

*Strengthening Our Voice: Building Alliances
Within & Among Communities*

**Asian American Psychological Association
2006 Annual Convention**

August 9, 2006
Pan American Life Center
New Orleans, LA

Karen L. Suyemoto and Doris F. Chang, Conference Co-Chairs
Program Co-Chairs: Karl Kwan and Grace Kim

Welcome to New Orleans! We are pleased that you have joined us. Thanks to the efforts of a great program committee, we have created a stellar conference program exploring issues of diversity, similarity, and alliance building between Asian Americans and other communities of color and across diverse Asian American groups. In celebration of our convention theme, “Strengthening our Voice: Building Alliances Within and Among Communities”, we are excited to present a variety of special offerings, starting with our distinguished keynote panelists, Azara Santiago-Rivera, Janet Helms, Christine Iijima-Hall, and Michael D’Andrea. Conference sessions address a range of topics including community building and advocacy efforts in the aftermath of Hurricane Katrina, building Asian American-Black alliances, and strategies for working with Sri Lankan Americans. We have also organized a range of networking opportunities throughout the day, including caucus meetings during the lunch hour and a new and improved format for the afternoon mentor-mentee reception. Our annual awards banquet will be held this year at the Asian Cajun Bistro, in honor of the many cultural groups that contribute to New Orleans’ distinctive and colorful heritage.

We hope that you enjoy these events and find many opportunities to reconnect with old friends, make new connections, and work to build bridges across our diverse communities.

Karen Suyemoto and Doris F. Chang
Conference Co-Chairs

Program Sponsors:

AAPA is particularly appreciative of the Division on Women and the Department of Health and Human Services Office of Women’s Health for supporting this year’s conference. The DoW and the AAPA collaborated on a grant to the DHHS’s Office of Women’s health. In addition to supporting DoW initiatives and members, this grant has supported multiple aspects of our 2006 convention, including facility and media costs, our keynote panel, the poster session, and reimbursement for student volunteers. We appreciate DoW’s collaborative efforts and support!

Thanks also to the APA Science Directorate for their financial, organizational and intellectual contributions in the New Professionals Career Workshop Breakfast.

Conference Committee

Sessions Co-Chairs: John Tawa and Ravi Gatha

Poster Co-Chairs: Matt Miller and Victoria Ngo

Mentor-Mentee Reception Coordinator: Szu-Hui Lee

Bookdrive Co-Chairs: Arpana Gupta and Urmi Chakrabarti

Awards Committee: Frederick T. L. Leong (Chair), Kevin Chun, Barry Chung, and Yu-Wen Ying

Registration Chairs: Angela Ebreo and Nancy J. Lin

Volunteer Coordinators: Neha Navsaria and Julie AhnAllen

Banquet Coordinator: Stephanie Day

Program Reviewers: Muninder Kaur Ahluwalia, Julie AhnAllen, Jocelyn Buhain, Grace Chen, Chun-Chung Choi, Keum-Hyeong Choi, E.J.R. David, C.G. Fabian, Que-Lam Huynh, Sara Cho Kim, Youngsuk Kim, Chu Kim-Prieto, Szu-Hui Lee, Christopher Liang, William Masten, Jeffrey Scott Mio, Ger Moua, Shivani Nath, Angela Minhtu Nguyen, Sumie Okazaki, Anneliese Singh, Nita Tewari, Quyen Tiet, Rachel Ting, Ayse Ciftci Uruk, Kenneth Wang, Joel Wong, and Christine Yeh

