Josephine Lee, Jeff Mio, Frank Wu, Harry N. Abrams Books, Cambria Press, Coffee House Press, Creative Therapy Associates, Dover Publications, Guilford Press, Harper Collins, Houghton Mifflin, Kaya Press, New Rivers Press, Rutgers University Press, Sage Publications, Shen's Books, Sounds True, Teachers College Press, University of Hawai'i Press, University of Washington Press, Wisdom Publications.

We would especially like to thank Taylor and Francis for their generous sponsorship of the afternoon reception.

In addition, we would like to thank the AAPAEast Regional Group for spearheading a fundraising initiative to sell program ads, with proceeds benefiting the convention fund. Finally, we extend our heartfelt appreciation to Frances Shen for overseeing our website, including making multiple updates to the conference and newsletter pages that have kept us all so well-informed.

Introducing our Community Partners

University of Massachusetts, Boston

Committed to access to excellence in teaching, research, and service, and distinguished by its diverse student population, the University of Massachusetts Boston offers the academic resources of a comprehensive university and the learning environment of a small private college. The university also serves its city and state through scholarship in many areas of vital importance to economic development, public policy, and civic life. Seven UMass Boston colleges offer more than 100 undergraduate majors, minors, and programs of study, and nearly 60 graduate programs, including 13 at the doctoral level. Nearly 30 university institutes and centers pursue research and public service in such areas as public policy; gerontology; media; labor; women in politics; African American, Latino, and Asian American issues; and environmental concerns. To learn more about UMass Boston--the only public university in the Greater Boston area--visit www.umb.edu.

Clinical Psychology Doctoral Program at UMass Boston

The Ph.D. Program in Clinical Psychology is a "scientist-practitioner" program designed to train future academics, researchers and clinicians. The program prepares clinical psychologists who have an excellent foundation in psychological science and practice and are able to translate their basic knowledge into culturally/racially sensitive best practice applications to meet the needs of children, adolescents, and adults from diverse socio-cultural groups. The program's training model is bio-psycho-social in its scientific orientation, and places special emphasis on the process of development and the role of social-systemic variables in its understanding of human behavior. The course work highlights social and cultural approaches to normal and abnormal development, especially as they help to build an understanding of the perspectives of ethnic minority and low-income groups. A distinguishing feature of the program is its emphasis on recruiting and training students with a strong sense of social responsibility and the desire to work effectively with underserved populations. In 2001, the Program was awarded the APA Suinn Minority Achievement Award for its success in attracting, educating, and graduating significant numbers of ethnic minority graduate students, and for making cultural competence a central part of its curriculum. In 2007, it was ranked by Academic Analytics as one of the top 10 graduate programs in Clinical Psychology in the U.S. based on faculty productivity.

The Asian Mental Health Program, Cambridge Health Alliance

The Asian Mental Health Program (AMHP), previously known as the South Asian Mental Health Program, is part of the Cambridge Health Alliance (CHA) Department of Psychiatry and is affiliated with Harvard Medical School. Founded by Dr. Usha Tummala-Narra in 1998, the AMHP is the youngest cultural/linguistic mental health clinic at CHA. The AMHP is a community based service that provides care to people of Asian descent and other international, immigrant and refugee patients and groups. AMHP staff/trainees consist of bicultural and bilingual Asian clinicians that appreciate range of Asian backgrounds and experiences. Providers speak several Indian (e.g. Hindi, Bengali) and Chinese (e.g. Cantonese, Mandarin) dialects, Japanese and Vietnamese. Interpreters are available at no cost, whenever needs. Services include individual and group therapy with children, families and adults. Treatment may include psychotherapy, psychopharmacology and psychological evaluation and testing. All services respect both Western treatment and traditional Eastern healing practices. We also provide consultation and training to health providers, universities and other community groups. To make an appointment, get a referral or find out more information, please contact Kim Nghiem, PsyD at 617-591-6420 or call Central Intake at 617-591-6033.

South Cove Community Health Center

South Cove Community Health Center began as a grass roots organization by six physicians who recognized the inadequate provision of primary care services for local residents in Boston Chinatown due to language and cultural barriers. They were unsuccessful in obtaining federal funding so in 1972, using their own funds, they started a healthcare center to serve the Chinatown community. Thirty-five years later South Cove now serves more than 22,000 patients a year, has four sites around the Greater Boston area, and is one of few comprehensive health centers serving Asian-American communities. In 2000, South Cove participated in The Bridge Program, modeled after New York City's Chinatown Health Clinic, which sought to integrate primary and mental health care. The program trained primary care physicians to recognize symptoms of common mental health disorders and trained nurses to "bridge" the care with behavioral health by consulting with the patient about the importance of mental health care and helping them to make their first appointment. The Bridge Project was the first effort to screen for depression and significantly improved treatment accessibility and acceptability among the patients. Because South Cove's mission is to provide accessible and linguistically and culturally competent services, our behavioral health team is also committed to the training of practicum students and interns. We partner with several mainstream training programs such as Boston University Center for Multicultural Training in Psychology, Massachusetts School of Professional Psychology, Boston College, Northeastern University, Gordon Conwell Theological Seminary, and University of Massachusetts to train 2-3 students each year. For more information, please contact Catherine Vuky at cvuky@scchc.org.

