

BRINGING ASIAN AMERICAN PSYCHOLOGY TO THE FOREFRONT OF POLICY AND COMMUNITY ENGAGEMENT

George Washington University Washington, D.C.
August 6, 2014



President & Vice President

Sumie Okazaki and Kevin Nadal

Conference Co-Chairs

Anjuli Amin and Monique Shah Kulkarni

Co-sponsored by:

George Washington University, Department of Psychology

Welcome to the 2014 AAPA Convention in Washington D.C.!

Dear AAPA Family,

On behalf of our president Dr. Sumie Okazaki, it is with great pleasure that I welcome you all to the annual convention of the Asian American Psychological Association.

First of all, I'd like to thank our convention co-chairs; Dr. Anjuli Amin and Dr. Monique Shah Kulkarni have worked diligently on ensuring that the convention is as successful, informative, and high-quality as possible. I'm so grateful for their passion, meticulousness, and expertise in putting together such a fabulous convention, as well as the other committee heads and volunteers who have worked numerous hours on planning and executing this amazing day.

As I reflect upon this year's theme of "Bringing Asian American Psychology to the Forefront of Policy and Community Engagement," I think of the many ways that we as Asian American and Pacific Islander psychologists and mental health providers can strive to better advocate for mental health awareness in our communities and families. While the field of Asian American Psychology has grown significantly in the past 40 years, there is still an incredible amount of stigma regarding Asian Americans and mental health issues, as well as complacency regarding social justice issues. Because of this, it is crucial for us to continue Sumie Okazaki's presidential platform of "giving psychology away" in order to raise more awareness of mental health issues and decrease as much cultural stigma as possible. Perhaps one way we can address stigma and complacency is to use social media as a catalyst to discussing AAPI issues, particularly those related to mental health. While posting about your reactions to Asian American representations in the media or the newest research findings from an Asian American Journal of Psychology article may seem like a mundane task, know that you have the power to raise awareness to your social networks in ways that are palpable. For example, I often think of my own family and friendship circle- many who don't have access to various modes of critical thinking or awareness. As a result, I recognize that it is important for me to voice my opinions about certain issues (via Facebook or face-to-face) in order to educate them about issues they may not even be aware of. In doing so, it is my hope that they become a little bit more engaged about issues affecting the Asian American community, which in turn may lead to more social change.

Further, Asian Americans are still classified as the "Model Minority", resulting in the lack of visibility of the many problems facing our communities. We need to break this stereotype by being active change agents on various levels. We need more AAPI psychologists to represent our concerns on national levels- whether it is through involvement in APA or through advocacy to our elected officials. But perhaps we can also advocate for social justice on institutional and group levels too. If issues affecting Asian Americans are not being dealt with at your university, hospital setting, or workplace, then perhaps it is time for you to be the one who voices these concerns. We can no longer assume that someone else will speak for us. We have to be the ones to advocate for our needs.

Finally, I leave you with a quote that I once heard from a motivational speaker when I was in high school. "There are people who make things happen. There are people who watch things happen. And there are people who wonder what happened." I hope that this convention inspires you to be one of the people who make things happen.

With much love and respect,

Kevin L. Nadal, Ph.D.

AAPA Vice President/ President-Elect

Greetings!

On behalf of the 2013-2014 AAPA Convention Committee welcome to the national AAPA Convention. We look forward to hosting you this year in Washington D.C. and are excited to share with you a number of exciting opportunities. We hope you take advantage of your time in D.C. to network, mingle, learn, collaborate, and dialogue with your fellow AAPA colleagues.

Our theme this year, "Bringing Asian American Psychology to the Forefront of Policy and Community Engagement", aims to shed light on the ways in which we as mental health professionals can make Asian American psychology more accessible to the general public. Throughout the day we will seek to build awareness of our role in improving access to culturally competent mental health services for our communities. Our day will begin with a keynote address by Kiran Ahuja, the Executive Director of the White House Initiative on Asian Americans and Pacific Islanders (AAPIs). Ms. Ahuja's past and current work as a leader among AAPI and women's rights organizations is a great example of the rise in community empowerment that can occur with interdisciplinary collaboration.

As we move through the day you will find great diversity in the work of AAPA's members and colleagues. We have a number of excellent presentations and an expansive poster session showcasing cutting-edge research. Be sure to join in on networking opportunities, including one of several lunch time discussion groups and the mentor-mentee reception, as well as our afternoon reception where we will recognize just a few of AAPA's award winners.

In honor of our theme, don't forget to connect your social networks to this year's programming. Tweet #aapa2014 and follow @AAPAonline to let your friends and family know what you're excited about at this year's Convention! Plus, follow convention photos and team status updates by "Liking" Asian American Psychological Association on Facebook.

We hope you will end your day with us at our evening banquet hosted at the McLean Gardens Ballroom. In addition to a delicious South Asian themed buffet dinner and musical entertainment, AAPA will be hosting a raffle fundraiser to support next year's Convention in Toronto. Every raffle ticket purchased brings you closer to your very own iPad Mini, among many other prizes, and all money raised will go towards helping our student attendees.

Lastly, we want to send out a huge thank you to our amazing and hard-working Convention Committee. Without their energy and many months of work this event would not be at all possible. Their badges are marked with a special ribbon so please take a moment to tell them thank you! Again, thank you for joining us and we hope you have a successful and productive experience at this year's Convention!





Thank you to all of our volunteers!



AAPA 2014 Convention Committee

Convention Co-Chairs: Anjuli Amin and Monique Shah Kulkarni

Banquet/Entertainment Co-Chairs: Steph Pituc, Mehwish Qureshi, and Nicole Rider

Book Sale Co-Chairs: Graciete Lo and Kathy Nguyen Li
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Jennifer Chain and Joe Nee
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Volunteer Co-Chairs: Lovey Walker and Oh Myo Kim

AAPA 2014 Convention Poster Session Judges

Michi Fu Oh Myo Kim Sumie Okazaki
Kyong-Rae Jung Kimberly Langrehr Satoko Shibao
Shilpa Kapoor Matthew R. Lee Florensia Surjadi
Linda Juang Lali McCubbin Christine Yeh

Angela Kim Michelle A. Meyer

AAPA 2014 Convention Volunteers

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Jackie Kim Chujie Qian Jiwon Yo Joanna Kim Jason Reynolds

Convention Day Details

Cafritz Conference Center
The George Washington University
800 21st Street, NW
Washington, DC 20052

The Cafritz Conference Center is located on the third floor of the Marvin Center. The main entrance of the Marvin Center is located on 21st Street between H and I Streets.

