

# Asian American Psychological Association 2009 Annual Convention



*“Strengthening Our Diverse Families  
and Communities in Times of Change”*

**August 5, 2009  
Victoria University  
Toronto, Ontario - Canada**

Conference Co-Chairs:  
Grace S. Kim & Anneliese A. Singh

Program Co-Chairs:  
Jocelyn L. Buhain & Richard Q. Shin

***Welcome to Toronto!*** We are so pleased to have you join us. Thanks to the efforts of a great program committee, we have created a stellar conference program exploring how we can best support the resilience and strength of Asian American/Pacific Islander (AAPI) individuals, families, and communities in the quickly changing economic and socio-political realities of our times. In celebration of our convention theme, “*Strengthening Our Diverse Families and Communities in Times of Change,*” we are excited to present a variety of special offerings. Our day begins with talks by three keynote panelists – Farzana Doctor, George Hong, and Stephen Murphy-Shigematsu – who will help us to consider the diversity within our families and communities while also considering opportunities for AAPI psychologists and trainees to engage in advocacy on these issues.

From there, you will have the opportunity to attend conference sessions addressing a range of topics, from how disability, sexual orientation, racism, gender, and child sexual abuse, to many other topics, have an impact our families and communities. We have also organized networking opportunities throughout the day, including lunch meetings and a mentor-mentee reception at the end of the day. Our annual awards banquet will be held this year at the Bright Pearl Restaurant (346-348 Spadina Avenue), in honor of the vibrant and distinctive heritage of Toronto’s Chinatown. We hope that you enjoy these events and find many opportunities to reconnect with old friends, make new connections, and work to build bridges across our diverse communities.

*Grace S. Kim and Anneliese A. Singh*  
*Conference Co-Chairs*

### **Conference Committee**

Conference Co-Chairs: Grace S. Kim & Anneliese A. Singh

Program Co-Chairs: Jocelyn L. Buhain & Richard Q. Shin

Session Co-Chairs: Joyce Chu & Anjuli Amin

Poster Co-Chairs: Shihoko Hijioka & Kimberly Langrehr

Banquet and Catering Co-Chairs: Sue Lambe & Jacki Mac

Volunteer Co-Chairs: Matthew Lee & Nellie Tran

Booksale Co-Chairs: Minsun Lee, Rebekah Grome & Cathy Lee

Mentor-Mentee Reception Coordinator: Stephanie Pituc

Awards Committee: Alvin Alvarez (Chair)

Registration Chairs: Vali Kahn & Agnes Kwong

Vice-President: Nita Tewari

### **Program Reviewers:**

Muninder Kaur Ahluwalia,, Junhong Cao, Nadine Chang, Yi-Peng (Eve) Chang, Charlene Yijun Chen, Szuyeh Chen, Grace Yin Chi, Jay Choi, Simon Chung, E. J. R. David, Ashleigh DeFries, Michi Fun, Zhou (Rachel) Han, George Hong, Re-An Ren Hong, Que-Lam Huynh, Valerie Wai-Yee Jackson, Christine Kwan, Jonathan Lam, David Lee, Elizabeth Lee, Kyeung Hae Lee, Wei-Chen Lee, Kelly Liao, Zeb Kai Kok Lim, Jeffery Mio, Kevin Nadal, Eliza Noh, Dung Ngo, Hong Ngo, Angela MinhTu D. Nguyen, Hannah Nguyen, Simone Nguyen, Maria Eva Pangilinan, Radhika V. Pansupuleti, Anupama Saale-Prasad, Chu Y. Kim-Prieto, Cindy Sangalang, Felicissima C. Serafica, Quen Tiet, Christine Tang, Rachel Ting, Katerine Tsai, Olivia Wen, Wan Chen-Weng, Ivan Wu

### **Poster Session Judges:**

Christine Hall, Natacha Foo Kune, Hsin-ya Lia, Neha Nevasaria, Tigerson Young

**Convention Volunteers:**

Lauren Berger, Ryan Cheperka, Simon Chung, Angela Craig, Arpita Ghosh, Kimberly Gross, Ren Hong, Sujin (Suzie) Jeon, Anju Kaduvetoor, Dianne Lam, Suellen Lee, Stephanie lee, Cherry Lee, Kelly Liao, Graciete Lo, Maggie Chen, Yoko Mori, Zainab Nael, Jianghe Niu, Natasha Olmos, Sarah Parks, Alisia Tran, Gloria Wong, Yi-Chen (Jenny) Wu, Ivan Wu

**Special thanks** to the following publishers and individuals for donations to the Book Drive to support student travel awards:

Jean Lau Chin, Debra Kawahara, Jeffrey Mio, Isaac and Ora Prilleltensky, Frank Wu, AuthorHouse, Basic Books, Bond Street Books, Cambridge University Press, Columbia University Press, East West Discovery, Guilford Press, Haworth Press, Heyday Books, Lee and Low, Microtraining, Minnesota Historical Society Press, New Rivers Press, Paradigm Publishers, Sage Press, Simon & Schuster, South End Press, Tamarisk Books, Taylor & Francis, Teachers College Press, Temple University Press, Ten Speed Press, University of Michigan Press, University of Minnesota Press, Wiley, World Trust Educational Services, Yeong & Yeong Book Company.