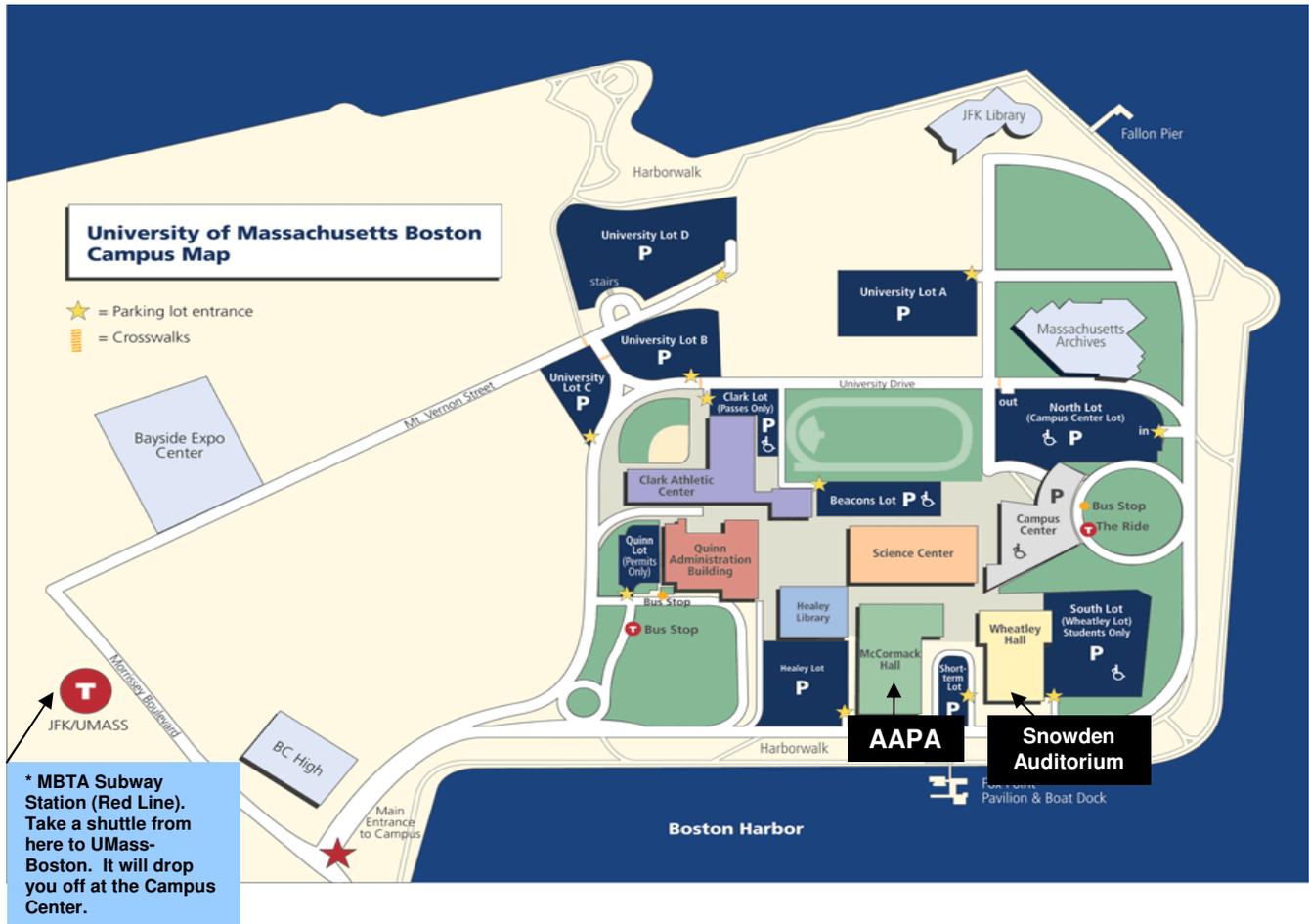
Asian Task Force Against Domestic Violence

Since 1994 the Task Force has operated New England's only multilingual emergency shelter & services for Asian victims of domestic violence and their children. With over forty distinct Asian languages and cultures represented in the greater Boston area, linguistically and culturally accessible resources are vital to our ability to provide outreach, education, prevention, and direct services to the many families in need in Asian communities. The mission of the Asian Task Force Against Domestic Violence, Inc. is to eliminate family violence and to strengthen Asian families and communities. ATASK accomplishes its mission through:

- Creating an environment of intolerance to domestic violence through community organizing, education, and outreach efforts in the diverse Asian and mainstream communities.
- Providing direct services to ensure the safety, stabilization and empowerment of battered Asian families.
- Forging collaboration with other organizations and individuals committed to ending domestic violence in Asian communities.
- Providing leadership and advocating for social and political change around issues of domestic violence and other issues that affect Asian families and communities.

Our 24-hour hotline number is 617.338.2355. For more information, please visit our website at www.atask.org.

**Map of University of Massachusetts Boston
100 Morrissey Blvd, Boston, MA 02125**



Program at a Glance

Wednesday August 13th, 2008

| | |
|------------------------------|---------------------|
| Registration | 7:00 am - 2:00 pm |
| Leadership Breakfast | 7:30 am - 8:30 am |
| Welcome & Keynote Panel | 8:45 am - 10:45 am |
| Session 1 | 11:00 am - 12:00 pm |
| Lunch & Networking | 12:15 - 1:15 pm |
| Session 2 | 1:30 - 2:30 pm |
| Session 3 | 2:45 - 3:45 pm |
| Poster Session | 4:00 - 5:00 pm |
| Mentor-Mentee Reception | 5:00 - 6:00 pm |
| Buses Depart for the Banquet | 6:00, 6:15 pm |
| Banquet Begins | 6:45 pm |

Thursday August 14th, 2008

| | |
|--|--|
| Tour of Chinatown and South Cove (For pre-registered guests only) | 10:00am-1:00pm. Meet at Boylston T-stop at 10:00am. Tour will end at South Cove followed by lunch on site. |
|--|--|

2008 Conference Schedule

Registration and Breakfast: 7:00am, McCormack Building, 1st Floor
AAPA Leadership Breakfast: 7:30-8:30am, Snowden Auditorium, Wheatley Building, 1st Floor

