

**AAPA**



# Asian American Psychological Association

## 2015 AAPA ANNUAL CONVENTION

Victoria University in the University of Toronto • Ontario, Canada  
August 5, 2015

CONVENTION THEME:

# **PERSPECTIVES ACROSS THE LIFESPAN**

## TOWARD A MORE HOLISTIC UNDERSTANDING OF ASIAN AMERICAN PSYCHOLOGY

President  
Sumie Okazaki

Vice President  
Helen Hsu

Conference Co-Chairs  
Monique Shah Kulkarni & Noriel Lim



# Welcome to the 2015 AAPA Convention in Toronto!

Dear AAPA Members, Allies, and Friends,

It is my pleasure to welcome you to the 2015 AAPA Convention in beautiful Toronto. Our theme “Perspectives Across the Lifespan: Toward a More Holistic Understanding of Asian American Psychology” encompasses a mindset of research and practice that includes the lifespan development expertise and breadth of skills our members represent.

As a member of AAPA since I was graduate student, I have been constantly amazed by the evolution of our membership. The creativity and advocacy demonstrated by you, our members, in addition to your academic, clinical, and community roles is the embodiment of what AAPI’s contribute to Psychology. At a time when Psychology is exhibiting growing pains in adapting to be of ethical and competent service to a multi-cultural, aging, and increasingly complex society – the knowledge of AAPA members is more valuable than ever.

AAPA benefits from the richness of your experiences. Leadership is responsive to your ideas and concerns. I encourage you to speak with any of us from the executive committee, and I encourage you to participate actively in conference sessions. We want to hear about your work and lived experiences as an AAPI student/psychologist/ally.

Finally, please take a moment if you see our convention co-chairs Monique Shah Kulkarni and Noriel Lim to thank them for their dedication and tireless efforts to organize this opportunity for us to share scholarship, support, practice and vision.

Thank you so much for being a part of our holistic understanding today of Asian American Psychology.

Helen Hsu, Psy.D.  
*AAPA Vice President*

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## **A Message from the 2015 AAPA Convention Co-Chairs**

Greetings!

On behalf of the 2014-2015 AAPA Convention Committee, welcome to Toronto! We are excited to host this year’s convention in one of the most ethnically diverse cities in the world! We hope you take advantage of your time in Toronto to network, learn, collaborate, and dialogue with your fellow AAPA colleagues.

Our theme this year, “Perspectives Across the Lifespan: Toward a More Holistic Understanding of Asian American Psychology,” aims to get a more accurate and nuanced view of the Asian American experience by highlighting the complexity and diversity of experiences across age and life stages. Throughout the day, our program will emphasize the role of a lifespan perspective in clinical and community work, and innovative approaches in working with AAPI individuals from various age groups. Our day will commence with a keynote panel, drawn from AAPA’s own ranks, of Drs. Su-Yeong Kim, Linda Juang, Anna Lau, and DJ Ida. Our panelists will share their expertise on a number of topics relevant to Asian American psychology, such as child and adolescent development, parenting, ethnic identity, adjustment to life transitions, mental health and treatment, policy, advocacy and community engagement, and program development.

As we move through the day you will find great diversity in the work of AAPA’s members and colleagues. We put together a number of excellent presentations and an expansive poster session showcasing cutting-edge research.

Be sure to join in on networking opportunities, including one of several lunchtime discussion groups and the mentor-mentee reception, as well as our afternoon reception and poster session. We hope you join us as we bring the day to a close with the annual AAPA evening banquet hosted at the Pearl Harbourfront Chinese Cuisine. The family-style dining experience will provide a great opportunity to solidify new relationships or reconnect with old friends!

Don't forget to connect your social networks to this year's programming. Follow @AAPAonline on Twitter and tweet #aapa2015 to let your friends and family know what you're excited about at this year's convention! Plus, be sure to "Like" Asian American Psychological Association on Facebook, where you can view live status updates and follow convention photos.

Lastly, we want to send out a huge thank you to our fantastic Convention Committee. Without their energy and many months of work, this event would not be possible! Their badges are marked with a special ribbon so please take a moment thank them when you see them. Again, thank you for joining us and we hope you have an enjoyable, enlightening, inspiring, and energizing experience at this year's Convention!

Monique Shah Kulkarni and Noriel Lim  
2015 AAPA Convention Co-Chairs

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## Convention Day Details

**VICTORIA UNIVERSITY IN THE UNIVERSITY OF TORONTO**  
73 Queens Park Crescent E, Toronto, ON M5S 1K7, Canada



### ***From Toronto Pearson International Airport:***

If you are traveling by plane and flying directly into Toronto Pearson International Airport, you can reach the campus by taxi, which will cost approximately \$70-\$90. You can also reach campus by taking the Bus 192 Airport Rocket (South). Get off at Kipling Station. Then take the subway Line 2 (Bloor-Danforth). Exit at Bay Station – Eastbound platform. Head west on Critchley Lane, then turn left toward Bloor St W. Turn right onto Bloor St W, then turn left onto Sultan St. Turn right toward Queens Park Crescent E.

### ***By Train:***

If you are traveling by train, you will arrive at Union Station where you have two options to continue. You can take a taxi for approximately \$13-\$20 or you can take the Subway line 1 (towards Yonge- University) at Union Station – Northbound platform. Get off at Museum Station – Northbound platform. Head west toward Queens Park, then turn left onto Queens Park, and make a sharp right onto Queens Park Crescent E.

### ***By Car:***

Please route with GPS using the following address: 73 Queens Park Crescent E , Toronto, ON M5S 1K7

### ***Parking:***

Victoria University is equipped with two above ground lots and one two-floor underground lot. The daily parking lot is located at Annesley Hall at 95 Queens Park E. for \$10.00/day. It can be accessed Monday – Sunday 8:00 am to 7:00 pm and 4:00pm to 8:00am. Parking is on a first-come, first-served basis and passes are to be purchased at Margaret Addison Hall's Front Desk located at 140 Charles St. W.

**After the convention, join us at 7pm for the annual AAPA Banquet at  
 Pearl Harbourfront Chinese Cuisine  
 207 Queens Quay West, Toronto, ON M5J 1A7, Canada**

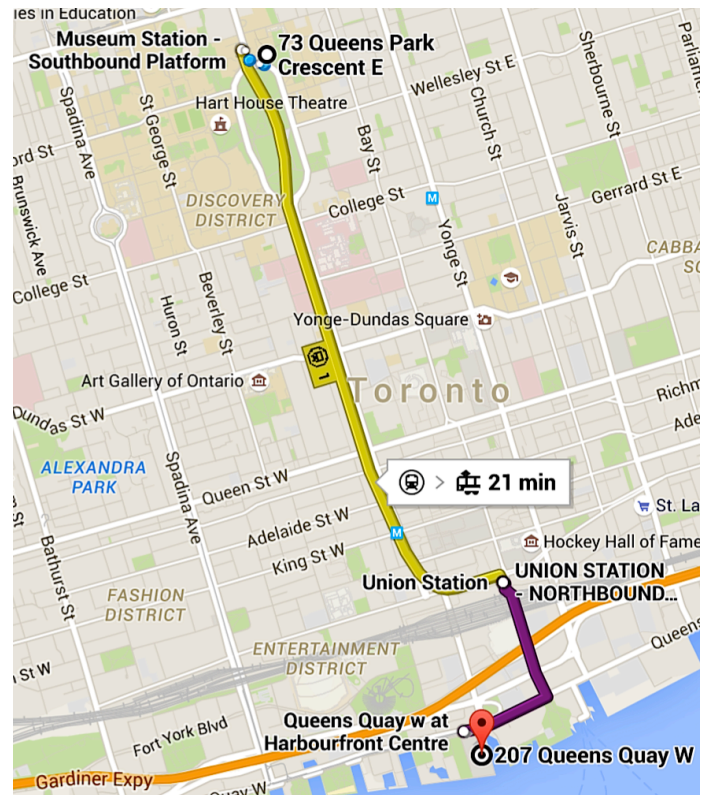
*Kindly note that there will be NO transportation provided to the Pearl Harbourfront Chinese Cuisine. If you plan to drive to the banquet site, underground parking located west of the restaurant complex is available. Cost is approximately \$10 for 2 hours.*

