



Asian American  
Psychological Association

**2013 Convention Theme**  
**SOCIAL JUSTICE AND PREVENTION:**  
**STRENGTHENING OUR COMMUNITY**



**Japanese Cultural Center of  
Hawai'i  
Honolulu, Hawai'i  
July 30, 2013**



**AAPA President and Vice President**  
**Richard M. Lee and Anna S. Lau**  
**Convention Co-Chairs**  
**Matthew Lee and Anjuli Amin**



The 2013 AAPA Convention is co-sponsored by:  
Hawai'i Psychological Association  
James Madison University – Department of Psychology  
University of Hawai'i at Mānoa – Counseling Center

# Welcome to the 2013 AAPA Convention in Honolulu, Hawai'i!

Aloha to AAPA members and convention attendees,

We are delighted to be hosting the 28<sup>th</sup> annual convention of the Asian American Psychological Association in beautiful Honolulu. This is a wonderful occasion to convene and learn from each other about exciting developments in Asian American psychology. As AAPA matures into its fifth decade as an organization, we hope to foster tighter connections between science, practice, education, and policy. For the first time, we will honor members making outstanding contributions in the areas of research, service, and leadership.

Our program knits these elements together within the theme of "Social Justice and Prevention: Strengthening Our Community." Our inspired convention co-chairs, Matthew Lee and Anjuli Amin, and their amazing team of volunteers have mounted a program featuring excellent scholarship, interactive workshops, and professional development and networking events. The program highlights translational research that informs prevention and social justice efforts, as well as model practices being implemented to strengthen Asian American and Pacific Islander communities. Please enjoy the convention, and find new ways to engage in AAPA. Visit our newly designed website which will allow us to connect and learn from each other in new ways. <http://aapaonline.org>.

*Mahalo,*

*Anna S. Lau*

*AAPA Vice President, 2011-2013*

Greetings and aloha, everyone!

This year's convention theme is "Social Justice and Prevention." Our aim is to highlight relevant and stimulating topics reflecting the diversity of Asian American psychology to help us think and work in ways to promote social justice. To make the best of the day, be sure to skim the program and schedule to know what's happening. During our Early Bird reception, grab some breakfast, then participate in our special scavenger hunt where you can network with old and new colleagues, and try to win a prize of Hawaiian-themed delicacies. Our keynote panelist Warren Nishimoto will talk about the importance of strengthening the community through the use of oral history. Today's program offers Continuing Education credits, special lunch discussion groups, talks on the mental health of different Asian American communities, the mentor-mentee networking reception, and so much more. The day culminates with a pan-Asian/Hawaiian fusion-themed banquet where we will acknowledge our AAPA award recipients, honor the outgoing Executive Committee members, and inaugurate the new President and Vice President of AAPA!

We have some new surprises this year too: to accommodate the diversity of excellent proposals, we have TWO poster sessions! Plus, AAPA has a brand new Division on LGBTQ Issues, convening during the lunch hour. Also, there is also a special Race Card Project Contest – head over toward the Registration area to find out more.

This event would not be possible without the dedication and work of the AAPA 2013 Convention Committee. These professionals and students volunteered a tremendous amount of time and energy toward making this occasion a grand success. Their badges are marked with a special ribbon. Please take a moment to tell them "thank you" (or "mahalo")!

The strength of our organization and professional community relies on the depth of personal exchange and commitment, so we do hope you take the time to reconnect with your colleagues and develop new relationships with the impressive people you meet here today. We truly hope you have an invigorating and successful experience at this year's convention. Aloha and welcome!

*Matthew Lee and Anjuli Amin*  
*AAPA 2013 Convention Co-Chairs*

## **AAPA 2013 Convention Committee**

Convention Co-Chairs:	Matthew Lee and Anjuli Amin
Banquet/Entertainment Co-Chairs:	Sarah Yi, Steph Pituc, and Akiko Kaji
Book Sale Co-Chairs:	Alex Borgella and Graciete Lo
Mentor-Mentee Co-Chairs:	Shihoko Hijioka and Lali McCubbin
Poster Co-Chairs:	Seung Yu and Nori Lim
Program Co-Chairs:	Catherine Hsieh and Sherry Wang
Registration Co-Chairs:	Ren Hong and Jennifer Chain
Session Co-Chairs:	Nicole Rider and EJR David
Volunteer Co-Chairs:	Fanny Ng and Lovey Walker
AAPA Vice President:	Anna S. Lau

## **AAPA 2013 Awards Committees**

AAPA Awards	<b>Chair:</b> Sumie Okazaki (chair, 2013) <b>Committee:</b> Joel Wong, Y. Barry Chung, Yosh Kawahara, Jeff Mio, Christine Iijima Hall
AAPA Fellows	<b>Chair:</b> Sumie Okazaki (chair, 2013) <b>Committee:</b> Y. Barry Chung, Yosh Kawahara, Jeff Mio, Christine Iijima Hall
AAPA-APF Okura Mental Health Leadership Award	<b>Chair:</b> Gayle Iwamasa (chair, 2012) <b>Committee:</b> Ann Marie Yamada, Christine Iijima Hall, Debra Kawahara
Student Travel and Dissertation Awards	<b>Chair:</b> Grace Kim (chair, 2013)

A very special thanks goes to Richard M. Lee, Kevin Chun, and Christine Iijima Hall, among others, who donated to this year's Student Travel Fund. Your support helps to encourage the attendance of the future leaders in our field!

## **AAPA 2013 Convention Program Reviewers**

Jocelyn Buhain	Tae Hyuk (Brian) Keum	Eliza Noh
Junhong Cao	Grace S. Kim	Alana R. Russaw
Alan K. K. Chan	Selena Kohel	Frances Shen
Nadine Chang	Christine Kwan	Rachel Sing-Kiat Ting
Christine Chih-Ting Chang	Liz Lee	William Tsai
Pei-Chun	Ya-Shu Liang	Meifen Wei
Richelle Concepcion	Zeb Lim	Chak Wong
Michi Fu	Huiting Liu	Melinda Wong
Sunny Ho	Lali McCubbin	Ivan Wu
Valerie Wai-Yee Jackson	Jeff S. Mio	Xue (Yidan) Zhang

### **AAPA 2013 Convention Poster Session Judges**

Tina Bryant  
Alice Cheng  
Lillian Chiang  
Helen Hsu  
Wei-Chin Hwang  
DJ Ida

Derek Iwamoto  
Linda Juang  
Grace Kim  
Chu Kim-Prieto  
Kimberly Langrehr  
Anna Lau

Jennifer Manongdo  
Sumie Okazaki  
Natasha Olmos  
Anne Saw  
Christine Yeh  
Brandon Yoo

### **AAPA 2013 Convention Volunteers**

Linya (Hayden) Cheng  
Zhen Cheng  
Na-Yeun Choi  
Saengthong Douangdara  
Sunny Ho  
Jennifer Hsia  
Yue Huang  
Kayi Hui  
Alicia Ibaraki  
Brian Keum  
Jin Kim  
Robert Klacansky

Joyce Lee  
Ariane Ling  
Chuck Liu  
Priscilla Lui  
Kaitlyn Masai  
Zhulin Mo  
Shruti Mukkamala  
Joe Nee  
Caren Nguyen  
Jan Okabe  
Marisa Perera  
Lainie Posecion

Manmeet (Mini) Rattu  
Jason Reynolds  
Sable Smith  
Chun Su  
Trang Tran  
William Tsai  
Brianna J. Werner  
Joanne Wong  
Jenny Wu  
Min Ji Yang  
Elizabeth Yu

### **AAPA 2013 Book Drive Sponsors**

American Psychological Association  
Cambridge University Press  
Heyday  
Wiley & Sons  
Lee & Low  
LFB Scholarly Publishing  
New Press  
Paradigm Publishers

Polity Press  
South End Press  
Stanford University Press  
Teachers College Press  
Tuttle Press  
University of Minnesota Press  
World Trust Education  
Dr. Pamela Hays

**Thank you to our sponsors!**

## Convention Day Details

Japanese Cultural Center of Hawai'i  
2454 S Beretania St. #101 Honolulu, HI 96826  
808.945.7633; email: [info@icch.com](mailto:info@icch.com)

### Driving Directions from the Honolulu International Airport to the Japanese Cultural Center

- Take ramp I-H-1 E
- Keep right at fork, follow signs for Interstate H1 E/Waikiki/Honolulu and merge onto I-H-1 E
- Exit 24 A to merge onto Bingham St.
- Continue onto Kaialiu St.
- Turn right on S Beretania St.
- The Japanese Cultural Center of Hawaii is on the right at 2454 S Beretania St. #101

Parking at the conference center will be \$5.