<u>From Reagan National Airport:</u> If you are traveling by plane and flying directly into Reagan National Airport, you can reach the campus by taxi, which will cost approximately \$20. You can also reach campus by taking the Metro Blue line (towards Addison Road). Exit at the stop marked "Foggy Bottom-GWU." Exit the Metro, cross 23rd Street, and continue walking on I street approximately two blocks. Turn right onto 21st Street. The Marvin Center will be on your right on 21st Street between H and I Streets.

<u>From Dulles Airport:</u> If you are flying into Dulles International Airport, you can take a Super Shuttle van or use the Washington Flyer shuttles to downtown Washington. Tickets can be purchased at the airport. The van will drop you off at any location you specify, including The Marvin Center located at 800 21st Street, NW, between H and I Streets.

By Train: If you are traveling by train, you will arrive at Union Station where you have two options to continue. You can take a taxi for the approximate cost of \$15 or you can take the Metro Red line (towards Shady Grove). When you reach the Metro Center stop, transfer to the Blue line (towards Franconia-Springfield) or the Orange line (towards Vienna). Exit at the stop marked "Foggy Bottom-GWU." Exit the Metro, cross 23rd Street, and continue walking on I street approximately two blocks. Turn right onto 21st Street. The Marvin Center will be on your right on 21st Street between H and I Streets.

By Metro: If you are traveling by Metro to campus, exit at the stop marked "Foggy Bottom-GWU." As you exit the station, you will be at 23rd and I Streets. Cross 23rd Street, and continue walking on I street approximately two blocks. Turn right onto 21st Street. The Marvin Center will be on your right on 21st Street between H and I Streets.

If You are Traveling by Car:

FROM NORTH: Take I-95 South to I-495 (Capital Beltway) toward Silver Spring/Northern Virginia. Take exit 33, heading south on Connecticut Avenue for about 9 miles. Turn right onto Florida Avenue (just past the Washington Hilton) and turn left immediately onto 21st Street. Turn right onto H Street. The entrance to the parking garage is on the right between 21st and 22nd Streets.

FROM WEST: Interstate 66 and Route 50 both connect with the Theodore Roosevelt Bridge. Cross the bridge and exit left at E Street, then again at Virginia Avenue. Bear left, following signs for 23rd Street. Turn left on 23rd Street and continue a few blocks to campus. Turn right on H Street. The entrance to the parking garage is on your right between 21st and 22nd Streets.

FROM SOUTH: Interstate 395 to Arlington Memorial Bridge exit. Cross the bridge and bear left at the Lincoln Memorial. Turn left onto 23rd Street, NW, and continue a few blocks to campus. Turn right on H Street. The entrance to the parking garage is on your right between 21st and 22nd Streets.

<u>Parking:</u> A University Parking Garage is located on the bottom five levels of the Marvin Center and can be accessed on H Street, between 21st and 22nd Streets. This parking garage is open 7am until Midnight daily.

Rates for Marvin Center and University Visitor Parking Garages

1 hour:	\$9
Up to 2 hours:	\$15
Daily Maximum:	\$22
Weekend Daily Maximum:	\$12
Evening Maximum Rate (after 5 p.m. until midnight):	\$10
Overnight Rate (midnight till 2am):	\$10

After the convention, join us at 7pm for the annual AAPA Banquet, this year at

The McLean Gardens Ballroom

3811, Porter Street NW Washington DC 20016 PH: 202.342.3400

Transportation to the McLean Gardens Ballroom will be provided by AAPA. Buses will be on hand at GWU to transport attendees to the banquet site starting at 6pm.

<u>Directions from George Washington University to the McLean Gardens Ballroom</u>

- Head south on 21st St. NW to H St. NW (128 ft)
- Take the first left onto H St. NW (495 ft)
- Turn left onto 20th St. NW (.7 mi)
- Turn left onto Massachusetts Ave. NW (.3 mi)
- At the traffic circle, continue straight to stay on Massachusetts Ave. NW (1.7 mi)
- Turn right onto Wisconsin Ave. NW (.6 mi)
- Turn left onto Porter St. NW (276 ft)
- Keep right to stay on Porter St. NW (49 ft)
- McLean Gardens Ballroom is on the right at 3811 Porter St. NW

There is no dedicated parking lot at the McLean Gardens Ballroom. Street parking is available. If you arrive before 6:30pm, you may park on Porter, Macomb, or 38th St. After 6:30pm, you can also park on Wisconsin Ave. Note that Wisconsin Ave.'s (1/2 block away) rush hour restrictions expire at 6:30pm every night thereby creating the largest (and free) parking lot in town. The parking restrictions resume the next day at 6:30am.

Food throughout the Day and Dining Options

AAPA will provide a continental breakfast and afternoon snack. For those who ordered a box lunch, please report to the Grand Ballroom with your name badge to pick up your lunch. There will be a limited number of lunch boxes available on-site for purchase. Lunch is also available offsite; however, please note that every onsite lunch purchase helps to offset future convention costs. Please consider buying a delicious lunch at the Marvin Center!

The banquet dinner will be a South Asian buffet and will include a variety of vegetarian and gluten-free options. Drink tickets will be available for \$5 each and can be redeemed for wine or beer throughout the evening.

Continuing Education

AAPA will not provide CE credits at this year's Convention.

Book Sale

All purchases made at the Book Drive will help fund AAPA student travel to next year's convention. This year, we received 99 donations (98 books, 1 DVD) from 23 publishers and 8 authors. American Psychological Association, Pearson, Teachers College Press, and Temple University were the most generous donors, each contributing 5 or more books to our Book Drive. Several 2014 releases will be available for purchase, including: Creating Well-Being (APA), Flex: The New Playbook for Managing Across Differences (Harper Collins), East Meets West in Teacher Preparation: Crossing Chinese and American Borders (Teachers College Press), and Clinical Mental Health Counseling: Fundamentals of Applied Practice (Pearson). We will also be offering several books around managing cultural diversity in the workplace and academic setting, including The Diversity Training Activity Book (AMACON), Building a House for Diversity (AMACON), 147 Practical Tips for Teaching Diversity (Atwood Publishing), and Multicultural Competence in Student Affairs (Jossey-Bass).