We would especially like to thank Taylor and Francis for their generous sponsorship of the afternoon reception.

**About Victoria University in the University of Toronto**

We are excited to be holding our 2009 convention at Victoria University in the University of Toronto. Victoria University is home to over 3,500 undergraduates. Victoria University enjoys a reputation of being one of the strongest learning institutions in Canada. Bordering on Queen's Park, Victoria University was first established in 1836 in Cobourg, Ontario and prides itself on a reputation of valuing and supporting a diverse community of students. Victoria University has two colleges: a non-denominational school of arts and science, and an United Church theological school (Emmanuel College). Victoria University is also known for its peaceful and serene landscape in the midst of the very busy and distinctly urban city of Toronto.

We would like to thank Lisa Nabiezko (Manager) and Cindy Insley (Internal Events Coordinator) of the Isabel Bader Theatre & Conference Services at Victoria University for their wonderful support and help in preparing for this year's conference. Lisa and Cindy have been a tremendous resource and key to successful conference planning – thank you!

## Map of the University of Toronto



### Program at a Glance

Wednesday August 5, 2009

Registration	7:00 am – 2:00 pm
Early Birds Meet & Greet	7:30 am – 8:30 am
Welcome & Keynote Panel	8:45 am – 10:45 am
Session 1	11:00 am – 12:00 pm
Lunch & Networking	12:15 – 1:15 pm
Session 2	1:30 – 2:30 pm
Session 3	2:45 – 3:45 pm
Special Events; Book Signing & Posters	4:00 – 5:00 pm
Mentor-Mentee Reception	5:00 – 6:00 pm
Buses Depart for the Banquet	6:00, 6:15 pm
Banquet Begins	6:45 pm

# 2009 Conference Schedule

Registration: Starting 7:00 am, 1st Floor Foyer  
Early Birds Meet & Greet Breakfast, 7:30 – 8:30 am, Room 206

Start your conference day with good food and good company! Come mingle with current and past leaders of AAPA in a relaxed environment. The AAPA breakfast is an excellent networking opportunity for students and early career professionals. Come meet and greet to discuss your academic and career goals.

Book Drive for Student Scholarships: 8:00 am - 5:15 pm  
1st Floor Foyer

Get the latest books related to Asian Americans and multicultural psychology and support our student travel scholarships! Expanded book offerings this year include children's books, fiction titles, and other professional resources! All proceeds benefit the Student Travel Fund.

Posters on display: 8:00 am - 5:15 pm  
1st Floor Foyer

Although the formal poster session and opportunity to speak with the presenters is from 4:00 - 5:00 pm, the posters themselves will be on display all day! Take a moment to check them out!

Welcome and Announcements: 8:45 - 9:10 am  
Keynote Panel: 9:15 - 10:45 am  
The Chapel (2nd Floor)\*

## *“Strengthening Our Diverse Families and Communities in Times of Change”*

We are pleased to bring together a multidisciplinary panel of speakers who will discuss their personal and professional efforts with diverse AAPI families and communities. Panelists Farzana Doctor, George Hong, and Stephen Murphy- Shigematsu will offer various perspectives and approaches to systemic issues important for work with AAPI families and communities (e.g., health care disparities, issues of power and privilege, socioeconomic, historical and political contexts) including what can sustain current and future AAPI psychologists in doing innovative work with diverse AAPI families and communities.

- ❖ **Farzana Doctor, MSW, RSW**, is a social worker and consultant in private practice, specializing in working with individuals and couples dealing with sexual orientation, gender identity, substance use, trauma and relationship issues. Ms. Doctor is also a clinical trainer specializing in group and individual counseling with lesbian, gay, bisexual, transgender, transsexual and queer people and people of colour and has written or co-authored books, book chapters and articles on these topics. She also writes fiction and maintains a blog. Her first novel, *Stealing Nasreen* (Inanna, 2007), was released this year and she is currently working on her second novel. For more information, check out [www.farzanadoctor.com](http://www.farzanadoctor.com).

- ❖ **Dr. George K. Hong** is a professor at California State University - Los Angeles. He is licensed as a psychologist and board certified in couple & family psychology (ABPP). He has been active in the field for over 25 years. Dr. Hong has extensive experience in providing psychological services in community and school settings. In the 1980s, he worked as a clinical psychologist at a clinic serving Asian Americans in the Greater Boston area. Since 1990, he has been teaching at CSULA, an urban university with a very diverse student population. He teaches in the area of school-based family counseling. Dr. Hong has many presentations and publications on the subject of multicultural psychology, and has coauthored 2 books on Asian American psychotherapy. He is the recipient of the 2002 AAPA Distinguished Contribution Award.
  