After the convention, join us at 7pm for the annual AAPA Banquet, this year at **The Willows** Restaurant (901 Hausten St., Honolulu, HI, 96826; phone: 808.952.9200), which is a 10-minute walk from the conference.

### Directions from the Japanese Cultural Center to the Willows Restaurant

- Head southeast on S Beretania St. (174 ft)
- Turn right to cross the street into the parking lot of Long's Drugs; walk to the stoplight on S King St (302 ft). Turn left on S King St (30 ft)
- Turn right onto Hausten St (489 ft)
- Willows Restaurant is on the left at 901 Hausten St.

Valet parking at the Willows is available for \$3.

The after-party will start after 9.30pm at **King's Korner Sports Bar & Grill** (2334 S King St., Honolulu, HI 96826, phone: 808.941.5509), with free karaoke all night long! It will take about 10-15 minutes to walk from the Willows. From the Willows, walk north .1 mile on Hausten Street toward S King St to the first intersection, where you will see Moilili Park on your left. Then, turn left on South King St, walk a few minutes (.1 mile) to Isenberg Street. Cross the street, and then you will see the King's Korner on the right next to Kozo Sushi.

### Food throughout the Day and Dining Options

AAPA will provide a continental breakfast and afternoon snack. For those who ordered a box lunch, bring your lunch ticket to the Manoa Grand Ballroom to pick up your lunch. You will also be able to make a limited number of on-site lunch purchases. Lunch is also available offsite; however every onsite lunch purchase helps to offset convention costs, so consider buying a delicious lunch at Japanese Cultural Center!

### Continuing Education Units

This year, AAPA partnered with Hawai'i Psychological Association (HPA) to provide Continuing Education credits at the convention. HPA is an APA-approved CE sponsor. We have four outstanding sessions qualified for CE credits, each marked with a "[CEU]" in the program notes below. Each session is one hour long and the

fee is **\$30 per session**. You must stay for the entire session to sign-in and sign-out in order to receive CE credit. On-site registration is available at the registration area.

The CE programs are co-sponsored by the Hawai'i Psychological Association. The Hawai'i Psychological Association is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. HPA maintains responsibility for the program and its content. Participants will be provided with documentation of CE credits. Complaints should be directed to Rosemary Adam-Terem, CE Administrator, HPA, P.O. Box 833, Honolulu HI 96808.

**Important Notice: Those who attend the workshops, sign in and out, and complete and submit the evaluation forms will receive continuing education credits. Please note that APA CE rules require that credit is only given to those who attend the entire workshop. Those arriving more than 15 minutes after the scheduled starting time of the workshop or leaving before the workshop is complete will not receive CE credits.**

Please visit [www.apa.org/ce](http://www.apa.org/ce) for more information regarding HPA/APA CE Rules and Grievance Procedures.

### **Book Sale**

All purchases made at the Book Sale will help fund AAPA student travel to next year's convention. This year, we received 79 donations (78 books, 1 DVD) from 15 publishers and one author. American Psychological Association, Cambridge University Press, and Wiley & Sons were the most generous donors, each contributing over 10 books to our Book Sale. Several 2013 releases will be available for purchase, including: *Internationalizing Multiculturalism* (APA), *Connecting Across Cultures* (APA), *Identity, Community, and Learning Lives in the Digital Age* (Cambridge University Press), and *Social Studies, Literacy, and Social Justice in the Common Core Classroom* (Teachers College Press). For those of you shopping for your *keiki* (the Hawaiian term for "children"), we have several children's books to select from, including *A Song for Cambodia*, *Auntie Yang's Great Soybean Picnic*, *Shining Star* (all from Lee & Low) and three copies of *Asian Children's Favorite Stories: A Treasury of Folktales from China, Japan, Korea, India, the Philippines, Thailand, Indonesia and Malaysia* (Tuttle Publishing).

Deep discounts from retail price are available throughout the day – so don't miss the Book Sale in the Lanai!

### **The NEW AAPA Website!**

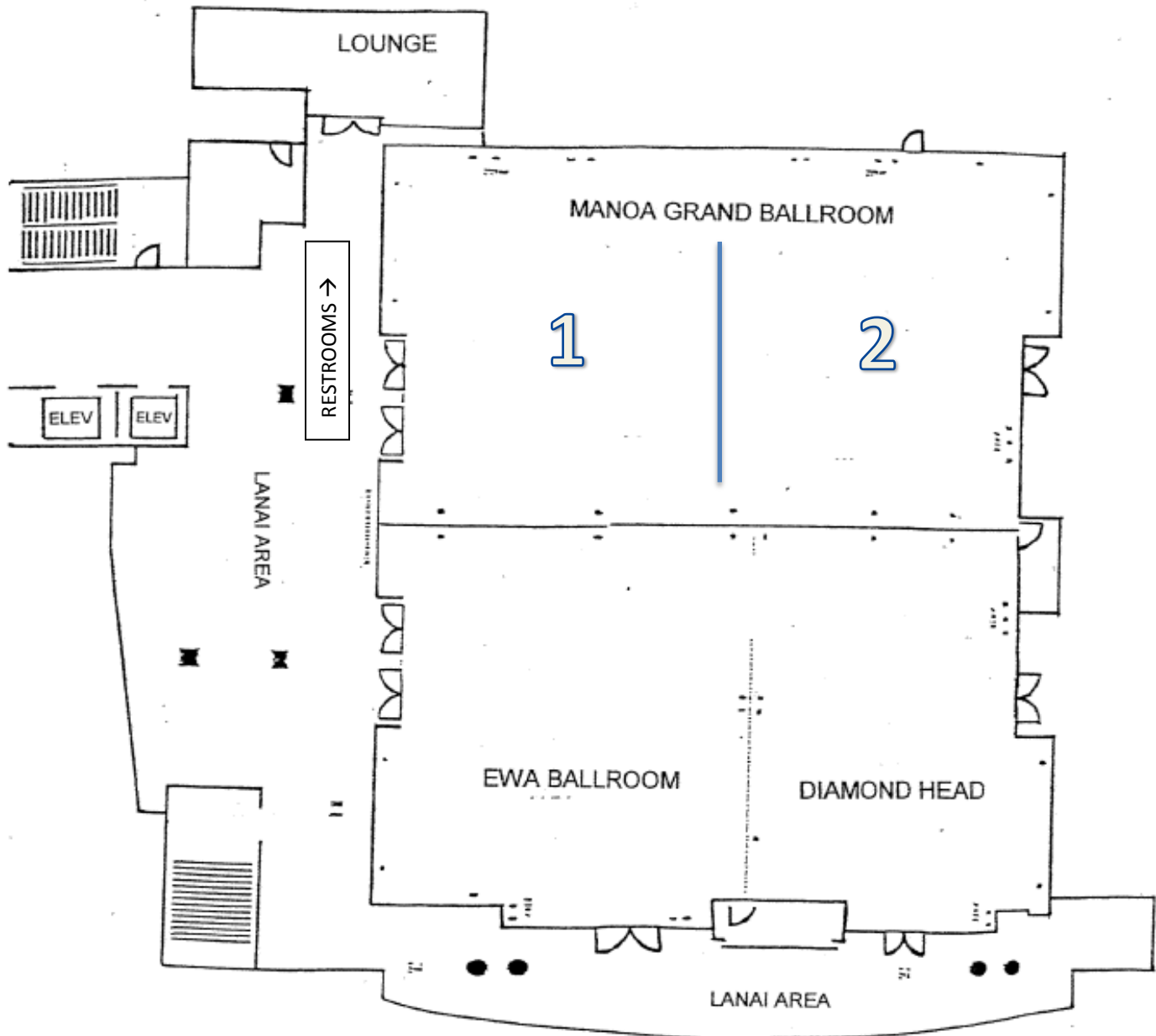
Jeff Lin from Bust Out Solutions will be on hand throughout the day in the Lanai to offer AAPA members guidance on how to navigate the brand new AAPA website. If you are not yet a member of AAPA – what are you waiting for? Sign up today! Head over to [aapaonline.org](http://aapaonline.org) to see what's happening!