Do you have aspirations to be a leader within the field of psychology? Do you want to know more about how to contribute to social justice and Asian American psychology through organizational leadership? Would you like to be more involved in AAPA or APA but aren't sure how? Come join us for a lively breakfast meeting with the friendly and talented members of the AAPA Executive Committee. Learn about AAPA and APA governance structures, current initiatives, and how to get more involved in leadership. *Presenters: Alvin Alvarez, Karen Suyemoto, and other Members of the Executive Committee*

Book Sale for Student Scholarships: 8:00am-4:45pm
Ryan Lounge, McCormack Building, 3rd Floor

Get the latest books related to Asian Americans and multicultural psychology and support our student travel scholarships! Expanded book offerings this year include children's books, fiction titles, and other professional resources! **All proceeds benefit the Student Travel Fund.**

Stop by Ryan Lounge (McCormack Building, 3rd Floor)
and check out the following exhibits on display all day

Posters

Although the formal poster session and opportunity to speak with the presenters is from 4:00-5:00pm, the posters themselves will be on display all day! Take a moment to check them out!

Art Exhibit

Come enjoy works of art created by clinicians at the **Cambridge Health Alliance!** Explore the creative expressions about the complexity of social identities, culture & mental health, resilience, and strengths of diverse Asian American communities!

Welcome and Announcements: 8:45am
Keynote Address: 9:25-10:45am
Snowden Auditorium, Wheatley Building, 1st Floor

*“Interdisciplinary Approaches to Resisting Ethnocentrism,
Racism and Intersecting Oppressions:
Practice, Research, Theory, and Community Interventions”*

We are pleased to bring together a multidisciplinary panel of speakers who will discuss their personal and professional efforts to fight ethnocentrism, racism, and intersecting oppressions. Panelists **Derald Wing Sue, Daniel Kanstroom, and Rajini Srikanth** will offer various perspectives and approaches to social justice work, including studying racial microaggressions and promoting culturally competent practice working within the legal system to empower disenfranchised communities, and using literature and art to explore key issues and conflicts in the lives of Asian Americans.

- ❖ **Derald Wing Sue** is Professor of Psychology and Education in the Department of Counseling and Clinical Psychology at Teachers College and the School of Social Work, Columbia University. He was the Co-Founder and first President of the Asian American Psychological Association, and past president of the Society for the Psychological Study of Ethnic Minority Issues (Division 45) and the Society of Counseling Psychology (Division 17). He is the author of the critically acclaimed *Overcoming Our Racism: The Journey to Liberation* and numerous publications on multicultural counseling, psychology of racism and antiracism, cultural diversity, and cultural competence. Widely recognized for his work on the psychology of racism, Professor Sue was invited to address President Clinton's Race Advisory Board on the National Dialogue on Race and participated in a Congressional Briefing on the "Psychology of Racism and the Myth of the Color-Blind Society"
- ❖ **Daniel Kanstroom** is the Director of the International Human Rights Program and a law professor at Boston College Law School. Professor Kanstroom also directs the Boston College International Criminal Tribunal programs in The Hague and Sarajevo. He was the founder of the Boston College Immigration and Asylum clinic in which students represent indigent noncitizens and asylum-seekers. Together with his students, he has provided counsel for hundreds of clients, won dozens of immigration and asylum cases, authored *amicus* briefs for the U.S. Supreme Court in immigration and human rights cases, and argued major cases in many courts. Professor Kanstroom has published widely in the fields of U.S. immigration law, human rights, criminal law, and European citizenship and asylum law. His latest book is entitled *Deportation Nation: Outsiders in American History*.
- ❖ **Rajini Srikanth** is Associate Professor in the English department and Asian American Studies program at UMass Boston. She is also the director of the University Honors Program. Her teaching and research interests include examining the global impact of American culture and literature, the relationship between politics and literature, and ideas of nation, citizenship, and identity. Her most recent publications include the essay "When Empathy Disappears: The Disconnect between African American and Asian American Muslims" and the book *The World Next Door: South Asian American Literature and the Idea of America*. She is also Past President of the Association for Asian American Studies.

SESSION ONE: 11:00am - 12:00pm

| | |
|--|---|
| <p>M-1-206</p> <p>(McCormack, 1st Floor, Room 206)</p> <p>Interactive Session</p> | <p>Beyond Geishas and the Kama Sutra: AAPI Women and Sexuality, <i>Anneliese A. Singh (University of Georgia) & Arpana G. Inman (Lehigh University)</i></p> <p>The purpose of this interactive session is to call the field of Asian American studies and psychology to address the sexuality of Asian American and Pacific Islander (AAPI) women. The presenters will use a feminist analysis (Worell & Remer, 2003) to explore the impacts of colonization, patriarchal values, and immigration on sexuality in AAPI women's lives. The focus will be on identifying both challenges and opportunities for research methods seeking to explore AAPI women's sexuality. Through this exploration and analysis, the presenters will make recommendations for future research and practice on this topic.</p> |
| <p>M-1-208</p> <p>INVITED SESSION</p> | <p>South Cove Community Health Center: Serving the Greater Boston Asian Community since 1972, <i>Le Ngu, Catherine Vuky, & Szu-Hui Lee (South Cove Community Health Center)</i></p> <p>This presentation will 1) provide a brief overview of South Cove's history and the current state of South Cove, 2) illustrate some of the challenges faced by South Cove's Behavioral Health Department as it serves a community which holds illness beliefs that are very different than mainstream American conceptions of illness and treatment, 3) discuss how South Cove has addressed some of these challenges, and 4) talk about some future directions for South Cove. Participants will learn about our successful implementation of the Bridge Program, which trains (a) primary care physicians to recognize symptoms of common mental health disorders and (b) nurses to emphasize the importance of mental health care and facilitate referrals and appointments with the behavioral health department. In addition, presenters will present empirical data from the Culturally Sensitive Collaborative Treatment project, an intervention designed to improve recognition, acceptability, and adherence to treatments for depression.</p> |