***Driving Directions from Victoria University to  
 Pearl Harbourfront Chinese Cuisine:***

1. Depart Queen's Park toward Hoskin Ave. (285 ft)
2. Bear left onto Hwy-11A S/Queen's Park Crescent W (1.5 mi)
3. Turn right onto Wellington St W (412 ft)
4. Turn left onto Simcoe St (502 ft)
5. Road name changes to Station St (174 ft)
6. Bear right onto Lower Simcoe St (0.4 mi)
7. Turn left onto Queens Quay W (496 ft)
8. Arrive at Pearl Harbourfront Chinese Cuisine

***Directions from Victoria University to Pearl  
 Harbourfront Chinese Cuisine via Public Transportation:***

1. Head west on Queens Park Crescent E toward Queens Park
2. Continue onto Queens Park
3. Turn right
4. Arrive at Museum Station – South bound platform
5. Take 1 line (Yonge University)
6. Get off at Union Station – Northbound platform
7. Go to Union Station
8. Take 509 (Harbourfront towards Exhibition)
9. Get off at Queens Quay W at Harbourfront Centre
10. Walk to 207 Queens Quay W



**FOOD THROUGHOUT THE DAY AND DINING OPTIONS**

AAPA will provide a continental breakfast and afternoon snack. The afternoon snack will be at the Emmanuel College building from 3:10 pm to 4:45pm. The banquet will be a Chinese family-style dinner and will include a variety of vegetarian and gluten-free options. There will be a cash bar available at the restaurant.

**CONTINUING EDUCATION**

AAPA will not provide CE credits at this year's Convention.

**BOOK SALE**

The Book Drive committee is pleased to announce that we have received over 175 donations this year! Thank you to all of our generous contributors who have been so supportive of our cause. Special thanks are owed to the American Psychological Association, Harvard Business Review Press, Westview Press, and our very own Book Drive co-chair Michelle Lee, all of whom have donated at least 10 books or more. We would also like to acknowledge

Atheneum Books for Young Readers, Hodder & Stoughton, Information Age Publishing, Oneworld, Riverhead Books, Stirfry, Teachers College Press, University of Minnesota Press, and University of Washington Press, all of whom donated at least 5 books. Please see below for the complete list of our contributors.

We are excited to feature several genres, including clinical and counseling psychology, social psychology, education and training, Asian studies, cookbooks, children's books, and fiction. Our children's books include Grace Lin's *Bringing in the New Year* and *Kite Flying*, and Sanae Ishida's *Little Kunoichi: The Ninja Girl*, and our diversity training DVDs include *The Color of Fear* and *Last Chance for Eden*. Several 2015 and 2014 releases will be available for purchase, including: *Transcultural Competence: Navigating Cultural Differences* (APA); *Studying Ethnic Identity: Methodological and Conceptual Differences Across Disciplines* (APA); *Social Psychology* (8<sup>th</sup> edition; Westview Press); *Recognizing Race and Ethnicity: Power, Privilege, and Inequality* (Westview Press); and *Creating Well-Being* (APA).

Many popular titles from last year's Book Drive will be available again this year, including *Privilege: A Reader*, *Culturally Responsive Cognitive-Behavioral Therapy*, *Connecting Across Cultures: The Helper's Toolkit*, and *The Contemporary Asian American Experience: Beyond the Model Minority*. All purchases made at the Book Drive will help fund AAPA student travel to next year's convention. Please be sure to stop by the Book Drive to help support our students!

#### **AAPA 2015 Book Drive Sponsors:**

American Psychological Association  
Andrews McMeel Publishing  
Atheneum Books for Young Readers  
Ballantine Books (Random House)  
Columbia University Press  
Disney-Hyperion  
Doubleday (Random House)  
Dr. Albert H. Yee  
Dr. Jeffery Mio  
Dr. Kathy Nguyen Li  
Dr. Pamela Hays

Dragonfly Books  
Duke University Press  
Gotham Books (Penguin)  
Hackett Publishing Company, Inc.  
Harvard Business Review Press  
Heyday Books  
Hodder & Stoughton Ltd  
Information Age Publishing  
John Wiley & Son  
Knopf Brooks for Young Readers  
Little Bigfoot (Sasquatch)  
Michelle Lee  
New Press

Oneworld  
Pearson  
Penguin  
Pickwick Publications  
Public Affairs  
Riverhead Books  
Sasquatch Books  
Stirfry  
Teachers College Press  
University of Minnesota Press  
University of Washington Press  
Viking  
Westview Press




#### **CONVENTION PROGRAMS**

We would like to thank Dr. W. Edward Craighead, director of *Emory University School of Medicine's Child and Adolescent Mood Program (CAMP)*, for donating to this year's convention. His donation made it possible for us to print this year's convention programs. Many thanks, Ed!