### **The 2014 AAPA Convention**

Are you so excited about this year that you're ready to sign up to help at next year's convention? That sounds like someone we want on our team! Next year's AAPA Convention will be held in Washington, DC. If you are interested in joining the team, please email Anjuli Amin at [amin.anjuli@gmail.com](mailto:amin.anjuli@gmail.com).

## Layout of Japanese Cultural Center

Note that at different times of the day, the Manoa Grand Ballroom will be split into two sections, below marked "1" and "2." Be sure to find the right section when you enter the ballroom!



For nursing mothers, there is a private lactation area upstairs. Please follow the signs or ask a Convention Team member if you need help finding it.

## 2013 AAPA Convention Schedule

Convention Theme: "Social Justice and Prevention: Strengthening Our Community"

Registration: Starting 7:30am  
Early Bird Reception and Breakfast  
Manoa Grand Ballroom

Collect your registration information, then head over to the main ballroom to meet old and new friends, and grab some breakfast. The early bird reception is a relaxed environment and great networking opportunity, especially for students and early career professionals. This year's reception features a scavenger hunt, where winners will receive a deluxe goodie bag full of Hawaiian treats.

Welcome and Announcements: 8:45am – 9:10am  
Manoa Grand Ballroom

Opening remarks by Matthew Lee and Anjuli Amin, 2013 AAPA Convention Co-Chairs  
Greetings by Dr. Richard M. Lee and Dr. Anna S. Lau, AAPA President and Vice President  
Announcements about the conference by Matthew Lee

Keynote Presentation: 9:10am – 10:10am  
Manoa Grand Ballroom

Since 1976, the Center for Oral History (COH) at the University of Hawai'i at Manoa, has conducted, transcribed and disseminated life history interviews with individuals who witnessed first-hand various aspects of Hawai'i's multicultural history. COH has interviewed more than 850 men and women on a variety of historical, political, and cultural topics, and deposited in archives and libraries a collection of over 40,000 transcript pages. The interviews have been conducted and are organized along various historical and cultural themes, such as communities in transition; historical events such as World War II, the 1946 tsunami, and the closing of sugar plantations; the lifestyles of Native Hawaiians and the various ethnic groups that came to Hawai'i's shores, such as Chinese, Japanese, Portuguese, Koreans, Okinawans and Filipinos; occupations such as pineapple and sugar field work, taro farming, and lei making; and organizations such as Palama Settlement. **Warren Nishimoto**, COH's director since 1983, will speak on a few of the many projects he and his staff have completed, as well as the contributions the interviews have made to our knowledge and understanding of the past.

Moderator: Anjuli Amin, PhD

Poster Session #1: 10:15am – 11.15am\*  
Lanai

\*Presenters for Poster Session #1 should put up their posters any time in the morning until the session, and should take down their posters by the lunch hour.

1. A Bioecological Model for Transnational Adoption (*Joanna Maung, Jessica Marshik, Michelle Farrell, Shavern Browne, Soo Whan Choi & Matt Anderson*)
2. A Qualitative Exploration of Weight, Eating, and Body Image Issues Among AAPI College Students in the Context of Culture (*Ya-Shu Liang, Danielle Delany & Lauren Gin*)
3. An Evaluation of the Impact of Culture-Specific Risk Factors and Emotion Regulation Strategies on Psychological Distress and Maladaptive Behaviors Among Asian Americans (*JooHyun Lee & Tamara Loverich*)



4. Asian Images in the Media (*Darcy Ing, Jeffrey Mio, Michi Fu, Derek Iwamoto & Debra Kawahara*)
5. Community Counseling Competence: An Interdisciplinary Collaboration Model to Address Domestic Violence and Sexual Assault (*Shu Fen Chang*)
6. Counselors' Experience of Home-Based Bereavement Service in Taiwan (*Ya-Feng Hung & Hao-Cheng Lo*)
7. Drive for Thinness and Bulimic Symptoms in Asian and European American Females: Examining the Roles of Interpersonal Influences and Perfectionism (*Elizabeth Yu*)
8. Effects of Outreach Service to Improve Senior Asian Immigrants' Attitudes and Behavior to Seek Psychological Help (*Junhong Cao*)
9. Ethnic Differences in Public Attitudes Towards Government Assistance and Judicial Leniency Mental Illness Laws (*Chak Wong*)
10. Evaluation of Attachment Patterns Among Chinese, Cambodian, and European-Americans Using the ECR-R Scale (*Sheila Henderson & Juliana Yam*)
11. Exploring Body Image Issues in Asian Men: Endorsement of Western Media Ideals, Cultural Influences, and Drive for Muscularity (*Tae Hyuk Keum, Stephanie Wong, Cirleen DeBlaere & Melanie Brewster*)
12. Filipino and Filipino American Perspectives on Community Mental Health Needs: Exploring "Community Wellness" Survey Responses From Sexual Minorities and Mental Health Providers (*Jeannie Celestial, Janice Habarth, Rowena Gomez & Lainie Poesion*)
13. Generational Difference Among Hmong Americans (*Pa Der Vang*)
14. Internalized Homo-Negativity Mediates Impact of Social Constraint and Parental Attitudes on Wellbeing Among Asian LGB Persons (*Frances Shen, Brianna Werner, Brittany Sievers & Rebecca Goldsborough*)
15. Men's Perceptions of and Preferences for Women's Body Size: An International Comparison of Chinese Men in the U.S. and Hong Kong (*Erica Fung, Terece Bell, Nicholas Noviello & Michi Fu*)
16. More Than Assertiveness: Development and Initial Validation of the Face and Collectivism Evaluation (FaCE) Scale (*P. Priscilla Lui & David Rollock*)
17. Motivational Patterns and Related Psychopathology in Chinese Patients with Eating Disorders (*Yue Huang*)
18. Perceptions of Sibling Relationships and Birth Order Among US College Students of Asian Descent (*Kaidi Wu, Jackie Kim, Stephanie Kim, Teresa Nguyen & Donna Nagata*)
19. Perspectives on Psychological Well Being in Chinese American Youth (Without Opening Their Diary) (*Huijun Li & Chieh Li*)
20. Perfectionism and Loneliness as Predictors of Depressive and Anxious Symptoms in Asian and European Americans: Do Self-Constraint Schemas Also Matter? (*Emma Kahle*)
21. Perfectionism, Perceived Family Perfectionism, and Adherence to Asian Values in Asian Indians (*Bindu Methikalam, Kenneth Wang & Robert Slaney*)
22. Pulling Back the Curtain: Studies of Psychotherapy Process, Ethnic Match/Mismatch, and Asian Americans (*Alicia Ibaraki*)
23. Qualitative Analysis of Perceived Stereotypes Among Chinese Immigrants with Schizophrenia (*Jenny Kim, Taehyuk Brian Keum, Robin Hardin, Yu Chak Sunny Ho & Seohyun Hera Kim*)
24. Racism Related Stress, Anxiety, and Depression Among Asian Americans: Ethnic Identity as a Moderator (*Charles Liu*)
25. Social Connectedness, Language Discrimination, Internalized Pressure, Stereotype Threat and Psychological Distress for Chinese International Students (*Jennifer Chain, Gordon Nagayama Hall & Alisia Caban*)
26. The Differential Effects of Emotion Regulation and Cultural Values on Self-Disclosure Among Asian Americans and Latinos (*Janet Chang*)
27. Why Are Asian American Men Less Socially Skilled? Examining the Moderating Effects of Loss of Face and Social Monitoring (*Chun Su, Gloria Wong, Nilpa Shah, Anjana Devaraj, Thanh Nguyen, Kevin Wong & Megan Dunn*)