- ❖ **Dr. Stephen Murphy-Shigematsu** received a doctorate from Harvard, where he was a fellow of the APA Minority Fellowship Program and a Fulbright scholar. He did clinical training at the National Asian American Psychology Training Center in San Francisco and the Center for Multicultural Training in Psychology in Boston. Dr. Murphy-Shigematsu worked for 15 years in Japan as a professor at the University of Tokyo, where he directed the International Center's counseling services and taught ethnic studies and psychology. He continues to teach in these areas at Stanford and Fielding Graduate University. His research and practice has focused on transcultural Asian and Asian American families—immigrants, and also those related to the U.S. military, global corporations, and international schools. His work also integrates health disparities and cultural consciousness into the field of medical humanities. He is the author of *Multicultural encounters: Case narratives from a counseling practice*.

**\* Please note that AAPA is not a religiously affiliated organization. The chapel location was chosen due to conference space availability**

**SESSION ONE**  
11:00 am -12:00 pm

Rm 115 **Stigma: Influence of Media Visibility and Acculturation on South Asian Mental Health** *Lina Patel (Children's Hospital, Denver), Natasha Thapar Olmos (University of California Los Angeles) and Anju Kaduwettoor (Lehigh University)*

The 2000 U.S. Census Bureau estimated that nearly 1.9 million South Asians live in the United States. This growing population includes individuals from different countries that speak different languages, follow different religious practices, have experienced different immigration histories, and are complex when assessing acculturation levels. Additionally, changes in the visibility of South Asians within the United States further complicate individual, family, and community perceptions. Consequently, it is difficult to determine what is best practice when working with this population. This presentation will attempt to elucidate these issues and reveal strategies for working with South Asian Americans seeking mental health services.

- Rm 206 **Building Mentor-Mentee Relationships: A Collaboration between the Division on Women and the Division of Students** *Debra M. Kawabara (California School of Professional Psychology at Alliant International University), Reiko Homma True (CSPP, Alliant International University), Elayne L. Chou (Independent Practice), Natacha Foo Kune (University of California, Davis), Judy Y. Tan (University of Connecticut), & Michelle Wang (The Wright Institute)*

This interactive session will begin the process of establishing a formal mentor-mentee program between the Division on Women and Division on Students within the Asian American Psychological Association. An interactive session to brainstorm and discuss ideas for developing ongoing mentoring relationships will be facilitated by divisional leaders. By the end of the session, a working group will be formed to continue building a mentoring program based on participants' feedback.

- Rm 212 **Moving Beyond Monsoon Wedding: Breaking the Silence on Child Sexual Abuse in AAPI Families and Communities.** *Anneliese Singh (University of Georgia) and Shanta Nishi Kanukollu (University of Michigan)*

Child sexual abuse (CSA) impacts thousands of families each year. While issues pertaining to prevalence, identification and treatment of CSA have been relatively well explored in the dominant European culture, relatively little work has been done in the AAPI community. Available research indicates a low rate of reported CSA in this community yet no known formal study directly assesses the CSA incidence. Accurate statistics are difficult to collect due to cultural stigmas surrounding mental health issues, sexual transgressions and familial conflict. Thus, the goal of this interactive session is to increase awareness, knowledge, and advocacy strategies with regard to breaking the silence on child sexual abuse in AAPI families and communities.

- Rm 215 **Microaggressions and the Asian American Community: Recommendations for Theory, Research, and Practice** *Kevin Nadal (John Jay College of Criminal Justice) and David Rivera (Teachers College-Columbia University)*

Recent empirical literature has supported the existence of racial microaggressions, or brief statements or behaviors that send denigrating and hurtful messages to people of color. There have been many studies on microaggressions with various racial groups, including Asian Americans. One qualitative study identified several microaggressive themes directed toward Asian Americans, with examples including alien in one's own land, ascription of intelligence, and exoticization. This interactive session will highlight qualitative and quantitative studies on microaggressions toward Asian Americans, while citing gender, LGBT, and religious microaggressions that may occur within the Asian American community. Discussion will incorporate ways of preventing microaggressions in psychology and counseling.