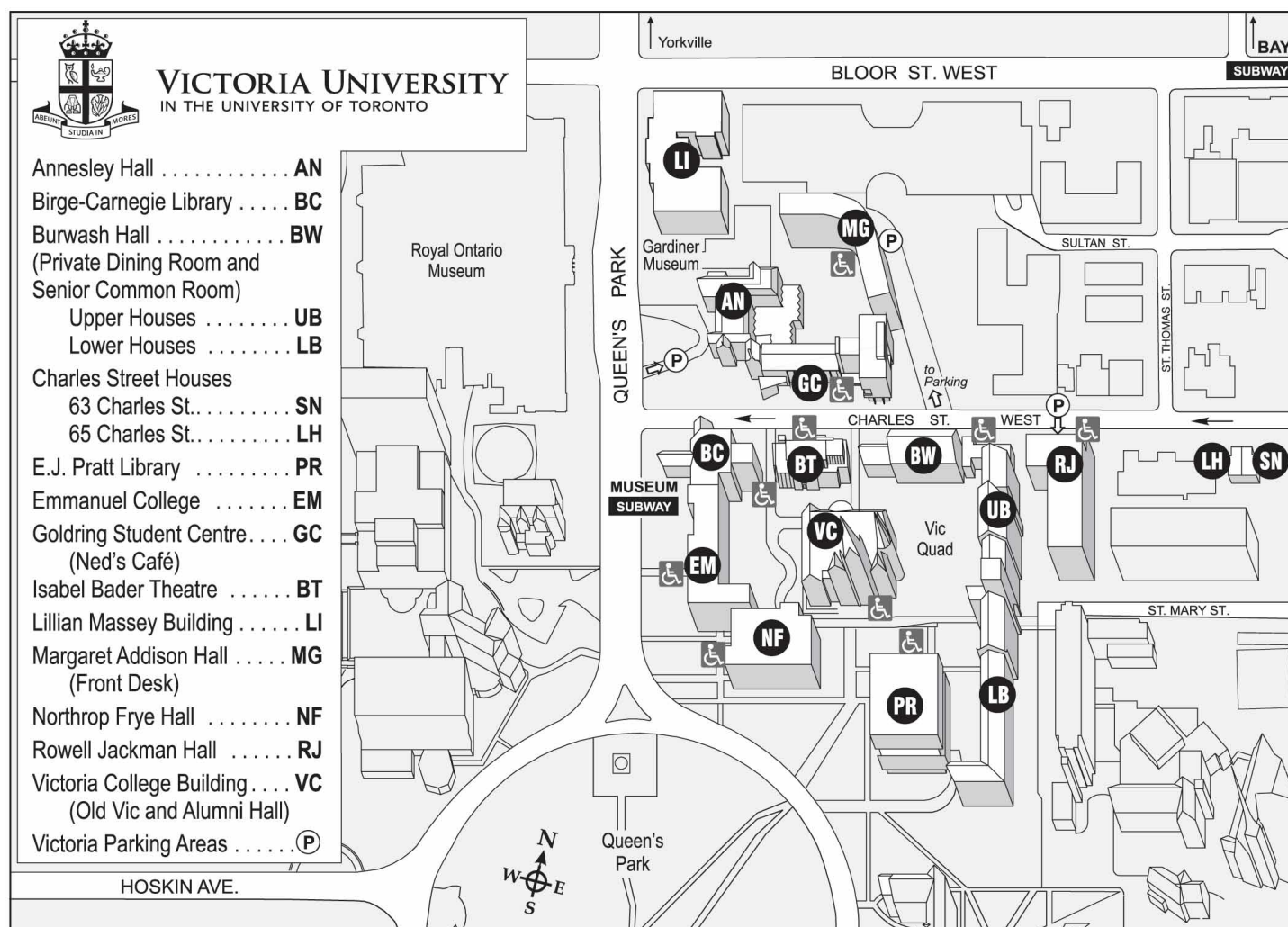
#### **STAY CONNECTED!**

Connect your social networks to this year's programming. Tweet [#aapa2015](#) and follow [@AAPAonline](#) to let your friends and family know what you're excited about at this year's Convention! Plus, follow convention photos and team status updates by "Liking" Asian American Psychological Association on Facebook. And there's **free Wi-Fi!**

If you are a student, find us on Facebook and stay tuned for exciting updates and happenings with the Asian American Psychological Association Division on Students (AAPA DoS)! Don't forget to "Like" our page! 



## MAP OF VICTORIA UNIVERSITY



### Please Note

- Meetings are held at Northrop Frye Hall (NF) and Emmanuel College (EM)
- A lactation room located in Emmanuel College (room EM 105) is available for nursing mothers. Please follow the signs or ask a Convention Team member if you need help finding it.

### REGISTRATION, EARLY BIRD RECEPTION & BREAKFAST

Northrop Frye Hall Ground Floor Foyer

### TOWN HALL MEETING

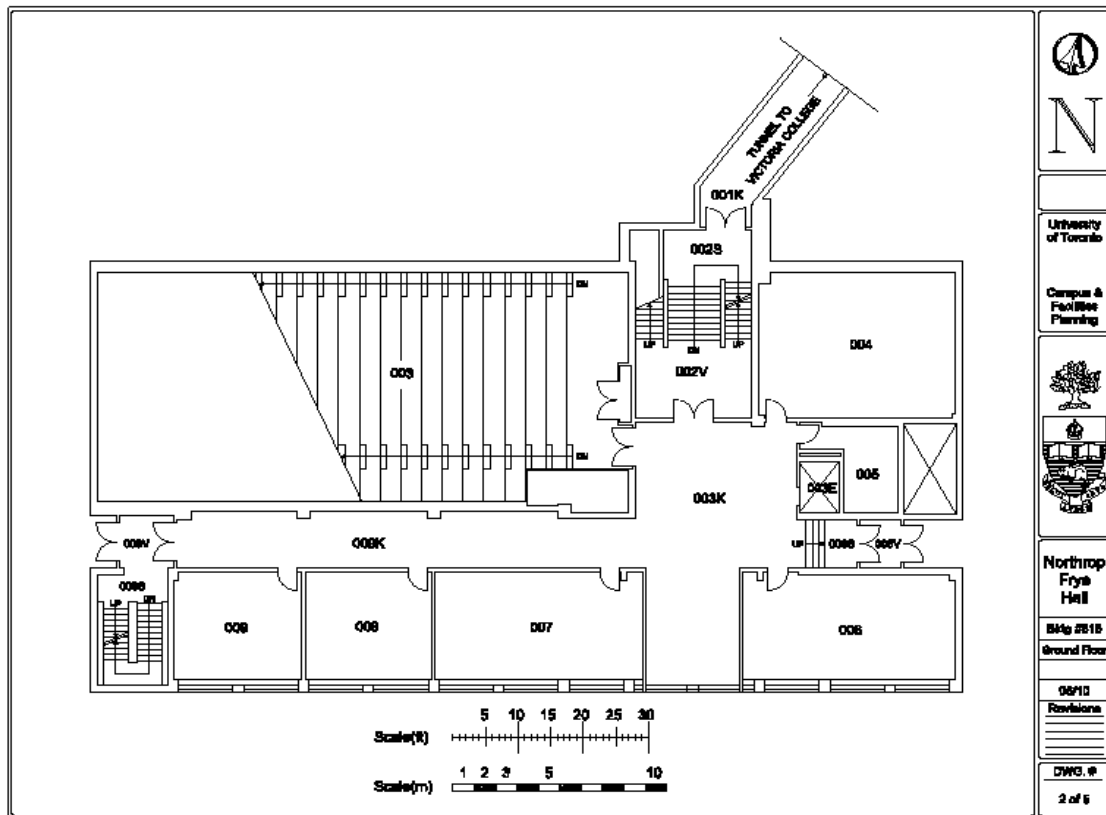
Northrop Frye Hall (NF003)

7:30AM – 8:30AM

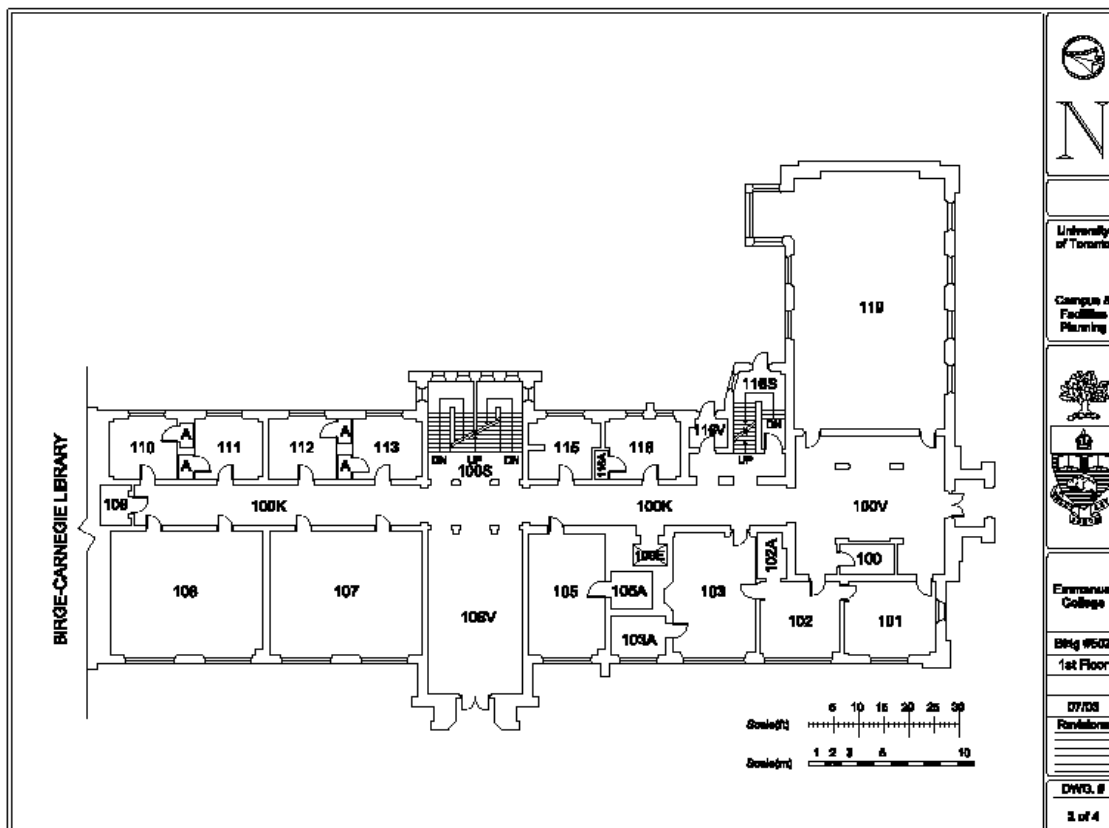
Please proceed to the Northrop Frye Hall Ground Floor Foyer to collect your registration information, then meet old and new friends, and grab some breakfast. Meet, greet, and mingle with current, past, and emerging leaders of AAPA during the early bird reception; this is a great networking opportunity for students and early career professionals.