SESSION ONE: 11:00am-12:00pm (Cont'd.)

| | |
|--|--|
| <p>M-2-206 Interactive Session</p> | <p>Experiences of Racism: Variations within South Asian Communities, <i>Mrinalini Rao (University of Illinois, Urbana-Champaign) & Dhara Thakar (University of Massachusetts Amherst)</i></p> <p>South Asians experience racism and discrimination in a way that is unique among ethnic minority populations (Bhatia, 2007). This session will explore (a) racism as it is experienced by and within the South Asian community in the United States; (b) the role played by variables including country/region of origin, racial identity development, religion, generational status, and gender; and, (c) the resultant coping strategies employed within the community. This interactive workshop will feature an overview of the extant literature and theory regarding the South Asian experience of racism, followed by an in-depth discussion with relevance to researchers, practitioners, and educators alike.</p> |
| <p>M-2-214 INVITED SESSION</p> | <p>Using Reflection as a tool for Training and Clinical Best Practices: A Live Demonstration by the Asian Mental Health Team, Cambridge Health Alliance, <i>Kim Nghiem, Sukanya Ray, Kumiko Ide, I-Wen Chan, Shamaila Khan, Uma Dam, & Michael Chalfin (Asian Mental Health Team, Cambridge Health Alliance, Harvard Medical School)</i></p> <p>Maintaining effective clinical practices in a public teaching hospital setting continues to be a rich yet challenging experience for providers as it demands ongoing collaboration with multiple communities/systems that range in purpose, visibility, resources, and cultural awareness. This presentation will include: 1) a brief description of how we have integrated <i>Reflection</i> used in family therapy training/practice and qualitative research, 2) rationale for implementing <i>Reflection</i> in weekly Team Meeting, 3) a live demonstration of team meeting, 4) discussion with audience.</p> |
| <p>M-2-423 Symposium</p> | <p>Multiculturalism in Educational Settings: Understanding Outcomes for Ethnic Minority Youth and Implementing Diversity Initiatives</p> <ul style="list-style-type: none"> ▪ Multiculturalism and Subjective Happiness as Mediated by Cultural and Relational Variables, <i>Thao Le (Colorado State University) & Mary Lai</i> ▪ The Impact of Multiculturalism on Academic Achievement among Asian American and Hispanic Youth, <i>Janet Chang (Trinity College) & Thao Le (Colorado State University)</i> ▪ Diversity Committee: Addressing Racism, Ethnocentrism, and Intersecting Oppressions through Student-Led Programmatic Structural Initiatives, <i>Susan Lambe, Leandra Godoy, Urmi Chakrabarti, Shannon Erisman, Patricia Lee, Kathleen Sullivan, Jesse Tauriac, John Tawa, Lizabeth Roemer, & Karen L. Suyemoto (University of Massachusetts Boston)</i> <p>This symposium focuses on multiculturalism in educational settings, shedding light on how multiculturalism informs our understanding of outcomes for ethnic minority youth and the implementation of diversity initiatives in the training and practice of psychologists. The first presentation examines the role of cultural and relational factors in accounting for the influence of multiculturalism on subjective happiness. The second presentation investigates the relationship between multiculturalism and academic achievement among Asian American and Hispanic youth, including potential mediators. The third presentation provides a model for and the results of implementing diversity initiatives in a psychology graduate program. Implications for psychologists, educators, and ethnic minority communities are discussed.</p> |

Lunch & Networking: 12:15-1:15pm
Ryan Lounge (McCormack Building, 3rd Floor)

In response to member feedback requesting more opportunities to network, connect, and discuss common interests and experiences, we are hosting lunch time social hours for our three Divisions, three Task Forces, and two additional work groups. Everyone is welcome! **If you have paid in advance for lunch, you may pick it up in the RYAN LOUNGE before proceeding on to the meeting room listed below. Catering provided by Ba Le.**

| | |
|-------------|--|
| Ryan Lounge | Division on Women (DoW): DoW Business Meeting and Officer Elections: We extend a warm invitation to all DoW members, and those interested in joining us for our lunch and business meeting. During this time, we will elect officers for the 2008-2010 term. We look forward to reconnecting with all of you. |
| Ryan Lounge | Division on South Asian Americans (DoSAA): Please join the Division on South Asian Americans for a Lunch Meet and Greet from 12:15-1:15 during AAPA Convention. You will have a chance to learn about AAPA's newest division, meet the executive committee and participate in a dialogue about South Asian mental health issues. All DoSAA members and interested members are invited to attend. |
| M-2-423 | Division on Students: Come join DoS Executive Committee members as we recap the tasks accomplished in the past two years. Current Student representative Arpana "Annie" Gupta and DoS Chair Yong Park will present and describe the various projects taken on by DoS. Come help us acknowledge the outgoing EC members and wish the incoming EC members well as we pass on the torch. In addition, incoming DoS chairs Judy Tan and Michelle Wang will talk about their initiatives for the new term and discuss how students can get more involved within DoS and AAPA. |
| M-1-206 | Research Methods Work Group: representing interests in qualitative and quantitative research methods for exploring race and culture generally and issues related to Asian American populations, methodological challenges, measures, issues in operationalization and defining variables. |
| M-1-208 | Task Force for Early Career Professionals: representing interests of early career professionals working in various contexts, including higher education, Student Affairs, and University/College Counseling. |
| M-2-116 | Child/Adolescent Work Group: representing interests in Asian American and racial minority children, adolescent and family issues and experiences; research, practice, and policy issues with children and adolescents. |
| M-2-206 | Task Force on Practice: If you are a practitioner, this business meeting is for you! We would like to hear your ideas on accomplishing some of our goals that include: developing a Clinician Referral and Consultation section on the AAPA website, developing a referral resource of AAPA clinicians and their specialties that are accessible to all AAPA members, formulating clinician network through AAPA conference, writing practice-oriented articles for the AAPA newsletter, learning how we can collaborate to serve underserved Asian American communities, and clinical training and mentoring of students/early career psychologists who are interested in a practice career. |
| M-2-214 | Task Force on Social Justice & Advocacy: representing interests in community advocacy, public policy, and social justice oriented research, practice & teaching issues. |