Come visit the Book Drive in the Grand Ballroom!

AAPA 2014 Book Drive Sponsors

AMACOM Princeton University Press

American Psychological Association Routledge

Atwood Publishing Rutgers University Press

Cengage Publishing Shell Education

Columbia University Press Sage

Harper Collins Publishers Teachers College
Heyday Books Teachers College Press

Information Age Publishing Temple University

InterVarsity Press University of Michigan Business School

John Wiley & Sons University of Minnesota Press

Jossey-Bass W.W. Norton & Co. Lambert Academic Publishing Wiley-Blackwell

New York University Press World Trust Educational Services

Paradigm Publishers Worth Publishers

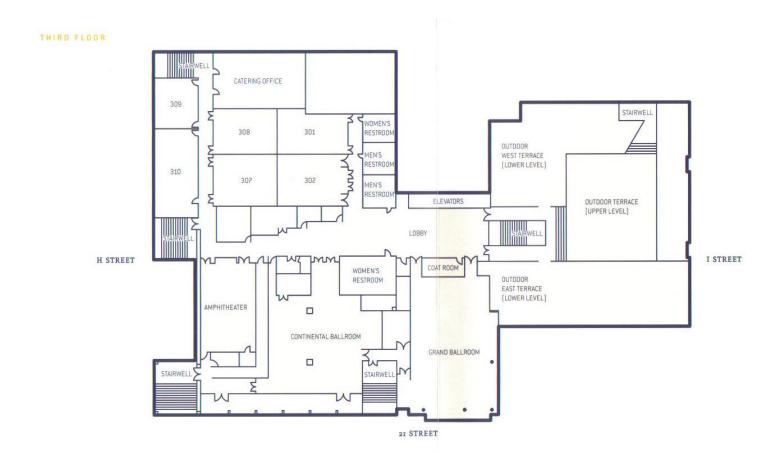
Pearson

Thank you to our sponsors!

The 2015 AAPA Convention

Are you so excited about this year that you're ready to sign up to help at next year's convention? That sounds like someone we want on our team! Next year's AAPA Convention will be held in Toronto. If you are interested in joining the team, please email Monique Shah Kulkarni at moniqueshah@utexas.edu.

Layout of George Washington University's (GWU) Marvin Center



Nursing mothers, please note there is a single room located on the 2nd floor, near the women's restroom. It will be available on a first come basis and accommodates 1 person at a time. Please follow the signs or ask a Convention Team member if you need help finding it.

AAPA 2014 SCHEDULE AT A GLANCE

Registration, Breakfast, and Early Bird Activity will be in the Grand Ballroom from 7:30-8:30am Welcome and Announcements will be made in the Continental Ballroom from 8:45am-9:10am The Keynote Presentation will take place in the Grand Ballroom, from 9:15am-10:45am Book drive will be in the Grand Ballroom (all day)

Location	11:00 – Noon (Breakout session #1)	12:15-1:15pm (Lunch Discussions)	1:30-2:30 PM (Breakout session #2)	2:45 – 3:35 PM (Breakout session #3)
Continental Ballroom	How is it working?: Critical analysis and dialog on the application of the APA Ethics Code for clinical work and research with Asian Americans		Harnessing the Power of Media: A How-To Guide for Giving Asian American Psychology Away	Unpacking Power and Privilege within the Asian American Identity
301	International students in counseling psychology: Their voice in globalizing the platform of psychology	Division on Filipino Americans	Engaging with the Psychology Community in India: Defining our Role as Learners and Contributors	The Okura Mental Health Leadership Foundation: Multigenerational AAPI Leaders and the Future of Psychology
302	Asian Americans' Suicide- Related Outcomes: New Paradigms, New Directions	Practice Task Force	Early Career Award for Distinguished Contributions to Research and Service	Developing a Research- Community Mental Health Collaboration in Boston Chinatown: Visions, Challenges, and Future Directions
307	Discrimination among Asian- heritage Youth in Elementary, High School and College: Stereotypes, Context, and Coping	AAJP Editorial Board	Multicultural Counseling Training and Asian American Counseling Services in Schools	AAPI Students and Advocacy in Research, Practice, and Service: Challenges and Opportunities
308	Fostering Asian American & Black American Coalitions in Race Related Academic Research	(NEW!) Division on LGBTQ Issues	Aspiring Allies of Asian Americans	Asian American Men: Lived Experiences and Psychology
309	2014 AAPA Dissertation Panel	Division on Students: Meet & Greet	Overcoming Adversities: Stories of Hope and Courage	Cultural Influences on Relationships in Asian and Asian American Contexts

Snack break will be in the Grand Ballroom from 3:45pm-5:00pm
Posters will be displayed all day in the Grand Ballroom and judging will take place from 4:00-5:00pm
The Mentor-Mentee Reception will be in the Continental Ballroom from 5:00pm-5:50pm
Closing Remarks will occur in the Continental Ballroom from 6:00pm-6:15pm

Connect your social networks to this year's programming. Tweet #aapa2014 and follow @AAPAonline to let your friends and family know what you're excited about at this year's Convention! Plus, follow convention photos and team status updates by "Liking" Asian American Psychological Association on Facebook.

2014 AAPA Convention Schedule

"Bringing Asian American Psychology to the Forefront of Policy and Community Engagement"

Registration: Starting 7:30am
Early Bird Reception and Breakfast
Grand Ballroom

Collect your registration information, then head over to the Grand ballroom to meet old and new friends, and grab some breakfast. The early bird reception is a relaxed environment and great networking opportunity, especially for students and early career professionals. Come mingle with current, past, and emerging leaders of AAPA in a relaxed environment. The AAPA breakfast is an excellent networking opportunity for students and early career professionals before the convention begins. Come meet and greet to discuss your academic and career goals.

Welcome and Announcements: 8:45am – 9:10am Continental Ballroom

Opening remarks by Drs. Anjuli Amin and Monique Shah Kulkarni, 2014 AAPA Convention Co-Chairs Greetings by Dr. Sumie Okazaki, President of AAPA, and Dr. Kevin Nadal, Vice President of AAPA Brief remarks from Dr. Carol Sigelman, chair of the Psychology department at GWU.