This year, the AAPA Executive Committee would like to invite attendees to participate in a town hall-style meeting to discuss the Hoffman Report, its implications, and the APA-AAPA relationship. Please join us in this forum.

## MAP OF NORTHROP FRYE HALL (Ground Floor)



## MAP OF EMMANUEL COLLEGE (1<sup>ST</sup> Floor)



## WELCOME & ANNOUNCEMENTS: 8:45AM – 9:10AM

Northrop Frye Hall: NF003

Opening remarks by Drs. Monique Shah Kulkarni and Noriel Lim, 2015 AAPA Convention Co-Chairs, and greetings by Dr. Sumie Okazaki, President of AAPA, and Dr. Helen Hsu, Vice President of AAPA

## KEYNOTE ADDRESS: 9:15AM – 10:20AM

Northrop Frye Hall: NF003

To highlight the complexity and diversity of Asian American experiences, we invited a panel of experts specializing in topics that are relevant to Asian Americans from various developmental stages, including child development, parenting, identity development, adjustment to life transitions, psychological treatment, policy, advocacy, and program development. They will highlight important challenges (and successes) of AAPIs from various age groups and life stages. *Moderator: Noriel Lim, Ph.D.*



### **Su-Yeong Kim, Ph.D.**

Dr. Kim is an Associate Professor of Human Development and Family Sciences at the University of Texas at Austin. She received her Ph.D. in human development from UC-Davis and subsequently

completed an NIMH postdoctoral fellowship at Arizona State University. Her work at UT Austin has focused on the study of children of Chinese and Mexican immigrants in the U.S. Dr. Kim has written numerous peer-reviewed articles and her research on “tiger parenting” has been featured on magazines such as Slate, Forbes, and Wall Street Journal.



### **Linda Juang, Ph.D.**

Dr. Juang is a Professor of Diversity in Education and Development at the University of Potsdam in Germany. She received her Ph.D. in developmental psychology from

Michigan State University, studying the relationship between Asian American college students’ desire for autonomy and their mental health outcomes. Dr. Juang has authored a number of peer-reviewed articles and edited several publications on the topics of acculturation, ethnic identity, and racial/ethnic discrimination among AAPI teens and young adults.



### **Anna Lau, Ph.D.**

Dr. Lau is an Associate Professor of Clinical Psychology at UCLA, where she also received her doctorate in clinical psychology. She completed her postdoctoral clinical training at

the Child and Adolescent Research Center at Rady Children’s Hospital in San Diego. Dr. Lau’s work focuses on evidence-based treatments (EBTs) for ethnic minority youth and families and on ethnic/racial disparities in mental health. She has worked on adapting an evidence-based parent training for Chinese immigrant families, and is currently involved in a project (4KEEPS) whose aim is to ensure that EBTs have lasting positive impact. Dr. Lau has authored numerous publications and her work has been supported by the National Institute of Mental Health.



### **DJ Ida, Ph.D.**

Dr. Ida received her PhD in clinical psychology from the University of Colorado. She is the executive director of the National Asian American Pacific

Islander Mental Health Association (NAAPIMHA). Dr. Ida’s devotion to public service is evident in her life’s work. She has served as the primary author for US DHHS’ publication on integrated care for AANHPI; a peer reviewer for the Surgeon General’s report on mental health; and a co-author for the subcommittee report on eliminating disparities for the President’s New Freedom Commission on Mental Health. Dr. Ida has also developed various training programs to improve services for AANHPI youth and families, and has played a key role in establishing state and national organizations benefiting AAPI communities.



## BREAKOUT SESSION #1

10:30AM – 11:30AM

### **NORTHROP FRYE HALL (NF003)**

#### **Invited Session - AAPA Ethics Talk: APA & the Ethnic Minority Psych Associations: Re-defining Ethics in Psychology**

*Linda Forrest, Ph.D. Professor Emerita, University of Oregon*

*Helen Hsu, Psy.D., Clinical Supervisor City of Fremont, Youth & Family Services*

Since August, 2011, the APA Ethics Committee has been collaborating with the four ethnic minority psychological associations (EMPAs; Association of Black Psychologists, Asian American Psychological Association, National Latina/o Psychological Association, and the Society of Indian Psychologists) on a joint ethics initiative focused on critiquing the APA Ethics Code, especially the absence of any clearly articulated understanding of how culture influences and shapes the ethical principles and standards of the APA Ethics Code. There were several goals of this joint initiative. First, each EMPA is developing a commentary on the APA Ethics Code from their cultural group's unique perspectives (e.g., philosophical traditions, worldview, how ethics are shaped and function within their cultural communities). These commentaries are foundational and will provide background for enhancing our understanding of the role of culture as we anticipate future revisions of the APA Ethics Codes. Second, the joint initiative is focused on developing a greater understanding between the APA Ethics Committee and the EMPAs about the important and central components of ethical practice in the context of a diverse society.

Presidents of each of the EMPAs identified and appointed 2-3 members of their organization as members of this joint EMPA/APA initiative. These individuals have been leading the effort to critique the APA Ethics Code within their organization as well as participating in joint EMPA/APA conference calls and APA convention presentations over the last 4 years. This presentation will provide a brief description of the different methodologies that have developed for critiquing the APA Ethics Code, the findings to date, the recommendations for improving the APA Ethics Code and future joint plans.

### **NORTHROP FRYE HALL (NF004)**

#### **Interactive Session - Collaborative Practice Model: Utilizing a Collaborative Model in Serving API Community**

*Chia-wen (Winnie) Hsieh, Psy.D., Asian Pacific Family Center*

*Michi Fu, Ph.D., Pacific Clinics*

*Christine Hsu, Ph.D., Pacific Clinics*

On behalf of the AAPA Practice Task Force, this interactive session presents practical issues of serving under-privileged, under-served API individuals in a community setting utilizing a collaborative framework. Session will offer an overview of treatment approach applicable to API community using the results from California Reducing Disparity Project, in addition to a brief examination of Evidence Based Practices in the recent year, and how these practices impact services to API community. Session will include a comprehensive overview of API Child Collaborative in Los Angeles County; API Child Collaborative's efforts in serving multiple API subgroups, its benefits, challenges, and dreams for the future. Session will also explore others' experiences in such collaborations, thoughts, feedback, and how to strengthen services to API community.