## LUNCH & NETWORKING

12:15 - 1:15 pm

In response to member feedback requesting more opportunities to network, connect, and discuss common interests and experiences, we are hosting lunch time social hours for our three Divisions, three Task Forces, and two additional work groups. Everyone is welcome! **If you have signed up for a box lunch, you may pick it up on the first floor before proceeding on to one of the meeting rooms listed below.**

- Chapel **Division of Students (DoS):** The DoS invites all members and interested members of AAPA to come and meet with members of DoS. At the session, members of the DoS Executive Committee (EC) will present the Leadership, Service, and Research awards to their recipients; give general news and updates; present the DoS budget; disseminate information on the NEW DoS website; and facilitate a brief question/answer session regarding roles and responsibilities of the EC and future DoS activities/events!
- Rm 115 **Task Force for Early Career Professionals:** Representing interests in Asian Americans and racial minority experiences in higher education related to Student Affairs, University/College Counseling, connections between academics and mental health in college students.
- Task Force on Social Justice & Advocacy:** representing interests in community advocacy, public policy, and social justice oriented research, practice & teaching issues.
- Rm 206 **Task Force on Practice:** If you are a practitioner, this meeting is for you! We would like to hear your ideas on accomplishing some of our goals that include: developing a Clinician Referral and Consultation section on the AAPA website, developing a referral resource of AAPA clinicians and their specialties that are accessible to all AAPA members, formulating a clinician network through the AAPA conference, writing practice-oriented articles for the AAPA newsletter, learning how we can collaborate to serve underserved Asian American communities, and clinical training and mentoring of students/early career psychologists who are interested in a practice career.
- Rm 211 **Division on South Asian Americans (DoSAA) Luncheon:** DoSAA would like to invite all interested in realizing our vision to impact change for the betterment of South Asian mental health to a luncheon. Treat yourself to some masala-infused dialogue!
- Rm 212 **Meeting with the Editorial Board of the *Asian American Journal of Psychology*:** Come and meet the Editorial Board members of the *Asian American Journal of Psychology*, the new journal of AAPA. This will be a great opportunity to learn about the journal and ask questions!
- Rm 215 **Division on Women (DoW) Social Hour/Luncheon:** Have you been wondering who you will sit with at lunch today? Are you looking for a smaller, more manageable, home within a home at AAPA? If so, the Division on Women is serving lunch and warmly welcome you to join us!



SESSION TWO  
1:30 - 2:30 pm

- Rm 115 **Ecology of Racism and Health in Asian American Communities**
- ☞ Discrimination and Health among Korean, Vietnamese, and Chinese Immigrants: Disentangling Racial from Language Discrimination, *Hyung Yoo (Arizona State University), Gilbert Gee, & David Takeuchi*
  - ☞ Filipino Americans and Racism: The Role of Racial Socialization, *Alvin Alvarez (San Francisco State University)*
  - ☞ South Asian Stress: Experiences Discrimination in the United States, *Anju Kaduwettoor, and Arpana Inman (Lehigh University)*

This symposium reviews three papers to better understand the role of ecology that shapes the relationship between racism and health found among diverse groups of Asian American ethnic communities. The first presentation disentangles the effects of racial from language discrimination on health of Korean, Vietnamese, and Chinese Immigrants using a national sample. The second presentation examines the role of racial socialization between racial microaggressions and psychological distress of a community based sample of Filipino American adults. The third presentation assesses the role of generational status in the relationship between perceived racism and psychological well-being of Asian Indians.

- Rm 206 **Asian American Psychologists in Training: Activism, Leadership, and Mentorship**  
*Zeb K. K. Lim (University of Kansas), Judy Y. Tan (University of Connecticut), and Michelle Y. Wang (The Wright Institute)*

This interactive session led by the Division of Students aims to engage the AAPA student membership to a group “think-tank” session. The objectives of the interactive program are to: (1) involve students in the discussion and formation of ideas whereby students may specifically enhance their graduate careers as leaders and activists within their respective communities, (2) discuss and disseminate concrete strategies in which to implement these ideas, and, (3) form and establish formal ties and social networks that would provide further moral and technical support in the implementation of these ideas.

- Rm 211 **How Heterosexism is Hurting our AAPI Community: Fostering an Affirmative Community and Strengthening Family Bonds.** *Hsiao-wen Lo (Colgate University) and Ya-Shu Liang (California State University, Fullerton)*

The goal of this interactive session is for participants to learn ways of fostering an affirmative environment within the AAPI community. The session will first introduce the complexity of the intersection of race and sexual orientation within AAPI families and the cultural, legal, and societal challenges faced by individuals, families, and friends. Secondly, cases and vignettes will be presented to illustrate the complexity of the intersection and the challenges. Thirdly, recommendations for social justice practice, training, and research will be provided. Lastly, participants will discuss ways of increasing the visibility of the LGBTQ populations within the AAPI community.

**SESSION TWO (Continued)**  
**1:30 - 2:30 pm**

Rm 212     **Empathy Training for Ethnic and Cultural Awareness** *Chun-Chung Choi and Max Parker (University of Florida)*

The presenters of this interactive session will use a DVD entitled “Empathy Training for Ethnic and Cultural Awareness (ETECA)” to stimulate discussions on ethnic and cultural issues that exist in our society and demonstrate the effectiveness of using visual interactive guidance for training multicultural awareness and responses. The brief scenarios presented in the DVD were developed and role played by students based on their own experiences or the experiences of others. They incorporate issues that concern students from various racial/cultural backgrounds including African American, Asian/Asian American, Caribbean, Gay and Lesbian, Hispanic, Indian American, and international students.