## Manoa Grand Ballroom 1

**AAPA Invited Session** – Kānaka 'Ōiwi Issues and Perspectives on Health and Well-Being: Keawe'aimoku and I Ola Lahui: Rural Hawai'i Behavioral Health [CEU – 1.0 unit available]

*Joseph Keawe'aimoklu Kaholokula, PhD, University of Hawaii at Manoa – Department of Native Hawaiian Health, and Robin Miyamoto, PsyD, I Ola Lahui: Rural Hawai'i Behavioral Health*

Kānaka 'Ōiwi (Native Hawaiians) are thriving and enduring as they double in population size over the next 40 years and revitalize their traditional values and practices to promote healthy and self-sufficient communities. Despite over a century of U.S. occupation, they continue to maintain their unique identity and assert their indigenous prerogatives and aspirations. Juxtaposed to their revitalization and self-determination efforts are sociocultural and socioeconomic challenges that test their resolve and resiliency. In negotiating these struggles, they are placed at risk for physical (e.g., obesity, diabetes, and heart disease) and mental health (e.g., alienation, depression, and substance abuse) problems. Studies indicate that acculturative, psychosocial (e.g., discrimination), and socioeconomic stressors are associated with increased risk for suicidal ideations, depression, substance use (e.g., tobacco, alcohol, and illicit drugs), hypertension, diabetes, and heart disease in Kānaka 'Ōiwi. Community-based participatory research (CBPR) projects in Hawai'i have shown that community-based, culturally-relevant prevention strategies can improve health outcomes for Kānaka 'Ōiwi and other Pacific Islanders. They point to the need for innovative prevention and treatment paradigms that account for the unique challenges faced by indigenous people; that integrate their explanatory models of health and healing; and that actively involve their families and communities. This presentation will 1) present the social determinants of, and contemporary challenges to, Kānaka 'Ōiwi health and well-being, 2) Kānaka 'Ōiwi conceptions of health and well-being, and 3) assessment and treatment strategies to promote Kānaka 'Ōiwi health and well-being. To highlight the aforementioned aims, a health psychology clinical case will be presented and discussed that illustrates how sociocultural and psychosocial stressors lead to, and maintain, physical and mental health problems and how the application of culturally-relevant strategies can enhance positive treatment outcomes. Several challenges to, and opportunities for, the provision of psychology services to indigenous populations will also be discussed, such as the real-world applicability and durability of existing psychological treatment paradigms. Because Kānaka 'Ōiwi share common challenges and experiences with other indigenous people as they collectively return to maui ola (optimal health and well-being) in their ancestral homelands, this presentation has implications for other indigenous groups, such as Native Americans and Alaska Natives.

## Manoa Grand Ballroom 2

**AAPA Invited Session** – Activating Membership through Mentorship: A Collaborative Dialogue to Enhance Division Membership

*Anjuli Amin, PhD, Chair, AAPA Division on South Asian Americans, Edward Hines Jr. VA Medical Center*

*Ivy K. Ho, PhD, Chair, AAPA Division on Women, University of Massachusetts-Lowell*

*Fanny Ng, MA, Chair, AAPA Division on Students, University of MA, Boston*

*Gregory Desierto, MA, AAPA Division on Filipino Americans, CA School of Professional Psychology*

“Division this, division that.” As AAPA continues to grow, so too do its specialty Divisions (Division on Students; Division on Women; Division on South Asian Americans; Division on Filipino Americans). With the recent formation of these Divisions comes the challenge of meeting the unique needs of each division's members. Ongoing discussion and collaboration among Division leadership has highlighted the importance of mentorship in meeting the professional and personal needs of its members. Multiple Divisions have begun to implement programs aimed at mentoring members to carry forth the mission of AAPA in their roles as mental health professionals. However, to this day efforts to institute mentorship programs have encountered a variety of challenges, e.g., lack of interest, time, or energy. It is with such challenges in mind that Division representatives seek to better understand the role of mentorship in its members' professional development. What factors, internal or external, contribute to these challenges? How might Divisions actively engage their members in the roles of both mentor and mentee? Do we continue to uphold traditional mentorship structures and methods of networking? How do developments in communication impact our ideas of networking? This session, led by representatives from each AAPA Division, seeks to explore issues related to mentorship, focusing specifically on the identification of strategies that may enhance the quality of membership within the Divisions and AAPA overall.

## Lounge

### **Interactive Session** – Asian American Women and Leadership

*Sumie Okazaki, PhD, New York University; Doris Chang, PhD, The New School for Social Research; Anne Saw, PhD, University of California, Davis*

This interactive session aims to facilitate a discussion among participants on the topic of Asian American women's leadership. According to a recent report commissioned by the Center for Asian Pacific American Women, Asian American women are consistently underrepresented in leadership positions in every sector from corporate, non-profit, government, to education. Much of the past literature has focused on Asian cultural values (e.g., deference to authority, humility, promoting harmony and avoiding conflict) as the primary lens through which to understand Asian Americans leadership. With respect to women and leadership, there is ample discourse on gender-stereotypic expectations as well as work-family balance concerns that compromise female leadership. Much discussion has focused on class privilege that enables successful (White) women to speak authoritatively on family-work life balance and "having it all." However, Asian American women who assert themselves in the public eye are also not immune to criticisms; Michelle Rhee, former chancellor of the Washington DC public schools, and "Tiger Mother" Amy Chua are recent examples. The session aims to create a forum for the conference attendees (men and women) to think critically about the intersection of gender, race, and power that frequently shape dilemma for Asian American female professionals. Examples of discussion questions include the following: Why do leadership positions feel "unnatural" to Asian American women? What expectations do we have for ourselves/each other as that reinforce stereotypes and contexts that make leadership challenging? Do women feel the need to downplay their Asian-ness in the way that some White women have chosen to adopt more masculine leadership styles? How do our professional organizations perpetuate gendered and cultural stereotypes that challenge Asian American women in leadership? By initiating and facilitating an interactive dialogue among the participants, we hope to promote empowerment, support, and creative solutions among Asian American women professionals and students.