SESSION TWO: 1:30-2:30pm

| | |
|--|---|
| <p>M-1-206 Symposium</p> | <p>Racism and its Psychological Correlates among Asian Americans and their Ethnic Communities</p> <ul style="list-style-type: none"> ▪ Preliminary Report on a New Measure: Internalization of Model Minority Myths and its Psychological Correlates, <i>Hyung Yoo (Arizona State University)</i> ▪ Chinese Americans and Racism: The Mediation Role of Racial Identity, <i>Alvin Alvarez (San Francisco State University)</i> ▪ Relationship between racism related stress and coping among Asian Indians in the U.S., <i>Usha Tummala-Narra, Arpana Inman (Lehigh University) & Sarini Ettigi</i> <p>This session examines how cultural contexts shape unique experiences and internalization processes of racism among Asian Americans as a group, as well as within specific Asian ethnic groups. The first presentation reviews a new measure of the Internalization of Model Minority Myths and its psychological correlates among Asian American college students. The second presentation examines the mediational role of racial identity in the link between perceived racism and psychological distress among a community sample of Chinese Americans. The final presentation focuses on unique forms of racism experienced, coping process, and its relations to self-esteem among Asian Indians using a mixed method approach.</p> |
| <p>M-1-208 INVITED SESSION</p> | <p>INVITED SESSION: Asian Immigrant Survivors of Domestic Violence: Barriers, Services, and Education, <i>Lucile Persing & Qingjian Shi (Asian Task Force Against Domestic Violence)</i></p> <p>This interactive session has 3 main components. First, we address the complexity of intervention in immigrant communities and emphasize the importance of viewing intimate partner violence (IPV) in the context of misogyny, male dominance, racism, patriarchy, homophobia and the objectification of women. Second, we discuss cultural considerations doing IPV work in Asian communities. Finally, we explore the social norms and systems that perpetuate IPV in Asian immigrant communities and present barriers to service delivery.</p> |
| <p>M-2-206 Interactive Session</p> | <p>Intersecting Oppressed Identities of LGBTQ Asian Americans: Implications for Mental Health Practice, <i>Kevin Nadal (John Jay College of Criminal Justice), Melissa Corpus & David Rivera (Teachers College, Columbia University)</i></p> <p>Most studies on LGBTQ individuals tend to assume a “universal experience” without recognizing the influences of race and culture on one’s experiences. This interactive session focuses on the experiences of LGBTQ-identified Asian Americans, discussing how race and cultural values may impact their coming out processes, identity development, community involvement, and/or experiences in mental health treatment. Utilizing both experiential and didactic techniques, culturally-sensitive counseling techniques will be discussed in hopes of promoting positive mental health for this population.</p> |
| <p>M-2-214 Interactive Session</p> | <p>Transformative Education as a Means of Resisting Oppression: Integrating Asian American Studies and Psychology Curricular and Pedagogical Strategies, <i>John Tawa, Stephanie C. Day (University of Massachusetts Boston), Grace S. Kim (Wheelock College), Julie M. AhnAllen (Boston College), Karen L. Suyemoto, Phuong T. Nguyen, & Susan A. Lambe (University of Massachusetts Boston)</i></p> <p>Asian American Studies (AAS) has historically centralized Transformative Education (TE), empowering students to become active agents in challenging social structural racism. In this interactive session, we begin by highlighting the major goals of TE. As faculty/instructors in Psychology with strong connections to AAS, we discuss teaching strategies for meeting these goals in the context of 4 psychology courses (Introduction to Psychology, Infancy and Child Development, Adolescence, and Asian American Psychology). The integration of curricular and pedagogical strategies from both AAS and Psychology (traditional and multicultural) has much to offer for meeting the goals of TE.</p> |

SESSION TWO: 1:30-2:30pm (Cont'd.)

| | |
|--|---|
| <p>M-2-423 Symposium</p> | <p>Musings from Senior Scholars: Some Promising Directions in Asian American Psychology</p> <ul style="list-style-type: none"> ▪ Senior Moment 1: Are Asian Americans a Legitimate Minority Group?: Lessons Learned from the Legal System, <i>Stanley Sue (University of California at Davis)</i> ▪ Senior Moment 2: Promising Directions in the Study of Culture and Genetics, <i>Gordon Hall (University of Oregon)</i> ▪ Senior Moment 3: Promising Directions in Culturally Informed Evidence Based Practices, <i>Nolan Zane (University of California at Davis)</i> <p>In the last few decades, research on the psychosocial issues of Asian Americans has proliferated and made substantial advances in terms of theory, methodology, and societal impact. In the spirit of continuing this upward empirical trajectory, senior scholars from the Asian American Center on Disparities Research identify some areas of relatively new research and share their perspectives on some promising strategies that can catalyze empirical work in these domains. In particular, the presenters will discuss these strategies as they relate to three topical areas that historically have not been the focus of cultural diversity studies: Forensics, genomics, and evidence-based psychological practices.</p> |
|--|---|

