

Promoting Emotional Well-Being and Preventing Suicide Among Asian/Asian-American University Students

Friday, November 7, 2014 • 9:30 am—3:00 pm
Caltech Avery House • 293 S. Holliston Ave. • Pasadena, CA 91106

This conference is designed to help clinicians, health care professionals, university staff and community advocates who provide direct service to Asian/Asian American students:

- Identify contributing factors to suicide and discuss potential barriers to access
- Describe emerging ideas for culturally sensitive outreach and promoting emotional well-being
- Demonstrate knowledge of current practices and converge on future directions related to service delivery and clinical intervention on various local campuses.
- Create collaborations, share community resources, and expand supportive networks

For questions, please call the Caltech Counseling Center at 626-395-8831.

REGISTRATION OPEN: RESERVE YOUR SPOT TODAY!
Please register online at <https://counseling.caltech.edu/conference>

Registration fee before October 17 \$40

Registration fee after October 17 \$50

Sponsored by:

Caltech Counseling Center & Asian American Psychological Association



Conference Agenda

9:30am - 10:00am	Check In
10:00am - 10:10am	Welcome and Introductions by Caltech Counseling Center and conference organizers
10:10am - 11:10am	<i>Engaging Asian American College Students in Mental Health Conversations</i> presentation by Stella Chow and Saeromi Kim, followed by Q&A
11:10am - 12:00pm	First Breakout Session: <i>Addressing Trends and Key Factors in Suicide Prevention</i>
12:00pm - 12:15pm	Small groups reporting back
12:15pm - 1:05pm	Lunch
1:05pm - 2:00pm	Second Breakout Session: <i>Future Directions: Sharing Success and Challenges to Promoting Emotional Well-Being</i>
2:00pm - 2:10pm	Afternoon Break
2:10pm - 2:25pm	Small groups reporting back
2:25pm - 2:50pm	Closing by Caltech Counseling Center and conference organizers
2:50pm - 3:00pm	Symposium Survey

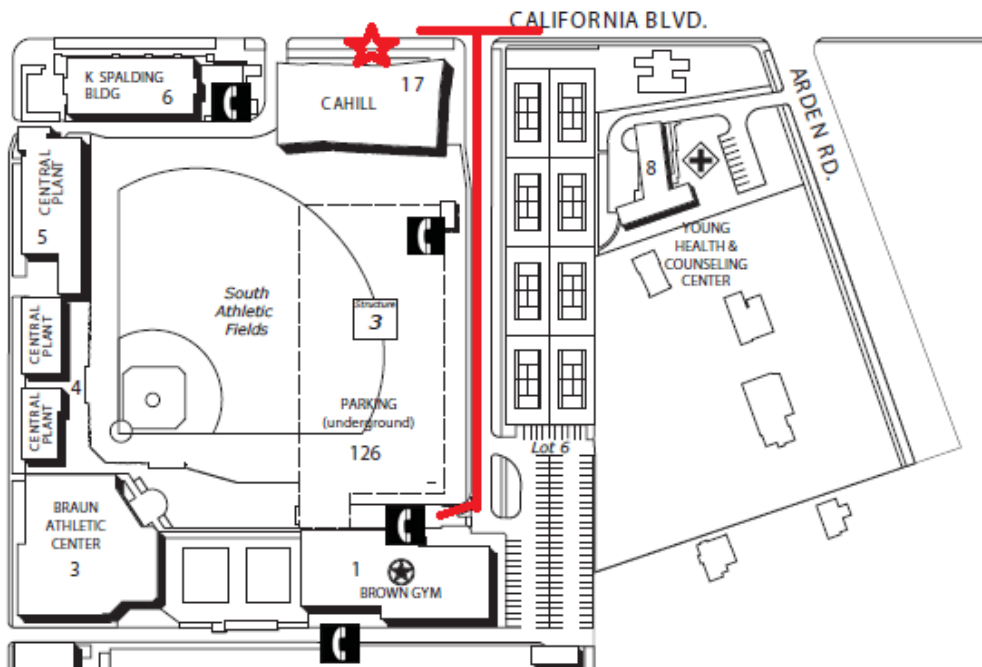
Break Out Sessions

Participants will break out into small groups during a morning and afternoon interactive session to discuss the successes and challenges of: Suicide Prevention and Promoting Emotional Well-Being.


Each session will be followed by a time for reporting back and summarizing the small group discussions.