### **NORTHROP FRYE HALL (NF007)**

#### **Interactive Session - Visibility and Invisibility: Asian Americans in the Academy**

*Janet Chang, Ph.D., Smith College*

*Fred Leong, Ph.D., Michigan State University*

This interactive session is designed to facilitate constructive dialogue about overcoming the visibility and invisibility of Asian American faculty and offer strategies of empowerment and resilience. The session will serve as a forum to discuss topics, such as the social politics of career advancement, internal and external sources of support, power brokers, visibility due to tokenism, and invisibility stemming from marginalized social identities. Discussion will also differentiate issues experienced by junior faculty, those common to minority faculty, and those specific to Asian American faculty. The session will focus on evidence-based and practical strategies, including a strategic approach to career management.

### **NORTHROP FRYE HALL (NF008)**

#### **Symposium - Self-awareness in Research: Students Reflect on their Ongoing Scholarly Development**

*Andrew Young Choi, M.A., University of California, Santa Barbara*

*Chandni Shah, MS.Ed., Purdue University*

*Brian TaeHyuk Keum, M.A., University of Maryland, College Park*

*Pratyusha Tummala-Narra, Ph.D., Boston College (discussant)*

Diversity and personal self-awareness are increasingly addressed in multicultural clinical work, yet less so in multicultural research training. In response, this symposium offers a graduate student-centered discussion examining the ways that Asian American and other intersecting identities are linked to the intentions, motives, challenges, and insights around student scholarship. This deeper exploration of the humanistic elements of research training is to facilitate a more holistic understanding of Asian American psychology. Four Asian American Counseling Psychology graduate students will share narratives reflecting the origins and ongoing evolution of their research; parallel personal growth; and managing vulnerabilities as personal-professional identities take shape.

### **LUNCH & LUNCHTIME DISCUSSIONS**

**11:30AM – 12:50PM**

Box lunches are available in the Northrop Frye Hall Ground Floor Foyer. After picking up your lunch, you are warmly invited to join one of the discussion groups listed below:

Northrop Frye Hall (NF 003)

Northrop Frye Hall (NF 004)

Northrop Frye Hall (NF 006)

Northrop Frye Hall (NF 007)

Northrop Frye Hall (NF 008)

Practice Task Force and AAJP Networking Event

Division on Students

Division on South Asian Americans

Division on Filipino Americans

Division on LGBT Issues

### **BREAKOUT SESSION #2**

**1:00PM – 2:00PM**

### **NORTHROP FRYE HALL (NF003)**

#### **Invited Session – 2015 AAPA Dissertation Panel**

*Alison Hu, University of Minnesota*

*Elsa Lee, Ph.D., New York University*

### **Cultural Socialization in Transracial, Transnational Adoptive Families: A Seven-Year Follow-up**

*Alison W. Hu, Honorable Mention*

Cultural socialization, or education regarding ethnicity and race, was examined in transracial, transnational adoptive families. This longitudinal study conducted a seven-year follow-up with adopted Korean American adolescents (ages 13-20) and adoptive parents (N = 116). The study examined changes in parental cultural socialization over time, the longitudinal relationship of parental cultural socialization on peer cultural socialization, and the independent and collective relationships of parental and peer cultural socialization practices on adolescent ethnic identity and discrimination. Results indicated parental ethnic socialization decreased and racial socialization increased during adolescence. Parental ethnic socialization in childhood was negatively associated with adolescent ethnic identity. Peer racial socialization mediated the association between parental racial socialization and ethnic identity, as well as the association between parental racial socialization and perceived discrimination.

### **The Role of Spiritual Connectedness in the Associations of Functional Limitations and Depressive Symptoms in Late Adulthood: A Racial Comparison**

*Elsa Lee, Honorable Mention*

This study examines the role of spiritual connectedness as a coping resource that buffers against emotional distress. Spiritual connectedness as a relational phenomenon was conceptualized using relational-cultural theory to delineate its benefits on psychological outcomes. Stress was measured by the level of functional limitations. This research addressed the following goals: (1) to examine the role of spiritual connectedness as a unique dimension of religiosity that alleviates depressive symptoms, (2) to investigate the stress-buffering role of spiritual connectedness on depressive symptoms among older adults confronted with functional limitations, and (3) to explore the racial differences of the stress-buffering role of spiritual connectedness on depressive symptoms among older Blacks, Asians, and Whites who were confronted with functional limitations.

### **Culturally Distinct Pathways to Recovering from Stress: Bolstering Esteem vs. Striving for Improvement**

*William Tsai, Winner of the 2015 AAPA Dissertation Fellowship Award*

In Study 1, we examined whether writing content related to self-enhancing and self-improving motivations were differentially related to expressive writing outcomes among Asian and European Americans. We hypothesized that self-reflection processes that were congruent with individual's cultural backgrounds would result in well-being. As predicted, among European Americans, self-enhancement themes predicted positive outcomes, whereas self-improvement themes were related to poorer outcomes. For Asian Americans, the reverse was true. However, these correlational findings do not allow for causal conclusions. As such, in Study 2, we examined the causal effects of self-reflection on emotional and physiological recovery. Consistent with findings from Study 1, cultural-congruent self-reflection led to improved emotional and physiological recovery.

### **NORTHROP FRYE HALL (NF004)**

#### **Symposium - Innovative Approaches to Health for Immigrant Asian Americans**

*Anne Saw, Ph.D., DePaul University*

*Jorge Wong, Ph.D., Asian Americans for Community Involvement*

*Katherine Chun, Ph.D., Asian Community Mental Health Service*

*Lei-Chun Fung, M.P.H., San Francisco Department of Public Health, Chinatown Public Health Center*

*Janice Tsoh, Ph.D., UC San Francisco*

*Debora Paterniti, Ph.D., UC Davis*

*Elisa Tong, M.D., UC Davis Medical Center*

*Gordon Hall, Ph.D., University of Oregon (discussant)*

Culturally responsive health promotion programs are needed to address the health and healthcare disparities faced by some Asian American immigrants. In this symposium, we present three community-based health programs that attempt to better engage different Asian immigrant communities in health promotion with the long-term aim of reducing health disparities. Each presenter will provide an overview of their program and its target population, present findings on successes and challenges, and discuss lessons learned.

#### **NORTHROP FRYE HALL (NF006)**

##### **Interactive Session - Multidimensional Stories and Reflections of DoSAA Psychologists: South Asian Americans Sharing Our Developmental Journeys**

*Chandni Shah, MS Ed, Purdue University*

*Sheetal Shah, Ph.D., University of California, Davis*

*Gagan Khera, Ph.D., Rivier University*

*Rahul Sharma, Psy.D., Illinois School of Professional Psychology*

*Pawanjit Kalra, Ph.D., Center for Creative Leadership, New Perspectives Coaching & Consulting Services, LLC*

The purpose of this interactive panel session is to share personal stories from a group of diverse South Asian American mental health professionals and begin a dialogue about South Asian Americans in Psychology. The panelists will discuss their unique journeys, including contributions, challenges, triumphs, and lessons learned. They will address the integration of their South Asian and South Asian American identities into their identities as mental health professionals and members of the Division on South Asian Americans of AAPA. Lastly, the facilitator will invite the audience to discuss how to reduce stigma and encourage more South Asians to enter the field and support our next generation of psychologists.

#### **NORTHROP FRYE HALL (NF007)**

##### **Interactive Session - Women of AAPA Raising our Voices**

*Tiffany K. Chang, M.S., Indiana University Bloomington*

*Linh Luu, M.S., Lehigh University*

*Ivy K. Ho, Ph.D., University of Massachusetts Lowell*

*Diane S. Hayashino, Ph.D., Counseling and Psychological Services CA State University, Long Beach*

*Khanh T. Dinh, Ph.D., University of Massachusetts Lowell*

Regardless of the steady growth of the Asian American women population, there has been a consistent lack of literature focused on Asian American women leadership (Kawahara, Esnil, & Hsu, 2007). However, AAPI women are in a unique position with intersectional identities – that include at least ethnicity, race and gender, and that may also include sexual orientation, ability, social class, and etc – that may prove to be advantageous in various leadership roles. The purpose of this interactive session is to facilitate discussion and raise awareness regarding the cultivation of leadership among AAPI feminist psychologists and students.