SESSION THREE: 2:45-3:45pm

| | |
|--|--|
| <p>M-1-206 Symposium</p> | <p>Oppression and Resistance: The Experience of Sikhs and Muslims</p> <ul style="list-style-type: none"> ▪ Sikh Americans after 9/11: Research, Community, and Counseling, <i>Muninder Ahluwalia (Montclair State University) & Laura Pellettiere (Teaneck High School)</i> ▪ Muslim Americans Post-9/11: Discrimination and Counseling Implications, <i>Noreen Zaman</i> <p>After the attacks on September 11, 2001, the media displayed images of suspected terrorists -- people with "Islamic-sounding" names, those who "appear" Muslim, and men who wore turbans. There was an immediate backlash against particular groups in the U.S. in the form of racial and religious profiling, stereotyping, discrimination, racial slurs, and violence. This symposium will include presentations on two Asian religious communities, Sikh and Muslim, who have been most affected. Drawing from personal experiences, research findings, and community interventions, these presentations will include an overview of each religious community, the experiences of these communities, coping mechanisms, and "best practices" to work with these groups.</p> |
| <p>M-2-116 INVITED SESSION</p> | <p>Trauma, Healing, and Transformation: Students/Communities and Refugees/Veterans in Asian American Studies Classrooms, <i>Peter Nien-chu Kiang (Professor of Education and Director, Asian American Studies Program, UMass Boston)</i></p> <p>Based on more than two decades of research and reflection, this multimedia presentation illustrates how circles of connection related to trauma/healing among and between Vietnam veterans and Southeast Asian refugees have contributed directly to the development of Asian American Studies pedagogical praxis, and how those models have been adapted further to address the current realities of new generations of refugees and veterans in Asian American Studies classrooms. Images and voices from students are presented along with research on race-related PTSD and lessons from developing community-centered contexts for Asian American Studies teaching/learning.</p> |

SESSION THREE: 2:45-3:45pm (Cont'd.)

| | |
|--|---|
| <p>M-1-208</p> <p>INVITED SESSION</p> | <p>AAPA Dissertation Award Symposium</p> <ul style="list-style-type: none"> ▪ <i>Kenneth T. Wong (University of Illinois at Urbana-Champaign), Award Winner—Perfectionism, Depression, and Self-esteem: A comparison of Asian and Caucasian Americans from a Collectivistic Perspective</i> ▪ <i>Cindy Liu (University of Oregon & Harvard Medical School), Honorable Mention—Emotional Development: The Role of Ethnicity and Culture on Experience, Expressivity, and Socialization</i> ▪ <i>Arpana Inman (Lehigh University), Chair/Discussant</i> |
| <p>M-2-206</p> <p>Interactive Session</p> | <p>Exploring Ethnic Identity from the Start: Therapeutic Challenges and Strategies, Dhara Thakar & Mamta Dadlani (University of Massachusetts Amherst)</p> <p>The beginning of therapy is an opportune moment to understand how race and ethnicity influence clients' daily lives and to identify interventions relevant to clients' ethnic identities. This session offers techniques to account for differing stages of racial/ethnic identity when addressing racism, stereotypes, and oppression among clients of color. Facilitators will also discuss difficulties related to race and ethnicity that are frequently encountered by students of color. Attendees will participate in role plays to practice techniques including validating clients' experiences of racism, reflecting clients' ambivalence surrounding racial/ethnic identification, and using self-disclosure as a tool to enhance the therapeutic alliance.</p> |
| <p>M-2-214</p> <p>Symposium</p> | <p>Addressing Mental Health Disparities: Three Culturally-Adapted Empirical Treatment Models for Asian American Groups</p> <ul style="list-style-type: none"> ▪ <i>Three Strategies for the Cultural Adaptation of Parent Management Training for Asian American Immigrant Families, Anna Lau (University of California – Los Angeles)</i> ▪ <i>Top-down and Bottom-up Approaches to Culturally Adapting Therapy for Asian Americans, Wei-Chin Hwang (Claremont McKenna College)</i> ▪ <i>Countering Internalized Stigma among Chinese Immigrants with Schizophrenia: Culturally-Adapted Strategies for Successful Community Reintegration, Lawrence Yang (Columbia University)</i> ▪ <i>Nolan Zane (University of California at Davis), Discussant</i> <p>Mental health disparities among Asian Americans exist in part due to systemic biases embedded in the U.S. healthcare system and reflected by a lack of culturally competent treatments. To better address this disparity, this symposium presents three NIH-sponsored, culturally-adapted empirically based mental health interventions for three distinct Asian American groups. The first presentation describes a pilot trial of parent management training for reducing risk of abusive parenting and child conduct problems among high-risk immigrant Chinese families. The second presentation illustrates a clinical trial to test the efficacy of culturally-adapted cognitive-behavioral therapy (CBT) vs. standard CBT for Chinese-Americans in community mental health settings. The third presentation describes an intervention to counter internalized stigma among Chinese immigrants with schizophrenia by targeting specific stigmatizing cognitions via CBT and implementing family-based psychoeducational sessions to counter within-family stigma. Our discussant will integrate the various approaches and discuss generalizable principles in implementing culturally-adapted interventions for Asian Americans.</p> |
| <p>M-2-423</p> <p>INVITED SESSION</p> <p><i>Note: This session runs from 2:45-4:30</i></p> | <p>Screening and Discussion of “Never Perfect” (2007), a film by Regina Park, presented by Christine C. Iijima Hall (Maricopa Community College District), Discussant/Moderator</p> <p>NEVER PERFECT is a feature-length documentary that explores the popularity of cosmetic surgery, and the historical, cultural and social issues that influence body image and self-perception. The film depicts the journey of a young Vietnamese-American woman's struggle with popular perceptions of beauty and body image as she fights the stigma of racial self-hatred in her decision to undergo double-eyelid cosmetic surgery.</p> |

POSTER SESSION: 4:00-5:00pm
Ryan Lounge, McCormack Building, 3rd Floor

**Announcement of Student Travel Award Winners &
Author Reception for**

Feminist Reflections in Growth and Transformation: Asian American Women in Therapy (2007) &
Asian American Psychology: Current Perspectives (2008)

In this new effort to support the achievements and publicize the work of our members, we are pleased to provide an opportunity to meet the editor and contributors to the recently published edited volume, ***Feminist Reflections on Growth and Transformation: Asian American Women in Therapy***. The volume was edited by AAPA member Debra M. Kawahara and Oliva M. Espin. Contributors to the volume include AAPA members Karen L. Suyemoto, Jean Lau Chin, Neesha Patel, Julia Ting, Wei-Chin Hwang, Neha Navsaria, Kayako Yokoyama, Yuli Liu, Yuying Tsong, and Diane Hayashino. Stop by the poster session for a chance to meet some of the authors, purchase your own copy of the book, and get it signed. We thank the editor for her generous donation of two copies of the book to our Book Drive to support student scholarships.