Keynote Address: 9:15am – 10:45am Continental Ballroom

Kiran Ahuja was appointed on December 14, 2009 to the position of Executive Director of the White House Initiative on Asian Americans and Pacific Islanders (AAPIs), housed in the U.S. Department of Education in Washington, DC. In this capacity, she is responsible for directing the efforts of the White House Initiative and the Presidential Advisory Commission on AAPIs to advise federal agency leadership on the implementation and coordination of federal programs as they relate to AAPIs across executive departments and agencies. The White House Initiative on AAPIs works with these entities to improve the quality of life and opportunities for Asian Americans and Pacific Islanders through increased access to, and participation in, federal programs in which they may be underserved.

For almost twenty years, Ms. Ahuja has dedicated herself to improving the lives of women of color in the U.S. Well-known as a leader among national and grassroots AAPI and women's rights organizations, Ms. Ahuja served as the founding Executive Director of the National Asian Pacific American Women's Forum (NAPAWF) from 2003-2008. Through her leadership, Ms. Ahuja built NAPAWF from an all-volunteer organization to one with a paid professional staff who continue to spearhead successful policy and education initiatives, expanded NAPAWF's volunteer chapters and membership, and organized a strong and vibrant network of AAPI women community leaders across the country.

Moderator: Monique Shah Kulkarni, PhD, HSPP

Breakout Session #1: 11:00am - 12:00pm

CONTINENTAL BALLROOM

AAPA Invited Session – APA Code of Ethics Workshop: How is it working? Critical analysis and dialog on the application of the APA Ethics Code for clinical work and research with Asian Americans.

Helen Hsu, PsyD, City of Fremont Youth & Family Services; Liang Tien, PsyD, Dongbei University of Finance and Economics, Surrey International Institute

The Ethical Principles of Psychologists and Code of Conduct (including 2010 Amendments), or the Ethics Code, of the American Psychological Association (APA) contains a set of aspirational goals as well as enforceable rules to which members of APA commit themselves to follow. In addition to the Ethics Code being applicable to APA members, many State psychology licensing laws either adopt the Ethics Code outright or are modeled upon the APA Ethics Code. Either through membership or through licensure, the APA Ethics Code defines professional behavior and standards for psychologists. Are these principles and standards congruent with the values, attitudes and worldview of Asian Americans? The facilitators have been engaged with the APA Ethics Board for 2 years thus far on this topic. A review of the comments and critiques gathered thus far from the AAPA community, as well as a summary of those comments and critiques from the Association of Black Psychologists (ABPsi), the National Latina/o Psychological Association (NLPA), and the Society of Indian Psychologists (SIP) will be provided. Join us for a conversation to explore ways in which the APA Ethics code does and does not work for your practice and community.

ROOM 301

Interactive Session - International students in counseling psychology: Their voice in globalizing the platform of psychology

Lavanya, Devdas, MSW, Lehigh University; Ge Song, Lehigh University

Asian international students, a growing population in U.S. professional psychology programs, face challenges such as language barriers, social isolation, acculturative stress, and discrimination (Choi, 2006) that compound their adjustment to the American academic setting and Western culture. Despite their challenges and contributions (i.e., academic, cultural and economic) (Sato & Hodge, 2009), little is known about how Asian international students adjust academically, and navigate multiple cultural demands. The current proposed interactive session will examine Asian international students' needs at multiple levels (i.e., individual, policy) in professional psychology programs, and avenues through which international students can contribute to the globalization of psychology.

ROOM 302

Symposium - Asian Americans' Suicide-Related Outcomes: New Paradigms, New Directions

Joel Wong, PhD, Indiana University, Bloomington; Martin Swanbrow Becker, PhD, Florida State

University; Kimberly Tran, PhD, Fayetteville State University; Angela Horn, Med, Indiana State

University, Bloomington; Tao Liu, MS, MA, Indiana University, Bloomington; Fred Leong, PhD, Michigan

State University

This symposium addresses cutting-edge research on Asian Americans' suicide-related outcomes from multidisciplinary perspectives. Our three presentations include (a) predictors of professional psychological help seeking among Asian American who had seriously considered attempting suicide (guided by social network perspectives on help seeking), (b) a qualitative study of protective factors that prevented Asian Americans with serious suicide ideation from progressing to suicide attempts (grounded in positive psychology), and (c) the relationship between Asian Americans' interpersonal shame and suicide ideation (based on a culturally informed model of shame). Each presentation addresses practical implications for suicide prevention policies and community-based interventions among Asian Americans.

Symposium - Discrimination among Asian-heritage Youth in Elementary, High School and College: Stereotypes, Context, and Coping

Linda Juang, PhD, University of California at Santa Barbara; Christine Yeh, PhD, University of San Francisco; Hyun Choi (Brandon) Yoo, PhD, Arizona State University; Richard Lee, PhD, University of Minnesota

This symposium focuses on racial/ethnic discrimination among Asian-heritage youth. Using a mixed-method approach, the first study examines the experiences of aboriginal children in Taiwan. The second study examines how the model minority myth is linked to adolescent adjustment in the U.S. The third study examines strategies for coping with discrimination among college students in the U.S. Collectively, the three studies use qualitative and quantitative methodologies to better understand discrimination at different developmental periods. Discrimination challenges and issues specific to each developmental period will be highlighted. The discussant will be Dr. Rich Lee, a leading scholar on Asian-heritage youth.

ROOM 308

Interactive Session - Fostering Asian American & Black American Coalitions in Race Related Academic Research

Kim Hazeltine, University of Massachusetts - Boston; Devin Chandler, University of Massachusetts - Boston; Fanny Ng, MA, University of Massachusetts - Boston; Tahira Abdullah, PhD, University of Massachusetts - Boston

As racial minorities, both Asian and Black Americans are subjected to systemic oppression (e.g., the U.S. education system; Museus, 2009; O'Gorman, 2010). Despite shared experiences of discrimination, there is little research focused on shared aspects of racism experienced by both Asian and Black Americans and even less about cooperative efforts between them to dismantle their collective oppression. This interactive session aims to raise awareness of the potential benefits and challenges of Asian-Black American research collaborations, and discuss techniques for facilitating cross-racial communication and understanding between Asian and Black American researcher-activists towards conducting racism-focused research.