#### **NORTHROP FRYE HALL (NF008)**

##### **Interactive Session - Collectivistic Coping of Korean Immigrant Women in Response to Seweol Ferry Disaster in Korea**

*Jeeseon Park-Saltzman, Ph.D., Ohio State University*

*Jinhee Kang, Ph.D., University of Maryland*

*Jiwon Yoo, M.A., Seton Hall University*

*Hweon Seo, Ph.D., University of Buffalo*

*Brian Taehyuk Keum, M.A., University of Maryland*

This presentation aims to discuss how Koreans and Korean Americans of different ages and generations responded to Seweol ferry disaster that took place in South Korea in 2014 based on their exposure to different historical events as well as social, political, and cultural backdrops of their immigration. Particular emphasis will be on active and collectivistic community responses spearheaded by married, female, Korean 1st generation immigrants, a group that is usually considered as a “hidden population” in the immigrant community in the U.S. The presenters will also discuss empirical and clinical implications of these efforts.

**BREAKOUT SESSION #3**  
**2:10PM – 3:10PM**

**NORTHROP FRYE HALL (NF003)**

**AAPA Invited Session – 2015 AAPA Leadership Fellows Program**

*Gagan S. Khera, Ph.D., Rivier University*

*Yuen Shan Christine Lee, Ph.D., Rusk Rehabilitation, NYU Langone Medical Center*

The AAPA Leadership Fellows Program is a leadership training program for early career psychologists. It utilizes mentoring, projects, and participation in AAPA executive committee-related activities to provide a dynamic and comprehensive experience. This presentation, led by current Fellows (Drs. Khera and Lee), will discuss the purpose and components of the program, as well as the personal experiences of the Fellows during their fellowship year. The Fellows will also share how their experiences have assisted them with taking on new professional challenges that have helped advance their careers.

This is a great opportunity for AAPA members to learn more about the Leadership Fellows program. For those who are interested in applying or would like to hear more about the Fellows’ experiences, please come and join us!

**NORTHROP FRYE HALL (NF004)**

**Symposium - Addressing Disparities in Engagement of Asian American Adolescents in School-Based Mental Health**

*Anna Lau, Ph.D., UCLA*

*Sisi Guo, M.A., UCLA*

*Joey Fung, Ph.D., Fuller Theological Seminar*

*Richard Lee, Ph.D., University of Minnesota (discussant)*

School based mental health service hold the promise of increase accessing while reducing disparities in service receipt for underserved groups such as Asian American youth (Weist et al., 2007). In this symposium, we report on three studies that examine school-based screening and prevention programs and their impact on Asian American and other ethnic minority students in public schools. These three distinct randomized controlled trials focus on meeting the mental health needs of middle school and high school students in two different school districts, either through screening or preventive intervention efforts.

**NORTHROP FRYE HALL (NF006)**

**Interactive Session - How Outreach Looks Like in a Counseling Center, University Setting**

*Lavanya Devdas, MSW., Lehigh University*

*Song Ge, M.Ed., Lehigh University*

*Asmita Pendse, M.A., Lehigh University*

*Val Spektor, M.Ed, Lehigh University*

With the increasing number of Asian international students on the U.S. university campuses, there is a growing need to understand students' mental health concerns and support students in their transition into the new culture. Despite the challenges faced by Asian international students, there is an underutilization of traditional counseling services by these sojourners. Outreach programming provides a unique opportunity for counselors to reach to this population and assist in their adjustment process. The presenters will share their experiences of engaging in multiculturally sensitive outreach activities and explore ways to create similar opportunities on diverse campuses.

#### **NORTHROP FRYE HALL (NF007)**

##### **Symposium - Interfacing with the Dominant Culture: The Asian/Asian American Experience**

*Jenny Su, Ph.D., St. Lawrence University*

*Hsiu-Lan Cheng, Ph.D., New Mexico State University*

*Alisia Tran, Ph.D., Arizona State University*

*Hyung Choi (Brandon) Yoo, Ph.D., Arizona State University (discussant)*

This symposium examines the internalization of the dominant culture into the identities, values, and behaviors of diverse individuals of Asian descent. The first presentation will focus on the demographic and social correlates of internalizing a "typical" American identity across diverse Asian American groups. The second presentation will explore factors associated with internalization of Chinese cultural identity among members of a sub-ethnic group in Taiwan. The third presentation will examine experiences of racism as risk factors for internalizing the dominant culture's media messages about ideal body image.

#### **NORTHROP FRYE HALL (NF008)**

##### **Interactive Session - Conversations about Fresh Off the Boat**

*Alicia Ibaraki, M.S., University of Oregon*

*Jeff Mio, Ph.D., California State Polytechnic University, Pomona*

*Matthew Mock, Ph.D., John F. Kennedy University*

*Xiaoning Sun, M.S., University of Oregon*

*Rahul Sharma, Psy.D., Illinois School of Professional Psychology at Argosy University, Chicago*

*Gordon Hall, Ph.D., University of Oregon*

The purpose of this interactive session to create a space to discuss our reactions as individuals, as psychologist and scholars, and as AAPA as an organization, to the show Fresh Off the Boat as well as the impact it has had on the Asian American community. Issues we may consider include Asian stereotypes in the media and its impact on self-image, the experience of this show for non-East Asian Americans, and the emotional and psychological impact of this show for Asian Americans.

**SNACK BREAK: 3:10PM – 3:30PM**  
Emmanuel College (1<sup>st</sup> Floor Foyer)

Take a break and join us for afternoon snacks and refreshments!



**POSTER SESSION (3:30PM – 4:50PM) & JUDGING (3:30PM – 4:30PM)**  
Emmanuel College (EM108 & EM119)

\* Poster presenters should put up their posters between 7:30-8:30am. *Posters will be displayed throughout the day (8:30am -4:45pm).* Presenters should plan to stand next to their posters to discuss their work from 3:30-4:45pm. Presenters should begin to take down the posters at 4:45pm.

***Listed in Alphabetical Order:***

1. A mixed-method naturalistic examination of Asian American psychotherapy disengagement  
*Presenters: Jackie H.J. Kim, Haichan Park, Donna K. Nagata, Benjamin Calebs, Grace Lee, Kaidi Wu, Winglui Yiu*
2. Academic pressure and child behavior problems in Chinese families in three societal contexts: The moderating effects of maternal acceptance  
*Presenter: Joel Jin*
3. Accomplishments of avoidantly attached adolescents: Challenge for theory and clinicians?  
*Presenters: Hiu Lam Tai, Valory Mitchell*
4. Acculturation-Alcohol (mis)use link among Asian and Hispanic American young adults: A meta-analysis  
*Presenters: P. Priscilla Lui, Bryon L. Zamboanga, Cara C. Tomaso, Seth J. Schwartz*
5. Acculturation and alcohol use among Asian and Hispanic American college students: A narrative review  
*Presenters: Bryon L. Zamboanga, Cara C. Tomaso, P. Priscilla Lui*
6. Acculturation and enculturation, perception of depressive symptoms, and help-seeking behaviors among Korean Americans  
*Presenter: Kristoffer Park*
7. An exploratory study of parental expression of affection in Southeast Asian families  
*Presenters: Youy Ou, Oh Myo Kim*
8. Analyzing the relationship between marriage and psychosis across urban and rural contexts in China  
*Presenters: Nora Aldhuwaihi, Debbie Huang, Amber Graham, Tanya Singh, Wei Qi*
9. Bilingualism, parenting factors, and child behavioral outcomes: Cultivating positive outcomes in Asian American children  
*Presenters: Cindy Huang, Nolan Zane*
10. Birth family thoughts: Exploring how adopted Korean American adults think about their birth family and culture  
*Presenter: Adam Beaupre*
11. Bridges to behavioral health - Chinese American parenting workshops  
*Presenter: Justine Fan*
12. Characteristics of autism spectrum disorder symptomatology in Asian American children  
*Presenters: Kan Long, Shirley Long*
13. Cultural Dynamics of coping with severe mental illness and stigma: Secrecy among Chinese immigrants with psychosis  
*Presenters: Grace Ying Chi Lai, Jingyi Gu, Anna J. Yeo, William Tsang, Rong Rong (Ruby) Han, Wyatt Demilia, Amar Mandavia, Christopher Ceccolini*