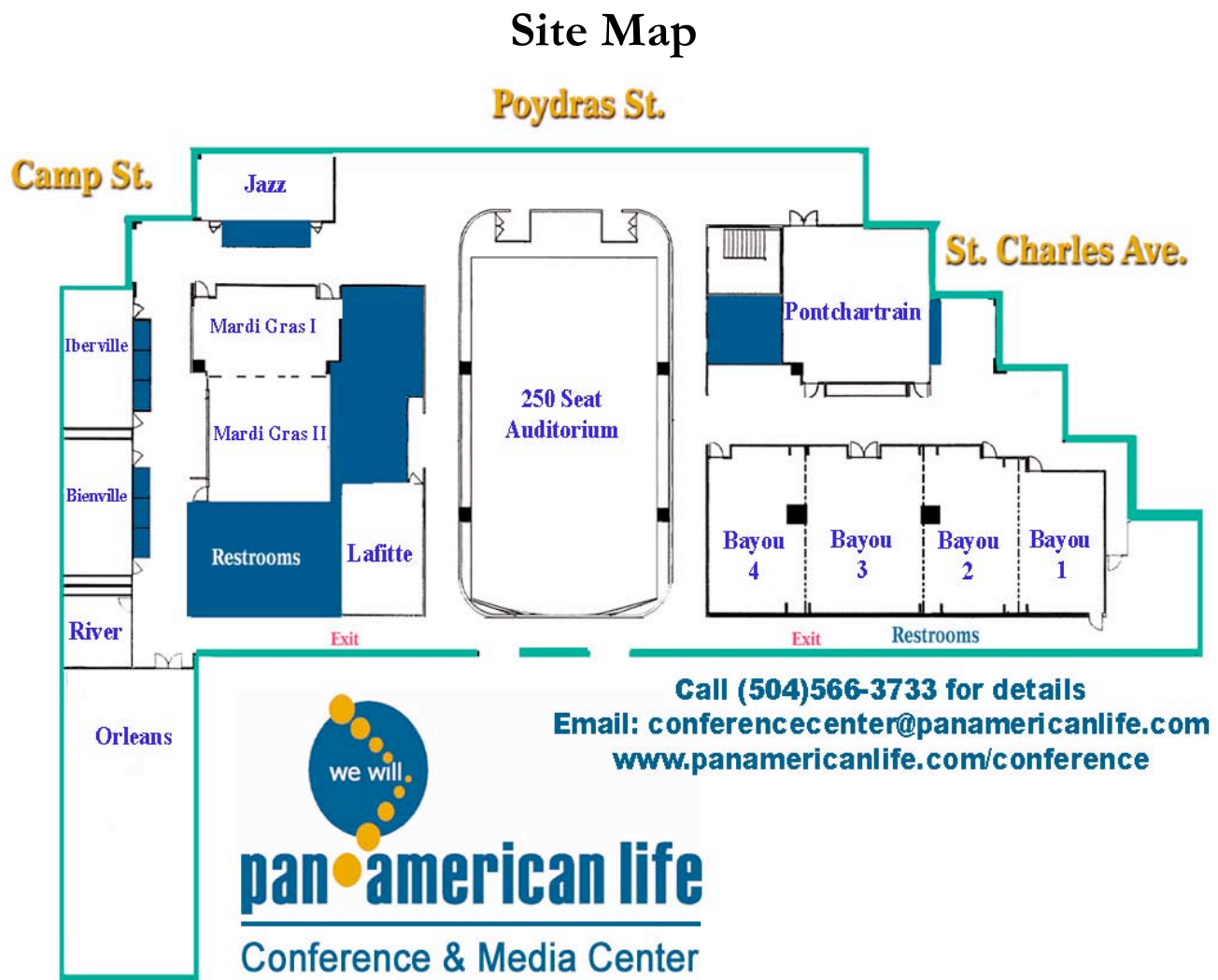
Poster Session Judges: Mark Chae, Christopher Liang, Lisa Suzuki, and Yu-Wei Wang

Convention Volunteers: Annie Ahn, Jon Baello, Sylvia Cen, Tam Dao, Meenu Dhindsa, Carmel Gabriel, Bianca Ho, Anju Kaduvetoor, Oanh Meyer, Yoko Mori, Phuong Nguyen, Yuki Okubo, Marion J. Phoummarath, Stephanie Pituc, Anneliese Singh, Yong Park, Judy Tan, and Mary Tung

Special thanks to the following publishers and individuals for donations to the Book Drive to support student travel awards:

Boyd's Mills Press, Coffee House Press, Creative Therapy Associates, Inc., Farrar Straus, & Giroux Publishers, Front Street Books, Guilford Publications, Harper Collins, Haworth Press, Houghton Mifflin, Gayle Iwamasa, Irene Kim, McGraw-Hill, The University of Michigan Press, Jeffrey Scott Mio, WW Norton and Co., Open University Press, Parent Magic, Inc., Rutgers University Press, Sage Publications, Teachers College Press, Temple University Press, and University of Hawaii Press.