We are also excited to announce the September publication release of ***Asian American Psychology: Current Perspectives***, edited by Incoming Vice President Nita Tewari and Past President Alvin Alvarez. Contributors to this 30-chapter introductory textbook include many AAPA members, early career, mid career and expert scholars in the field for this 30-chapter book. Come and check out an advance copy and order your copy today. We thank the publisher Taylor and Francis for their donation in support of the afternoon reception.

Poster Presentations

- Acculturation, Coping Style, and Psychological Distress for East Asian Americans (*Jieun Lee*)
- Analysis of Media Depictions of the Virginia Tech and the Columbine School Shootings: Ethnic and Racial Effects (*Katherine Lam, Kathleen Sia, & Lawrence Yang*)
- Asian Americans in Counseling: A Comparison with Other American Students (*Kenneth Wang, Nima Patel, & Megan Mustafoff*)
- Attitudes Toward Seeking Mental Health Services – The Parent-Child Connection (*Nicole Ketrosor*)
- Beliefs of Efficacy: Traditional Chinese Medicine and Concepts of Illness (*Serena Corsini-Munt, Farah Khan, & Lawrence Yang*)
- Bridging Disparities in the Mental Health System: Understanding Chinese Americans' Explanatory Models of Schizophrenia (*Graciete Lo, Hong Ngo, Eve Chang, Yu-wen Chou, & Lawrence H. Yang, Rachel Z. Han*)
- Bridging the Divide between Primary Care and Specialty Mental Health for Chinese American Patients (*Wendy Cheng, Janice Tsoh, Linda Shiue, Chi Nguyen & Shazia Bashiruddin*)
- A Colonial Mentality Model of Depression for Filipino Americans (*E.J.R. David*)
- Effects of Positive Stereotypes on Math Performance among Chinese Americans (*Carmel Gabriel, Oanh Meyer, Manveen Dhindsa, & Nolan Zane*)
- Eugenics, Genetics, and Mental Illness Stigma in Chinese Americans (*Ahtoy WonPat-Borja, Farah Khan, & Lawrence Yang*)
- Examining Stigma-Related Emotions among Chinese Immigrants with Schizophrenia (*Grace Y. Lai, Valerie Jackson, Hsiao-Jung Lin, Szuyeh Chen, Yu-wen Chou, & Jonathan Lam*)
- Factors Relating to Adoptive Parents' Racial Preparation of their Asian Adopted Children (*Kimberly Langrehr & Arpita Ghosh*)
- Family Stories of Japanese American Internment: Intergenerational and Relational Processes of Trauma, Resilience and Healing (*Amy Tuttle*)
- Indigenous Labels of Mental Illness in Chinese Groups: Social Response to *Xiao Xin Yan* (Narrow-mindedness) and Mental Illness (*Kenneth Chung, Jamie Li, Graciete Lo, Kathleen J. Sia, & Katherine Lam*)
- The Integrated Minority Stress Model: A Theoretical Framework for the Study of Asian Americans' Suicidal Behavior (*Joel Wong & Peiwei Li*)
- Invisible in Plain View: Japanese American Women's Conception of Well Being (*Karen Cone-Uemura*)
- Koreans' Belief and Suppression in Emotional Expression and Psychological Health (*Haeyeon Choi*)
- A Peer Education Program for Suicide Prevention Among Asian American College Students (*Christy Barongan*)
- Perceived Racial Discrimination and Mental Health among Asian Americans and Latinos (*Julia Ting, Wei-Chin Hwang, & Sharon Goto*)

- Perception of Religious Beliefs and Ethnocentrism as Correlates of Personal Development among Young Indians in a Changing Society (*Omer Sayeed & S. Jadhav*)
- Predicting Helping Behavior from Whites Witnessing Racism Against Asian Americans (*Brittany Branand, Ruofel Xiang, Phillip Akutsu, & Laura Girz*)
- Predictors of Asian Americans' Suicidal Behavior: A National Epidemiological Study (*Soo Yun Uhm & Joel Wong*)
- Problem Gambling Rates and Risk Factors: Ethnic Comparisons between Universities (*Alan Chan, Nolan Zane, & Anne Saw*)
- Problem-Solving Effectiveness Predicting Decreased Depression Comparing Asian Americans to Caucasians (*Andrea Che & Joyce Chu*)
- "Restoring" Face: Examples of Successful Adaptation within Asian Communities (*Szuyeh Chen, Eve Chang, Hsiao-Jung Lin, & Anna Miyamori*)
- Salience of Parental Sacrifice among Asian and White Americans (*Jacqueline Mac & Anne Saw*)
- Self-Perceptions and Acculturation: Experiences of Newly Arrived Chinese Immigrants (*Yao Wang & Paula Pietromonaco*)
- Survival in the U.S. as Korean International and Korean American Students: Qualitative Approach (*Kyung-hyun Kwon*)
- The Influence of SES on Filipino Americans' Experience of Racism and Psychological Distress (*Avisha Chugani, Alvin Alvarez, Rico Gelera, & David Woo*)
- The Invisibility Phenomenon: Behaviors & Experiences of Being Rendered Invisible (*Judy Tan & Felicia Pratto*)
- The Relationship of Acculturation, Rape Myth Acceptance, and Attitudes toward Rape Victims among Asian American College Students in Southern California (*Loanie Huynh*)
- Therapists' Perspectives on Asian American Mental Health: A Qualitative Analysis (*Vaibhavee Agaskar, Sherri Oden, & Durriya Meer*)
- Understanding the Counseling Needs of Hmong Students in Rural Georgia (*Michael Jay Manalo*)
- Understanding the Educational Experiences of Asian American College Students (*Linda Aroonsavath, Desiree Cabinte, & Alberta Gloria*)