14. Development and initial validation of a cultural competency measure for community mental health workers interacting with Chinese immigrants  
*Presenters: Xinlin Chen, Emily He, Alexandra Vonritzhoff, Jung Eui Hong, Debbie Huang, Junko Morita, Bernalyn Ruiz, Cheng-Yun Teng, Jenny Shen*
15. Discrimination and well-being for Polynesian Americans: Roles of anger and self-esteem  
*Presenters: Hokule'a Conklin, Kawika Allen*
16. Do you speak English? Impact and individual variations of microaggressions among Asian Americans  
*Presenters: Gloria Wong, Nolan Zane, Matthew Olson, Kristina Hanna, Megan Dunn, Nicole Ellis*
17. Effectiveness of primary care-behavioral health integration in Asian American-specific mental health setting  
*Presenter: Kris Pui-Kwan Ma*
18. Emerging adults of Asian Indian descent and their conception of adulthood  
*Presenters: Achu Johnson Alexander, Jeffrey Jensen Arnett*
19. Episodic drinking in AAPI college students: The role of perceived peer norms and cultural experiences  
*Presenters: Nancy N. Truong, Na-Yeun Choi, Gloria A. Huh, Brian TaeHyuk Keum, Yun Lu, Xu Li, Matthew P. Martens, Matthew J. Miller*
20. Ethnic and sexual minority stress among Asian Americans: Preliminary data  
*Presenter: Cliff (Yung Chi) Chen*
21. Examining gender differences of Asian Indian profiles on the MMPI-2-RF and NEO-FFI  
*Presenters: Gagandeep Bhasin*
22. Examining the effects of depression, stress, and self-efficacy on general health in elderly Asian immigrants  
*Presenters: Lay Vang, Cindy J. Huang, Jennine Tran, Cindy Y. Huang, Nolan Zane*
23. Examining variance of hemispheric preference in Asian American and Pacific Islander populations  
*Presenter: Sharlene Leong*
24. Experiences of social forms of stigma among Chinese immigrants with psychosis  
*Presenters: Xiang Zhou, Jingyang Mei, Dongyi He, Cheng-Yun Teng*
25. Experiences with discrimination, structural awareness, and the internalization of the model minority myth as predictors of ally activism among Asian Americans  
*Presenters: Julia Tran, Nicola Curtin*
26. Exploring stigma as a cultural construct among Chinese immigrant consumers of mental health  
*Presenters: Jung Eui Hong, Anna J. Yeo, Rong Rong Han, JunHong Chen, Jeffrey Wong, Jenny Shen, Yidong Sun, Julia Frieze*
27. Family and community stereotypes towards Chinese immigrant mental health consumers  
*Presenters: Alexandra Von Ritzhoff, Amber Graham, Xinlin Chen, Jingyi Gu, Yu Chak Ho, Zhen Cheng, Lawrence Yang*
28. Goals for international study and moderated mediation of the acculturative stress-depression link  
*Presenters: David Rollock, Ankita Krishnan, P. Priscilla Lui*
29. Helping caregivers to understand and manage  
*Presenter: Junhong Cao*
30. Holistic perspectives on autism spectrum disorder and intra-cultural diversity between U.S.-born and China-born Chinese American families  
*Presenters: Hollis Tsoi, Rumiko Okada, Michi Fu*

31. Immigration, trauma, psychopathology, and coping: undocumented Chinese immigrants in the United States  
*Presenter: Wei-Chun "Vivi" Hua*
32. Implicit and explicit emotion regulation across cultural groups  
*Presenters: Michael Sun, Phuonguyen Chu, Eric Vaughn, William Nguyen, Kareem Fareed, Anna S. Lau*
33. Internalization of the model minority myth, colorblind racial attitudes, and racism among White college students  
*Presenters: Sarah Parks, Brandon Yoo*
34. Meanings attached to depression and mental health service use among Korean American older adults  
*Presenter: Su Yeon Lee*
35. Mental health awareness of the Lao community in Northern California  
*Presenters: Michiko Matsuba, Alexandra Von Ritzhoff, Yvonne Chang, Anna Yeo, JingYang Mei, Xiang Zhou, Cheng-Yun Teng, Cheng Tsang, Amber Graham, Junko Morita, Nora Aldhuwaihi*
36. Mixed unions in Canada: Examples of Japanese women married to non-japanese partners  
*Presenters: Michiko Iwasaki, Lycinda Rodriguez, Jessica England, Jackson Newsome, Jess Balk-Huffines*
37. Presenting concerns and therapy outcome of Asian International and European American female students  
*Presenters: Ka Yan Danise Mok, G.E. Kawika Allen, Derek Griner, Jon Cox, Hoku Conklin, Mark Beecher, Ofa Hafoka, Melissa Aiono*
38. Psychological and mediating functions of self-construals for Asians in the U.S.  
*Presenters: Chiyon Won, Nancy Duvall, Christina Lee-Kim, Annette Chan*
39. Psychological, physical, and spiritual holism within Chinese American understandings of mental illness  
*Presenters: Charles Liu, Karen Suyemoto*
40. Racial and ethnic socialization of children adopted from Asian countries: Parent-child agreement  
*Presenters: Kimberly Langrehr, Jessica Ross, Monica Oh, Sydney Morgan, Wen Wen Chong*
41. Social support and adjustment among East Asian international students: Acculturation as a moderator  
*Presenters: Yun Lu, Matthew J. Miller*
42. Socialization practices predicting Vietnamese American teens' family values  
*Presenters: Joanna Kim, Anna Lau, Bahr Weiss, Victoria Ngo*
43. Sociocultural factors impacting barriers to preventative screenings among Asian American immigrants  
*Presenters: Crystalia Sulaiman, Cheng Xu, Xin Zhang, Anne Saw*
44. Subtle racism, interpersonal shame, and help-seeking attitudes among Asian American college students  
*Presenter: Paul Kim*
45. Teaching Asian American psychology and social justice: Exploring stigma as a cultural construct among Chinese immigrant consumers of mental health  
*Presenter: Matthew R. Mock*
46. The effects of discrimination on stigma consciousness among Asian Americans  
*Presenters: Elisa Miyake, Gilbert Jew, Alisia (Giac-Thao) Tran*
47. The effects of parachuting on the development of Asian parachute children in the U.S.  
*Presenters: Priscilla Hsieh, Rumiko Okada, Terece Bell*

48. The effects of the race of one's role model and preferred romantic partner on psychological outcomes  
*Presenters: Jennifer J. Bordon, Lei Wang*
49. The impact of Asian parenting on scholastic achievement and psychological well-being in a sample of Korean Americans  
*Presenters: Andrew Wong, Robert Klacansky, Rosa Poggesi, Predair Robinson*
50. The social costs of mental health stigma in Asian Americans with psychological distress: A preliminary analysis  
*Presenters: Stephanie Aoki, Christina Lam, Jeff Mintert, Alisia (G.T.T.) Tran*
51. Understanding cultural stigma towards suicide within Laotian community  
*Presenters: Jeffrey Wong, Amar Mandavia, Debbie Huang, Rong Rong Han, Wyatt Demilia, Kavitha Rao, Sydneyjane Varner*
52. Understanding HIV/AIDS Stigma in a multicultural context: Perceptions and attitudes among high-risk Chinese American immigrants in New York City  
*Presenters: Yu Chak Sunny Ho, Debbie Huang, Jingyi Gu, Ruby Han, Katherine Mason, Lawrence Yang, Linda Chen*

**AWARDS & ANNOUNCEMENTS: 4:55PM – 5:10PM**  
Northrop Frye Hall: NF003

Announcements of the Poster Awards, Student Travel Award winners, Division Awards, and the *Asian American Journal of Psychology* Best Paper Award. We will also be honoring the contributions of the outgoing Executive Committee Members.