We would also like to thank the Pan-American Life Conference Center and the International House for supporting AAPA with reduced pricing on convention services and accommodations for our members.



The Atrium is on the second floor--stairs are by the Pontchartrain Room.

2006 Conference Schedule

APA Graduate Student and New Professionals Career Workshop Breakfast: 7:30-8:45am ATRIUM

Sponsored by the APA Science Directorate. What is the "right" career path for you and what does it take to achieve it? This breakfast meeting will be a time for graduate students and new professionals to explore career options that incorporate the various skill sets and expertise that scientifically trained psychologists possess and that employers value. Expert panelists who have taken different paths as psychologists will share their insights with opportunity for discussion. *Chair: Virginia Holt, Associate Executive Director, APA. Panelists: Phillip D. Akutsu, PhD (University of Michigan), Jeanette Hsu, PhD (VA Palo Alto)*

AAPA Book Sale for Student Scholarships: 8:00AM-5:15am Outside the Session Rooms

Get the latest books related to Asian Americans and multicultural psychology and support our student travel scholarships! Expanded book offerings this year include children's books, fiction titles, and other professional resources! **All proceeds benefit the Student Travel Fund.**

Posters on Display All Day! Atrium

Although the formal poster session and opportunity to speak with the presenters is later in the afternoon, the posters themselves will be on display all day! Feel free to go up and check them out!

KEYNOTE ADDRESS: 9:00-10:30am AUDITORIUM

Building Alliances for Social Justice: Bridging Racial and Cultural Differences

Azara Santiago-Rivera, Janet Helms, Christine Iijima Hall, and Michael D'Andrea discuss the challenges and rewards of working collaboratively across and among diverse racial, ethnic, and cultural communities. They will share their personal experiences building alliances across communities of color and offer suggestions for establishing productive and mutually beneficial cross-community partnerships to improve psychological services and contribute to social justice.

SESSION ONE: 10:45-11:45am

- Bayou 1 **Healing a Marginalized Minority: Multicultural Competency with Sri Lankan American Clients**, *Amila C. Chandrapala, Samantha S. Wettimuny (California School of Professional Psychology)*

Sri Lankan Americans are significantly underrepresented in mental health research. Thus, their treatment needs and expectations may be unknown to clinicians who may encounter Sri Lankan American clients in community mental health. With the growth of the Sri Lankan population in the United States, it is essential that therapists be aware of the ethnic, religious, cultural and historical diversity of Sri Lankan Americans. The goal of this symposium is to increase multicultural competency with clinicians working with Sri Lankan clients, and to increase awareness of the mental health needs and important considerations when working with Sri Lankans and Sri Lankan Americans.

- Bayou 2 **Building Asian American-Black Alliances: Processes, Benefits, and Challenges** *Karen L. Suyemoto, John Tava, Grace S. Kim, Jesse J. Tauriac & Jennifer Hamilton (University of Massachusetts, Boston)*

Alliance building between Asian American and Black communities has been noted as a crucial step toward confronting racial oppression but has not attracted much research and dialogue in the field of psychology. Consideration of this alliance building is an important endeavor, given the historically hostile relationships between the two communities and the social and political cost of such hostilities. This interactive session aims to create a space for dialogue about Asian American-Black alliance building in the field of psychology by addressing its processes, benefits, and challenges. The foci of the facilitated discussion will be on clinical, training, and community/educational contexts.

- Bayou 3 **Building Alliances and Offering Innovative Services for Asian Immigrant Youth** *Stanley Sue (Chair, University of California). Presenters: Munyi Shea, Angela Kim, Sarah Lee, & Winnie Ma (Columbia University). Discussant: Christine J. Yeh*

The massive influx of Asian Americans and their families into the United States in recent years warrant culturally relevant services and interventions. This symposium seeks to illuminate our understanding of the unique challenges and similarities shared by Asian immigrant youth in their educational and psychological development, and their service needs across multiple social contexts: School, community, college and clinical settings. Implications for service providers, researchers, and educators are discussed.