MENTORING RECEPTION: 5:00-6:00pm
Ryan Lounge, McCormack Building, 3rd Floor

A great way for students and early career psychologists to find and connect with mentors is to attend the AAPA Mentoring Reception! Our purpose is to connect Asian American students or young professionals with more established faculty or mental health professionals. Students and professionals are matched according to similar areas of interest, and enjoy an afternoon coffee/tea social hour together. This year's event will be a semi-structured social hour format. Mentors will be stationed at tables designated with a professional development topic. Mentees and mentors are free to mingle from table to table. This format is aimed to better meet the multifaceted interests of our members and provide opportunity for self-initiated matching.

AWARDS BANQUET: 6:45-11:00pm
Hei La Moon Restaurant

The banquet will be held at Hei La Moon, one of Chinatown's top restaurants. The restaurant is located at 88 Beach Street, about a 20-25 minute drive from UMass Boston. One-way shuttle service will be provided from the convention beginning at 5:45pm.

Shuttle Schedule

5:45pm Buses arrive at UMass Boston
 6:00pm First bus departs for the restaurant
 6:15pm Remaining buses departs for the restaurant

(see next page for Driving Directions)

Driving Directions from UMass Boston to Hei La Moon

Start out going NORTHWEST on Morrissey Blvd. Keep RIGHT at the fork to continue on Morrissey Blvd., which becomes William J Day Blvd. Make a SHARP LEFT to stay on William J Day Blvd. Enter next roundabout. Stay STRAIGHT to go onto Columbia Rd. Merge onto I-93 N/ US-1N/ MA-3N/ Southeast Expy towards Boston. Take EXIT 20 towards I-90/Logan Airport/Worcester/S. Station. Take the exit towards I-90 West/ Worcester/S. Station. Take the exit on the LEFT toward South Station/Chinatown. Stay STRAIGHT to go onto Lincoln St. Turn LEFT onto Beach St. End at **88 Beach Street—Hei La Moon**

THURSDAY, AUGUST 14, 10:00am – 1:00pm Tour of CHINATOWN & SOUTHCOTE COMMUNITY HEALTH CENTER

NOTE: This tour is limited to pre-registered guests only.

Welcome to Boston's Chinatown!

The only historically Chinese area in New England, Chinatown, Boston is located in downtown Boston, Massachusetts. Centered on Beach Street, the neighborhood borders Boston Common, Downtown Crossing, the South End, and the Southwest Expressway/Massachusetts Turnpike. This area was first settled by White Anglo-Saxon Protestants. After residential properties in this area became less desirable due to railway developments, it was settled by a mixed succession of Irish, Jewish, Italian, Syrian, and Chinese immigrants. Each group replaced the previous one to take advantage of low-cost housing and job opportunities in the area.

Come join us on a tour of Chinatown where we will visit historical sites, such as the first school in America to have individually graded classrooms, a Chinese tea balcony, and the landing site of a slave ship, to name a few.

The tour will begin from the Boylston T-stop at the intersection of Tremont and Boylston Streets at the edge of the Boston Common. We will end the tour at South Cove Community Health Center where lunch will be served.

DO YOU HAVE A NEW BOOK ON ASIAN AMERICANS THAT YOU WOULD LIKE TO PROMOTE AT NEXT YEAR'S AAPA CONVENTION?

AAPA Members who have published books in the year prior to the convention (Aug 1, 2008- Aug 1, 2009) that are primarily on Asian Americans or Asian American psychology are invited to have their contributions featured at the convention. This is a great way to promote your book, offer discounts to conference participants, and help raise funds for student scholarships, all at the same time!

For further inquiries, please contact 2009 Conference Co-Chair Grace S. Kim at grace_kim1@yahoo.com or gkim@wheelock.edu.

AAPAEast Social Event

aapaeast is the northern east coast regional group of aapa, made up of groups in the boston and new york city areas.

please come join other aapaeast members for good food and conversation. come share what's been going on in your area. newcomers and students are welcome and encouraged to attend. this is a great way to meet other asian american psychologists in your local area!

date: thursday, august 14

time: 7pm

place: tba

contact: julie ahnallen at 617-230-3938 or miki lasher at 860-810-9880.

ANYONE CAN GET HIV



The
Banyan Tree Project™
Rooted in Acceptance

Fighting HIV in Asian Communities

The Banyan Tree Project is a national campaign to stop HIV/AIDS-related stigma in Asian, South Asian, and Pacific Islander communities.

GET INVOLVED TODAY!

- Learn how HIV/AIDS affects you, your family and your community
- Sign the Banyan Tree Pledge (available online),
- Get a FREE HIV test at MAP or your local health clinic

Call 1-866-5BANYAN x207 or visit www.banyantreeproject.org



INSTITUTE
— for —
A S I A N
—
A M E R I C A N
—
S T U D I E S

• *research & policy analysis* • *community resources* • *campus programs & events*

UNIVERSITY OF MASSACHUSETTS BOSTON

100 Morrissey Boulevard, Boston, MA 02125-3393

Tel 617/287-5650 • Fax 617/287-5656

www.iaas.umb.edu • asianaminst@umb.edu