ROOM 309

AAPA Invited Session - 2014 Dissertation Panel

Jin Kim, PhD, UC Davis; Priscilla Lui, MA, Purdue University; Kara Uy, MA, California School of Professional Psychology

Why don't individuals in distress seek help? Addressing underutilization among Asian Americans

Jin Kim, PhD; Winner of the 2014 AAPA Dissertation Fellowship Award

One of the most enduring disparities in the field of mental health services has been that Asian Americans as a group underutilize mental health services. This disparity has been longstanding and well-documented, highlighting the uneven burden of illness for this racial/ethnic group. The current dissertation study examined underutilization of mental health services by Asian American college students—a subgroup of Asian Americans who have high levels of psychological distress but low rates of services use. Prior help-seeking studies with Asian American college students have relied on assessing help-seeking variables from samples of non-distressed individuals who may not have a need for services. By adopting important theoretical principles of the Health Belief Model, the current study examined how individual beliefs regarding health influence intentions to seek help when there is in fact a need for services. The current study screened participants for elevated levels of psychological distress and measured their intentions to seek help. Using multiple group analysis in a structural equation modeling framework, results from the current study has promising implications for promoting services use among Asian Americans and addressing the most substantial disparity in mental health.

Disentangling Universal and Culture-Specific Risks to Mental Health among Asian Americans: A Multisite Longitudinal Study

Priscilla Lui, MA; Honorable Mention

Reducing mental health disparities among Asian Americans requires an understanding of how this group adjusts to the American mainstream in the context of family relationships and larger cultural values. This single-cohort, three-wave longitudinal dissertation project examined (1) the impact of development- and acculturation-based intergenerational conflicts among 1.5- and second-generation Asian Americans who began transitioning from late adolescence to young adulthood, and (2) the differential impacts of these conflicts on their mental health. Expanding on the acculturation gap-distress theory, results illuminated changes in intensity and mental health impact of intergenerational conflict associated with parent-offspring acculturation mismatch independent of those associated with developmental tasks.

Reassembling A Shattered Life: A Study of Posttraumatic Growth in Cambodian Community Leaders Kara Uy, MA; Honorable Mention

Posttraumatic Growth (PTG) refers to positive psychological change experienced as a result of the struggle with highly challenging life circumstances of a calamitous nature that may at times coexist with significant psychological distress (Tedeschi & Calhoun, 1996). PTG makes clear that persons experiencing this phenomenon have grown beyond their previous level of psychological functioning. PTG is recognized in three broad domains of change, including a changed perception of self, changes in relationships with others and philosophy of life, and spiritual transformations (Tedeschi & Calhoun, 1996). The present study explored the concept of PTG and transformation among fifteen Cambodian community leaders who are survivors of the Cambodian holocaust. Using a phenomenological qualitative paradigm, this study used the PTG model to explore coping, meaning making, and positive growth as both a process and outcome, highlighting the fundamental components of the lived experience of PTG in several domains including, spirituality, philosophy of life, interpersonal relationships, and new priorities.

Lunch: 12:15pm – 1:15pm Lunch meetings in designated rooms below

Box lunches will be available in the Grand Ballroom. After picking up your lunch, please feel free to join one of the discussion groups!

Room 301	Division on Filipino Americans
Room 302	Practice Task Force
Room 307	Asian American Journal of Psychology (AAJP) Editorial Board
Room 308	Division on LGBTQ Issues (NEW DIVISION!)
Room 309	Division on Students: Meet and Greet

Breakout Session #2: 1:30pm - 2:30pm

CONTINENTAL BALLROOM

AAPA Invited Session– 2014 Leadership Fellows: Harnessing the Power of Media: A How-To Guide for Giving Asian American Psychology Away

Kevin Nadal, PhD, John Jay College of Criminal Justice – CUNY; Shu-wen Wang, PhD, Haverford College; Dhara Thakar, PhD, Erickson Institute

The symposium will present a 'how-to guide' for harnessing the power of media to help psychologists 'give Asian American psychology away' to broader audiences. Kevin Nadal PhD, will facilitate a discussion addressing use of social media and traditional forms of media to disseminate research and reach non-scientific audiences in advocating for AAPI

communities. In addition, the AAPA Leadership Fellows will present their factsheets on: 1) Intimate personal violence for AAPI women, and 2) Trauma and violence exposure for AAPI children.

ROOM 301

Interactive Session – Engaging with the Psychology Community in India: Defining our Role as Learners and Contributors

Chandni Shah, MSEd, Purdue University; Kiranmayi, Neelarambam, MS, Georgia State University; Nupur Sahal, MS, Southern Illinois University – Carbondale; L. Sam S. Manickam, PhD, JSS University, Mysore

The authors will present themes found in informal interviews with psychologists in India and online forums about the psychologist and mental health professional community in India. The exploratory questions will be: a) What role do psychologists in India play in research, policy, practice, community engagement, and indigenous psychology in their field; b) what are the strengths, gaps, and challenges of the psychologist community in India; c) if/what role can psychologists and trainees in the US play to build relationships, engage, learn from, and support the psychology community in India; and d) what impact do our identities have on this process.

ROOM 302

AAPA Invited Session – 2014 Early Career Awards for Distinguished Contributions to Research and Service Joyce Chu, PhD, Palo Alto University; 2014 AAPA Early Career Award for Research; Chun-Chung Choi, PhD, University of Florida; AAPA Early Career Award for Service

Asian Americans and Suicide

Joyce Chu, PhD; 2014 AAPA Early Career Award for Research

Though studies have long shown that suicide looks and develops differently in ethnic minorities and Asian Americans, existing clinical and research approaches to suicide assessment and prevention is generalized and does not incorporate cultural variations in any systematic way. In addition, theoretical models of suicide have been largely devoid of cultural influence. This presentation will give an overview of the state of suicide science and practice amongst Asian Americans, including data regarding sociocultural subtypes and specific patterns of help-seeking behaviors amongst Asian Americans with suicidal ideation and attempts. The talk will also present the Cultural Theory and Model of Suicide (Chu, Goldblum, Floyd, & Bongar, 2011) and the Cultural Assessment of Risk for Suicide (CARS) measure (Chu et al., 2013) as practical approaches assist clinicians and researchers in accounting for cultural influences on suicide risk among Asian Americans. This theoretical and measurement work provides a foundation for framing future investigations of suicidology among Asian Americans. Recommendations for research and clinical practice will be discussed.