## Ewa Ballroom

### **Symposium** – Understanding Mental Illness Stigma Dynamics to Improve Mental Health Disparities among Asian Americans [CEU – 1.0 unit available]

*Zhen Hadassah Cheng, MS, University of Oregon; Graciete Lo, PhD, University of Hawaii; Lawrence Yang, PhD, Mailman School of Public Health—Columbia University; Gordon Hall, PhD, University of Oregon*

Asian Americans and Pacific Islanders (AAPI) encounter various cultural barriers as they seek mental health services, in particular that of mental illness stigma. This symposium will highlight recent interdisciplinary innovations in research examining mental illness stigma as it relates to preventive efforts to reduce stigma and to narrow the mental health disparity among the AAPI community.

## Diamond Head Ballroom

### **Symposium** – Domestic Violence in Asian Mail-Order Brides: From Research to Clinical Practice [CEU – 1.0 unit available]

*Eddie Chiu, PhD, Richmond Area Multi-Services; Lauren Mai, PsyD, Richmond Area Multi-Services; Namita Mangalath, MPsy, Alliant International University*

This symposium focuses on domestic violence in Asian mail-order brides (also called international brides/picture brides/out-of-town brides). The historical context, current trends, and prevalence of domestic violence among Asian immigrant/mail-order brides will be examined. Presenters will share their experience on working with Asian mail-order brides in the CalWorks program. Characteristics and risk factors for domestic violence in Asian mail-order brides will be discussed with case examples. Both clinical and research implications will follow.

**Lunch: 12:35pm – 1:35pm**  
**Lunch meetings in designated rooms below**

Box lunches will be available in the Manoa Grand Ballroom. There will also be open space to meet friends and enjoy your meal in the Manoa Grand Ballroom.

You can also grab your lunch and join one of the discussion groups! Note that some rooms will have multiple group meetings, so be sure to find the correct corner of the room for your group.

Manoa Grand Ballroom 2	Division on South Asian Americans: Meet and Greet
Lounge	Division on Students: Meet and Greet
Diamond Head Ballroom	<i>Asian American Journal of Psychology</i> , topic: publishing a case study AAPA Leadership Fellows: Information session
Ewa Ballroom	Division on Filipino Americans Division on LGBTQ Issues (NEW DIVISION!) Division on Women

**Breakout Session #2: 1:45pm – 2:45pm**

**Manoa Grand Ballroom 1**

**Symposium** – Informing Prevention Efforts with Emerging Findings from the ACES Study

*Anna Lau, PhD, UCLA; Diem Julie Nguyen, BA, UCLA; William Tsai, MA, UCLA; Jennifer Manongdo, PhD, UC Davis Department of Psychology; Sisi Guo, BA, UCLA*

The ACES study seeks to identify stressors facing Vietnamese American (VA) youth, coping strategies that lead to risk versus resilience, and factors that moderate links between stress, coping, and mental health. To maximally inform prevention science, ACES includes: (1) a prospective design to constrain causal interpretations, (2) interview methods that isolate objective stress from subjective distress associated with life events, and (3) multiple reference groups (European American, rural/urban Vietnamese) to help disentangle the influences of immigrant/minority status, social context, and heritage culture. This symposium presents data from the first ACES cohort of over 1000 adolescents that will help tailor prevention efforts.

**Manoa Grand Ballroom 2**

**AAPA Invited Session** – From Polemic to Practice: Building Alliances and Collaborations between Asian American Psychology and Asian American Studies

*Richard M. Lee, PhD, Department of Psychology – University of Minnesota; Mary Yu Danico, PhD, Psychology and Sociology Department, California State Polytechnic University, Pomona; Kevin Chun, PhD, Department of Psychology and Asian American Studies, University of San Francisco; Min Song, PhD, English Department – Boston College*

There is growing concern that Asian American psychology and other behavioral science scholars are neither interested in nor welcomed by the Association for Asian American Studies (AAAS). Behavioral scientists, particularly quantitatively oriented scholars, often perceive AAAS as a humanities-driven enterprise that does not value or appreciate the merits and contributions of quantitative research. This exclusion or marginalization of behavioral science, whether real or not, is troubling since the lack of integration of knowledge by all parties limits the progress of scholarship as each perspective can inform the other. Moreover, greater collaboration across disciplines can better inform and shape public policy, laws, and practices. By bringing together Asian Americanist scholars from diverse disciplines, including English, Sociology and Psychology, each presenter will (a) explicate how one's field of study can inform the other fields, (b) explore points of commonality, and (c) suggest ways in which alliances and collaborations can be established to further Asian American scholarship.

## Lounge

**AAPA Leadership Fellows** – Challenging the Model Minority Myth: International and Asian American First-Generation College Students [CEU – 1.0 unit available]

*Catherine Bitney, PhD, Texas State University Counseling Center*

*Bong Joo Hwang, PhD, The Ohio State University Counseling and Consultation Service*

This session aims to problematize the notion that all Asian and Asian American students are thriving in academia. Both Asian international and Asian American college students report experiences with a number of stressors, such as racial discrimination, pressures to conform to stereotypes, and struggles with navigating multiple cultures. The Asian American and Pacific Islander (AAPI) population consists of over 30 ethnic groups, which vary demographically with regard to language background, immigration history, religion, socioeconomic status, and educational attainment. A large portion of AAPI students are from low-income families, are the first in their family to attend college, and struggle financially to support themselves while attending school. Particular subgroups, such as Southeast Asians (Hmong, Laotian, Cambodians, and Vietnamese) and Pacific Islanders (people whose origins are Polynesia, Micronesia, or Melanesia) are often overshadowed by being grouped with other Asian Americans. For Asian American first-generation college students, those whose parent(s) or legal guardian(s) have not completed a bachelor's degree at a four-year college or university, a number of challenges complicate their academic pursuits. These ethnic subpopulations are at higher risk for lower income levels and poverty, language acquisition difficulties, lower graduation rates for high school and college, and occupational barriers. Asian international students bring in a great diversity and cultural richness to the US college campuses. According to the Institute of International Education's Open Door data, there were 764,495 international students enrolled in the 2011/12 year, of which 64% were from 32 different Asian countries. In comparison to the domestic students or White international students, Asian international students are more vulnerable to mental and physical health problems due to the extra layers of stress related to their acculturation and adjustment. Acculturative stress can bring out various kinds of problems for Asian international students, which include fatigue, headache, increased blood pressure, gastrointestinal problems, hopelessness, sadness, feelings of loss, anger, and a sense of inferiority. The acculturative stressors for Asian international students encompass English as second language, different educational system, different cultural norms, discrimination, and financial problems. Despite the higher risk for mental health problems, Asian international students tend to not seek help due to the stigma attached to mental health issues and lack of culturally appropriate services.