Rm 215     **Me, Us, and Them – Investigations on Asian American Youths' Personal, Family, and Friendship Contexts**

- ∞ Associations between Parental Ethnic-Racial Socialization, Ingroup and Outgroup Friendships, and Social Competence in Diverse Late-Adolescents, *Alisia G.T.T. Tran and Richard Lee (University of Minnesota, Twin Cities)*
- ∞ Cultural Socialization and Minority Language Maintenance: The Mediating Role of Ethnic Identity, *Giang Pham, Alisia Tran, and Richard Lee (University of Minnesota, Twin Cities)*
- ∞ The Influences of Family Conflict on Academic Performance in Asian American Undergraduates, *Nazneen Babrassa and Richard Lee (University of Minnesota, Twin Cities)*

Using survey data from a late-adolescent sample at a public Midwestern university, the proposed symposium explores the personal (“me”), family (“us”), and friendship (“them”) contexts that are uniquely relevant to Asian American youth development. The first paper (“me”) tests a meditational model of ethnic identity on the association between cultural socialization and home language proficiency. The second paper (“us”) discusses findings on the role of family conflict in relation to the academic performance of Asian American youth. The third paper (“them”) presents findings on the associations between parental racial-ethnic socialization, ingroup/outgroup friendships, and social competence.

## SESSION THREE

2:45 - 3:45 pm

Rm 115

### **Screening of “We Can Do Better: The Multiracial Family” from *Adopted*, a film by Barbara Lee** *Amanda Baden (Montclair State University), discussant*

*AAPA  
Invited  
Session*

According to Barbara Lee, the director of *The Adopted*, “Of the 1.5 million adopted children in the United States, international adoptees are the fastest growing segment and most of these are Asian girls.” What are some of the lived experiences of Asian transracial adoptees and their families? How can psychologists support them better? Please join us in this screening of “We Can Do Better: The Multiracial Family,” a thought-provoking educational session from *the Adopted*. After the screening, Amanda Baden will lead a discussion about this important topic.

Rm 206

### **A Cultural Factors-Based Model of Asian Americans’ Psychological Adaptation to Disability** *Lee Za Ong (Marquette University), Roy Chen (University of Texas-Pan American), and Wonsun Seo (Michigan State University)*

Researchers have propounded various theoretical models of psychosocial adaptation to disabilities in order to understand individuals’ coping behaviors. In this presentation, the authors conceptualize a model designed to systematically integrate and extend the existing literature on psychosocial adaptation to disabilities within the Asian American population. The proposed model will examine worldviews and values unique to Asian Americans that might influence the disability adaptation process and outcomes, specific factors include beliefs about the causes of disability, views about families’ responsibility for caregiving, feelings toward disability, community integration, employment issues, and help-seeking behaviors.

Rm 211

### **Reflections on the Inaugural Year of the AAPA Leadership Fellows Program** *Richelle Concepcion (Patton State Hospital), Sam Wan (San Francisco VA Medical Center), Karen Cone-Uemura (University Counseling Center, University of Utah, Salt Lake City), & Paul Wang (Pacific Clinics-Asian Pacific Family Center)*

Working in pairs, the inaugural cohort of the AAPA Leadership Fellows addressed two specific areas: Social Justice/Advocacy (Sam and Richelle) and Training of Psychologists (Paul and Karen). The year-long fellowship entailed involvement in specific projects such as the development of CNPAAEMI Leadership Institute and the OPA Mental Health Information Card Workgroup. In this session, 2008-2009 AAPA leadership fellows share their experiences exploring challenges and successes of large scale professional and state-level efforts; the strategies and considerations for balance in life as well as in action (patience and zeal); and the challenges and benefits of cross-group and organizational communication and mobilization. Furthermore, they discuss fostering professional relationships with senior mentors who provided guidance and support throughout the process with the hopes of developing interests in pursuing leadership positions within organizations such as the AAPA.

## SESSION THREE (Continued)

2:45 - 3:45 pm

- Rm 212 **Confronting Systemic Injustices Affecting Asian Pacific American Communities Through Partnership with the National Institute of Multicultural Counseling** *Michael D'Andrea (University of Hawaii) and Richard Shin (Syracuse University)*

The Asian American Psychological Association (AAPA) has made great strides in advancing the psychological well being of Asian Pacific Americans (APA). The growing emphasis on social justice in psychology as well as the multicultural competence movement has significantly increased the focus on the unique concerns that face various APA populations. However, there are systemic injustices that continue to prevent many APA communities from thriving. The purpose of the session is to identify the benefits of partnering with the National Institute of Multicultural Counseling (NIMC) to accomplish the goal of confronting the systems of power and privilege that perpetuate these inequities.