Multilayers of Advocacy

Chun-Chung Choi, PhD; AAPA Early Career Award for Service

Asian Americans are perceived to be highly competent in their academic pursuit while low in warmth in interpersonal interactions by the dominant group (Fiske, Cuddy, Glick, & Xu, 2002; Lin, Kwan, Cheung, & Fiske, 2005). It led to the perception of untrustworthy and foreign (Yogeeswaran & Dasgupta, 2010) and resulted in subtle discriminatory behaviors such as restricting promotional opportunities for this group. A recent study has shown that discrimination distress effect is stronger for Asian Americans with college or higher levels of education than for Asian Americans with less than college levels of education (Zhang & Hong, 2013). It became vital important for Asian American college students to learn skills in buffering discrimination distress and for Asian American faculty and staff to create their own voice in dealing with these issues. Working from the multilayers of advocacy work, the presenter shares his work with students, student organizations, and school officials that led to the creation of institutional establishment of an Asian American resource center and a hire of an Asian American leader. The importance of small effort such as teaching courses in Asian American study, creating media presentation in empathy training, outreach effort, and even network building among Asian American community will be discussed. In addition, according to the report by the Institute of International Education, 1 in 8 international students remain in the U.S. after graduation. Among them 70% are Asian international students. This is the group endures the most discrimination distress at workplace (Zhang & Hong, 2013). Programs such as UF International Initiative Team (UFIIT) that promotes global awareness as well as support groups that buffer stress will be addressed.

Interactive Session – Multicultural Counseling Training and Asian American Counseling Services in Schools *Yih-Jiun Shen, D.Ed, University of Texas – Pan American*

This session introduces a study surveyed 454 school counselors via regular or on-line mailing to explore the relationships between counselors' training and comfort level, as well as their training and challenging level when working with Asian Americans in K-12 settings across the United States. The findings suggest that field experience involving counseling Asian Americans has positive influence on school counselor's practice with the population. Through interactive discussions, the audience in this session will explore training types and other factors that might influence the provision of Asian American counseling services.

ROOM 308

Symposium - Aspiring Allies of Asian Americans

Sable Smith, BA, University of Massachusetts – Lowell; Amanda Wik, University of Massachusetts – Lowell; Emily Kaskan, BA, University of Massachusetts – Lowell; Alexa Queenan, University of Massachusetts – Lowell; Ivy Ho, PhD, University of Massachusetts – Lowell

Research on inter-minority group allies is limited because ally development is focused mainly on dominant group allies. Literature has only briefly examined the roles that intersectionality can play in ally dynamics. The purpose of this interactive session is to examine how non-dominant group members can better support each other across multiple intersecting identities. This symposium will also explore the effects of intersectionality on ally preferences and perspectives.

ROOM 309

Overcoming Adversities: Stories of Hope and Courage

Jorge Wong, PhD, Asian Americans for Community Involvement & Palo Alto University

Mental illness and stigma are persistent and common among AAPI populations. Seeking psychological treatment carries a heavy cultural stigma of lacking will and individual weakness. Psychological mindedness and treatment are stigmatized and misunderstood. Stigma reduction strategies can address and improve AAPI's willingness to seek mental health services. Public health educational and outreach strategies via visual and social media can increase the psychological mindedness of AAPI populations. An AAPI focused stigma reduction media strategy was develop to engage the AAPI public, professional and policy making bodies to better address the need for mental health services for the AAPI communities.

Breakout Session #3: 2:45pm - 3:45pm

CONTINENTAL BALLROOM

Symposium - Unpacking Power and Privilege within the Asian American Identity

Gloria Wong, MA, UC Davis Asian American Center on Disparities Research; Jennifer Chain, MA,

University of Oregon; Sumie Okazaki, PhD, New York University; Nolan Zane, PhD, University of

California, Davis

The Asian American and Pacific Islander (AAPI) racial category is composed of complex identities and experiences. This symposium addresses the hierarchical of power dynamics among the AAPI community. Power and privilege within the API community might be a microcosm of the greater system of oppression in the U.S. Previous literature on power and privilege has focused primarily on the relationship between White and ethnic minority groups. If we are striving to empower every member of the AAPI community, we need to acknowledge and address this intra-group hierarchy.

Interactive Session – The Okura Mental Health Leadership Foundation: Multigenerational AAPI Leaders and the Future of Psychology

Matthew Mock, PhD, John F. Kennedy University; Ford Kuramoto, DSW, NAPAFASA

The Okura Mental Health Leadership Foundation has contributed significantly to the success and development of Asian American and Pacific Islander leaders in the mental health and now health field. Dozens of individuals in psychiatry, psychology, social work and nursing have been supported in being recognized as an AAPI leader by the Okura Foundation. Patrick and Lily Okura along with Foundation Board Members and specially selected officials have impacted Fellows as future leaders. This mini-presentation and facilitated discussion will further elicit lessons learned from such experiences including others to be included as well as ways to potentially expand them multigenerationally. Narrative stories of Asian leaders will be richly shared. Past Fellows, representatives from diverse AAPI communities and future potential emerging leaders may be invited for this dynamic and engaging interactive discussion.

Purpose:

- a) To acknowledge the remarkable opportunities made available for current AAPI psychology leaders as former Okura Foundation Fellows;
- b) To continuously support Asian American and Pacific Islanders staff and community members to become leaders in their communities and workplaces, to highlight their cultural strengths in mental health and related fields;
- c) To inform behavioral health staff in assisting others of AAPI backgrounds from clients to graduate students to newer colleagues in the field in developing leadership skills akin to Okura Fellows for advocacy, policy development and community involvement.

ROOM 302

Interactive Session – Developing a Research-Community Mental Health Collaboration in Boston Chinatown: Visions, Challenges, and Future Directions

Stephen Chen, PhD, Wellesley College; Cindy Liu, PhD, Commonwealth Research Center; Giles Li, MS, Boston Chinatown Neighborhood Center

Successful collaborative partnerships between community organizations and academic institutions are easily identified in retrospect. But how are these partnerships initiated, and how do they progress through the early stages of their collaboration? This interactive session will detail the development of an ongoing collaboration among researchers in Asian American psychology and the largest community service provider for the Asian American community in New England. Panelists will discuss initiation of their partnership, collaborative pursuit of funding mechanisms, and reflections on the challenges and benefits of community-academy collaborations for the Asian American mental health community.