- Bayou 4 **Division on Women SPECIAL SESSION: Physician Heal Thyself: Examining the role of psychologist self-care practices on the treatment of Asian Pacific Islander American women's mental health concerns.**

Neesha Patel (San Francisco State University) & Susana Lowe (University of California, Berkeley)

The presenters will discuss findings from their study on self-care practices among female Asian American psychologists and psychologists-in-training. Utilizing videotaped interviews, the presenters will examine the tools psychologists encourage their clients to use and the extent to which these tools are implemented by practitioners and scholars themselves. Implications for the relationship between practitioner self-care and effectiveness of health service delivery to APIA women will be discussed. This session will be highly interactive with the goal of creating recommendations for promoting best practices for burnout prevention and self-care among APIA women psychologists and psychologists-in-training.

LUNCH AND CAUCUS MEETINGS: 12:00-1:00pm

In response to member feedback requesting more opportunities to network, connect, and discuss common interests and experiences, we are convening 5 caucuses/discussion groups during the lunch hour.

Everyone is welcome! **If you have signed up for a box lunch, you may pick it up in the Atrium before proceeding on to the meeting room listed below.**

Bayou 1 **College Counseling & Student Affairs:** representing interests in Asian Americans and racial minority experiences in higher education related to Student Affairs, University/College Counseling, connections between academics and mental health in college students.

Bayou 2 **Social Justice & Advocacy Task Force:** representing interests in community advocacy, public policy, and social justice oriented research, practice & teaching issues.

Bayou 3 **Child/Adolescent Issues:** representing interests in Asian American and racial minority children, adolescent and family issues and experiences; research, practice, and policy issues with children and adolescents.

Atrium **Research Methods:** representing interests in qualitative and quantitative research issues for exploring race and culture generally and issues related to Asian American populations, methodological challenges, measures, issues in operationalization and defining variables.

Bayou 4 **Division on Women: Ready Set Go... Setting an APIA Women's Mental Health Action Agenda.** All conference participants are welcome to participate in creating an agenda for the upcoming year on APIA women's mental health concerns. Attendees will be invited to devise concrete steps for action based on findings from a needs assessment as well as participant feedback and ideas. This session will include opportunities to learn more about the Division on Women and elections for leadership in the upcoming year.

FUTURE OPPORTUNITIES FOR NETWORKING

This past year, AAPA has developed four Executive Task Forces to better serve our members: The Task Force on Social Justice and Advocacy (chaired by Michi Fu: <michifu@pacbell.net> and Donna Nagata: <nagata@umich.edu>), The Task Force on New and Early Career Professionals (chaired by Verna Fabella-Hicks: <vfabella@msn.com>), The Task Force on Practice (chaired by Soni Kim: <sonikim@earthlink.net>), the Student Division Task Force (chaired by Szu Hui Lee: <lee.1978@osu.edu>). These task forces have been working on developing recommendations, short and long-term goals and action items for the associations and are just completing their initial work. There will be many future opportunities to get involved in making the Task Forces' recommendations a reality. Look for listserv announcements about how to get involved!

In addition, AAPA has been and will in the future offer on-line forums. In the past year, Alvin Alvarez and Muninder Kaur Ahluwalia facilitated an on-line forum addressing Racism and Asian Americans. Look for coming announcements on the AAPA listserv about new forums starting. If you are interested in facilitating a topical on-line forum, contact Alvin at aalvarez@sfsu.edu

SESSION TWO: 1:15-2:15pm

Bayou 1 **In their shoes: Understanding Asian American college students** *Delia C. Hom*
(*Northeastern University*)

In this interactive workshop, participants will discuss trends and current issues facing Asian American college students. Through the lens of Chickering's Seven Vectors of College Student Development, we will work together to explore the extent to which this model accurately applies to Asian American college students today. Drawing from personal reflection, and group discussion, we will discuss the barriers to providing well-informed support for Asian American college students from multiple perspectives.