- Rm 215 **Gender and Intergenerational Conflict in Asian American Families: Implications for Individual Mental Health and Understanding Diverse Communities.**

- ☞ Rethinking Acculturation: The Influence of Gender, Family, and Racial Contexts on Immigrant Asian American Mental Health, *Janxin Leu, Emily Walton & David Takeuchi (University of Washington)*
- ☞ Parental Perfectionism, Psychological Well-being, and Contours of Asian American Masculinities: An Intersectionality Perspective, *Jennifer Yim & Ramaswami Mahalingam (University of Michigan)*
- ☞ Intergenerational Masculinity Strain among Asian American Men: Emotion Coping and Therapy Approaches, *Joyce Chu (Pacific Graduate School of Psychology) and Phillip Akutsu (California State University, Sacramento)*

Conflict in many Asian American families implicates transnational and intergenerational differences in gender roles and cultural practices, with important implications for psychological well-being. The first paper models the moderating influence of gender across family, neighborhood, and other social contexts on the relationship between acculturation and depression symptoms. The second paper discusses Asian American masculinity and well-being among college students, including parental pressures to confirm the model minority myth as a demonstration of masculinity. The third paper examines the negotiation of changing gender role expectations among both younger and older Asian men in multigenerational family contexts. These talks identify sources of conflict and resilience in Asian American families.

### **Announcement of Asian American Journal of Psychology**

We are excited to announce the new AAPA journal entitled the *Asian American Journal of Psychology*.

Over the last decade, our membership has expressed a strong interest in having a journal associated with AAPA dedicated to practice, research, advocacy and policy within Asian American Psychology. Likewise, we have all witnessed an increase in books and journal articles devoted to Asian American scholarship. In response to our membership and the growth of the field, the last three AAPA administrations - starting under Fred Leong's administration - have prioritized this desire.

The journal will be edited by Dr. Frederick T. L. Leong and will be published by APA Publications. It is our hope that this journal - as with the Association - will represent the best of what we have to offer as a community of advocates, scholars and practitioners.

### **Announcement of Student Travel Award Winners**

Congratulations to this year's student travel award winners!  
The student travel awards were funded by the proceeds from the AAPA Book Drive.

#### **Author Reception/Book Signing for**

*Asian American Psychology: Current Perspectives (2009)*

*Psychology of Ethnic Groups (2009)*

*Filipino American Psychology: A Handbook of Theory, Research, and Clinical Practice (2009)*

In this effort to support the achievements and promote the work of our AAPA members, we are pleased to provide an opportunity to meet the editors and authors of three recently published books!

The first is the edited volume, *Asian American Psychology: Current Perspectives*, edited by Nita Tewari and Alvin Alvarez. Contributors to the volume include many AAPA members!

The *Psychology of Ethnic Groups in the United States*, was co-authored by Pamela Balls Organista, Gerardo Marin, and AAPA member Kevin M. Chun.

Last, but not least, we also celebrate the publication of *Filipino American Psychology: A Handbook of Theory, Research, and Clinical Practice*, authored by Kevin Nadal, with a forward by Derald Wing Sue.

Congratulations to the authors and the contributors! Please meet the authors, purchase your own copies of the books, and get them signed!

We thank the authors and Taylor and Francis, Sage, and AuthorHouse Publishing for their generous donation of the books to our Book Drive to support student scholarships.

## Poster Presentations

\* Special thanks are in order to the Division of Students (DoS) for their generous donation of the poster boards for this year's poster presentations.