ROOM 307

Interactive Session - AAPI Students and Advocacy in Research, Practice, and Service: Challenges and Opportunities

Linh P. Luu, MS, Lehigh University; P. Priscilla Lui, MA, Purdue University; Debra Kawahara, PhD, California School of Professional Psychology, Alliant International University San Diego

Responding to the call for psychologists to become change agents, efforts have been made to understand psychology students' perspectives about advocacy engagement. Unfortunately, most literature was based on predominantly Euro American samples, and limited on AAPI Despite systematic barriers, AAPIs' lived experiences with social injustice have been found to associate with strong advocacy. Thus, AAPI trainees also have unique roles in creating changes, given their challenges in American social, educational, and political systems. The goals of this session are to address challenges facing AAPI trainees and to identify strategies for effective advocacy engagement.

Interactive Session – Asian American Men: Lived Experiences and Psychology

Jacks Cheng, EdM & MA Candidate, Columbia University; Brian Keum, EdM Candidate, Columbia

University; Sunny Ho, EdM Candidate, Columbia University

Asian Americans are described as an underprivileged racial minority whose invisibility has problematized representations of their experiences in the North American society (Shek, 2006; Sue, 2005; Sue et al, 1995). Asian American men (AAM) in particular may experience additional distress under the subordinate male target hypothesis of social dominance theory, where racial dominant men target subordinate men as a mean to control social power and resources (Sidanius & Pratto, 1999). The proposed interactive discussion aims to examine the lived experiences of AAM as related to masculinity, societal portrayals and stereotypes, and model minority burden, with emphasis on AAM as psychology trainees.

ROOM 309

Symposium – Cultural Influences on Relationships in Asian and Asian American Contexts

Shu-wen Wang, PhD, Haverford College; Janet Chang, PhD, Trinity College; Anna Lau, PhD, UCLA; Joey

Fung, PhD, Fuller Theological Seminary; Natasha Thapar-Olmos, PhD, Pepperdine University; Richard

Lee, PhD, University of Minnesota

We address how Asian cultural values and norms shape relationship processes and interpersonal behavior. The first presentation examines the use and effectiveness of social support in relation to collectivistic values in Asian and Latino American groups. The second presentation addresses harmony and reciprocal support interactions in Asian and European American groups. The third presentation studies the influence of psychological control on Hong Kong parent-child relationships and child adjustment. The fourth presentation observes how South Asian college students' acculturation and family relationships are linked with service utilization. These studies provide insight into the associations among cultural values, relationships, and well-being.

Snack Break: 3:45pm – 5:00pm Grand Ballroom

Take a break and join us in the Grand Ballroom for afternoon snacks and refreshments!

Poster Sessions*

Judging will take place from 4:00-5:00pm

Posters will be on display throughout the day

Grand Ballroom

* Presenters for posters should put up their posters between 7:30-8:00am and display them throughout the day. Posters should be taken down by 5:15pm. Presenters should plan to stand next to their posters to discuss their work from 4:00-5:00pm.

Listed in alphabetical order:

- 1. A 10-year Review of Qualitative Studies in Asian American Mental Health: APA and APS journals (*Jackie H.J. Kim, Donna Nagata, Rachel No, Nathan Schmall, & Nisarg Shah*)
- 2. Acculturation and Alcohol and Tobacco Use Among Vietnamese (*Quyen Tiet*)
- 3. Acculturation Struggles Among Hmong Families in America (*Choua Thao*)
- 4. Asking for a More Safe Classroom: The Identity Adaptation for Asian International Students in the United States (Shengjie Lin)
- 5. Attitudes towards Sexual Violence among Asian Indian Immigrants: The Influence of Attitudes towards Women, Sex Role Egalitarianism and Ethnic Identity (*Nina Sathasivam-Rueckert & Usha Tummala-Narra*)

- 6. Body Image Ideals and Concerns among Asian American Women (*Kelly Yu-Hsin Liao, Frances C. Shen, Andrea Cox, Amy Miller, Brittany Sievers, & Brianna Werner*)
- 7. Bruce Lee or Arnold Schwarzenegger? Negotiation of Asian Men's Body Image in Western Society and the Role of Acculturative Stress (*Tae Hyuk (Brian) Keum*)
- 8. Can They be One of Us? The Structure and Correlates of Inclusiveness among Asian American High School Students (Suchita Saxena & Ignacio Acevedo-Polakovich)
- 9. Chinese-American Family Member's Explanatory Models of Schizophrenia (Nora Aldhuwaihi, Carolina Gouguenheim, Alexandra Von Ritzhoff, & Josefina Toso Salman)
- 10. Collectivistic Coping Strategies for Distress among Polynesian Americans (G.E. Kawika Allen & Timothy Smith)
- 11. Comparing Discrimination Experienced Among US-Born and Foreign-Born Hmong (*Papu Ramakrishnan*)
- 12. Culturally Qualitative Study: Understanding Family Members' and Caregivers' Burdens for Chinese Schizophrenia Consumers (Yu Chak Sunny Ho, Emily He, & Tae Hyuk (Brian) Keum)
- 13. Emotional Reactions to Stigma of Mental Illness in Chinese Immigrant Consumers (*Anna Yeo, Wei Qi, & Rong Rong Han*)
- 14. Ethnicity Moderates the Outcomes of Self-Enhancement and Self-Improvement Themes in Expressive Writing (William Tsai & Anna Lau)
- 15. Examining Ethnic Differences in Well-Being: Considering the Role of Phenotype Prototypicality (Lauren Berger)
- 16. Examining Parental Predictors of Eating Disturbances in Asian and European American Females: Evidence for the Centrality of Parental Expectations as a Pan-Ethnic Variable (Hannah McCabe)
- 17. Experiences of Mentors in the Sikh Community After the Oak Creek Temple Shooting (Maleeha Abbas, Matthew Reiland, & Alberta Gloria)
- 18. Exploring factors that affect risky sexual behaviors among Chinese immigrant youth in New York City (Vanessa Li, Melinda Wong, Kibby McMahon, Sabrina Cheng, Amy Li, & Jean Lau Chin)
- 19. Exploring the Impact of the Race of Role Models on Asian Americans (Jennifer Bordon, Lei Wang, Kenneth Wang, Jeffrey Yeung, & Tzu-Yu Chen)
- 20. Importance of Language-matching for Asian Americans' Utilization of Mental Health Care (Annissyah Alamsyah & Ouven Tiet)
- 21. Interpersonal Overconcern: A Cultural Impedance for Asian American Well-being (Michael Sun)
- 22. Leadership Attitudes and Civic Responsibility among Asian American College Students (*Dominic Rivera, Sherry Hao, Zachary Goodman, Cordell Suha, & Greg Kim-Ju*)
- 23. Measurement Equivalence and the NEO-FFI for Asian International and Euro American Students (*P. Priscilla Lui & David Rollock*)
- 24. Measuring cultural influences on mental health stigma (Jeanette Chong, Jenny Kim, & Ruby Han)
- 25. Measuring Internalization of Stereotypes amongst Asian American Women (Hanna Chang, Marissa Floro, Nickecia Alder, & Bernasha Anderson)
- 26. Molehills Make Mountains: How the Frequency of Occurrences Affect the Physiological Impact of Racial Microaggressions (Matthew Olson, Jonny Lindh, Megan Dunn, Emily Sayuri Kasai, Gloria Wong, Anne Saw, & Sumie Okazaki)
- 27. Parental Recognition of Mental Illness in Chinese American Youth (Cindy Liu, Huijun Li, Esther Tung, & Qing Liu)
- 28. Parenting Behaviors Predictive of Child Theories of Intelligence (Joanna Kim)
- 29. Perceptions of Asian American Femininity: Implications for Family Conflict Problem Statement (*Tiffany K. Chang, Tao Liu, & Y. Joel Wong*)
- 30. Perceptions of Interracial Marriages: Japanese American women married to White men (Sofie Friedman, Sydney Groll, Michiko Iwasaki, & Christina Thai)
- 31. Personal Discrimination and Satisfaction with Life: Exploring Perceived Functional Effects of Asian American Race/Ethnicity as a Moderator (Alisia G.T.T. Tran, Elisa R. Miyake, Gilbert Jew, & Cindy C. Sangalang)
- 32. Positive Coping Strategies of Chinese Immigrants with Schizophrenia Spectrum Disorder (Wei Qi, Debbie Huang, Jinqvi Gu, Tanya Sinqh, & Mala Dorai)
- 33. Presenting Problem, Severity, and Diagnosis Among Clients in Community Mental Health (*Rady Oeur, Tai Chang, & Eddie Chui*)
- 34. Social Support as a Positive or Negative Factor for White Ally Development (Devin Chandler)