## Ewa Ballroom

**Interactive Session** – Racism Through the Lens of Complex Trauma

*Gureen Singh, Massachusetts School of Professional Psychology*

The presenter will begin the session with the definition of trauma (according to the DSM-IV-TR) and provide an overview of the current diagnostic criteria for trauma-related disorders from the DSM-IV-TR. Various weaknesses of these criteria, such as the limited scope of the definition of a traumatic event (threat to "physical integrity" only) as well as the failure to include experiences with multiple, prolonged exposures to trauma will be discussed. This critique will be considered within the historical context of the development of PTSD criteria, based upon the collective experiences of Vietnam War veterans. More specifically, the ethnocentric conceptualization of PTSD along with treatment of individuals diagnosed with it will be explored. The presenter will discuss the differences between physiologically- and culturally driven/dependent considerations in experiencing, reacting to and coping with traumatic events. A literature review of studies that have conceptualized racism as a form of trauma will be presented. Though these research studies have considered the experiences of racism as being similar to those of trauma, they have not utilized the complex trauma lens in their assessment and treatment procedures. The assertion that racism is a form of continuous and insidious trauma that occurs in isolation will be made. Clinical implication for conceptualizing racism as a form of complex trauma and utilizing this lens in assessment and treatment of the same will be provided. Finally, the presenter will open the floor for debate on whether the effects of racism should be assessed and treated as a formal diagnosis (increasing access to treatment) or experiences of racial/ethnic minorities needing to be validated in therapy (depathologizing the individual) as an unfortunate consequence of the existing power and oppression dynamics in society.

Diamond Head Ballroom

**AAPA Dissertation Panel** – Facilitated by Kevin Nadal, Chair of 2012 AAPA Dissertation Awards Committee

Writing the Unknown: An Expressive Writing Intervention with Adopted Korean American Adults

*Oh Myo Kim, University of Minnesota, Winner of the 2012 AAPA Dissertation Fellowship Award*

Pennebaker and Beall (1986) hypothesized that writing out emotions and thoughts regarding a stressful or traumatic event would produce similar psychological and health benefits for participants as talk therapies. Previous studies have found that writing interventions are effective in decreasing the amount of psychological stress and improving physical health outcomes after a trauma (Pennebaker & Chung, 2011), during life transitions (Cameron & Nicholls, 1998) and when dealing with issues of gay identity (Pachinkis & Goldfried, 2010). Adult adoptees, particularly transracial, transnational adoptees (TTA), are a unique population to study the effects of expressive writing. Though it is debated whether adoption, and more specifically the loss of birth family and birth culture, is a traumatic or stressful event, a qualitative study found that 70% of the 53 interviewed adopted adults, both domestic and international adoptees, expressed a moderate to significant amount of uncertainty and loss regarding their birth families (Powell & Afifi, 2005). Consequently, thoughts about birth family are often conflated with a feeling of loss surrounding birth culture (Kim, 2010). This study was an expressive writing intervention that examined whether writing about birth family and birth culture affected the psychological and physical health of adult Korean American adoptees. The study also explored correlates of birth family thoughts, specifically whether birth family thoughts was related to a ruminative response style and whether birth family thoughts moderated the effects of a writing intervention targeted at birth family and culture. Consistent with expectations, birth family thoughts were related to ruminative response styles and more negative psychological and physical health outcomes. Contrary to expectation, birth family thoughts did not moderate the relationship between expressive writing and psychological distress. The finding that adoption preoccupation differs by condition by search behavior builds on a recent finding that expressive writing should be assigned with care, and that writing may not be advised for individuals who struggle with continually searching for something that cannot be found.

Kumibo Ka Naman Diyan: Childhood Sexual Abuse Disclosures of Filipino American Men

*Gregory Desierto, California School of Professional Psychology, Honorable Mention*

Childhood sexual abuse disclosures of Asian American men remain understudied. This study investigated the childhood sexual abuse disclosures of twelve Filipino American men. Several factors emerged as salient for preventing and promoting disclosures. In general, participants avoided disclosures because they feared being perceived as weak, they reported their families had challenges with communicating their problems, and they wanted to preserve their family's harmony. Many participants required confidentiality, trust, and a close relationship before disclosing. Participants commonly disclosed to others who demonstrated emotional vulnerability, and who were willing to share personal experiences. Implications for families and mental health professionals are presented.

Consensus in Social Norms and Gambling Behavior

*Alan Chan, Asian American Center on Disparities Research, Honorable Mention\**

Prevention programs are needed to address ethnic disparities in problem gambling. This study examined (a) ethnic variations in social norms towards gambling, and (b) the influence of consensus between reference group members in social norms among 2,273 college students. Contrary to expectations, Asian Americans reported lower social approval towards gambling from three reference groups than White Americans. Consensus in the frequency of gambling between family members and close friends were related to gambling after accounting for several important cognitive and demographic factors. Prevention efforts across ethnic backgrounds should capitalize on mutual reinforcement between members of these two reference groups in norms.

\*This project will not be presented today.

**Breakout Session #3: 2:55pm – 3:55pm**

Manoa Grand Ballroom 1

**Symposium** – Training Community Members to Become Wellness Coaches: Insuring Access to Affordable and Effective Care [CEU – 1.0 unit available]

*DJ Ida, PhD, National Asian American Pacific Islander Mental Health Association*

The implementation of the Affordable Care Act offers hope of increased access to care for approximately 2 million AANHPIs. While this is good news, the question remains who will provide services to this population. The community cannot wait years for its members to receive their MDs or PhDs. This symposium will present a program to train

bilingual community members to become Wellness Coaches, as well as a program that focuses on the cultural aspects of health care of Native Hawaiians. Wellness coaches fill a critical gap in the community's ability to address primary and behavioral health needs of AANHPIs.

## Manoa Grand Ballroom 2

### **Interactive Session** – Making Allies for Social Justice: Fostering Dialogue and Wellness for Asian American Students

*Grace Kim, PhD, Wheelock College; Yuying Tsong, PhD, California State University, Fullerton; Phitsamay Uy, EdD, University of Massachusetts-Lowell*

How do educators help teach undergraduate and graduate students to develop critical thinking about social inequities and social responsibility? What can educators do to empower students to prevent mental illness and promote wellness in Asian American communities? These are some questions that many educators in various disciplines grapple with, as we pursue effective strategies to teach about cultural competence in order to promote social justice and prevention. Teaching for social justice has theoretical grounding in transformative education philosophy, in which education is aimed at transforming individuals, communities, and society through empowerment (Freire, 1993). Specifically, aspects such as problematizing complex social variables (e.g., race, culture, class, and other areas of privileges and power), questioning of epistemology and social norms, incorporating marginalized perspectives, and personalizing knowledge (Suyemoto et al., 2009) contribute to the recognition of personal responsibility. At the same time, teaching for social justice is not an easy task, as instructors need to balance multiple content and process in and outside of the classroom. This interdisciplinary interactive session aims to provide an opportunity for educators to think together about how to provide social justice education in an effective way. Presenters are three faculty members in psychology and education, who teach courses with the specific aim of fostering social justice and prevention. The format of this interactive session involves a brief presentation and a facilitated discussion. Building from their experiences, the presenters will discuss strategies for teaching for social justice and prevention. Following the brief framing presentation, the presenters will facilitate a focused dialogue on effective teaching methods to promote social justice and prevention. The interactive session will conclude with collaboratively suggesting pedagogical and curricular strategies for teaching for social justice and empowerment in diverse contexts both in predominantly WEA university contexts with few Asian American students and also in contexts with large Asian American communities.

## Lounge

### **Symposium** – Towards a Comprehensive Culturally Grounded Leadership Model for Ethnic Minority Psychologists

*Erika Morton, PhD, Veterans Affairs; Wendy Peters, PhD; Michiko Iwasaki, PhD; Anne Saw, PhD; Ezequiel Pena, PhD; Faith Troupe, PhD*

The Council of National Psychological Associations for the Advancement of Ethnic Minority Interests formed a Leadership Development Institute (CLDI) in response to low numbers of psychologists of color assuming leadership positions. The CLDI includes fellows from AAPA; SIP; ABPsi; NLPA; Division 45; and Division 17. The fellows developed a qualitative research study to understand the leadership trajectories of ethnic minority psychologists. Themes addressed are pathways to leadership, leadership qualities, management of unique challenges, and approaches for increasing ethnic minority leaders. Symposium presenters will discuss strategies for building and sustaining cross-ethnic collaborations to support the continued advancement of ethnic minority psychology.