Parking at Caltech

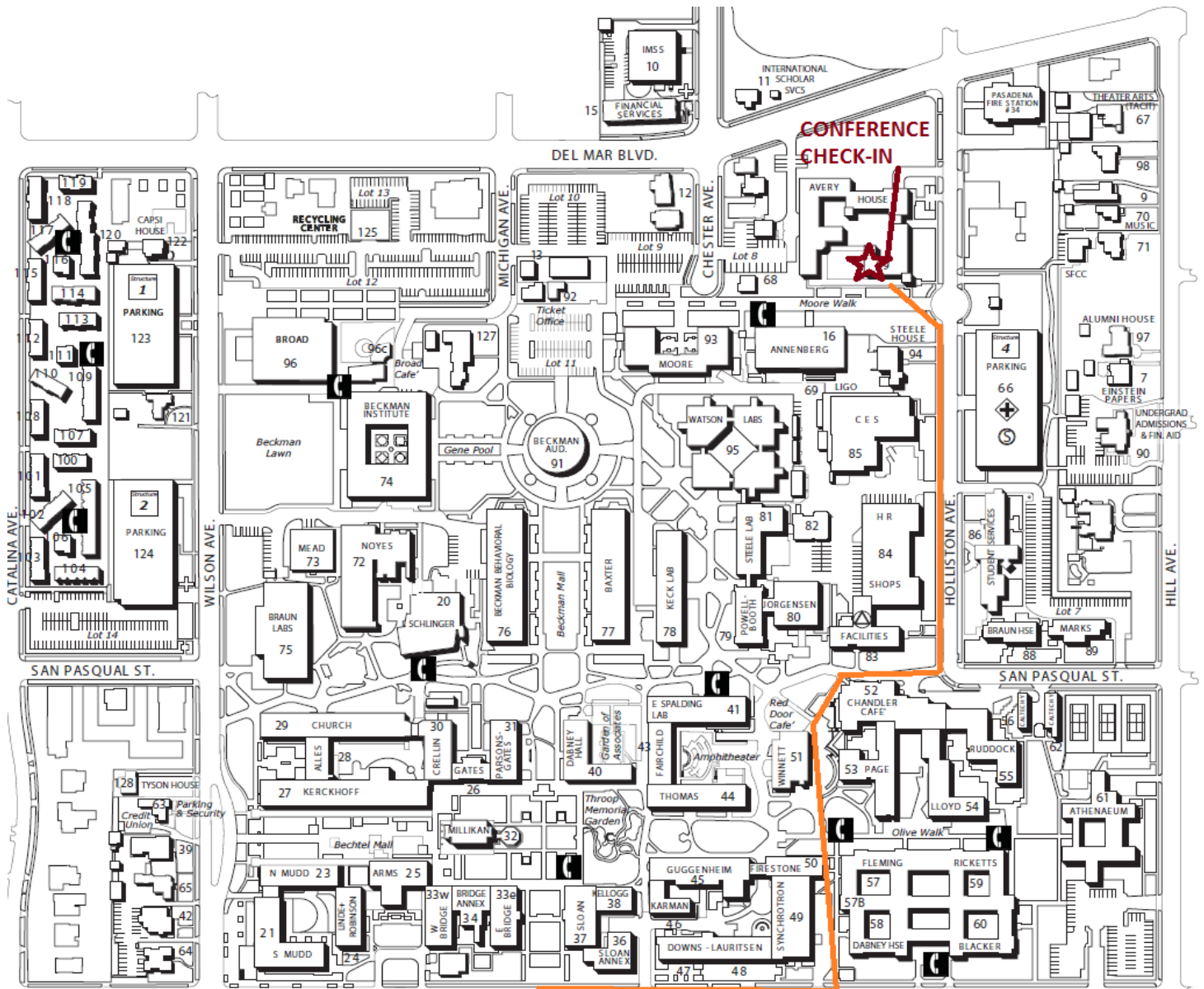
Parking is included with registration and will be mailed to you after online registration is received. Carpooling is encouraged. On your registration, please indicate if you plan to carpool, and a parking pass will be mailed to the driver of the carpool group. Please park in Parking Structure #3 (see map below). *Parking pass is valid for unmarked stalls only.* "Carpool" and named stalls are reserved for Caltech employees only.



HOW TO GET TO PARKING STRUCTURE:


1. Use GPS or map to this address:
**1248 E. California Blvd.
Pasadena, CA 91125**
*or 1200 E. California Blvd. if using iPhone map
2. It will lead you an approximate location near the 
3. Follow **RED** path to entrance of parking structure

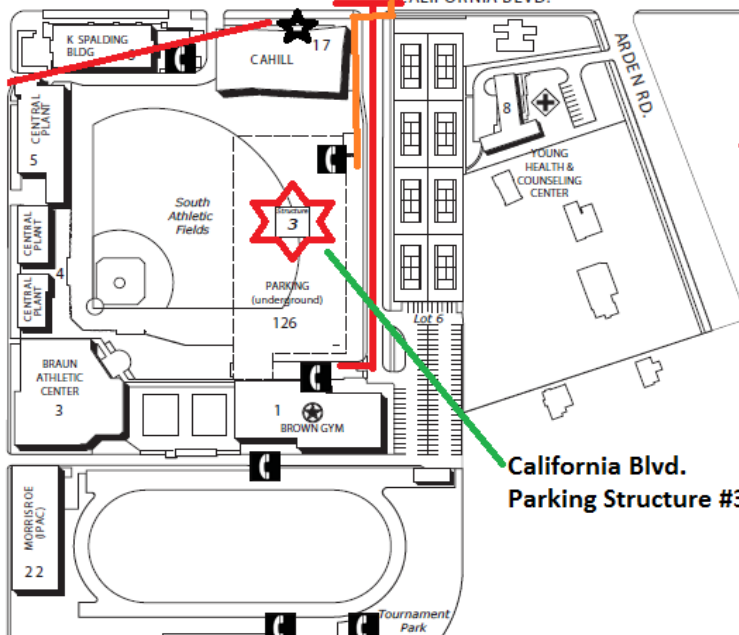
CALTECH CAMPUS MAP





CONFERENCE CHECK-IN

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-  Walking path from parking structure to Avery
-  Driving path from GPS address to parking structure

California Blvd.
Parking Structure #3