- 35. Southeast Asian Mental Health: The Role of Cultural, Racial, and Pre-Immigration Experiences (Nancy N. Truong, Na-Yeun Choi, Gloria A. Huh, Minji Yang, Ning Liu, Richard Q. Shin, & Matthew J. Miller)
- 36. Strengthening Multicultural Competence: A Clinical Training Model (Diljot Sachdeva)
- 37. The Associations between Stress, Religion, and Psychological Well-being among Older Asian Americans (Elsa Lee)
- 38. The Boundaries Within: In-Group Love and Out-Group Hate among APIAs (Amy Westmoreland)
- 39. The Development of Asian American Psychologists: The Emergences of Our Identities (Matthew Mock)
- 40. The Development of the Racism Empowerment and Resistance Scale (REAR) (Meardey Kong, Kim Hazeltine, Shruti Mukkamala, & Karen Suyemoto)
- 41. The Effect of Social Culturalization on Ethnic Identity and Social Functioning *(Christina Lam, Ha-Vi Nguyen, & Alisia G.T.T. Tran)*
- 42. The Experience of Chinese Immigrant Young Adults: A Community Based Participatory Research Project (Ariane Ling, Sumie Okazaki, & Ming Tu)
- 43. The Indian Male Sexual Offender: Will the Good Lives Model Work? (Richa Khanna)
- 44. The Influence of Social Identities on Asians' and Blacks' Social Distance (Shinji Katsumoto & John Tawa)
- 45. The Moderation Effects of Gender and Generation Status on Acculturative Stress and Well-being in South Asian International Students (Ankita Krishnan, David Rollock, & P. Priscilla Lui)
- 46. The Roles of Perceived Parental Refugee Trauma and Family Conflict in the Psychological Well-being of Adult Children of Vietnamese Refugees (*Teresa Uyen Nguyen, Donna Kiyo Nagata, & Jackie H.J. Kim*)
- 47. Universal and Culture-Specific Negative Coping in Chinese Immigrants with Schizophrenia (Michiko Matsuba, Amber Graham, Linda Chen, Adam Zhang, Max Dorfman, & Jung Eui Hong)
- 48. Victimization, Acculturation, Self-Esteem, and Depression in Asian American Adolescents (Kavita Atwal & Cixin Wang)

Mentor-Mentee Reception: 5:00pm – 6:00pm Continental Ballroom

This reception is a prime opportunity for Asian American students and early career professionals to network with more experienced professionals. Using a semi-structured format, students and professionals will be matched along similar topics of interest indicated on the registration questionnaire. Mentors will remain in designated tables for professional development topic areas, whereas mentees may alternate tables and mentors during the hour to meet their needs.

Closing Remarks: 6:00pm – 6:15pm Continental Ballroom

Announcements of the Poster Awards, Student Travel Award winners, Division on Students Award, Division on South Asian Americans Student Award, and the *Asian American Journal of Psychology* Best Paper Award. We will also be honoring the contributions of the outgoing Executive Committee Members.

AAPA Awards Banquet: 7:00pm – 11:00pm The McLean Gardens Ballroom

In lieu of banquet tickets, individuals who have purchased a banquet ticket will receive a sticker on their Convention name badge. Please be sure to bring your name badge with you in order to check into the banquet dinner.

At the banquet, we will be presenting the Okura Mental Health Leadership Foundation award, the AAPA Early Career Awards for Research, the Dissertation Research Grant Award, the AAPA Lifetime Achievement Award, and three AAPA Fellows designations.

Special Acknowledgments

Thank you to the following officers and leaders for their service to AAPA:

Outgoing AAPA Executive Committee Officers:

Richard M. Lee, PhD, Immediate Past President Kevin Nadal, PhD, Vice President Cindy Hsin-Ju Liu, PhD, Board of Directors Zeb Lim, MS, Board of Directors (Student Representative) Linda Juang, PhD, Secretary/History Ulash Thakore-Dunlap, LMFT, Communications Officer Alvin Alvarez, PhD, APA Council Representative Anjuli Amin, PhD, Convention Co-chair 2013-2014

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