## Ewa Ballroom

### **Interactive Session** – The Intersectionality of Racism and Sexism for Asian American Women

*Shruti Mukkamala, MS, University of Massachusetts-Boston; Fanny Ng, MA, University of Massachusetts-Boston; Karen Suyemoto, PhD, University of Massachusetts-Boston*

Asian American women stand at the intersection of two forms of discrimination. As racial and ethnic minorities, they are targets of racism, and as females, they are also targets of sexism. However, research in the area of racism against Asian Americans often seems to ignore the experiences of Asian American women, while research in the areas of sexism seems to overlook the experiences of sexism specific to Asian American women. Being a target of multiple forms of oppression seems to make these women's intersectionality invisible (Purdie-Vaughns & Eibach, 2008). Historically and currently, Asian American women are oppressed in various ways. For example, on average Asian American women earn

76 dollars for every 100 dollars earned by Asian males in similar professions and work histories (Reeves and Bennett, 2003). Asian American females are also more likely to have less than a high school education, while males have a greater percentage of bachelor's degree or higher. The stereotypes of Asian American women are a form of "gendered racism" (Patel, 2007) that specifically targets Asian American women. Stereotypes of Asian American women, range from the highly sexualized images of the "geisha girl" to the subservient and fragile "China Doll," the diabolical and aggressive "Dragon Lady" or the invisible "Worker Bee" (Root, 1995). These stereotypes reflect perceptions of Asian American women that are very difficult to counter. Research in the area of microaggressions lends support to these experiences with exoticization of Asian American women emerging as a unique theme outlining the subtle racism directed at Asian American women (Sue et al., 2009). The focus of this interactive session is to examine the experiences of Asian American women as targets of both racism and sexism simultaneously through a brief presentation followed by a facilitated discussion. Presenters will introduce the topic of intersectionality of racism and sexism and present a thematic overview of the literature addressing the prevalence of racism and sexism, types of racism and sexism experienced by Asian American women, and mental health effects. Presenters will then facilitate a discussion with participants related to experiences of being an Asian American woman and ways of understanding these experiences given intersectional theory. The session will end with recommendations for clinical interventions and research.

Diamond Head Ballroom

**Symposium** – When You Remember Me Incorrectly: Influence of Attitudes towards Asian Americans on Implicit and Explicit Behaviors

*Alice W. Cheng, PhD, University of Hartford; Janine M. O'Brien, MA, University of Hartford; Marc Bugazad, MA, University of Hartford; Stephanie P. Sanchez, MA, University of Hartford*

The present study explored the impact of attitudes towards minority membership and its influence on individuals' automatic unconscious response to racial stereotypes and one's racial identity awareness and color-blind racial attitude with respect to Asian Americans. The relationship between positive and negative racial attitudes toward Asian Americans was explored via self-report explicit behaviors. Results indicated that attitudes towards Asian Americans influenced individuals' explicit behaviors, memory recall accuracy, and likelihood of interaction with Asian Americans. The model minority stereotype, although seemingly innocuous continued to do more harm than good to Asian Americans at conscious and subconscious levels.

**Poster Session #2: 4:00pm – 5:00pm\***

**Lanai**

**Snack provided in Manoa Grand Ballroom**

\*Presenters for Poster Session #2 can put up their posters after the convention lunch hour, and should remove them by 5pm.

1. Accessibility of VA Mental Healthcare in the Pacific Islands: Impact on Families of Veterans Diagnosed with PTSD (*Jennifer Howell & Alyssa Mansfield*)
2. Acculturation, Intergenerational Family Conflict, and Psychological Distress Among Taiwanese immigrants (*Wan-Chen Weng*)
3. Adult Attachment and College Adjustment Among Asian American Students: Roles of Bicultural Self-Concepts and Differentiation of Self (*Keum-Heyong Choi*)
4. Are We Really Making a Mountain Out of a Molehill? Examining Physiological Impact of Microaggressions (*Azrael Nickens, Gloria Wong, Sammy Cheuk, Ryan Rhodes, Emily Kasai & Queena Poon*)
5. Chinese Immigrant Relatives' Perspectives of Stigma and Disclosure of Consumer's Schizophrenia (*Ren Li, Rachel Chang, Sara Chung, Wei Qi & Lailuyun Xu*)
6. Culturally-Informed Clinical Considerations for Bangladeshi Immigrant Families (*Rumiko Okada, Cristina Magalhaes & Fahmina Hasin*)
7. Development of the Attitudes Toward Seeking Medical Care Scale (*Robert Lim, Na-Yeun Choi, Gloria Huh, Kayi Hui, Minji Yang, Li-Ling Lin, Rebekah Grome, Jerome Farrell & Matthew Miller*)



8. Do Perfectionist Types Change During Cross-National Transitions: A Study with New Chinese International Students *(Yu Cunningham, Kenneth Wang, Yuting Wang, Lu Tian & Mayo Fujiki)*
9. Emotional Self-Control, Loss of Face, Etiology Beliefs, and Willingness to See a Counselor Among Asian American College Students: A Test of a Multiple Mediation Model *(Paul Kim, Katie Stutts & Cassi Teel)*
10. Examining Body Mass Index and Self-Constraint as Predictors of Eating Symptoms in Female Students: A Study of Asian and European American Females *(Jenny Lee, Emma Kahle, Elizabeth Yu, Elizabeth Lin & Edward Chang)*
11. Examining the Relationship Between Coping, Racial Socialization, and Racial Identity for Asian-Americans *(Leslie Jaeyoun Shin, Arielle Smith, Alvin Alvarez & Helen Pang)*
12. 'Excessive Thinking' as a Cultural Idiom Used by Chinese Groups to Explain Relatives' Psychiatric Etiology *(Lijie Wang, Carolyn Luguva, Diheng Zhang, Chak Wong, Sophie Yang & Michiko Matsuba)*
13. Help-Seeking Attitudes in Chinese: The Effect of Acculturation Profile and Loss of Face *(Zhenni Wang)*
14. Hmong Parents' Role, Beliefs and Knowledge of their Child's Higher Education Experience *(Pa Her, Shee Yee Chang, Ker Thao, Alberta Gloria, Hnub Vang, Maimoua Xiong, Michelle Xiong, Saengthong Douangdara, Rose Yang, Pa Tou Vue & Mayta Lor)*
15. Not American Enough, Not Filipino Enough: Experiences of Inter- and Intra-group Discrimination in the Words of Filipino American Young Adults *(Andrew Paves, Joyce Yang, Daniel Acierto & Mary Larimer)*
16. Parental Involvement, Internalized Stereotypes, & Living Up to Expectations on Asians' Career Development *(Kelly Liao, Frances Shen & W. Todd Abraham)*
17. Preventing the Abuse Cycle: Risk and Protective Factors for Asian American and Pacific Islander Women Experiencing Interpersonal Violence *(Kaitlyn Masai & Michi Fu)*
18. Prevention Strategies of Depression in Chinese Older Adults *(Hollis Tsoi, Joe Nee & Michi Fu)*
19. Surviving and Thriving of Counseling Psychologists as Faculty in Non-Counseling Psychology Programs *(Yuki Okubo, Angela Kim & Janie Pinterits)*
20. Testing the Parents: Evaluating Mental Health Knowledge in Chinese American Parents Towards the Development of Psycho-educational Programming *(Cindy Liu & Huijun Li)*
21. The Effects of Emotional Distress, Parenting Stress, and Marital Satisfaction on Potential Child Physical Maltreatment Among Chinese Mothers *(Christine Wai & Eddie Chiu)*
22. The Immediate Emotional Impact of Racial Microaggressions and the Moderating Effects of Racial Identity *(Gloria Wong, Megan Dunn, Megan Lung, Trang Tran, Fiona Walker & Callie Woods)*
23. The Relationship Between Vietnamese Ethnicity and Caregiving on Psychological Distress *(Oanh Meyer)*
24. The Longitudinal Effects of Parenting on Alcohol Problems Differed Across European and Asian American adolescents: A Moderated Mediation Model *(Jeremy Luk, Kevin King, Carolyn McCarty, Ann Vander Stoep & Elizabeth Mccauley)*
25. The Persistence of Asian American Masculinity Stereotypes: Comparing Newspaper Stereotypes Between Jeremy Lin and Tim Tebow *(Yu Chak Sunny Ho, Rashun Miles & Jessica Benson)*
26. To Whom They Disclose Their Mental Illness: The Comfort Level and Implications for Anti-Stigma Interventions for Asian Immigrants *(Shijing Jiang, Shuchang Kang, Chak Wong, Yisha Wu, Jeanette Chong, Melissa McPeck & Carolina Gougenheim)*