Bayou 2 **Social Justice Research: Who Decides What is "Just"?** *Phuong T. Nguyen, Nancy J. Lin, Stephanie C. Day & Karen L. Suyemoto* (*University of Massachusetts, Boston*)

As research approaches with social justice and empowerment goals are increasingly utilized by psychology and Asian American studies, challenges and complexities associated with these methodologies are more likely to face researchers. Research conducted with social justice goals inherently requires researchers to simultaneously occupy multiple roles (e.g., social justice activist, researcher, psychologist) which may compete and contradict one another. When situations arise where researchers feel that social justice is somehow being undermined, they must find ways to balance their personal beliefs and backgrounds, definitions of social justice, responsibility to the larger community, and roles as researchers.

Bayou 3 **Stigma and Mental Health Utilization: Findings from Asian-American, African-American, and Latino Communities** *Lawrence Yang, Deirdre Anglin, Rosangely Cruz-Rojas, & Philip Alberti* (*Columbia University*)

Stigma has been proposed as a critical reason for why ethnic minorities underutilize mental health services. Yet few studies have examined how and why stigma is particularly relevant for ethnic minority groups. The goal of this program is to empirically examine what types of stigmatizing attitudes are relevant for specific ethnic minority groups, and how these may act as barriers to mental health service utilization. Through four research presentations utilizing a detailed vignette experiment study design, we report distinct types of stigmatizing attitudes for Asian-American, African-American, and Latino groups. We suggest ways for our research to be applied to community interventions and/or public policy.

Bayou 4 **Tiger or the Lady? A Contemporary Discussion of Asian American Women** *Michi Fu* (*Chair, Asian Pacific Family Center of Pacific Clinics & Private Practice*), *Christine I. Hall* (*Maricopa Community College District*), *Reiko H. True* (*University of California*), & *Debra M. Kawahara* (*CSPP at Alliant International University*)

This symposium examines Asian American women in their current context. In doing so, we begin by exploring the impact of stereotypes, where Asian American females are typically forced into the "lady or the tiger" categories. Issues regarding body image and career development will be examined in light of the stereotypes faced. We will also devote time for discussing the double jeopardy of racism and sexism that Asian American women face. Specifically, there will be a discussion of how to empower Asian American women despite external and internalized oppression. We then examine themes emerging from research findings regarding Asian American females in leadership. Finally, the panel will engage the audience in a discussion of themes and possible research and clinical implications to follow.

**POSTER SESSION: 2:30-3:40pm
ATRIUM**

**Announcement of Student Travel Award Winners &
Launch of the *Handbook of Asian American Psychology* (2nd Ed).**

The AAPA celebrates the publication of the 2nd edition of the *Handbook of Asian American Psychology*, edited by past AAPA president Frederick T. L. Leong and AAPA members Angela Ebreo, Lisa Kinoshita, Arpana G. Inman, Lawrence H. Yang, and Michi Fu! We will be holding a reception during the poster session, where you can purchase your own copy for 20% off the retail price, and get it signed by one of the editors! **Due to the generosity of the editors, 100% of the proceeds will be donated to the AAPA.**

Poster Presentations:

- *Acculturation Narratives of Japanese Immigrant Women: A Qualitative Study* (Makiko Deguchi & Ramsay Liem, Boston College)
- *Adopted Korean Americans' Journey Back to Korea: Are They Ready?* (Kimberly J. Langrehr, University of Wisconsin-Milwaukee)
- *Art in Therapy: An aesthetic experience to foster connections with Asian Indian children* (Leela Banerjee, Chicago School of Professional Psychology)
- *Asian American Men and the Endorsement of Stereotypes* (Victoria T. Do)
- *Asians' help seeking attitudes and behaviors* (Seong-in Choi & Lawrence Gerstein, Ball State University)
- *Black - Asian relations: A model for a university based intervention* (John Tawa, Jesse J. Tauriac, & Karen L. Suyemoto, University of Massachusetts, Boston)
- *Bridging the gap with international students* (Chun-Chung Choi & Yu-Ping Huang, University of Florida)
- *Cancer Screening and Acculturation among Filipino American women* (Celine M. Ko, San Diego State University/University of California San Diego; Vanessa L. Malcarne, San Diego State University; Georgia R. Sadler, University of California San Diego; Rebecca Moores, University of California San Diego Cancer Center; & John Moores University of California San Diego Cancer Center)
- *Causal attributions of mental health problems by Filipino Americans* (Phillip D. Akutsu, Rebecca O'Brien, & Eleanor Castillo, University of Michigan)
- *Clients' Experiences in Cross-Racial Therapeutic Dyads: Recommendations for Therapists Working with Racially Different Clients* (Shihoko Hijioka, New School for Social Research; Doris F. Chang, New School for Social Research; Patricia Yoon, New School for Social Research; Alexa Berk, New School for Social Research; Jennifer Suero, New School for Social Research; Jonathan Kaplan, Pratt Institute)
- *Creating Connections Between Psychology and Vietnamese American Studies* (Phuong T. Nguyen & Karen L. Suyemoto, University of Massachusetts, Boston)
- *Cultural Context's Impact on Asian Americans' Attitudes toward Help Seeking* (Huaiyu Zhang & Frederick T.L. Leong, University of Tennessee)
- *Cultural Differences in Parental Emotion Socialization* (Noriel E. Lim, University of Illinois at Urbana, Champaign)
- *Dual-minority Status and Psychological Stress among Gay Asian Americans* (Yung-Chi Chen, City University of New York)
- *Family Influences and Experiences of Belonging and Exclusion with White and Black Peer Groups in Asian American Youth* (Grace S. Kim & Karen L. Suyemoto, University of Massachusetts, Boston)
- *Finding a voice in Shakti: A therapeutic approach for Hindu Indian Women* (Neha Navsaria & Suni Petersen, Temple University)
- *Is pan-national identity desired in the Asian community?* (Seunghee Kwon, Indiana University)

Poster Presentations (cont.):

- *Linguistic investigations of Asian Americans' psychosocial functioning* (Joel Wong, Kimberly Tran, & Andre Lai, The University of Texas at Austin)
- *Masculinity, Asian Values, Acculturation and Mental Health of Filipino-American Men* (G. Gonzales, University of Oregon; Lucila Ramos-Sanchez, Santa Clara University; Kimberly Tran, The University of Texas at Austin; Brad Roeder, University of Denver)
- *Math achievement among Asians and Asian-Americans: The teaching and learning of mathematics* (Annika Skakich, Lakshmi Narayanan, Cathy Dunn, & Shanker Menon, Florida Gulf Coast University)
- *Mental Health of South Asians: A Community Psychology Approach* (Marium Zafar, Wright State University)
- *Moderating Effect of Attachment on Acculturation Strategy and Adjustment* (Angela Eun Kang & Eric C. Chen, Fordham University)
- *Resilience Strategies of South Asian Women Who Have Survived Child Sexual Abuse* (Anneliese Singh, Georgia State University)
- *Risk Factors for Suicide Among Asian American College Students* (Arpana "Annie" Gupta & Frederick T. L. Leong, University of Tennessee)
- *South Asian Women: Coping With Cultural Values Conflict* (Anju Kaduvettoor, Arpana G. Inman, & Erika Klingensmith, Lehigh University)
- *Stress and Coping Processes of First-Generation Chinese American Adolescents and Their European American Peers: Analyses from the Perspectives of Cultural Background and Gender* (Yi-Hsing Claire Chiu, St. John's University)
- *The Validity and Clinical Utility of the MMPI-2 Clinical and Content Scales with Vietnamese Psychiatric Patients* (Tam Dao, Mike Railey, & Huang L. Chang, Florida State University)

MENTORING RECEPTION: 3:45-4:45pm ATRIUM

A great way for students to find and connect with mentors is to attend the AAPA Mentor-Mentee Reception! The purpose of this reception is to connect Asian American students or young professionals with more established faculty or mental health professionals. Students and professionals are matched according to similar areas of interest, and enjoy an afternoon coffee/tea social hour together.

This year's event will be a new semi-structured social hour format. Mentors will be stationed at tables designated with a professional development topic. Mentees and mentors are free to mingle from table to table. This new format is aimed to better meet the multifaceted interests of our members and provide opportunity for self-initiated matching.

ANNOUNCING A NEW MENTORING INITIATIVE!