**MENTOR-MENTEE RECEPTION: 5:15PM – 6:15PM**  
Northrop Frye Hall Ground Floor

This reception is a prime opportunity for Asian American students and early career professionals to network with more experienced professionals. Using a semi-structured format, students and professionals will be matched along similar topics of interest indicated on the registration questionnaire. Mentors will remain in designated tables for professional development topic areas, whereas mentees may alternate tables and mentors during the hour to meet their needs.

**AAPA BANQUET: 7:00PM – 10:00PM**  
Pear Harbourfront Chinese Cuisine

Please make sure that you have received your banquet tickets from Registration and remember to bring your tickets to the banquet venue!

**THE 2016 AAPA CONVENTION**

Are you so excited about this year that you're ready to sign up to help at next year's convention? That sounds like someone we want on our team! Next year's AAPA Convention will be held in **Denver, Colorado!** If you are interested in joining us, please email Nori Lim at [noriel.lim@emory.edu](mailto:noriel.lim@emory.edu).



## THANK YOU TO ALL OF OUR 2015 CONVENTION VOLUNTEERS!

### Proposal Reviewers

Francesca Bahn, Mary Jo Bautista, Junhong Cao, Nicole Elden, Viann Nguyen-Feng, Susan Han, Yaqub Hansia, Kean Hsu, Wei-Chun Vivi Hua, Valerie Wai-Yee Jackson, Linda Juang, Brian (Tae Hyuk) Keum, Grace Kim, Kim Langrehr, Liz Lee, Matt Lee, Vanessa Li, P. Priscilla Lui, Yiqing Miao, Jeff Mio, Anjni Patel, Marisa Perera, Gabrielle Poon, G. Nic Rider, Regilda Anne Romero, Frances Shen, Niyatee Sukumaran, Florensia F. Surjadi, William Tsai

### Poster Session Judges

Kawika Allen, Chia-wen (Winnie) Hsieh, Cindy Huang, Linda Juang, Mia Khera, Grace Kim, Oh Myo Kim, Matt Lee, Matt Miller, Sumie Okazaki, Anne Saw, Alisia (Giac-Thao) Tran, Nellie Tran

### Convention Day Volunteers

Adam Beaupre, Jennifer Bordon, Catherine Chen, Stephanie Chen, Andrew Choi, Eddie Chong, Justine Fan, Gloria Huh, Sunny Ho, Joel Jin, Brian Keum, Jackie (Hyo Ju) Kim, Joanna Kim, Shin-ye Kim, Tina Lee, Yunkyoung Loh, Yun Lu, Kris Pui-Kwan Ma, Iris Yi Miao, Ka Yan Danise Mok, Nancy Ng, Matthew Olson, Youy Ou, Jane Pak, Kristoffer Park, Souen Park, Chandni Shah, Michael Sun, William Tsai, Hollis Tsoi, Nancy Truong, Lay Vang, Lei Wang, Gloria Wong, Xiang Zhou

## SPECIAL ACKNOWLEDGMENTS

### Thank you to the following officers and leaders for their service to AAPA

#### OUTGOING AAPA EXECUTIVE COMMITTEE MEMBERS

Sumie Okazaki, Ph.D., *President*  
Kelly Liao, Ph.D., *Finance*  
Nellie Tran, Ph.D., *Board of Directors*  
Jocelyn Buhain, Ph.D., *Board of Directors*  
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### 2014-15 Asian American Psychological Association Executive Committee

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#### Asian American Journal of Psychology

#### Editor-in-Chief

Bryan S. Kim, Ph.D.

## 2015 AAPA CONVENTION - SCHEDULE AT A GLANCE

*Registration, Breakfast, and Early Bird Activity: Northrop Frye Hall Foyer, 7:30am – 8:30am*

*Town Hall Meeting: Northrop Frye Hall (NF003), 7:30am – 8:30am*

*Welcome Remarks and Announcements: Northrop Frye Hall (NF003), 8:45am – 9:10am*

*Keynote Presentation: Northrop Frye Hall (NF003), 9:15am – 10:20am*

*Book Drive: Northrop Frye Hall Foyer (7:30am – 3pm) & Emmanuel Hall Foyer (3:10pm – 5pm)*

Location	<b>BREAKOUT SESSION 1</b> 10:30 – 11:30AM	<b>LUNCH MEETINGS</b> 11:30AM – 12:50PM	<b>BREAKOUT SESSION 2</b> 1PM – 2PM	<b>BREAKOUT SESSION 3</b> 2:10 – 3:10PM
NF003	APA & the Ethnic Minority Psych Associations: Redefining Ethics in Psychology	<i>Practice Task Force and AAJP Networking Event</i>	2015 AAPA Dissertation Panel	2014 AAPA Leadership Fellows
NF004	Collaborative Practice Model: Utilizing a Collaborative Model in Serving API Community	<i>Division on Students</i>	Innovative Approaches to Health for Immigrant Asian Americans	Addressing Disparities in Engagement of Asian American Adolescents in School-Based Mental Health
NF006	-----	<i>Division on South Asian Americans</i>	Multidimensional Stories and Reflections of DoSAA Psychologists: South Asian Americans Sharing our Developmental Journeys	How Outreach Looks Like in a Counseling Center, University Setting
NF007	Visibility & Invisibility: Asian Americans in the Academy	<i>Division on Filipino Americans</i>	Women of AAPA Raising our Voices	Interfacing with the Dominant Culture: The Asian/Asian American Experience
NF008	Self-Awareness in Research: Students Reflect on their Ongoing Scholarly Development	<i>Division on LGBTQ Issues</i>	Collectivistic Coping of Korean Immigrant Women in Response to Seweol Ferry Disaster	Conversation about Fresh Off the Boat

*Snack Break: Emmanuel College 1<sup>st</sup> Floor Foyer, 3:10pm – 3:30pm*

*Poster Session: Emmanuel Hall (EM108 and EM119), 3:30-4:45pm.*

*Poster Judging: 3:30pm – 4:30pm*

*Awards and Announcements: 4:55-5:10pm – Northrop Frye Hall (NF003)*

*Mentor-Mentee Reception: Northrop Frye Hall Rooms, 5:15pm – 6:15pm*

### 2015 AAPA CONVENTION COMMITTEE

*Convention Co-Chairs:*

*Banquet/Entertainment Co-Chairs:*

*Book Sale Co-Chairs:*

*Mentor-Mentee Co-Chairs:*

*Poster Co-Chairs:*

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*Registration Co-Chairs:*

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Sumin Na and Gauthamie Poolokasingham

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Shilpa Kapoor and Vivi Hua

Priscilla Lui and Kim Langrehr

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Joe Nee and Ankita Krishnan

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