**Mentor-Mentee Reception: 5:00pm – 5:50pm**  
**Manoa Grand Ballroom**

This reception is a prime opportunity for Asian American students and early career professionals to network with more experienced professionals. Using a semi-structured format, students and professionals will be matched along similar topics of interest indicated on the registration questionnaire. Mentors will remain in designated tables for professional development topic areas, whereas mentees may alternate tables and mentors during the hour to meet their needs.

**Closing Remarks: 5:50pm – 6:15pm  
Manoa Grand Ballroom**

Announcements of the Race Card Contest winner, the Best Poster Awards, the Student Travel Award winners, the Division on Women Awards, the Division on South Asian Americans Student Award, and the *Asian American Journal of Psychology* Paper of the Year Award.

**AAPA Awards Banquet: 7:00pm – 10:00pm  
The Willows Restaurant**

**Please make sure that you have received your banquet tickets from Registration, and remember to bring your tickets to the restaurant!**

Please join us for a special celebration that also highlights three styles of hula performances including Hula Kahiko, Hula Auana, and Hapa-Ha'ole Era. There will be live music, chanting, and audience participation!

At the banquet, we will be presenting our 2013 Dissertation Research Grant Award, AAPA Early Career Awards for Service and Research, the AAPA-APF Okura Community Leadership Award, the AAPA Distinguished Contributions Award, two AAPA Lifetime Achievement Awards, and three AAPA Fellows designations. A special Presidential Citation award will also be announced. We will also be honoring the contributions of the outgoing Executive Committee Members, and celebrating the installation of the new President and Vice President of AAPA.

Don't miss out on the after-party and karaoke, which will begin at King's Korner starting from 9.30pm. Fundraising for next year's student travel fund will occur here all night long!

**Hawai'i an Words and Phrases**

Aloha – “Welcome” and “Hello”

E komo mai – “Welcome, come in”

Aloha `oe – “Farewell to you”

Hana Hou! – “One more time!”

Mahalo nui loa – “Thank you very much”

'Ohana – The spirit of kinship with one's extended and intentional family

'Ono! – “Delicious!”

A hui hou kakou – “Until we meet again”

Aloha kakahiaka – “Good morning”

Aloha `auinala – “Good afternoon”

Aloha ahiahi – “Good evening”

Thanks to Lali McCubbin for contributing to this section!

## Special Acknowledgments

### Thank you to the following departing officers and leaders for their service to AAPA:

Richard M. Lee, PhD, President  
Anna S. Lau, PhD, Vice President  
Richelle Concepcion, PhD, Board of Directors  
Grace Kim, PhD, Board of Directors  
Richard Q. Shin, PhD, Finance Officer  
Matthew R. Lee, PhD, Convention Co-chair 2012-2013

### 2012-13 Asian American Psychological Association Executive Committee

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#### ***Asian American Journal of Psychology* Editor**

Frederick T.L. Leong, PhD

**Thank you! We look forward to seeing you next year!**



# 2013 AAPA Convention Schedule At-a-Glance



Registration and the Book Sale will be in the Lanai throughout the day starting at 7:30am  
 The Early Bird Reception and Breakfast will be in the Manoa Grand Ballroom from 7:30am – 8:45am  
 The official welcome will begin in the Manoa Grand Ballroom at 8:45am  
 The Keynote Presentation will take place in the Manoa Grand Ballroom, from 9:10am – 10:10am  
 Poster Session #1 will be held in the Lanai from 10:15am – 11:15am

Location	Breakout Session #1 11:25am – 12:25pm	Lunch 12:35pm – 1:35pm Discussion Groups are marked below	Breakout Session #2 1:45pm – 2:45pm	Breakout Session #3 2:55pm – 3:55pm
Manoa Grand Ballroom 1	Kānaka 'Ōiwi Issues and Perspectives on Health and Well-Being: Keawe'aimoku and I Ola Lahui: Rural Hawai'i Behavioral Health [CEU]	Division on South Asian Americans: Meet and Greet	Informing Prevention Efforts with Emerging Findings from the ACES Study	Training Community Members to Become Wellness Coaches: Insuring Access to Affordable and Effective Care
Manoa Grand Ballroom 2	Activating Membership through Mentorship: A Collaborative Dialogue to Enhance Division Membership		From Polemic to Practice: Building Alliances and Collaborations between Asian American Psychology and Asian American Studies	Making Allies for Social Justice: Fostering Dialogue and Wellness for Asian American Students
Lounge	Asian American Women and Leadership	Division on Students: Meet and Greet	<u>AAPA Leadership Fellows</u> Challenging the Model Minority Myth: International and Asian American First-Generation College Students [CEU]	Towards a Comprehensive Culturally Grounded Leadership Model for Ethnic Minority Psychologists
Ewa Ballroom	Understanding Mental Illness Stigma Dynamics to Improve Mental Health Disparities among Asian Americans [CEU]	Division on Filipino Americans --- Division on LGBTQ Issues (NEW!) --- Division on Women	Racism Through the Lens of Complex Trauma	The Intersectionality of Racism and Sexism for Asian American Women
Diamond Head Ballroom	Domestic Violence in Asian Mail-Order Brides: From Research to Clinical Practice [CEU]	Publishing a case study in <i>Asian American Journal of Psychology</i> --- AAPA Leadership Fellows	<u>AAPA Dissertation Panel</u> Writing the Unknown: An Expressive Writing Intervention with Adopted Korean American Adults --- Kumibo Ka Naman Diyan: Childhood Sexual Abuse Disclosures of Filipino American Men	When You Remember Me Incorrectly: Influence of Attitudes towards Asian Americans on Implicit and Explicit Behaviors

Poster Session #2 will be held in the Lanai from 4:00pm – 5:00pm

During Poster Session #2, an afternoon snack will take place in the Manoa Grand Ballroom, also from 4:00pm – 5:00pm

The Mentor-Mentee Reception will be in the Manoa Grand Ballroom from 5:00pm – 5:50pm

Closing Remarks will occur in the Manoa Grand Ballroom from 5:50pm – 6:15pm

**Connect your social networks to this year's programming. Tweet [#aapa2013](https://twitter.com/aapa2013) and follow [@AAPAonline](https://twitter.com/AAPAonline) to let your friends and family know what you're excited about at this year's Convention! Plus, follow convention photos and team status updates by "Liking" Asian American Psychological Association on Facebook.**