This year our association applied for and obtained funding from the APA Commission on Ethnic Minority Recruitment, Retention, and Training in Psychology (CEMRRAT) to develop online mentoring within AAPA. The main goals of our proposal were to (1) foster professional relationships among graduate students, early career professionals, and mid-to-late career professionals; (2) provide guidance and information relevant to members' academic/research, training, and professional interests; and (3) discuss career, training, and professional development issues relevant to Asian American psychologists, including those issues related to race, ethnicity, and culture. We will be implementing the online mentoring project in the coming months and will be providing this as a new service to our members. Be on the lookout for our email updates and Calls For Participation.

SESSION THREE: 5:00-6:00pm

Bayou 1 **INVITED SESSION: Bridging communities of colors after Hurricane Katrina: The role of advocacy, policy, and community building** *Karen Chen (SPSSI James Marshall Scholar, American Psychological Association, Public Policy Office)*

This session will focus on past and current community building and advocacy efforts related to disaster preparedness, relief efforts, and mental health services, in the aftermath of Hurricane Katrina. Most of the Hurricane Katrina victims were people of color. Unfortunately, limited culturally and linguistically appropriate care contributed to poor mental health services and general services for many hurricane victims. In this session, we will discuss how you, as an Asian Americans health professional, can become an advocate for your community at local, state, and federal level and help ensure quality health care for people of color.

Bayou 3 **Generating a Movement within a Movement: Evidence Based Practices in Psychology and Cultural Competence** *Nolan W. Zane, Stanley Sue (University of California - Davis), & Gordon C. Nagayama Hall (University of Oregon)*

The American Psychological Association recently adopted a policy that defined evidence-based practice in psychology (EBPP) as “the integration of the best available research with clinical expertise in the context of patient characteristics, culture, and preferences.” This interactive session will initiate discussions among clinicians, researchers, and mental health policy-makers on how to develop more effective research strategies and innovative clinical practices to address cultural competence issues in EBPPs. The session will focus on devising strategies to build clinical practice/research networks that can more effectively stimulate responsive clinical research on culturally competent EBPPs for Asian Americans and other ethnic minority clientele.

Bayou 4 **INVITED SESSION: AAPA Dissertation Award Symposium** *Chair/Discussant: Arpana Inman (Lehigh University)*

- *Joyce P. Chu, Award Winner*—Why it might be OK for Asian American men to tuck away those emotions: Culture and ethnicity as moderators of the link between emotion non-expression and health
- *Cheri L. Philip, Honorable Mention*—Validation of the Asian American Racial and Ethnic-specific Identity Index (AR/EII): Examining racial and ethnic-specific identity in Asian Americans
- *Sing Kiat (Rachel) Ting, Honorable Mention*—Effect of Language and Culture on Bilingual Chinese Self-description, Negative Emotional Description and Perspective on Depression

AWARDS BANQUET: 7:00-11:00PM

The banquet will be held at the **Asian Cajun Bistro**, a local favorite specializing in classic Cajun dishes with a distinctive Asian flair. The restaurant is located at 8400 Oak Street, a ten-minute drive from the Pan-American Life Conference Center. Shuttle service will be provided from the conference center, beginning at 6:00pm.

Shuttle Schedule

6:00pm Bus arrives at the Pan-American Life Center, load up for first run

6:10pm Bus leaves for the restaurant

6:40pm Bus returns for a second pick-up, leaves ASAP

Buses will also provide transportation back to the International Hotel (the official conference hotel of the AAPA) at regular intervals (TBA) following the awards presentation and banquet.

Driving Directions from the Pan-American Life Center to the Asian Cajun Bistro

Start out going NORTHWEST on POYDRAS ST toward ST CHARLES AVE.

Merge onto I-10 W via the ramp on the LEFT.

Take the AIRLINE HWY / US-61 N / CARROLLTON AVE exit- EXIT 232- toward US-61 / TULANE.

Take the CARROLLTON AVE ramp toward TULANE AVE.

Take the ramp toward CARROLLTON AVE SOUTH.

Stay STRAIGHT to go onto DUBLIN ST.

Turn LEFT onto PALMETTO ST.

Turn RIGHT onto S CARROLLTON AVE.

Turn RIGHT onto OAK ST.

End at **8400 Oak St—Asian Cajun**