- ❖ Acculturation Gaps, Parent-Adolescent Communication, and Depressive Symptoms in Korean American Families (*May Kim & Irene J. K. Park*)
- ❖ Acculturation of Asian International Students: Etic-Emic Perspectives (*Paul Youngbin Kim*)
- ❖ Asian Americans Coping with Frequent Racial Discrimination: Role of Acculturation and Enculturation Behaviors (*Sujin Jeon & Hyung Chol Yoo*)
- ❖ Asian Values Communication and Intergenerational Family Conflict (*Belinda Feng, Amy Tsai, Donna Nagata, & Teresa Nguyen*)
- ❖ The Association between Rumination and Social Support among Asian Americans (*Grace Niu & Joyce Chu*)
- ❖ Being a Family Across the Oceans: A Review of Literature on Filipino and East Asian Transnational Families (*Grace S. Kim & Katharine Needham*)
- ❖ Chinese Americans' Attribution of Control and their Relatives' Stigma-Related Emotions (*Graciete Lo, Ashleigh Nicole DeFries, & Lawrence H. Yang*)
- ❖ Chinese Translation of the Attitudes Toward Seeking Professional Psychological Help – Short Form (*Tai Chang & Psychometrics Class*)
- ❖ Collaboration Strategies for Linking Korean American Church Leaders and Mental Health Professionals: Empowering Families to Cope with Serious Mental Illness (*Karen K. Lee, Ann Marie Yamada, & Min Ah Kim*)
- ❖ Coping Strategies and Generational Differences Among Chinese-Americans Dealing with Racism (*Stephanie Lee, Alvain Alvarez, Jaeyoun Shin, & Avisha Chugani*)
- ❖ Correlates of Stigma Emotions Experienced by Chinese Americans with Schizophrenia (*Valerie Jackson, Grace Lai, Christine Tang, & Lawrence Yang*)
- ❖ Culturally-Based Coping with Stressors of Immigrant Life: Internalized Psychiatric Stigma and Stigma Coping Strategies among Chinese-American Families (*Szuyeh Chen, Wan-chen Weng, Wendy Tse, Yuwen Chou, & Lawrence Yang*)
- ❖ Cultural Differences in Assessment Methodologies: Depression Detection via Self-Report versus Face-to-Face Interview in an Asian American Outpatient Sample (*Angela Craig & Joyce Chu*)
- ❖ Developing Culturally-Competent Skills for Counseling South Asian, Latino, and Biracial Teens (*Ulash Thakore-Dunlap, Graciela Orozco, & Wanda Lee*)
- ❖ Development and Validation of a Brief Measure of Perceived Discrimination (*Stephanie Pituc, Kyoung-Rae Jung, & Richard M. Lee*)
- ❖ Differences in Partner Aggression for Asian American and White Students (*Phillip Akutsu, Behareh Abhari, Ho Man Cheung, & Timothy Fechter*)
- ❖ Diverse Phenotypic Features of Asian Americans and Vulnerability to Microaggressions (*Matthew Lee, Michael Ariale, Cassie Castro, Katie Eaton, Amanda Ressin, Hannah Shinozaki, Victor Tuazon, & Loretta Vitt*)
- ❖ Does White Racial Attitudes Relate to Racism Against Asian Americans? (*Sarah Parks & Hyung Chol Yoo*)
- ❖ Ethnic Identity in Biracial and Monoracial Asian Americans: Dissecting Differences (*Lauren Berger, Nolan Zane, & David Takeuchi*)
- ❖ An Examination of Asian American/ Pacific Islander (AAPI) Normative Data in Popular Assessment Inventories (*Pearl Chang, Uma Dorm, Yi-Chen (Jenny) Wu*)

- ❖ Examining the Relationships between Multiple Oppressions and Asian American Sexual Minority Person's Psychological Distress (*Arpana Annie Gupta & Dawn Szymanski*)
- ❖ Examining the Relations Between Rumination and Adjustment: A Focus on Ethnicity (*William Tsai, Edward Chang, Kathleen Hazlett, Jean Kim, Kavita Srivastava, Ritika Singh, Melissa Ng, & Lawrence Sanna*)
- ❖ Experience of Stigma by Relatives of Chinese Individuals with Schizophrenia (*Farah Khan, Jonathan Lam, Mingfei Li, Grace Yeh, & Kathleen Janel Sia*)
- ❖ Factors Affecting Psychological Self-Concept of Asian American College Students (*Tu-Lien Kim Nguyen*)
- ❖ Family, Cultural, and Individual Factors Affecting Diabetes Management: A Case Study of a Chinese American Immigrant Couple (*Ivan Wu, Kevin Chun, Catherine Chesla, & Christine Kwan*)
- ❖ Gender and Emotions Influence Help Seeking Behaviors of Asian American College Students (*Lilia Shynman & Joyce Chu*)
- ❖ Increasing Counselor Trainee Awareness: White Privilege and White Racial Identity (*Andrea Nael, Ren Hong, & Julie Dorton*)
- ❖ Internalization of Stigma in Chinese Groups with Severe Mental Illness (*Wing Kit Kenneth Chung, Hsiao-Jung Lin, Charlene Yijun Chen, Christine Tang, David Lee, & Lawrence Yang*)
- ❖ The Intersection between Sexual Identity and Asian American Culture: A Conceptual Understanding (*Stephanie Wong*)
- ❖ Knowledge and Utilization of Cervical Cancer Screening Among Asian Indian Women (*Anjali Amin & Yu-Wei Wang*)
- ❖ A Longitudinal Study on Adjustment Difficulties among Asian International Students (*Kyung Hyun Kwon & Soo Jung Ryoo*)
- ❖ Look(in)g Asian, Accenting English: Accent as a Marker of Difference and "Constitutive Outside" (*Akiko Motomura*)
- ❖ The Making of a Model Minority: A Critique of the Asian American Academic Performance Literature (*Nellie Tran & Dina Birman*)
- ❖ The Moderating Effect of Self-Esteem in the Relationship between Coping Strategies and Psychological Distress among Chinese Americans (*Jaeyoun Shin, Alvin Alvarez, Stephanie W. Lee, & Avisha Chugani*)
- ❖ Parent and Romantic Partner Attachment Styles among Chinese and European-Americans (*Juliana Yam*)
- ❖ Perception of Racism among Asian/Asian Americans: The Role of Acculturation and Enculturation (*Michelle Yueming Wang, Hsin-yu Liao, Jamie Louie, & Alicia Harlow*)
- ❖ Perceptions of Depression among South Asian and Caucasian College Students (*Natasha Olmos & Hector Myers*)
- ❖ Preserving the Lineage through Work and Family: Core Domains of Internalized Stigma among Chinese American Caregivers of People with Severe Mental Illness (*Eve Yi-peng Chang, Diana Tingy Liu, Jamie Li, Valerie Jackson, Yu-Wen Chou, & Lawrence Yang*)
- ❖ A Population-specific Theory of Asian American Youth Civic Engagement (*Wing Yi Chan & Dina Birman*)
- ❖ The Power of Therapist-Client Solidarity in Facilitating Change: Implications for AAPI Therapists (*Ya-Shu Liang, Michael Shepherd, & Hsiao-wen Lo*)
- ❖ Racial Reality of Asian Americans: Adoptive Parents' Knowledge (*Arpita Ghosh & Kimberly Langrehr*)
- ❖ Stigma and Subjective Social Status among Chinese Americans with Schizophrenia and Their Relatives (*Hong Ngo, Olivia Wu, Katherine Lam, & Lawrence Yang*)

- ❖ Understanding the Experiences of Stigma among Chinese-Americans with Schizophrenia: A Qualitative Study (*Grace Y. Lai, Rachel Zbuo Han, Daisy Singla, Olivia Wu, Grace Yeh, & Lawrence Yang*)
- ❖ Understanding the Success and Challenges of Gifted Asian American College Students (*Kai Kok Lim & Jennifer Ng*)
- ❖ Unscripted Conversations: A Qualitative Analysis of Transracial Adopted Families (*Kimberly Gross, Reed Reichwald, & Richard Lee*)

## MENTOR-MENTEE RECEPTION

5:00 - 6:00 pm

During the Mentor-Mentee Reception, mentee participants will have the opportunity to connect with multiple mentors and peers in a small group conversation format. Mentees should go to the area of their interest and will rotate every 15-20 minutes to move to a second and third topic of choice; ***please listen for further announcements***. As there are more mentees than mentors in attendance, small group conversations are encouraged.

Please be aware that buses will leave to the banquet immediately following the Mentor-Mentee Reception. Feel free to continue your discussions at the banquet!

### Topic Areas

#### Room 206\*

Applying to Graduate School  
 Successfully Managing Your Graduate School Career  
 Applying for Internship  
 Professional Issues in Clinical Practice / Establishing a Private Practice  
 Social Justice and Advocacy  
 Coaching and Consulting

#### Room 212\*

Life After Doctoral School/Early Career Professional Issues  
 Balancing Work and Family  
 Professional Issues in Academia / Writing and Publishing: Increasing Productivity  
 Professional Issues in Academia / Teaching  
 Obtaining Grants and Research Funding

*\* Location may be subject to change. Further information will be provided, as needed.*



## AWARDS BANQUET

6:45 - 10:00 pm

The banquet will be held at Bright Pearl Restaurant, one of Toronto's top Chinatown restaurants. The restaurant is located at 346-348 Spadina Avenue, about a 10-minute drive or 30-minute walk from Victoria University. One-way shuttle service will be provided from the convention beginning at 6:00 pm. Cabs will also be available at 6:00 pm for individuals who would like accommodations (e.g., wheelchair accessible transportation). Note: please see Jacki Mac during the day to obtain a cab voucher.

### **Shuttle Schedule**

5:45 pm Buses arrive at Victoria University, and load up for first run

6:00 pm First bus leaves for the restaurant

6:15 pm Second bus leaves for the restaurant

### **Driving Directions from Victoria University to Bright Pearl Restaurant:**

Head East on St. Mary Street towards Bay Street

Left onto Bay Street West

Left onto Spadina Ave

At Spadina Crescent, take the 2nd exit and stay on Spadina Ave until you reach 348 Spadina Ave

### **Walking Directions from Victoria University to Bright Pearl Restaurant:**

Cross over Queen's Park, going south towards the Legislature building

Cut through the main campus, heading south on King's College Road to College Road

Turn right on College Road and walk 2 blocks to Spadina Ave

Proceed south to 348 Spadina Ave.

Bright Pearl Restaurant  
346-348 Spadina Avenue  
Toronto, ON M5T 2G2  
416-979-3988

*We hope you enjoyed your conference!*